

Join Rogers Behavioral Health's Martin Franklin, PhD, for an informative virtual Q&A on addressing anxiety and uncertainty in the classroom. During this event, open to teachers and instructional staff, you will:

- · Learn strategies to ease your anxiety
- Discover ways to help students and parents address worries about the upcoming school year
- · Have the opportunity to ask any questions you may have

## Wednesday, September 2, 7 to 8 pm ET

This group will meet virtually via Microsoft Teams. Please email **Andrea.Picariello@rogersbh.org** by Monday, August 31 to RSVP. After you RSVP, you will receive a link to join the event.

## Presenter:



Martin Franklin, PhD



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