

Chapter 16 – On the Threshold of the Subconscious

- 1) Discuss: The conscious mind *orders* what we perceive, indicating the *direction* of the subconscious. (p. 303)
- 2) Discuss: actors who act with a subconscious (that is ordered by the conscious) are like poets. Do you agree or disagree, and why?
- 3) What does the following mean: “There’s no technical method to reach the subconscious – it can only be done obliquely”.
- 4) Discuss: We “half-feel” the subconscious, but after experiencing the subconscious, we feel fully.
- 5) Discuss: Onstage “accidents” (dropped chairs, etc.) are gifts – they inject spontaneity and help you to enter the subconscious.
- 6) Do you agree or disagree with the following statement, and why: Freedom from tension helps to access the subconscious.
- 7) To what kind of state does the following three steps lead – tenseness, relaxation, justification? How does this work?
- 8) What are the elements of the creative mood (if carried to their fullest extent) that can lead to the subconscious?
- 9) Discuss: Make sure that your super-objective aligns with what the author intended.