

Title: American Indian Traditional Winter Clothing

Doll: [Dakota - American Indian Paper Doll](#)

Template: [Create Templates](#)

Focus Virtue: [Yellow - Friendship](#)

Lesson Plan: 9-12 Grades

Abstract: This lesson encourages children to consider what different types of clothing American Indians wear in winter and what it is essential to consider when choosing clothes for the day in cold weather. Children should research what traditional clothing American Indians wear.

Learning Objectives:

Children will:

1. Consider the clothing items that provide comfort during winter for American Indians.
2. What type of clothing should Dakota wear during winter days?
3. Develop a traditional American Indian winter outfit to dress Dakota

Time:

Approximately **1- 3 hours**

Consider the size of the class, children's engagements, participation, and familiarity with the materials.

Materials Needed:

Dress Create Template – **FREE Download**

Download the template and make copies for the class.

markers, crayons, colored pencils

Craft Materials

scissors

Embellishments: Gems, adhesive rhinestones, stickers, yarn (stars, dots, etc.),

Feathers

Felt paper.

Self-reflection: Encourage children to use their imaginations to experience life through Dakota's eyes, identify their emotions, and envision their circumstances as if they were Dakota enjoying winter with her friends.

Collaboration: (---- min.)

1. Allow children to compare the types of clothes they will make:

- a. What style of clothing will you make?
- b. What type of materials will you be using?

2. Ask children to consider what clothing is best for Dakota.

- a. What comfortable clothing does Dakota need to wear?
- b. What type of clothing is best for winter?
- c. What clothes are most comfortable for something fancy?

Draft the design (---- min.)

1. Distribute the paper doll kit to the class.

2. Ask children to draw out or draft their doll clothing based on answers from the collaboration and allow the child's interest in styling each item in their own way.

Craft: (---- min.)

1. Cut the template:

- a. Use markers to add color to the dress template.
- b. What color are your doll's clothes? Do they have any pattern?
- c. If desired, the child can add embellishments to the clothing items
- d. Cut out the clothes and dress Dakota

Play (---- min.)

Allow children to share their design ideas and talk about the character they created. The child can be divided into small groups to allow everyone to express themselves. (This can be done as a turn and talk or individual sharing, depending on the group size).

NOTE: This lesson plan does not require a doll to complete this project.

Template cutting instructions:

1. Cut out the dress and around the tab
2. Align the corners of the FRONT and BACK dress; align **A** to **A**, **B** to **B**
3. Fold the 'Mega' lines **D1** and **D2**
4. **Decorate** the dress with your favorite materials, such as trimmings, appliques, etc.
5. Fold tab **D**, and glue/paste under 'Mega' line **D** — secure it with a paperclip to dry
6. Add an opening slit to the front or back to fit the doll's head
7. Dress your doll and play with a friend!