



ALTERNATIVES TO FOOD AS A REWARD



PRIVILEGES

- ★ Going first
- ★ Choosing a class physical activity break
- ★ Helping the teacher, secretary or librarian
- ★ Sitting by friends or at a special spot
- ★ "No homework" pass for a day
- ★ Teaching the class
- ★ Extra credit
- ★ Playing an educational computer or other game
- ★ Reading to a younger class
- ★ Making deliveries to the office
- ★ Reading the school-wide morning announcements
- ★ Helping in another classroom
- ★ Eating lunch with teacher or principal
- ★ Listening with a headset to a book on CD
- ★ Going to the library to check out an additional book
- ★ Working at the school store
- ★ Taking a walk with the principal or teacher
- ★ Designing a class or hall bulletin board
- ★ Writing or drawing on the blackboard/whiteboard
- ★ Show and tell time
- ★ Taking care of the class pet
- ★ Using a beanbag chair or exercise ball for the day
- ★ Choosing class job for the day
- ★ Choosing music or movie for the class reward
- ★ Using teacher's chair or desk for the day
- ★ Wearing socks (no shoes) or slippers in the classroom
- ★ Recognized during school announcements
- ★ Having picture posted on school bulletin board

CLASS REWARDS

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| ★ Extra recess | ★ A book read by a guest |
| ★ Eating lunch outdoors | ★ Join another class |
| ★ Going to the lunchroom first | ★ School trophy |
| ★ Reading time outdoors | ★ Outdoor scavenger hunt |
| ★ Listening to music | ★ Teacher participates in PE |
| ★ Eating lunch in the classroom | ★ Pajama Day |
| ★ Dancing to music | ★ Crazy Hat or Hair Day |
| ★ Board games or puzzles | ★ Super Hero Day |
| ★ Free time | ★ Beach Party Day |
| ★ Performance by teacher or guest | |

PRIZES

- ★ Pencils, pens, highlighters, or markers
- ★ Erasers, grips, pencil sharpeners
- ★ Notepads/notebooks, folders
- ★ Stencils
- ★ Stamps, stickers, or temporary tattoos
- ★ Bookmarks
- ★ Colored chalk or sidewalk chalk
- ★ Coloring books
- ★ Rulers
- ★ Glitter
- ★ Yo-yos
- ★ Finger puppets or stuffed animals
- ★ Toy cars, trucks, helicopters or airplanes
- ★ Puzzle games
- ★ Gliders
- ★ Magnifying glasses
- ★ Spinning tops
- ★ Playing cards
- ★ Stretchy animals
- ★ Silly putty
- ★ Pinwheels
- ★ Bubbles
- ★ Capsules that become sponges figures
- ★ Inflatable toys
- ★ Small dolls or action figures
- ★ Hair accessories
- ★ Bracelets, rings, necklaces, charms
- ★ Sunglasses
- ★ Sneaker bumper stickers or shoe laces
- ★ Key chains
- ★ Flashlights
- ★ Cups
- ★ Magnets
- ★ Crazy straws
- ★ Backscratchers
- ★ A plant or seeds
- ★ Free music downloads
- ★ Movie passes

