

MyBenefits

Benefits at Your Fingertips 24/7

Accessing benefit information
has never been easier

- Express Wellness - Claims benefits paid directly to your checking account
- Submit claim documents
- Check claim status
- Get benefit coverage details
- Review claims history
- Make changes to personal information
- View and download your Explanation of Benefits (EOB)
- View coverage information

How to Get Access

- Go online to www.allstateatwork.com/mybenefits
- Sign up for access using the secure online registration process. Create a User ID and Password.
- Be prepared to provide your SS#, zip code, and birthdate.
- Need help registering? Just click on "Need Help" in the menu to the right.
- Once registered, full access to all benefits and website is available day or night, 24/7, it's that simple!

To read more about what the **MyBenefits** site can offer, see the information on reverse.



MyBenefits

the right tool • your benefits • full access



Allstate
Benefits

MyBenefits

Our secure online access offers benefit information 24/7

Below is a quick overview of the **MyBenefits** innovative online capabilities

1. Online Access 24/7 -

Through online access, upload claim documents, review coverage details, track claim status or update personal information with ease!

2. Claims Status, Filing and Payments -

Check claims status at your convenience 24/7. Or, file a claim using our online forms submission process and upload all supporting documents. Expedited payment process available by filing online. Receive claim payments in as little as 5 days. Have your wellness claim processed within 48 hours by filing through our Express Wellness option. Elect to have your claim benefit payment directly deposited into your checking account.

3. Policy Information -

Print or view policy information, coverage details or certificates on existing coverage.

4. Update Information -

Keep your physical address, e-mail address and telephone number up-to-date and accept electronic delivery of documents.

5. Need Help? -

The Need Help? section provides a listing of telephone numbers to contact Allstate Benefits, ask a question online, or submit questions through e-mail.

Logon today! Experience the ease of taking advantage of the valuable coverage Allstate Benefits has to offer.



Welcome To MyBenefits

Welcome to the Allstate Benefits website. Log on to view your benefits information 24/7. You can check your claim status, file a claim, and more. Log on today!

Logon ID:
Password:

Have Trouble Logging In?
Click the link below for help and more.

Forgot Password



Not Registered?

It's Simple. It's Easy.
Register today by clicking the link below to create your account with 24/7 online access.

Click Here to Register

Questions?

Contact Us
Click on the link below to log on to our website frequently asked questions to get the answers you need. Or, contact us by phone at 1-800-444-4444.

Click Here to Contact Us



Home | My Claims | My Policy | My Account | My Settings

Home | My Claims

My Claims

Below is a summary of all report claims which are related to your coverage. Click the claim number to view additional details for your claim. Click the coverage number to view the details of the selected coverage.



Print Page for Your Benefits

Claim Number	Coverage Number	Service Event Date	Insured Name	Claimant Name	Service Provider Name	Claim Status
0101010101	0101010101	01/01/2001	John Doe	John Doe	ABC Medical	Approved
0101010102	0101010102	01/01/2002	John Doe	John Doe	XYZ Hospital	Approved
0101010103	0101010103	01/01/2003	John Doe	John Doe	DEF Pharmacy	Approved
0101010104	0101010104	01/01/2004	John Doe	John Doe	GHI Medical	Approved
0101010105	0101010105	01/01/2005	John Doe	John Doe	JKL Hospital	Approved
0101010106	0101010106	01/01/2006	John Doe	John Doe	MNO Medical	Approved
0101010107	0101010107	01/01/2007	John Doe	John Doe	PQR Hospital	Approved
0101010108	0101010108	01/01/2008	John Doe	John Doe	RST Medical	Approved

Total Claims: 8

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