

Adapted PE Resources

- [Adapted Physical Education - Advisory Council](#): The mission of the NC-APE-AC is to promote quality APE services and equal access across the continuum of services for students with disabilities in North Carolina.
- [Adapted Physical Education Channel](#): This Youtube channel was created to help parents, educators and students with disabilities further advance and practice locomotor and gross motor skills.
- [Adapted Physical Education National Standards \(APENS\)](#): The mission of APENS is to promote the fifteen Adapted Physical Education Standards and national certification exam.
- [APE Assessment Tools](#): A list of various assessment tools used in APE.
- [Assisted Technology \(Edutopia\)](#): This guide to assistive technology will help you navigate some of the available websites, resources, and tools related to assistive technology and accessible instructional materials.
- [Building the Legacy - IDEA 2004](#): This site was created to provide a "one-stop shop" for resources related to IDEA and its implementing regulations, released on August 3, 2006.
- [Commit to Inclusion](#): Provides a variety of resources for inclusion in physical education.
- [Disability.gov](#): The U.S. federal government website for information on disability programs and services nationwide.
- [Do2Learn](#): Do2learn provides thousands of free pages with social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.
- [I Can Do It, You Can Do It](#): Ensures access to health care and access to physical fitness and wellness opportunities for persons with disabilities.

- [Ophea.net](#): Ophea has two free resources available to download ("Steps to Inclusion" and "Adapted Lesson Plans") which can support you in delivering physical activity for children of all abilities.
- [Signing Savvy](#): Enter in text and it will be converted into sign language.
- [Sport4All](#): A collection of resources to help include individuals with disabilities in sport.
- [Spread the Sign](#): Enter in text and it will be converted into sign language.
- [Teaching Adapted Physical Education & Activity](#): This website was created for the Adapted Physical Education teaching community around the world to collaborate with each other about lesson ideas, goal writing, assessing, working with instructional aides, you name it!
- [Youtube Playlist - Overcoming Disabilities](#): Our Youtube playlist of videos on overcoming disabilities. Great for teachers and students.