



Compiled and Edited by:

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Adapted Physical Education Gross Motor Assessments

Standardized Assessments:

1. Developmental Assessment of Young Children 2nd Edition- DAYC-2
 - Published by Pro-Ed
<https://www.proedinc.com/Products/13745/dayc2-developmental-assessment-of-young-children-second-edition.aspx>
 - For Children Birth-5 years
 - Only the Physical Development Subtest protocol is needed (with Examiner's manual)
 - Allows for observation/parent interview for all items
 - Test has both gross motor and object control items in one subtest
 - The protocol also has the fine motor subtest so if you're OT is using the test you can share the protocol and get a "Physical Development" score
2. Learning Accomplishment Profile Diagnostic Third Edition- LAP-D 3:
 - Published by Kaplan Co.
<https://www.kaplanco.com/product/11952/lap-d-3rd-edition-kit?c=17%7CEA1035>
 - For students functioning in the 30 to 72 month age range
 - Dual Language Assessment (English/Spanish in same scoring booklet)
 - You need to purchase the set of administration manuals (gross motor are not sold separately), the scoring booklets and the Examiner's Manual/Technical report
 - Has "Body Movement" and "Object Movement" subtests
 - Does not yield an age equivalent for students functioning below the 30 month level- just states <30 months

3. Brigance Inventory of Early Development Standardized- Brigance IED Standardized III:

- Published by Curriculum Associates
- https://www2.curriculumassociates.com/products/brigance-ec-nrt-pricing.aspx?_ga=2.185351661.571159445.1563223971-806118768.1563223971
- For Children Birth - 7 years
- Physical Development: Gross Motor section of the protocol booklet (cannot purchase separate from the booklet)
- 6 different subtests: Early Gross Motor Skills, Standing/Walking/Skipping/Galloping, Jumping & Hopping, Stair Climbing, Rolling/Throwing/Catching
- 3 of the subtest require direct assessment (A-2, A-3, and A-4)
- 3 of the subtests allow for observation/parent interview (A-1, A-5, and A-6)
- Test yields a composite score as well as scaled scores for each subtest item (if the student cannot participate in direct assessment you can still get scaled scores for items A-1, A-5, and A-6 which can assist in determining eligibility)
- Test has a free online scoring tool
<https://oms.brigance.com/StandardizedScoring/IEDIII.aspx>

4. Battelle Developmental Inventory 2nd Edition- BDI-2

- Published by Houghton Mifflin
<https://www.hmhco.com/shop/k12/Battelle-Developmental-Inventory-2nd-Edition-Normative-Update/id/1654691>
- For students Birth – 7 years
- Gross Motor Subtest (contains gross motor and object control skills)
- One protocol booklet for all subtests (expensive booklet)
- Items indicate whether or not they can be administered “Structured-S”, “Observation-O” or “Interview-I”

5. Test of Gross Motor Development 3rd Edition- TGMD-3:

- Published by ProEd
<https://www.proedinc.com/Products/14805/tgmd3-test-of-gross-motor-developmentthird-edit.aspx>
- For students ages 3 – 10 years
- Students must be able to participate in direct standardized assessment
- Separate Locomotor and Ball Skills subtests.
- Scores for each subtest as well as a combined score (Gross Motor Composite)

7. Bruininks-Oseretsky Test of Motor Proficiency | Second Edition- BOT-2:

- Published by Pearson
<https://www.pearsonassessments.com/store/usassessments/en/Store/Professional-Assessments/Motor-Sensory/Bruininks-Oseretsky-Test-of-Motor-Proficiency-%7C-Second-Edition/p/100000648.html>

- For students ages 4 - 21 years
- Typically for an Adapted PE Assessment the following subtests would be used: Bilateral coordination, Balance, Running Speed and Agility and Strength.

8. Brockport Physical Fitness Test- BPFT

- Published by various sources. Information can be obtained from:
<https://www.topendsports.com/testing/brockport.htm>
- Students ages 10 - 17 years
- Subtests including: Musculoskeletal Functioning, Muscular Strength/Endurance, Body Composition, Aerobic Functioning, Flexibility

Criterion Referenced Assessments:

1. Louisiana Motor Assessment for Preschoolers- LaMAP

- Available online (including CLAS (CTAPE LaMap Assessment Supplement for LaMap and CTAPE which provides additional data for students with significant motor disabilities or impairments who score 15% or below on the standard assessment): <https://www.wrightslaw.com/info/ape.la.elig.crit.pdf>
- 3 separate Test Levels
Test Level A: Ages 2 years 6 months to 3 years 5 months
Test Level B: Ages 3 years 6 months to 4 years 5 months
Test Level C: Ages 4 years 6 months to 5 years 11 months
- Subtests on Locomotor Skills, Manipulative Skills, Balance, and Body/Spatial awareness
- Procedure is marked structured or observation
- Score is Pass/Fail
- # of items passed X 5 = % score which indicates no motor deficit, mild motor deficit, moderate motor deficit, or severe motor deficit. Moderate/severe would indicate possible need for Adapted PE services

2. Adapted Physical Education Assessment Scale- Preschool- APEAS Preschool:

- Published by the Los Angeles Unified School District
- Available online
https://docs.google.com/document/d/1Uu1F2wf3V2SLIFhwtIMgfZkwF3KRgGKN1umYCv_ILNY/edit?usp=sharing
- <https://docs.google.com/document/d/13nYAmDyM7xfLZKuKQBnm6ZTeBvINXrFTXXeA332MsFs/edit?usp=sharing>
- Has balance, locomotor, object control and fine motor sections
- Gives age level of skill 2.0 years – 4.6 years

3. Hawaii Early Learning Profile- HELP (Birth-3 years and 3 - 6 years)
 - Published by VORT <https://www.vort.com/>
 - For students ages Birth to 3 years and 3 - 6 years (separate protocols)
 - Subtests including: Cognitive, Communication (receptive and expressive), Gross Motor, Fine Motor, Social-Emotional, Adaptive/Self-Help
4. Curriculum, Assessment, Resources, and Evaluation- Revised 2nd Edition- CARE-R 2
 - Published by the Los Angeles County Office of Education
 - Contact us at:
Division of Special Education
9300 E. Imperial Hwy
Downey, CA 90242
Phone: 562 803-8306 Fax: 562 469-4252
Email contact- **Carol Thomas** Thomas_Carol@laoe.edu.
 - 5 subtests:
Gross Motor (B-7), Object Control (12 months-10.6 years), Health and Fitness (5 – 17 years), Perceptual Motor (B – 9 years), and Fine Motor (B – 7 years)
 - Same protocol can be used up to 6 times
 - Indicates Mastery Levels (Rudimentary, Emerging, Functional, and Mastery) as well of Level of Support/Prompts
 - Comes with an objective writing guide
5. Brigance Inventory of Early Development
 - Published by Curriculum Associates
<https://www.curriculumassociates.com/products/brigance>
 - Preambulatory Motor Skills and Behaviors, Gross Motor Skills and Behaviors
 - For students Birth - 7 years
6. Southern California Ordinal Scales of Development- Scale of Gross Motor Abilities SCOSD
 - Published by Zilprint
<https://www.zilprint.com/> Temporarily Closed due to COVID-19
 - For students ages Birth - 11 + years
 - Gives developmental levels for strength, balance, mobility, and coordination
 - Gives “Functional”, “Basal” and “Ceiling” age levels
7. Competency Testing for Adapted Physical Education- CTAPE
 - Available Online (including CLAS (CTAPE LaMap Assessment Supplement) supplement for LaMap and CTAPE which provides additional data for students with significant motor disabilities or impairments who score 15% or below on the standard assessment): <https://www.wrightslaw.com/info/ape.la.elig.crit.pdf>

- For students ages 6 - 15 years and older
Level 1: 6 - 7.6 years
Level 2: 7.7 - 8.11 years
Level 3: 9 - 10.11 years
Level 4: 11 - 12.11 years
Level 5: 13 - 14.11 years
- Includes subtests for Locomotor Skills, Manipulative Skills, Bod/Spatial Awareness, Balance Skills
- Indicates no motor skills deficit, mild motor deficit, moderate motor deficit (possibly eligible), Severe motor deficit (most likely eligible)

8. Adapted Physical Education Assessment Assessment Scale- APEAS II

- Published by the SHAPE America:
<https://www.shapeamerica.org/prodev/workshops/adapted/apeasii.aspx>
- This test was found to be invalid and updated norms will be released soon. Currently can only be used as a criterion test
- For students ages 4.6 - 17 years
- Has separate Elementary and Secondary Levels
- Contains subtests for Perceptual Motor, Object Control, Locomotor, Physical Fitness, and Adaptive Behaviors

<http://users.rowan.edu/~conet/APE/APEAS.II.Test.Manual.071215.pdf>

9. Test of Secondary Basic Sport Skills- TSBSS

- Published by Human Kinetics
<https://us.humankinetics.com/products/test-of-secondary-basic-sports-skills-digital-manual#:~:text=Test%20of%20Secondary%20Basic%20Sports%20Skills%20Digital%20Manual%20is%20a,sport%20skills%20from%20six%20sports.>
- For students ages 11.6 - 15.5 years
- 10 skills and Behavior Observation Checklist

10. Apache Motor Skill Assessment Test- AMSAT

- Published by: <https://www.adaptedpe.com/>
- For students Ages 10 - 19 years
- Standardized assessment, but has not been peer reviewed and was self published.
- Includes object control and locomotor skill subtests

- Advanced gross motor skills for students over the age of 10

11. Kounas Assessment of Limited Mobility Students Revised- KALMS (R):

- Published by Kalms test <http://kalmstest.com/>
- Specifically for Orthopedically Impaired students
- For students ages 3 - 21 years
- Subtests include Mobility, Body Awareness, Unilateral and Bilateral Coordination, Game Skills

12. Functional Assessments for Children with Severe Disabilities by Dr. Martin Block

- Available online or through link below
- Specifically for Moderate/Severe or Medically Fragile students
- For all age levels
- Includes subtests for Position and Movement, Functional Mobility, Functional Physical Fitness, Ball Skills, Sensory Processing Sensitivity, Communication and Play Behaviors
- <https://drive.google.com/file/d/1fbQ4tnDq00fdyppcdhKpfettMRY1kvhr/view?usp=sharing>

13. Functional Motor Assessment

- Available through link provided or through Region 10 ESC
- Specifically for Moderate/Severe or Medically Fragile Students
- For all age levels
- Includes subtests for Dexterity, Postural Control, Mobility, Sensory Awareness and Sports and Recreation
- https://drive.google.com/file/d/1Lg0I1ZiG6KtXI8NYOLoJT99x94Ypia_H/view?usp=sharing

14. Region 10 Educational Service Center- Adapted Physical Education Evaluations

- <https://www.region10.org/programs/adapted-physical-education-ape/evaluations/>
- Functional Motor Assessment
- Wheelchair Motor Assessment
- VI Motor Assessment
- Links to CTAPE, LaMap and CLAS

15. The Oregon Project for Visually Impaired and Blind Preschool Children Skills Inventory

- Available on Perkins Learning/Oregon Project Website
- <https://www.perkinselearning.org/content/oregon-project-visually-impaired-blind-preschool-children-skills-inventory>
- For ages 3 - 5 years
- Gross Motor Subtest

Adapted Physical Education Assessment Tools At a Glance:

Standardized Assessments

Name	Age	Publisher	Subtest/Protocol	Population
<u>Developmental Assessment of Young Children 2nd Edition- DAYC-2</u>	B - 5 years	Pro Ed	Physical Development	Preschool/TK-K Transition
<u>Learning Accomplishment Profile Diagnostic Third Edition- LAP-D 3:</u>	Students functioning 30 - 72 months	Kaplan	Body Movement/Object Movement	Preschool/TK-K Transition
<u>Brigance Inventory of Early Development Standardized- IED Standardized III:</u>	B - 7 years	Curriculum Associates	Physical Development	Preschool and Elementary
<u>Battelle Developmental Inventory 2nd Edition- BDI-2</u>	B - 7 years	Houghton Mifflin	Gross Motor	Preschool and Elementary
<u>Test of Gross Motor Development 3rd Edition- TGMD-3</u>	3 - 10 years	Pro Ed	Locomotor/Ball Skills	Preschool and Elementary
<u>Bruininks-Oseretsky Test of Motor Proficiency Second Edition- BOT-2</u>	4 - 21 years	Pearson	Bilateral coordination, Balance, Running Speed and Agility and Strength.	Preschool through Adult
<u>Brockport Physical Fitness Test- BPFT</u>	10 - 17 years	Top End Sports	Musculoskeletal Functioning, Muscular Strength/Endurance, Body Composition, Aerobic Functioning, Flexibility	Older Elementary through High School
<u>Developmental Assessment of Young Children 2nd Edition- DAYC-2</u>	B - 5 years	Pro Ed	Physical Development	Preschool/TK-K Transition

Criterion Assessments/Checklists:

Name	Age	Publisher	Subtest/Protocol	Population
<u>Louisiana Motor Assessment for Preschoolers- LaMAP</u>	2.6 - 5.11 years	Wrightslaw (available online)	Locomotor, Manipulative, Balance, Body/Spatial Awareness	Preschool
<u>Adapted Physical Education Assessment Scale</u>	2.0 - 4.6 years	LAUSD	Balance, Locomotor, Object Control, Fine Motor	Preschool
<u>Hawaii Early Learning Profile</u>	B - 3 years 3 - 6 years	VORT	Gross Motor	Infant and Preschool
<u>Curriculum, Assessment, Resources, and Evaluation- Revised 2nd Edition- CARE-R 2</u>	B - 17 years	LA County Office of Education	Gross Motor, Locomotor, Object Control, Health and Fitness, Perceptual Motor, Fine Motor	Infant, Preschool, Elementary, High School
<u>Brigance Inventory of Early Development</u>	B - 7 years	Curriculum Associates	Preambulatory Motor Skills and Behaviors, Gross Motor Skills and Behaviors	Infant, Preschool, Elementary
<u>Southern California Ordinal Scales of Development</u>	B - 11 + years	Zilprint	Strength, Balance, Mobility, Coordination	Infant, Preschool Elementary, High School
<u>Competency Testing for Adapted Physical Education- CTAPE</u>	6 - 15 + years	Wrightslaw	Locomotor, Manipulative, Body/Spatial Awareness, Balance,	Elementary through Adult
<u>Adapted Physical Education Assessment Assessment Scale- APEAS II</u>	4.6 - 17 years	Shape America	Perceptual Motor, Object Control, Locomotor, Fitness, Adaptive	Elementary through High School
<u>Test of Secondary Basic Sport Skills- TSBSS</u>	11.6 - 15.5 years	Human Kinetics	10 skills and Behavior Observation Checklist	Middle School and High School
<u>Apache Motor Skill Assessment Test- AMSAT</u>	10 - 19 years	Adapted PE.com	Object Control and Locomotor	Elementary through High School

<u>Kounas Assessment of Limited Mobility Students Revised-KALMS R</u>	3 - 21 years	Kalms Test	Mobility, Body Awareness, Unilateral and Bilateral Coordination, Game Skills	Orthopedically Impaired students
<u>Region 10 ESC Evaluation of Students Who Are Wheelchair Users</u>	5+	Region 10 ESC Website	Wheelchair Skills, General Manipulative Skills, Object Control, Sports and Recreation Skills	OI Wheelchair Users
<u>Region 10 ESC Adapted Physical Education Evaluation for Visually Impaired</u>	All Age Levels	Region 10 ESC Website	Travels, Vision, Spatial Awareness/Body Movement, Locomotor, Object Control, Goal Ball Skills, Beep Ball Skills	Visually Impaired
<u>The Oregon Project for Visually Impaired and Blind Preschool Children Skills Inventory</u>	3 - 5 years	Perkins Learning/Oregon Project Website	Gross Motor (separated by age)	Visually Impaired Preschool Students
<u>Functional Assessments for Children with Severe Disabilities by Dr. Martin Block</u>	All Age Levels	Online	Position and Movement, Functional Mobility, Functional Physical Fitness, Ball Skills, Sensory Processing Sensitivity, Communication and Play Behaviors	Mod/Severe/Medically Fragile population
<u>Functional Motor Assessment</u>	All age levels	Region 10 ESC	Dexterity, Postural Control, Mobility, Sensory Awareness, Sports and Recreation	Mod/Severe/Medically Fragile population