

## CORNWALL-LEBANON SCHOOL DISTRICT

Athletic Training Services 115 E. Evergreen Road Lebanon, PA 17042 Phone: 717.272.2033 ext. 5956 Fax: 717.389.1880

Dear Parent/s, Guardian/s, and Student/s,

Each athlete must complete a physical to be able to play a sport in the Cornwall-Lebanon School District. The Cornwall-Lebanon School District Athletic Trainers are implementing new procedures for the 2020-2021 school year in regards to physicals. Please follow the instructions below:

We are requiring the majority of the physical packet to be turned in electronically. *Sections 1-5 of the PIAA CIPPE physical must be completed online*. Only Section 6 of the PIAA CIPPE form will be able to be completed and turned in as a physical document (this is the form that is completed and signed by the doctor).

If athletes are planning to get their physical completed at the school, they will be required to have Sections 1-5 and the Risk of Injury Acknowledgement completed on our Online ATS website prior to getting physicals completed. Please refer to the <u>Athletic Training</u> section of the district website for more information about the actual physical. *Please note that athletes must schedule an appointment to receive a physical at the school this summer – NO walk-ins will be accepted*.

Below you will have instructions as to how you and your athlete will access the Athletic Training Software (ATS) website.

**Step 1**: Begin by going to the following website: atscchs.atsusers.com.

**EXISTING ATHLETES**: (Athletes who played a sport at Cedar Crest prior to this year)

## **Step 2:** Log into the Website

- Your Athlete ID is your birth date plus the first letter of your first name and first letter of last name. Example: 012302cs
- Password: *sports*
- If this does not work, you most likely changed your username or password. Please email cseldromridge@clsd.k12.pa.us to retrieve your information or reset your password.

## **Step 3:** Update your account information

- Change your Athlete ID to your school ID
- Set the password to anything you choose
- Make sure you remember this ID and password because this is how you will access the systems in the future.
- Please see next page to continue to Step 4.

**NEW ATHLETES:** (Athlete never played a sport at Cedar Crest prior to this year)

Step 2: Login as a New Athlete

• Athlete ID: new

• Password: new

Step 3: Update your account information

- Change your Athlete ID to your school ID
- Set the password to anything you choose
- Make sure you remember this ID and password because this is how you will access the systems in the future.

## **ALL Athletes**

Step 4: Complete each Sections 1-5 of the CIPPE Physical and Risk of Injury Acknowledgment

- After updating your account information, new tabs will appear
- Click on "Forms"
- Then click on each section that is required.
- Please note that you will not be able to go to the next form until all information and signatures are completed.
- After completing the "Forms" section, you may then complete the information for the Insurance tab.

By following the previous steps, you should have all of your online forms completed and submitted to the Athletic Trainers. If you need to refer back to the site to see what you need, the Paperwork tab allows you to see what is completed at any time. You do not necessarily need to fill out each section in one sitting – it will remember where you left off.

Please note that CIPPE Section 6 (physical completed by the Doctor) will still be completed and collected in paper form by August 7<sup>th</sup>, 2020.

We understand that this is a new process for many, and thank you for your patience as we use this website as one of our mitigation strategies during the COVID-19 pandemic. Please contact the athletic training staff with any questions or concerns.

Thank you,

Christopher A. Seldomridge, LAT, ATC, PES, CEAS, CPO, AASDN-NS

**CLSD Athletic Trainer** 

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