



Monroe Township Schools  
**Oak Tree Elementary School**  
226 Applegarth Road  
Monroe Township, NJ 08831



Patricia J. Dinsmore  
Principal

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## I had a Guidance Lesson today on... **ACCEPTANCE!**

Dear Parents/Guardians,

Ms. Colflesh, our school guidance counselor came into our classroom today and taught us a guidance lesson on the value of **ACCEPTANCE**. Here are some things we did:

- Talked about what **Acceptance** means: "Knowing that everyone is just right the way that they are; We have different strengths/weaknesses and ways of doing things and that is OK; We all belong and have something special to share"
- Discussed the importance of learning about **Acceptance**:
  - Helps us get along, understand, learn about, and include others; reduces teasing. When we show "acceptance" to all we are helping to make the world a more peaceful place.
- "In Their Shoes" activity
  - Students were shown the shoes and read some background on several different people and their differing abilities.
  - Students were given time to try and experience what it may be like "stand in their shoes"
  - Students reflected on what they would want others to say/do for them when they are "in their shoes" and how they can do this for others

Now, I will tell you one thing that I learned from the guidance lesson:

(Please ask your child to tell you one thing they learned today and discuss. Please keep at home as a reminder.)

On a learning scale of 1-3, I gave myself a \_\_\_\_ for how much I know about **Acceptance**.

1 = I don't know what acceptance means and need to learn more.

2 = I understand what acceptance means but need to learn more about how to show it.

3 = I understand what acceptance means and can show acceptance to others.

\*If your child reports that they do not know what acceptance means or how to show it please access the Guidance tab on Oak Tree's home page for further review (books, lessons, etc.)

Ms. Colflesh and my teachers say to keep practicing acceptance at school *and* at home. I can't wait to show you what I know.

Love,

Your "accepting" student at Oak Tree Elementary School &  
Ms. Colflesh, School Guidance Counselor