

Abstract Watercolor Zentangles

What is a zentangle?

An artistic design created using repetition and patterns, can be used as a form of meditation.

Exercise Objectives:

-Experiment with color combinations using watercolor paints.

How do the colors change when they are placed on top of, or near each other? What color combinations work well together? Why do you think that is?

-Draw overlapping shapes.

Pay attention to how you balance the negative, or empty space around the watercolor shapes.

-Use the elements of line and shape to create patterns.

How can lines and shapes be repeated to create unique designs?

Materials Needed:

-Paper: any size works! I would recommend working on 8.5" x 11" paper

-Watercolor paint

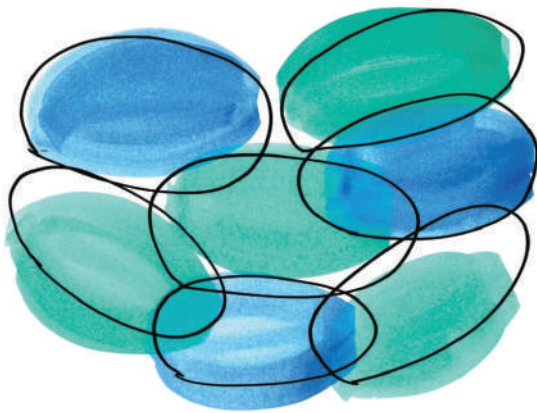
-Paintbrushes

-Water

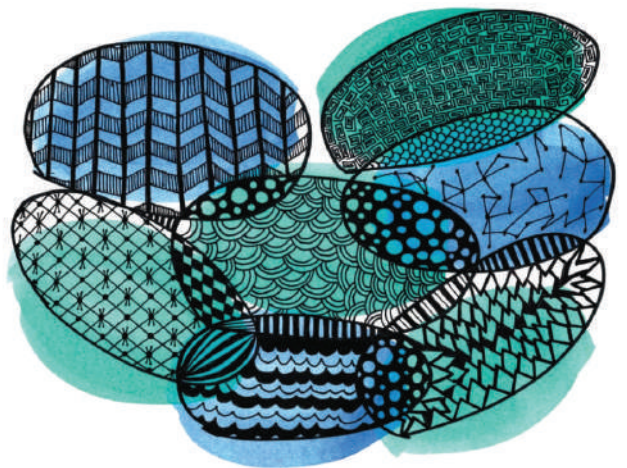
-Pen or Marker for drawing zentangles: you may want to experiment with colored pens, gel pens, Sharpies, etc.



1 Pick three or four colors of watercolor paint that you love together and brush some overlapping ovals onto your page.



2 When they are dry, you can draw ovals over them, but don't make them perfect—they look great if they are offset from the paint ovals a bit.



3 Tangle inside your drawn ovals.
Enjoy your finished artwork!