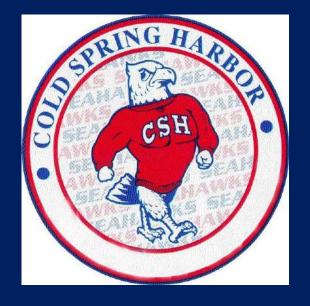


# AGENDA

- The High School Years
- ► The Counselor's Role
- ► Information Packet
- Academic Record and Planning
- Extracurricular Opportunities
- ▶Q & A



# Counseling Center Staff





Ms. Jennifer Pickering, 7<sup>th</sup> and 8<sup>th</sup> grade counselor

Ms. Laurie Conlon, 9-12<sup>th</sup> grade counselor

Ms. Heather Friedland, 9-12<sup>th</sup> grade counselor

Ms. Mary Jo Hannity, 9-12<sup>th</sup> grade counselor

Ms. Jacqueline Kovach-Devlin, 9-12<sup>th</sup> grade counselor

Ms. Angelica Ferraro, Wellness Counselor, 9th -12th grade

Ms. Tracy Groeninger, Office Assistant

Ms. Donna Mezzapesa, Office Assistant

Ms. Mona Hecht, Asst. Supt. for Counseling, Student Services and Human Resources





# 9<sup>th</sup> Grade Calendar 2022-2023

#### Counselor's Role with 9th Grade Students

- Ongoing Academic Monitoring: Review of progress reports and report cards throughout the year
- ► September/October: Counselors meet their 9<sup>th</sup> grade students Setting the foundation – learning about the students
- ▶ December: Program of Study Guide posted and shared; academic programming begins for grade 10
- Spring Semester and End of Year: Guidance, advisement and support
  - Summer opportunities
  - ▶ Regents and Final exams
  - ► Summer School registration



# Academic Record: Transcripts

- ▶ **What** is on the student transcript?
  - ▶ All courses taken and grades earned
- ▶ **When** do I see it?
  - ▶ Posted to the portal annually
- ▶ **How** do I know how I'm doing?
  - ▶ Challenging but manageable



# Diploma Types & Requirements

#### Diploma Types:

- ▶ Regents Diploma with Advanced Designation
- ▶ Regents Diploma
- ► Local Diploma (still available in special situations)

#### ► Requirements - Credits & Examinations

- ▶ 22 credits (minimum) specific subject areas
- ► Exams ELA, Math, Science, Social Studies (1) plus one
- ► Exams Advanced Designation, variety of options

## REGENTS EXAMS

Regents Examination	Usually taken*
Living Environment <sup>#</sup> or Earth Science <sup>#</sup>	Grade 8 or 9
Algebra I <sup>#</sup>	Grade 8 or 9
Global History & Geography	Grade 10
Geometry	Grade 9 or 10
Algebra II	Grade 10 or 11
Chemistry	Grade 10 or 11
French or Spanish (FLACS exam)	Grade 10
Common Core English <sup>#</sup>	Grade 11
US History & Government	Grade 11
Physics	Grade 11 or 12



\* Due to the individual nature of each student's program of study, Regents exams are not taken at the same time by all students. You can compare your student's schedule with the examination titles to discern which exams are to be taken this year.

# GPA Calculation

- ► Calculation is based on all grades with the exception of physical education
- ▶ All Honors and Advanced Placement courses are weighted by a factor of 1.1
- ▶ GPAs are rounded to the hundredth (ex: 3.68)
- Accelerated courses are NOT weighted
- ▶ GPA vs. weighted GPA

#### **GPA CALCULATION WORKSHEET**

Method to calculate GPA and Weighted GPA: Take the total GPA or Weighted GPA points and divide that number by the total credits earned.



Course Name	Grade	School Year	Course Level	Credits Earned	Point Value	Weighted Point Value
BIOLOGY REGENTS ACCELERATED	A-	2014-2015		1	3.66	3.66
SPANISH 1	B+	2014-2015		1	3.33	3.33
ENGLISH 9	Α	2015-2016		1	4	4
GLOBAL HISTORY I	Α	2015-2016		1	4	4
SPANISH 2	B+	2015-2016		1	3.33	3.33
ALGEBRA I REGENTS	B+	2015-2016		1	3.33	3.33
EARTH SCIENCE REGENTS	B+	2015-2016	0 0	1	3.33	3.33
WIND ENSEMBLE	Α	2015-2016		1	4	4
ENGLISH 10 H	В	2016-2017	Honors	1	3	3.3
AP EUROPEAN HISTORY	A-	2016-2017	Advanced Placement	1	3.66	4.03
HEALTH 10	Α	2016-2017	Semester	0.5	2	2
INTRODUCTION TO DRAW & PAINT	Α	2016-2017		1	4	4
SPANISH 3	Α	2016-2017		1	4	4
GEOMETRY REGENTS	В	2016-2017		1	3	3
PSYCHOLOGY	Α	2016-2017	Semester	0.5	2	2
CHEMISTRY REGENTS	B+	2016-2017		1	3.33	3.33
ADVANCED DRAW & PAINT -YR	Α	2017-2018		1	4	4
AP ENGLISH LANG & COMP	A-	2017-2018	Advanced Placement	1	3.66	4.03
SPANISH 4	A-	2017-2018		1	3.66	3.66
ALGEBRA II REGENTS H	C+	2017-2018	Honors	1	2.33	2.56
PSYCHOLOGY AP	B+	2017-2018	Advanced Placement	1	3.33	3.66
REGENTS PHYSICS	Α	2017-2018		1	4	4
AP US HISTORY	A-	2017-2018	Advanced Placement	1	3.66	4.03

MARKING SYSTEM: Marks for all subjects, except pass/fail courses are used in computing a student's	Letter Grade	Numerical Equivalent	Point Value	Weighted Point Value	Total Credits Earned 22
cumulative grade point	Α	93-100	4	4.40	
average at the end of the 11th	A-	90-92	3.66	4.03	1
grade or in the event that a student repeats a course, only	B+	87-89	3.33	3.66	1
the higher grade is used in	В	83-86	3	3.30	
calculating the student's	B-	80-82	2.66	2.93	1
average. All Honors and	C+	77-79	2.33	2.56	1
Advanced Placement courses are weighted by multiplying	С	73-76	2	2.20	1
the letter grade equivalent by	C-	70-72	1.66	1.83	
a 1.1 factor. Accelerated	D+	67-69	1.33	1.46	
courses are not weighted.	D	65-66	1	1.10	
	F	Below 65	0	0.00	

GPA Calculation WGPA Calculation 78.61 ÷ 22 = 3.57 80.58 ÷ 22 = 3.66

Sum of Points

78.61

GPA

Sum of Weighted

**Points** 

80.58

WGPA

Only Honors and Advanced Placement classes are weighted

Courses taken

# Sample Transcript



Final grades earned

Credit earned

Course	Grade	Credit Earned	Profile			
Year:			MARKING :	SYSTEM: Marks for a	Il subjects, except pa	ss/fail and
BIOLOGY REGENTS ACCELERATED	Α-	1.00	cumulative grade point average at the end of the 11th grade or in			
FRENCH 1	Α-	1.00				
Cred	lits Earned:	2.00				
Year:				culating the student's a		
ALGEBRA I REGENTS	B+	1.00		Placement courses are		
EARTH SCIENCE REGENTS HONORS	B+	1.00				
ENGLISH 9 REGENTS	A	1.00	not weighte		toodiorated Emilione	000,000
FRENCH 2 HONORS	B+	1.00	not weighte	u.		
GLOBAL HISTORY & GEOGRAPHY I REGENTS	A	1.00	1 2200 L	Numerical	Grade Point	
MYSTERIES IN HISTORY	A	0.50	Letter	The Property Control of the Control	The second of the second of	
PHYSICAL EDUCATION 9-10	A	0.50	Grade	Equivalent	Range	
PSYCHOLOGY	A	0.50	100			
WIND ENSEMBLE 9-12	Α	1.00	A	93-100	3.8-4.0	
Cred	iits Eamed:	7.50	A-	90-92	3.5-3.7	
Year:			B+	87-89	3.2-3.4	
AP EUROPEAN HISTORY REGENTS	B+	1.00	В	83-86	2.8-3.1	
CHEMISTRY REGENTS	В	1.00	B-	80-82	2.5-2.7	
ENGLISH 10 REGENTS HONORS	В	1.00	C+	77-79	2.2-2.4	
FRENCH 3 HONORS	A-	1.00	č	73-76	1.8-2.1	
GEOMETRY REGENTS	B-	1.00		(T) (T) (T)		
HIGH SCHOOL HEALTH	A	0.50	C-	70-72	1.5-1.7	
PHYSICAL EDUCATION 9-10	A-	0.50	D+	67-69	1.2-1.4	
WIND ENSEMBLE 9-12	A fits Earned:	7.00	D	65-66	1.0-1.1	
Cred	iits Cameu:	7.00	F	Below 65	0	
Year.		5000				
ALGEBRA II REGENTS  AP LANGUAGE AND COMPOSITION REGENTS	8- 8+	1.00	4			
AP US HISTORY REGENTS	B	1.00	1			
FRENCH 4 HONORS	A-	1.00	5. 1	Assess		1.0
LEISURE TIME ACTIVITIES	A	0.50	Date		est	Score
PHYSICS REGENTS	A-	1.00	06/13/2018	Regents Living Environ	ment	88
THE WORLD OF HEALTH	A	0.50	06/18/2018	FLACS (Check Point A	) French	86
WIND ENSEMBLE 9-12	A	1.00		Regents Common Core	50 Dally 100	83
Cred	lits Earned:	7.00		Regents Phy Set/Earth	The state of the s	90
Year:			THE RESERVE OF THE PARTY OF THE	French Checkpoint B	ou	1
AP ENVIRONMENTAL SCIENCE		0.00	A STREET OF THE STREET OF THE		400000	E
AP FRENCH LANGUAGE		0.00	Company of the Compan	Regents Common Core	Charles of Control of the Control	E
AP US GOVERNMENT AND POLITICS		0.00	06/02/2020	Regents NF Global His	tory	E
INTRO TO COLLEGE ENGLISH: NEWS INTRODUCTION TO COLLEGE ENGLISH FALL		0.00	06/02/2020	Regents Phy Set/Chem	nistry	E
PHYSICAL EDUCATION 11-12		0.00		Regents Common Core		E
PRECALCULUS		0.00	The second secon			
WIND ENSEMBLE 9-12		0.00		Regents Common Core		E
	lits Earned:	0.00		Regents Phy Set/Physi		E
Total Credits Earned:		23.50	06/17/2021	Regents US History&G	ovt	E
Total Credits Earned.		23.50				
TT				Com	ments	
Honor societies ———			SOCIÉTÉ HONORAIRE DE FRANÇAIS			
		_				
			Unweighted G	SIC HONOR SOCIETY		3.
Weighted and			Weighted GP/			3.
Weighted and ————			Class Size			14
unweighted GPA	$\overline{I}$		Official Transcript only when bearing the school seal.			

Regents

exam

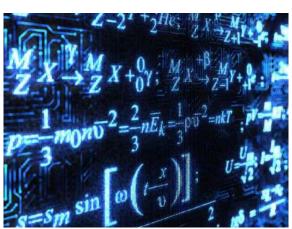
scores

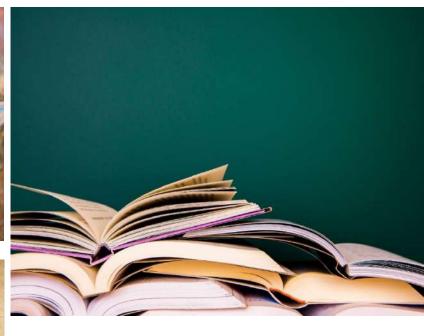
# PROGRAM OF STUDY GUIDE 2022-2023

- Explore interests and options
- Choose courses and create an academic program that is challenging and appropriate
- Look ahead and plan for the future: prerequisites for courses in future years
- Available online and in print this winter













#### Course selection

- Course recommendations made by teachers
- Course selections made by students/parents
- Counselors provide guidance to assist students: challenging and appropriate course planning
- January/February/early March
- Courses visible on eSchool
- •Transcripts
- •GPA calculation
- •Graduation Requirements
- •Diploma types
- •Academic support and guidance
- Honor societies

### Extracurricular Activities

▶ How Do You Like to Spend Your Time?

CSH Culture: Commitment to community service, athletics, the arts and personal endeavors

- Clubs –Visit our Canvas page!
- ▶ Athletics
- ▶ After school activities in the community
- ▶ Boy Scouts, Girl Scouts
- ▶ The Arts: Choir, Theater, Dance
- ▶ Community service *commit to a cause!*
- ▶ Part time employment
- Keep records!



### Honor Rolls & Societies

▶ Honor Roll (3.00 GPA) / High Honor Roll (3.66 GPA)



- National Honor Society
  - ▶ 20 hrs./year community service
- ► Tri-M Music Honor Society
- ▶ National French and Spanish Honor Society
- Speech & Debate Honor Society
- ▶ International Thespian Honor Society
- Art Honor Society



SEE YOUR TEACHER or COUNSELOR FOR QUESTIONS OR DETAILS

## SAT and ACT Exams

- Standardized entrance exams used by colleges for admission purposes
- ▶ All colleges accept either SAT or ACT exam
- ► Some colleges are test optional <u>www.fairtest.org</u>
- ► SAT/ACT results are only part of the application package and often not the most important
- ► SAT <u>www.collegeboard.org</u>
  - ► SAT special testing accommodations
- ► ACT <u>www.actstudent.org</u>
  - ► ACT special testing accommodations



# Developing a Testing Schedule

#### **Most Students**

- ► Fall 10<sup>th</sup> Grade: PSAT (optional)
- ► Fall 11<sup>th</sup> Grade: PSAT (required for National Merit Scholarship consideration)
- ▶ Winter Summer 11<sup>th</sup> Grade: Take 1 SAT, 1 ACT, and either SAT/ACT a second time (3 total)
- ▶ Sept. and/or Oct. 12<sup>th</sup> Grade: Retake SAT or ACT (which ever exam is best for you)

#### **NCAA** Recruited Athletes

▶ Recruited athletes may want to begin this process a full year early (speak to the college coach to understand their expectations)



## NCAA Information

- ► Core Course GPA helps you track your NCAA GPA
- ▶ Grades and SAT/ACT scores matter!
- ▶ Understand the recruiting process for your sport
- ▶ Talk to your coaches and counselor!
- ► Register with the NCAA at the conclusion of 11<sup>th</sup> Grade





# THANK YOU FOR PARTICIPATING

We hope to see you soon in the Counseling Center!!!