

Freshman Family Night

Planning for High School and Beyond

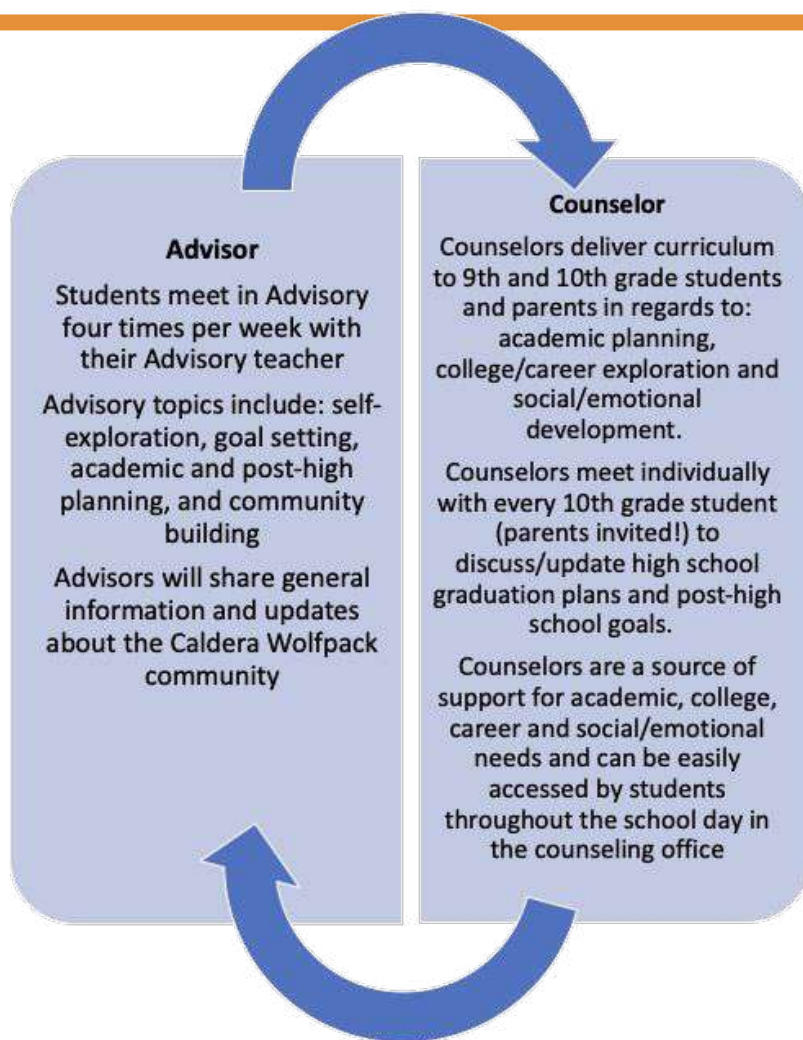


Learning Intentions

We want you to learn and understand:

- Diploma Types and Graduation Requirements
- How to read your student's transcript?
- Post High School Options
- Four Year Planning Supports at CHS
- General School Supports at CHS
- School to Career and Future Center Resources





Each CHS student is assigned an advisor that they will have during their time at Caldera. Every advisor is paired with a counselor that will support those advisory students with academic, social/emotional and college/career development throughout high school.



Assigned Counselor



Basic Academic Information

- Semester courses earn .5 credits each
- Advisory earns .25 credits per semester
- Students at Caldera can earn up to 7.5 credits per year
 - 7 classes per semester (7.0 credits)
 - Yearlong Advisory (.5 credits)
- Grading Scale:

Letter Grade	Point Scale
A	90-100
B	80-89
C	70-79
D	60-69
F	50-59



Graduation Requirements- Academic

Subject	Credit Requirement
Language Arts	4.0 credits
Mathematics	3.0 credits
Social Studies including: <ul style="list-style-type: none">• World History• US History• Gov and Financial Lit/Econ	3.0 credits
Science	3.0 credits
CTE/World Language/Fine Arts	3.0 credits
Health	1.0 credits
PE	1.0 credits
Electives	8.0 credits



Graduation Requirements- 4.0 credits of Language Arts

Grade Level	Course Options
9th Grade	Literature and Comp 1
10th Grade	Literature and Comp 2
11th Grade*	Literature and Comp 3 AP English Language
12th Grade*	Literature and Comp 4 AP English Literature

* tentative plan for the 2022-24 school years



Graduation Requirements- 3.0 credits of Mathematics

Course Pathway			
9th Grade	10th Grade	11th Grade	12th Grade
Integrated Math 1 DI Integrated Math 1	Integrated Math 2 DI Integrated Math 2	Integrated Math 3	Pre-Calculus* AP Statistics*
Integrated Math 2 DI Integrated Math 2	Integrated Math 3 DI Integrated Math 3	Pre-Calculus* AP Statistics*	Pre-Calculus* AP Statistics* AP Calculus*
Integrated Math 3 DI Integrated Math 3	Pre-Calculus* AP Statistics* DI Pre-Calculus	Pre-Calculus* AP Statistics* AP Calculus*	Pre-Calculus* AP Statistics* AP Calculus*

* tentative plan for the 2022-24 school years



Graduation Requirements- 3.0 Credits of Social Studies

Grade Level	Course Options
9th Grade	World History (BSH/SHS)
10th Grade	Not Required DI Historia de las Américas
11th Grade*	US History* AP US History*
12th Grade*	Government* Financial Lit/Econ* AP Government* Honors Economics*
Social Studies Elective Options	AP Human Geography AP World History AP Psychology*

* tentative plan for the 2022-24 school years



Graduation Requirements- 3.0 Credits of Science

Grade Level	Course Options
9th Grade	Physical Science (BSH) Biology (BSH/SHS)
10th Grade	Chemistry
11th Grade and 12th Grade*	Biology Environmental Science Physics AP Biology AP Physics 1 AP Chemistry

* tentative plan for the 2022-24 school years



Graduation Requirements- 3.0 credits of CTE/FA/WL

- Career Technical Education
 - Construction
 - Engineering***
 - Business
 - Health Sciences***
 - Video and Graphic Arts
 - Computer Science*
- Fine Arts
 - Drawing/Painting**
 - Mixed Media
 - Sculpture
 - Ceramics
 - Photography
- Performing Arts
 - Band
 - Orchestra
 - Choir
 - Theater
- World Languages
 - Spanish**
 - French**
 - Chinese

* tentative plan for the 2022-24 school years

** AP options planned

***Dual Credit Options



Graduation Requirements- Health and PE

Grade	Health (1.0 credits)	PE (1.0 credits)
9th Grade	Health 1	1 semester
10th Grade	Health 2	1 semester
Physical Education Options: Team Sports, Weights, Low Impact/Yoga		



Graduation Requirements- 8.0 Elective Credits

- Any credit that goes above and beyond in a core subject requirement
- Electives at CHS
 - Teacher Assistant
 - Peer Mentor
 - Yearbook
 - Leadership
- Alternative Elective Credit Options
 - Work Experience
 - Volunteer Credit
 - Internship
 - Industry Program



Alternative Credit Options

- Core Classes and Electives
 - Bend La Pine Online
 - Dual Credit/Community College Classes
- Elective Credits
 - Driver's Ed
 - Work Credit
 - Internship
 - Volunteer Credit



Graduation Requirements- Honors Diploma

Subject	Credit Requirement
Language Arts	4.0 credits
Mathematics	4.0 credits
Social Studies including: <ul style="list-style-type: none">• World History, US History, Gov and Financial Lit/Econ	3.0 credits
Science	4.0 credits
World Language (consecutive)	2.0 credits
CTE/FA	1.0 credits
Health	1.0 credits
PE	1.0 credits
Electives	7.0 credits



Honors Diploma Capstone Requirements

- What is a capstone?
 - Advanced Placement (AP) Level Courses
 - Highest Level Course in an Elective/CTE Pathway
- Capstone Classes are generally taken during 11th and 12th Grade
 - Most students decide on honors diploma at the end of their 10th grade year
- 5.0 credits of the 27.0 credits must be earned with a CAPSTONE class
 - 3 of which need to be an AP course



College Admissions Requirements- Academic

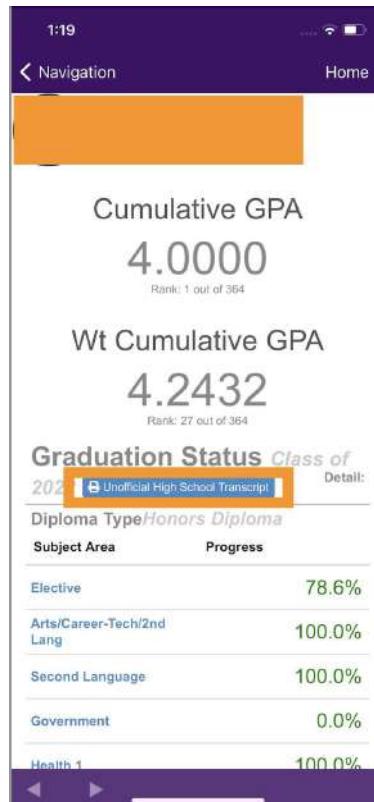
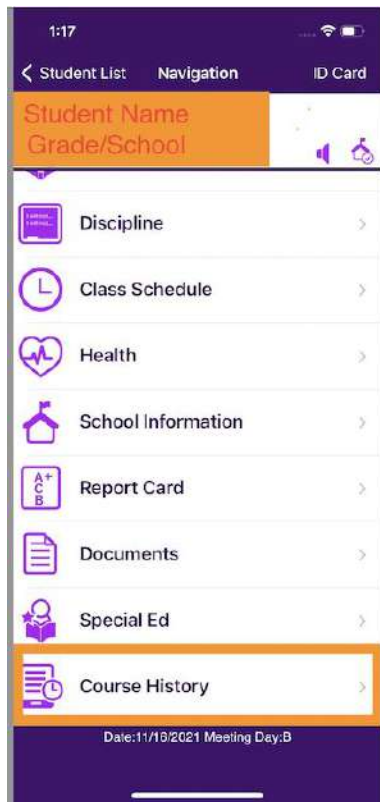
Oregon Public Four Year Institutions	Credits
English	4.0 credits
Math	3.0 (though IM 3 or Algebra) *Recommended 4.0 credits
Science	3.0 credits
Social Studies	2.0 credits
World Language	2.0 credits

Additional Requirements to Consider

- C- or higher in all classes
- Out-of-State and Private Schools may have different requirements



ParentVue: Course History



Course History in Parent/Student Vue

Caldera Graduation Worksheet (Academic)

Student Name: _____ ID: _____
Last First

Student Personal Email: _____ Student Phone # _____

Student must complete a minimum of 26 credits and complete all subject requirements

☐ = .5 credits/1 semester

English (LA) 4.0 credits

☐☐☐☐☐☐☐☐

Math (MA) 3.0 credits

☐☐☐☐☐☐

Science (SC) 3.0 credits

☐☐☐☐☐☐

History and Social Science 3.0 credits

World History (WS): ☐☐ U.S. History (US): ☐☐ Financial Literacy/Econ: ☐ Government (GV): ☐

Foreign Language/Fine Arts/CTE(FA) 3.0 credits

☐☐☐☐☐☐

Physical Education (PE) 1.0 credits

☐☐

Health 1.0 credits

H1 ☐ H2 ☐

Electives (EL) 8.0 credits

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Four Year Planning

Caldera High School Planning Record

All courses subject to course availability

Student Name: _____ Personal Email/Phone: _____ Date: _____

10 th Grade		11 th Grade		12 th Grade	
Fall	Spring	Fall	Spring	Fall	Spring
1.		1.		1.	
2.		2.		2.	
3.		3.		3.	
4.		4.		4.	
5.		5.		5.	
6.		6.		6.	
7.		7.		7.	

Post-Secondary Goals

- ☐ Undecided
- ☐ Trade/Vocational School
- ☐ Community College
- ☐ Apprenticeship
- ☐ Four Year College/University
- ☐ GAP Year

- ☐ Directly to Workforce
- ☐ Military
- ☐ Other:

Involvements/Extra-Curricular Activities/Interests

Alternative Credits Options (if needed)

SAT/ACT/ASVAB

NOTES:



Academic Diploma

Caldera High School Planning Record

All courses subject to course availability

Student Name: _____ Personal Email/Phone: _____ Date: _____

10 th Grade		11 th Grade		12 th Grade	
Fall	Spring	Fall	Spring	Fall	Spring
1.		1.		1.	
2.		2.		2.	
3.		3.		3.	
4.		4.		4.	
5.		5.		5.	
6.		6.		6.	
7.		7.		7.	

Post-Secondary Goals <input type="checkbox"/> Undecided <input type="checkbox"/> Trade/Vocational School <input type="checkbox"/> Community College <input type="checkbox"/> Apprenticeship <input type="checkbox"/> Four Year College/University <input type="checkbox"/> GAP Year <input type="checkbox"/> Directly to Workforce <input type="checkbox"/> Military <input type="checkbox"/> Other:	Involvements/Extra-Curricular Activities/Interests
Alternative Credits Options (if needed)	SAT/ACT/ASVAB
NOTES:	



DI Academic Diploma

Caldera High School Planning Record

All courses subject to course availability

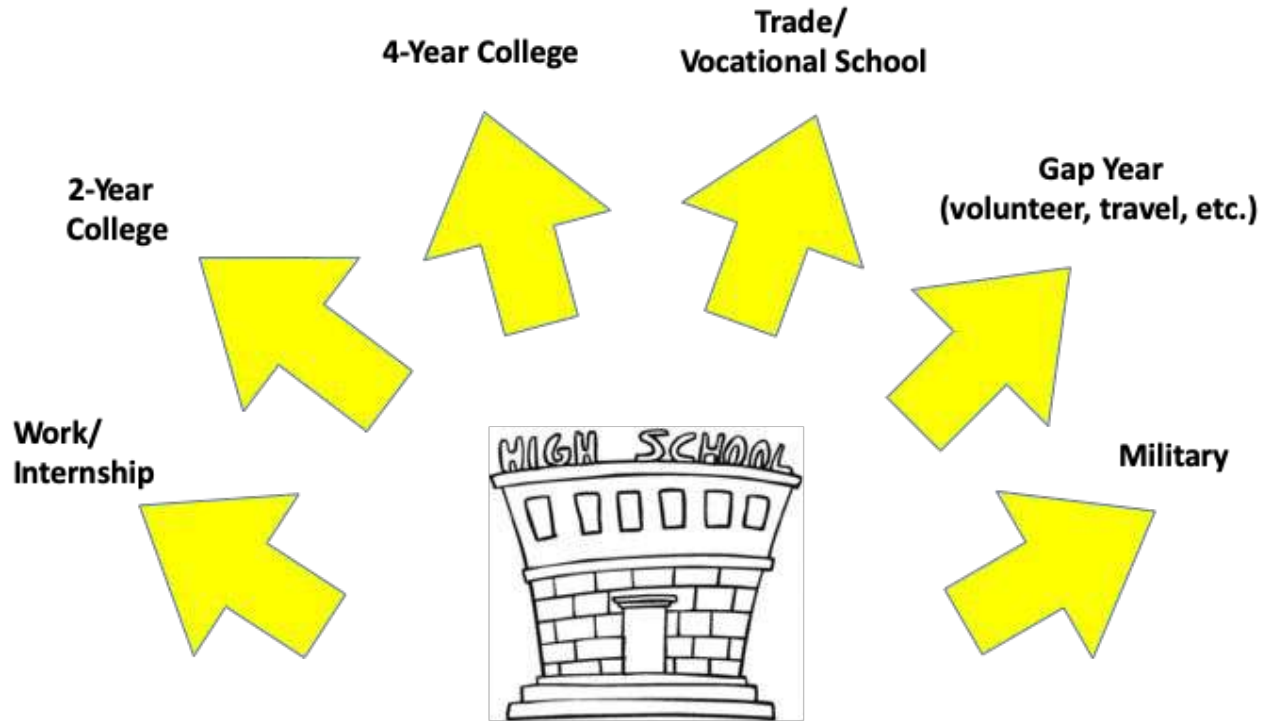
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Post-Secondary Goals <input type="checkbox"/> Undecided <input type="checkbox"/> Trade/Vocational School <input type="checkbox"/> Community College <input type="checkbox"/> Apprenticeship <input type="checkbox"/> Four Year College/University <input type="checkbox"/> GAP Year <input type="checkbox"/> Directly to Workforce <input type="checkbox"/> Military <input type="checkbox"/> Other:	Involvements/Extra-Curricular Activities/Interests
Alternative Credits Options (if needed)	SAT/ACT/ASVAB
NOTES:	



What is next? Post- High School Options



CALDERA FRESHMAN YEAR TIMELINE



SUMMER

- If planning to participate in team sports, attend summer camp
- Attend "The Pack is Back" day
- Rest, relax, and have fun

FALL

- Get acclimated to Caldera
 - Familiarize yourself with our campus and bell schedule
 - Meet your Counselor and Advisor
 - Set up and learn how to utilize Student/ParentVUE and CANVAS
 - Get connected with Caldera High School social media
- Give your best effort in all your classes (all semester grades will be posted on your Caldera transcript; freshman year grades matter for sophomore year course placement and 4-year college admissions)
- Get into the habit of utilizing supports and talk to teachers whenever you have questions about class material.
- In October: Counselor will present in your Science classes
- Track your grade and progress on Student/ParentVUE and CANVAS
- See your counselor with any questions/issues
- Get involved with extra-curricular activities (find meaningful activities that you will enjoy for the long term)
- Evaluate fall semester grade-determine goals for spring semester

SPRING

- Spring semester is a fresh start! Now that you have one semester under your belt, continue what is working, tweak what isn't and work towards your goals
- Continue with meaningful extra-curricular activities
- Continue to see teachers with any questions you have about class material that you don't understand
- See your counselor with any questions/issues
- Forecasting Days in April: you will be able to select the classes you want to take the next school year based on your interests (elective classes) and graduation/college requirements (see counselor with questions)
- If applicable, sign up for summer school to remediate courses for graduation or 4-year college eligibility (see counselor with questions)
- Evaluate spring semester grades and freshman year as whole and determine goals for sophomore year

OTHER SUGGESTED ACTIONS

Visit the Future Center for Support and Guidance on:

- How to use SCQIR to identify and connect the colleges that are a right fit for you
- Personality and Career Assessments
- STC Work/Volunteer Credit
- How to write a resume?

Explore career and college options

- Explore careers that match your interests and learn what type of education you will need
- Visit college campuses or take a virtual tour
- Think about and make a list of what most interests you in a college

Learn how to pay for college

- Learn about financial aid and other options to pay for college
- Make a list of scholarships and apply, as soon as possible, to the one you qualify for

Get Organized and reach out for help

- To help you stay organized, download and use Oregon goes to College's templates and resources
- Create a file of important documents
- Create a list of activities and/or accomplishments for college applications, including volunteer work
- Connect with a counselor, teacher, mentor or program in your school and community

HELPFUL RESOURCES

Oregon Goes to College

<https://oregongostoccollege.org>

This website is a good resource for information about getting ready for education beyond high school. Learn how to prepare, explore, apply, pay, and go to college.

OSAC

<https://oregonstudentaid.gov>

Learn about Oregon's state financial aid programs including the Oregon Opportunity Grant, Oregon Promise, and OSAC scholarships.

Big Future

<https://bigfuture.collegeboard.org>

Find the right college for you and learn how to prepare for college

College Scorecard

<https://collegescorecard.ed.gov>

Search and compare colleges regarding graduation rate, average annual cost, fields of study offered, salary after completing, and more.



Scholarships and Financial Aid

- You really won't do most things pertaining to applying for scholarships and financial aid until senior year....however, here are some tips for students:
 - Find your **passions outside of academics** and invest time into them. These will give you great things to write about or elaborate on for your essays!
 - **Get to know your counselor**...the more they know about you the better they can help you navigate this process
 - Take advantage of the **Future Center Resources**
 - Start looking at scholarship opportunities as many don't change from year to year
 - e.g.: College specific scholarships, FastWeb.org, Future Center
 - Oregon Promise Grant is a fantastic opportunity for all students. It is important to have a plan A, B, C and D!



Upcoming Events

- Forecasting for Sophomore Year
- Four Year Planning
- Sophomore Conferences 2022-23 school year



Welcome to the Future Center



POST- HIGH SCHOOL PLANNING

- School Counselor
- Future Center Support
 - Contact: Becky Horst
 - becky.horst@bend.k12.or.us
 - Class of 2024 Canvas page



Resources in the Future Center

- **School to Career:** how do we tie what they are learning and doing now to their future? What can they do now to make the post-high school transition seamless?
- **Post-High School Planning:** helping students explore all post secondary options. Understanding the application process, cost, degree requirements, etc.
- **Financial Aid:** information and assistance with forms
- **Events in Collaboration with Counseling:** College and Career Fairs, Career Guest Speakers, Military visits, Financial Aid Nights, College Application Workshops



School to Career Resources

- **High School Elective Credit (.5) Earned Through:**
 - Work - Students must work 144 hours of paid work. Proof of work must be submitted, resume and cover letter and SCOIR account.
 - Volunteer - Student must complete 65 hours of volunteer work. Proof of hours, goal setting and reflection due.
 - Internship - Students must complete 65 hours of an internship. Completed through Youth Career Connect. Larry visits every Monday from 2:30-3:30.
- Job and Volunteer - Assistance with finding a job or place to volunteer, and exploring career options.
- Career Exploration
 - Resume, Job Search, Interview Prep, etc.



College Planning Support

Useful tool available to you→ SCOIR

- YouScience: Interest Assessment
- College Search
- Connect Careers with preparation
- <https://www.scoir.com>

Oregon Goes to College: <https://oregongoestocollege.org/>

Juntos: <http://opencampus.oregonstate.edu/programs/juntos/>

College Visits: Currently virtual on Wednesday afternoons. Next year when students start to explore more, in person TBD.



Most Popular Post High School Options for BLS Students

- Apprenticeship/Trade School
- Military
- College
 - Four Year College/University
 - Community College
- Students will explore post high school options during their time at CHS



Supports at CHS



Academic Supports on Campus

- Canvas and StudentVue
 - ParentVUE
 - Observer account on Canvas
- Your Teachers
 - Struggling in their class
 - What is their preferred method of contact?
- Your Counselor
 - Struggling in Multiple Classes
 - Struggling to communicate with your teachers
 - Appointment, Drop In or Email
- Advisory
 - Grade Check/Work Time
- 8th period rotator
 - Study Hall
 - Math Support



Students Getting Involved at Caldera

- Athletics
- Clubs
- CTE courses
- Performing Arts
- Part-Time Job
- Community Service
- Internship Opportunities



Parents Getting Involved at Caldera

COMING SOON!

- Caldera High School Parent Organization
 - Focus on volunteerism & community engagement
 - Committed to building a wide range of programs/activities
 - Supporting staff and classroom projects



Questions about graduation requirements,
supporting your student, and eventually getting
engaged at Caldera High School?

