

MCMS Wellness
8th Grade
Unit: Suicide

Long Term Learning Target: I will know the risk factors, warning signs, and resources for suicide prevention.

Lesson: Suicide

I will be a respectful audience member for our guest speaker

I will **listen** to the presentation on risk factors, warning signs, and resources for suicide prevention

I will **watch** the video on mental health

I will **read** the choices magazine I had depression.

I will **write** out thoughtful answers on the reading guide

I will **ask** thoughtful questions during the lesson

Lesson Activities:

Guest speaker Mrs. Jolly powerpoint on suicide

Watch a buzzfeed video on having a mental health disorder

Read and respond to the Choices Magazine article I Had Depression