

Ohio Physical Education Assessments

Standard 6

Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Grade Band 6-8

Benchmarks A and B

Benchmark A: Engage in challenging experiences that develop confidence and independence.

Task: Each student develops a marketing campaign for physical activity for his or her favorite activity. The marketing campaign could include a letter, poster, video or another acceptable method to communicate the importance, benefits and factors that lead to the enjoyment of the activity. The goal of the project is to motivate and encourage others to engage in physical activity or a specific physical activity outside of school.

Benchmark B: Select physical activities that promote self-expression and provide opportunities for social and group interaction.

Task: See Task A. The marketing campaign should identify the potential for social interaction and self-expression with the chosen activity.

1. Describe your personal feelings that result from participating in physical activity (or a specific activity).

Directions: Provide a rating in both Benchmark A and B using the attached rubric for the above tasks.

Level	Criteria	
	6A Advocacy	6B Reasons to value an activity
Advanced	<ul style="list-style-type: none"> Project encourages others to pursue physical activities in creative and effective ways. 	<ul style="list-style-type: none"> The campaign expresses multiple specific reasons from more than one category (social interaction, enjoyment, challenge, self-expression) that would lead to an individual valuing physical activity.
Proficient	<ul style="list-style-type: none"> Campaign encourages others to pursue the activity or physical activity through actions and positive experiences. 	<ul style="list-style-type: none"> The campaign expresses at least one reason from at least one category (e.g., health, self-expression, social interaction, challenge, enjoyment) to describe why a person would value physical activity or a specific activity.
Limited	<ul style="list-style-type: none"> Campaign is limited in encouraging others to pursue physical activities through actions and experiences. 	<ul style="list-style-type: none"> Limited expression of reasons why a person would value physical activity or a specific activity.

See excel sheets for data collection.