

Welcome to 8th Grade Parents and Students Night

Presented by the Cold Spring Harbor High School
Counseling Center
December 1, 2020

Cold Spring Harbor Jr. Sr. High School Counseling Center Website

- ▶ Can be found on the district website
 - ▶ go to Schools, select CSH Jr Sr HS
 - ▶ on the left side, select "Counseling Center" tab
 - ▶ <https://www.csh.k12.ny.us/Page/555>
- ▶ Parent Night Presentations & Materials
- ▶ Counseling Curriculum
 - ▶ Student presentations & materials

Agenda

- ▶ Overview
- ▶ Information Packet
- ▶ Review of 8th Grade Information
- ▶ Q & A

Counseling Center Staff

- ▶ Mr. Arini, Director of Guidance
- ▶ Ms. Pickering, 7th and 8th Grade counselor
- ▶ Ms. Conlon, 9-12th Grade counselor
- ▶ Ms. Friedland, 9-12th Grade counselor
- ▶ Ms. Hannity, 9-12th Grade counselor
- ▶ Mr. Woods, 9-12th Grade counselor
- ▶ Ms. Groeninger, Office Assistant
- ▶ Ms. Mezzapesa, Office Assistant

Your School Counselors...

- ▶ Our mission
 - ▶ To facilitate each student's personal, social, academic and career development
- ▶ Our objectives
 - ▶ To help students identify their interests and abilities
 - ▶ To offer assistance to enhance productivity, dependability, self-expression and control
 - ▶ To foster decision-making and conflict resolution skills to be able to participate in a global society as responsible citizens

The Role of Your School Counselor

Middle School Counselor	High School Counselor
• Supports transition from childhood to adolescence • Supports students undergoing rapid physical and emotional change • Helps students find their identities as learners and members within the school community • Navigates the meaning and importance of education • Helps students conduct interest focused self-inquiry • Create scaffolding for self-advocacy • Understand the impact we have on others	• Supports the final transition into young adulthood • Assists in post-secondary planning • Leveraging strengths • Aligns interests with real-world opportunities • Educating students on behaviors and positive decision making • Foster the student's voice for diplomacy • Development as an empathetic citizen

NYU Steinhardt, 2017

The Role of Your School Counselor

- ▶ **School counselors** are professional educators with a mental health perspective who understand and respond to the challenges presented by today's diverse student population
- ▶ **School counselors** align and work with the school's mission to support the academic achievement of all students as they prepare for the ever-changing world of the 21st century

American School Counselor Association, 2019

8th Grade Calendar 2020-2021

- ▶ Highlights:
 - ▶ Ongoing: Progress Reports and Report Card Review, 1:1 meetings, parent conferences, etc.
 - ▶ Oct - Dec: Counselor meets with 8th grade students, small groups
 - ▶ December: Parent/Student Night - Dec. 1st
 - ▶ Dec - Feb: Program of Study Guide posted and delivered; academic programming begins
 - ▶ March: Career Exploration
 - ▶ May: Transition to High School
 - ▶ June: Schedule for 9th grade published
 - ▶ Regents and Final exams
 - ▶ Summer School registration

8th Grade Small Group Meeting Topics

- ▶ The High School Transcript
- ▶ How the GPA on Transcript is calculated
- ▶ 8th Grade Courses on the HS Transcript
- ▶ National Junior Honor Society requirements; other honor societies
- ▶ Check-in for stress management and strategies

Diploma Types & Requirements

- ▶ Diploma Types:
 - ▶ Regents Diploma with Advanced Designation
 - ▶ Regents Diploma
 - ▶ Local Diploma (still available in special situations)
- ▶ Requirements - Credits & Examinations
 - ▶ 22 credits (minimum) - specific subject areas
 - ▶ Exams - ELA, Math, Science, Social Studies (1) plus one
 - ▶ Exams - Advanced Designation, variety of options

8th Grade Courses on HS Transcript

- ▶ Algebra 1 Regents Accelerated
- ▶ Biology Regents Accelerated
- ▶ Spanish or French 1B

Regents Exams

- ▶ NYS Required Exams
- ▶ Annual, based on individual student schedules
- ▶ June 2020 - exemptions in Algebra & L.E.
- ▶ June 2021- courses ending in an exam
- ▶ August 2021- for students who fail or wish to receive a higher grade

GPA Calculation

- ▶ Calculation is based on all grades with the exception of physical education
- ▶ All Regents level courses are weighted by a factor of 1.0
- ▶ Honors and Advanced Placement courses are weighted by a factor of 1.1
- ▶ GPAs are rounded to the hundredth (ex: 3.68)
- ▶ Accelerated courses are NOT weighted.
- ▶ GPA vs. weighted GPA

Course Selection Process – 8th Grade

- ▶ Program of Study Guide available December 2020
- ▶ Teacher recommendations
- ▶ Elective Course Information Sessions
- ▶ School counselor meetings
- ▶ Requests on the Parent Portal
- ▶ Student Schedules are finalized by early June
- ▶ There are DEADLINES for making changes!!!
- ▶ Call, email or make an appointment with your counselor to discuss questions or concerns!

Honor Rolls & Societies

- ▶ National Junior Honor Society - in second semester 8th grade (3.5 GPA)
- ▶ Honor Roll (3.00 GPA) /High Honor Roll (3.66 GPA)
- ▶ National Honor Society - Ms. Segura / Ms. Georgiou
- ▶ Tri-M Music Honor Society - Mr. Chiarello
- ▶ National French and Spanish Honor Society - Ms. Tassani
- ▶ Speech & Debate Honor Society - Ms. Glynn / Dr. Andrews
- ▶ International Thespian Honor Society - Mr. Beja
- ▶ Art Honor Society - Ms. Oswald

SEE YOUR TEACHER FOR FURTHER QUESTIONS OR DETAILS!!!

Extracurricular Activities

- ▶ What does this term include?
 - ▶ Clubs
 - ▶ Athletics
 - ▶ After school activities in the community
 - ▶ Boy Scouts, Girl Scouts
 - ▶ Choir
 - ▶ Dance class
 - ▶ Community service – *commit to a cause!*
 - ▶ Part time employment
 - ▶ Check Bulletin Board outside Ms. Pickering's Office



- ▶ Began using in 7th Grade
- ▶ Provides career exploration for 8th graders
 - ▶ Learn about careers
 - ▶ Explore Interests
- ▶ Allows for CSH Counseling Center to communicate easily.
- ▶ Parents can be part of it too!

CSH Jr./Sr. High School Virtual Wellness Room



Self-Care Information



Visual Relaxation



Tranquil Sounds



Guided Practice

Supporting Our Students

- ▶ Frequently check the Parent Portal
 - ▶ Review progress and assignment completion
 - ▶ Progress Reports
 - ▶ Report Cards
- ▶ Have a question? Call or email your student's teacher directly
- ▶ Need additional help? Call or email Ms. Pickering (631) 367-6843
- ▶ JHS Assistant Principal: Ms. Waters (631) 367-6800

Questions & Answers



THANK YOU FOR PARTICIPATING

We hope to see you soon in the Counseling Center!!!

Contact Information:

Mr. Justin Arini, Director of Guidance
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