

Virtual PE

Week 8: A

With Mr. Adrian

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Schedule:

1. Character Trait of the Week
2. Run Run
3. Freeze Dance
4. Pumpkin Punch
5. Healthy living Tip

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"Present"

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Character Trait of the Week:

Alertness



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Alertness: What you learn after you learn it all is what counts

Which is an example of:

Alertness



A

Practicing Soccer



B

Being Lazy

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Which is an example of:

Alertness



A

Practicing Soccer



B

Being Lazy

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Run
Run



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Freeze Dance



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RSD ONLINE

PUMPKIN PUNCH 2

Pumpkin Punch



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Healthy Living Tip:

Be Careful - Don't itch!