

# High Desert Middle School

## Forecasting for the 7<sup>th</sup> Grade

Return ASAP to christine.thompson@bend.k12.or.us

Name: \_\_\_\_\_ ID#: \_\_\_\_\_

You will be taking Language Arts, Math, Science, Social Studies and PE.  
In addition, choose a total of 4 semesters from the following:

Semester Amount	Course	Semester Amount of Your Course Choice
	<b>Full Year Electives</b> (both semesters)	
2	AVID	
2	Band	
2	Choir	
2	Orchestra	
	<b>Semester Long Electives</b> (one semester)	
1	Art	
1	Foods 1	
1	Guitar / Ukulele	
1	Introduction to World Language	
1	Design & Modeling	
<b>Semester Total Must Equal 4</b>		

All efforts will be made for you to take the electives you have chosen. Please choose two alternate courses you would like to take if your first choice is not available.

1. \_\_\_\_\_

2. \_\_\_\_\_

**Course descriptions may be found on the back of this page.**

## Full Year Classes

### **AVID** (full year = 2)

AVID (Achievement Via Individual Determination) is a nation-wide program whose mission is to close the achievement gap by preparing students for college readiness and success in a global society. In this elective, students will learn strategies for organization, note-taking, and collaboration to better prepare them for high school. Students will also work with high school and college aged tutors, visit college campuses, connect with other AVID students at other schools in Oregon, and maintain a precise binder for all academic classes. Students will need to apply and interview for this full-year commitment.

### **Band** (full year = 2)

This class offers instruction for students have played an instrument for one year or less. Students will work on developing technical skills. Public performances are required.

### **Choir** (full year = 2)

A mixed choir of 7<sup>th</sup> & 8<sup>th</sup> grade students who perform a wide variety of music, learn elements of musicianship, sing a variety of three to four part harmonies, perform two concerts at HDMS, one concert at BSHS and District Festival.

### **Orchestra** (full year = 2)

This class is for students who play stringed instruments with intermediate skills. Students learn a variety of music, including ethnic, cultural, movie scores, popular music and classical music from all musical eras. Participation in festivals and public performances are required.

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## Semester Long Classes

### **Art** (semester = 1)

This class is for anyone who is curious about art. If you can't draw yet, you will learn techniques that will help you get started. If you are the creative type and want to learn to use ink, paint, calligraphy pens, and draw, sign up and enjoy this semester class. We will study the elements of art: line, shape, space, form, texture, value and color in many ways.

### **Foods 1** (semester = 1)

Through a focus on food and nutrition, this course will help you develop knowledge and skills needed to help you be more comfortable in the kitchen. Students will learn to read and prepare recipes, explore nutrition, use kitchen equipment and budget for meal planning. Note: this class cannot accommodate for food sensitivities or allergies.

### **Guitar/Ukulele** (semester = 1)

Learn to play harmony and melody with the guitar and/or ukulele as a solo instrument as well as in an ensemble setting. This course will cover a wide range of music for beginning and experienced students.

### **Introduction to World Language** (semester = 1)

If you aren't sure which World Language you want to take, this class is a great introduction. Learn the basics of French and Spanish language and culture through games, songs, art and travel projects.

### **Design & Modeling** (semester = 1)

Learn to become a designer. This is an introductory course into the world of engineering design principles that can be applied to many fields of engineering, including architectural, mechanical, computer and more. The course will focus on using traditional drafting skills and computer modeling software to explore real world problems by utilizing engineering principles.