

Virtual PE

Week 7: A

With Mr. Adrian

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Schedule:

1. Character Trait of the Week
2. Fall Chase
3. Would You Rather
4. Pumpkin Punch
5. Healthy living Tip

*If videos aren't working,
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Click
"Present"

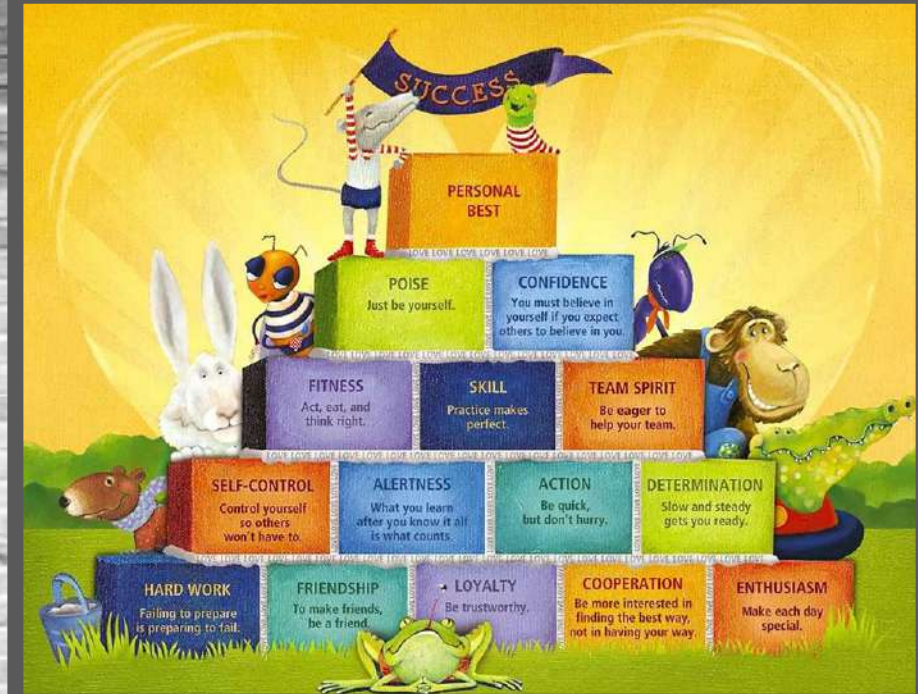


Self-Control

SELF CONTROL



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Self-Control: Control yourself so other don't have to

Which is an example of:

Self Control



A

Pushing in Line



B

Deep Breathes

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Which is an example of:

Self Control



A

Pushing in Line



B

Deep Breathes

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Fall Chase



Would You
Rather



Would You Rather?



OR



Fun Fitness
Halloween Edition

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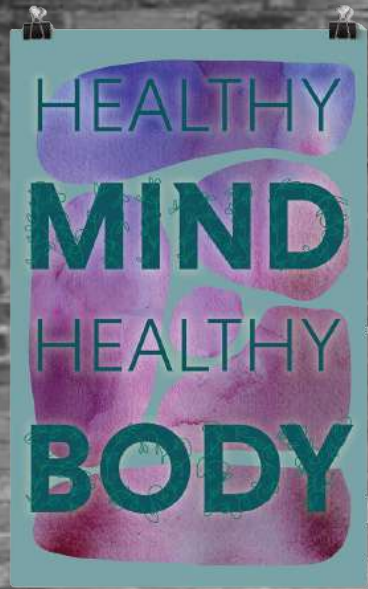
RSD ONLINE

PUMPKIN PUNCH

Pumpkin
Punch



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SOULPANCAKE

Healthy Living Tip:

Be Positive!

