

The Cardiovascular System

What is the **CARDIOVASCULAR SYSTEM**?:

pertains to:

- cardio= vascular=

Function of the CV System:

-

Structures of CVS

- 1.
- 2.
- 3.

THE HEART - hollow muscular organ

- Is the body's _____ to supply _____/_____.
- _____ the size of your fist

Structure:

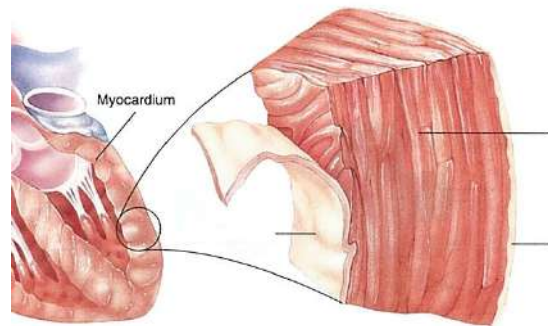
The heart has 3 layers and is divided into 4 chambers

Pericardium-

-

Layers:

1. **Epicardium-**
2. **Myocardium-**
 - a. Supplied by the coronary arteries and veins
3. **Endocardium-**



The Cardiovascular System

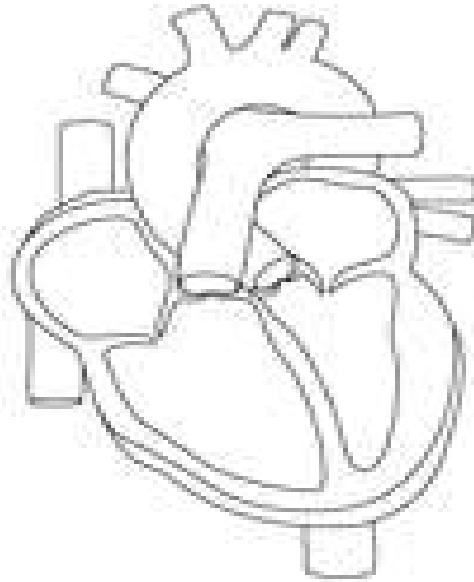
Label the four Chambers:

{RA/RV/LA/LV} -

- **atria-**

- **ventricles-**

- **septum-** a separating wall or partition
 - *interatrial septum:*
 - *interventricular :*
- **Cardiac apex:**



Valves:

- the flow of blood through each area of the heart is controlled by the opening & shutting of _____.

1. **tricuspid**
2. **pulmonary semilunar**
3. **bicuspid/mitral**
4. **aortic semilunar**

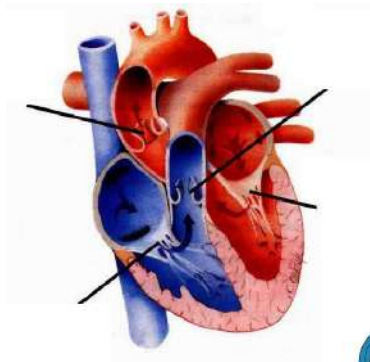


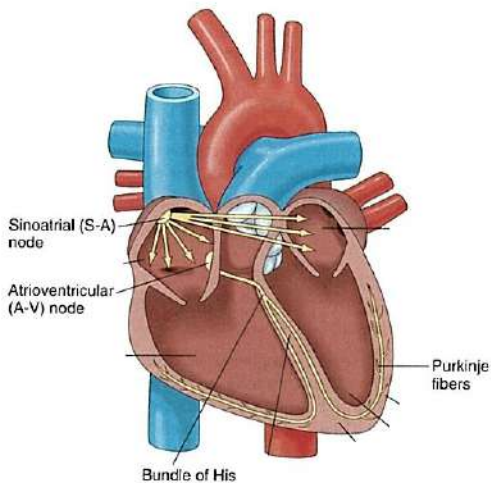
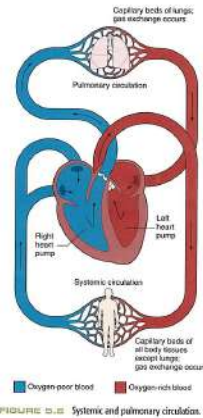
Table 5.1

BLOOD FLOW THROUGH THE HEART

- ↓ The **right atrium (RA)** receives oxygen-poor blood from all tissues, except the lungs, through the **superior and inferior venae cavae**. Blood flows out of the RA through the **tricuspid valve** into the right ventricle.
- ↓ The **right ventricle (RV)** pumps the oxygen-poor blood through the **pulmonary semilunar valve** and into the **pulmonary artery**, which carries it to the lungs.
- ↓ The **left atrium (LA)** receives oxygen-rich (oxygenated) blood from the lungs through the **four pulmonary veins**. The blood flows out of the LA, through the **mitral valve**, and into the left ventricle.
- ↓ The **left ventricle (LV)** receives oxygen-rich blood from the left atrium. Blood flows out of the LV through the **aortic semilunar valve** and into the **aorta**, which carries it to all parts of the body, except the lungs.
- ↓ Oxygen-poor blood is returned by the venae cavae to the right atrium and the cycle continues.

Systemic vs. Pulmonary Circulation

- **systemic-**
- **pulmonary-**



The Heartbeat

The heartbeat is controlled by a series of _____ known as the _____ that stimulates the myocardium muscle and tell it to contract.

NODE= an intersection/junction/crossing

(written in order of electrical activation!)

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1. Sinoatrial Node	
2. Atrioventricular Node	
3. Bundle of His	
4. Purkinje Fibers	

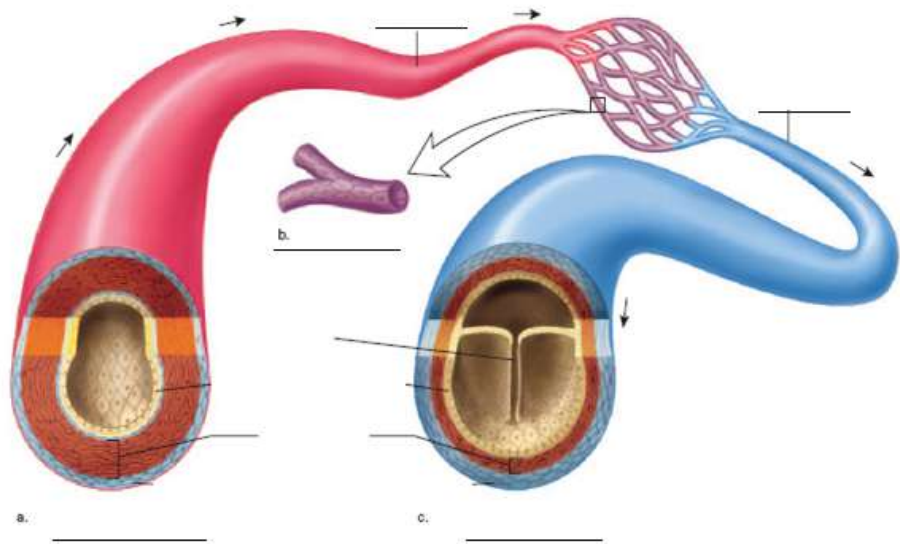
Electrical Waves

What is an **EKG (electrocardiogram)**?:


Heart Sounds

- The heart produces TWO distinct sounds known as “ _____ ”
- “**lub**” - caused by:
- “**dub**” - caused by:

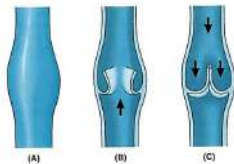
3 KINDS OF BLOOD VESSELS & THEIR FUNCTIONS + DIFFERENCES



What is the lumen?

	Arteries	Capillaries	Veins
Where does blood go?			
Oxygenated/ deoxygenated?			*Why:

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Pressure high/low?			
Wall Thickness?	*Why:	*Why:	
How does blood move to its destination?			*Why:
Blood Speed?	*Why:	*Why:	
Major structures	arterioles- aorta- coronary artery-		venules- superior & inferior vena cava-

Blood Pressure

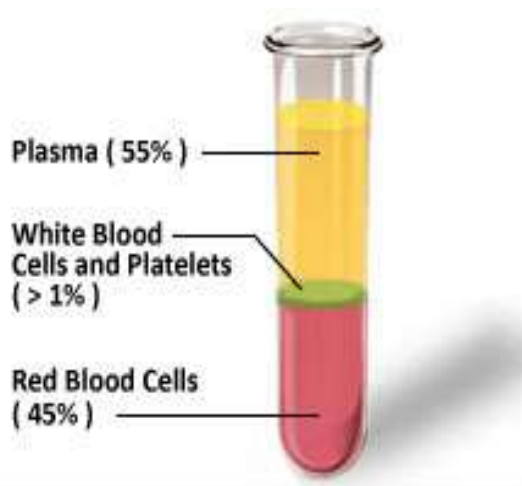
- Pulse AKA Heart Rate-
- Blood pressure-
 - systolic-
 - diastolic-



Your provider will read this blood pressure as
"120 over 80"

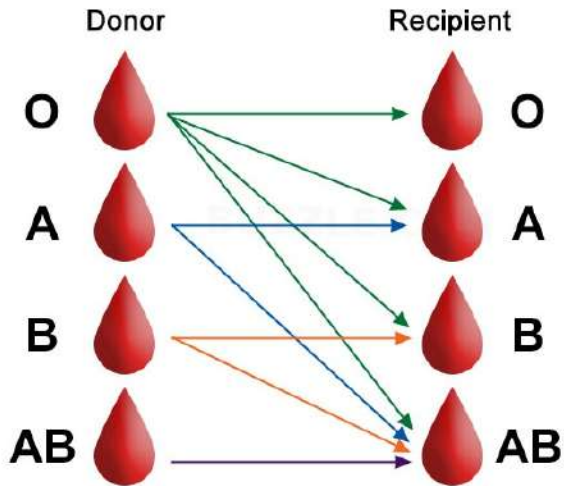
Composition of Blood

- Serum -

<p>PLASMA</p> <ul style="list-style-type: none"> ● 	
<p>ERYTHROCYTES</p> <ul style="list-style-type: none"> ● 	
<p>LEUKOCYTES</p> <ul style="list-style-type: none"> ● ● neutrophils ● basophils ● eosinophils ● lymphocytes 	

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<ul style="list-style-type: none"> • monocytes 	
<p>THROMBOCYTES</p> <ul style="list-style-type: none"> • 	



Blood Types

The RH Factor

An **RH antigen** is present on red and white blood cells, which also makes them important to consider when crossing blood types.

Blood Gasses

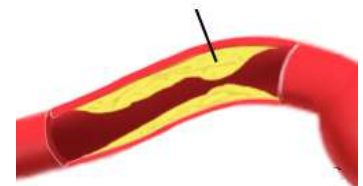
Blood contains 3 major gasses:

- 1.
- 2.
- 3.

Who is the universal donor? Who is the universal recipient?

Pathology

- coronary artery disease-
- atherosclerosis-
- atheroma
- plaque-
- ischemia-
- angina pectoris-
- myocardial infarction (MI)-
- infarct-
- congestive heart failure- (CHF) condition in which the heart is unable to pump enough blood flow to the whole body; as a result, kidneys malfunction and allow fluid to build up in the legs, ankles & lungs.
- carditis-
 - Endocarditis



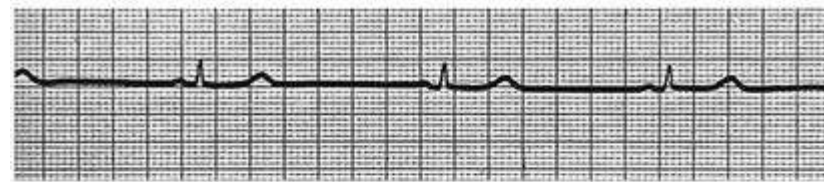
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- Bacterial endocarditis
- Myocarditis
- Pericarditis
- **Valvulitis -**
- **mitral valve prolapse-** protrusion of the mitral valve does not allow it to close entirely
- **mitral stenosis-**
- **heart murmur-**

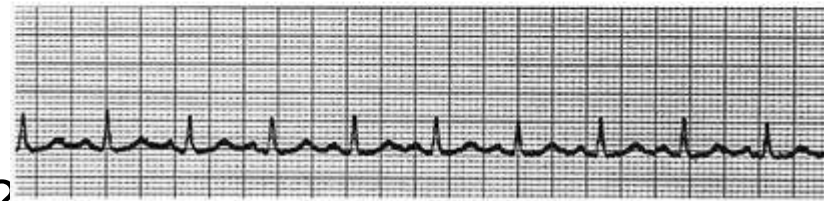
Arrhythmias

Cardiac Arrhythmia/dysrhythmia-

bradycardia	tachycardia	flutter	palpitation	paroxysmal tachycardia



Sinus _____



Sinus _____

*RATE: slow, fast?
 *RHYTHM: skips a beat?
 *QUALITY: weak, pounding?

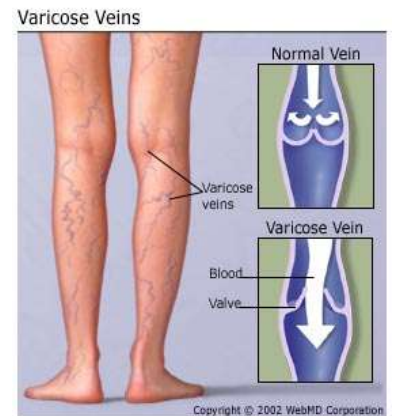
Fibrillation
fibillation-
atrial
fibillat

ion- also known as _____:

ventricular fibrillation- also known as _____:

Blood Vessel Pathology

- **vasculitis/angiitis-**
- **Angionecrosis**
- **angiospasm-**
- **stenosis/angiostenosis-**
- **Hemangioma**
- **hypoperfusion-**
- **aneurysm-**
- **Arteritis/polyarteritis**



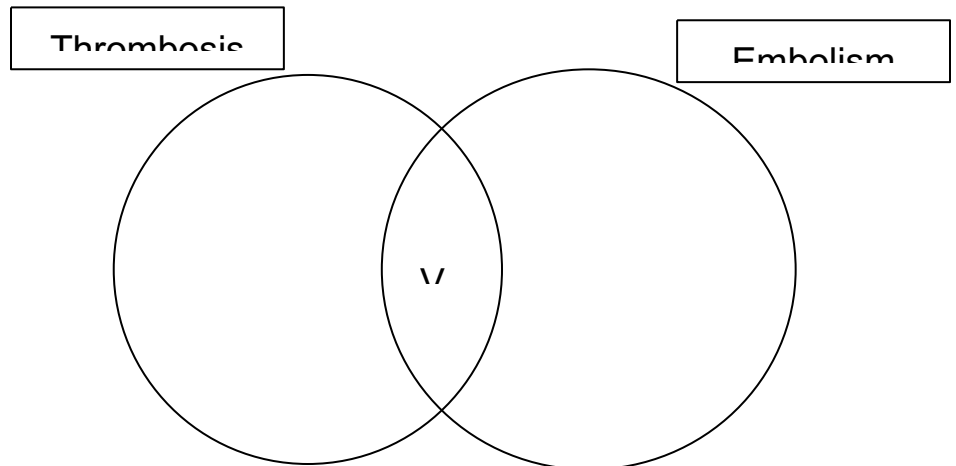
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The Cardiovascular System

- **Arteriosclerosis -**
- **Raynaud's Phenomenon - i**
- **Phlebitis -**
- **varicose veins-**

Thromboses & Embolisms

- Thrombotic occlusion -
- Coronary thrombosis -



Blood Disorders

- **Dyscrasia**
- **septicemia-**
- **hemochromatosis-**
- **erythrocytosis-**
- **thrombocytopenia-**
- **leukopenia-**
- **leukemia-**

Cholesterol

- consists of lipids that travel in the blood in packages called _____.
- **low-density lipoproteins (LDL)-** _____ cholesterol- contributes to plaque buildup
- **high-density lipoproteins (HDL)-** _____ cholesterol 😊 😊 😊
- **triglycerides-**
 - *Homocysteine*
 - *Hyperlipidemia*

Blood Cells

- **Erythrocytosis -**
- **Thrombocytopenia -**
- **Leukopenia -**
- **Leukemia -**

Anemias

- **anemia=**
- **Examples:**
 - *aplastic anemia* *hemolytic anemia* *iron-deficiency anemia*
 - *megaloblastic anemia* *pernicious anemia* *sickle-cell anemia*
 - *thalassemia*

Hypertension:

- **Primary hypertension/essential hypertension-**
- **Secondary hypertension-**
- **Malignant hypertension -**

Diagnostic Procedures of the CV System

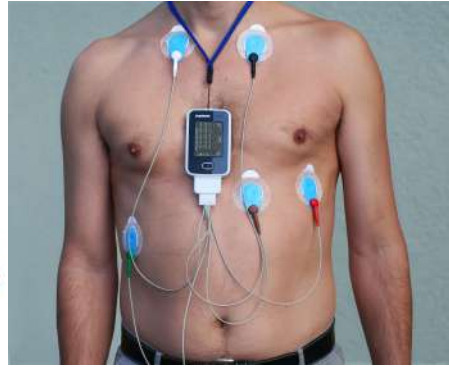
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These procedures use a variety of electronic means and mediums to study the heart.
Label the following and summarize the procedure!

A. _____

B. _____

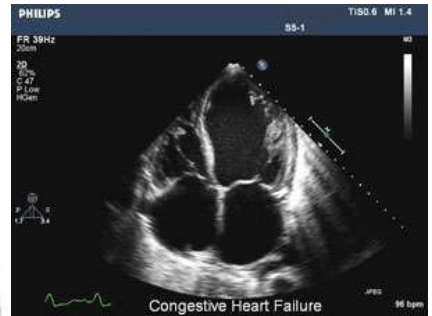
C. _____



D. _____

E. _____

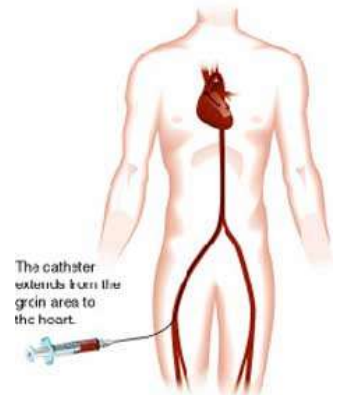
F. _____



G. _____



H. _____



Blood Tests	
Angiocardiology	
Thallium Stress Test	

Transesophageal Echocardiography	
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SURGERIES/PROCEDURES

Balloon angioplasty	
Stent	
atherectomy	
Endarterectomy	
Carotid Endarterectomy	
bypass surgery	
MIDCAB	
defibrillation	
pacemaker	
CPR	
aneurysmectomy	
aneurysmorrhaphy	
arteriectomy	
hemostasis	
Plasmapheresis	
transfusion	

TREATMENTS AND MEDICINES

- To reduce high blood pressure: aka **antihypertensives**
 - ACE Inhibitors
 - **Beta blockers-**
 - **Calcium channel blockers-**
 - **diuretics-**
- Additional important medicines
 - **statins-**
 - digoxin
 - **nitroglycerin-**
 - **anticoagulant-**
 - **antiarrhythmic-**
 - **vasoconstrictor/vasodilator-**

Career Opportunities:

cardiologist
 hematologist
 phlebotomist
 perfusionist
 cardiovascular technologist
 EKG Technician