

GRADE LEVEL: FIFTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2017-2018

GRADING PERIOD: QUARTER 1

MASTER COPY 3-5-18

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>5.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>5.1.1.B:</b> Applies appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Jumping and Landing Patterns               <ul style="list-style-type: none"> <li>– Horizontal Plane</li> <li>– Vertical Plane</li> </ul> </li> </ul>	<b>5.1.2.A</b> Combines jumping and landing patterns with locomotor and manipulative skills (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>• Combines jumping and landing patterns with locomotor skills.</li> <li>• Combines jumping and landing patterns with manipulative skills.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>• Jump</li> <li>• Horizontal Plane</li> <li>• Vertical Plane</li> <li>• Landing Patterns</li> <li>• Manipulative Skills</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Non-Locomotor</b>	<b>5.1.4.A</b> Applies mature pattern in non-locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in non-locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Balance</li> </ul>	<b>5.1.5.A</b> Combines balance and transferring weight (such as in a gymnastics sequence, yoga, dance with a partner).	<ul style="list-style-type: none"> <li>• Combines balance and transferring weight.               <ul style="list-style-type: none"> <li>– Gymnastics</li> <li>– Yoga</li> <li>– Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Balance</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	<b>5.1.6.A</b> Transfers weight in various activities (such as gymnastics, dance environments, striking, throwing).	<ul style="list-style-type: none"> <li>• Transfer weight in various activities.               <ul style="list-style-type: none"> <li>– Dance Environments</li> <li>– Striking</li> <li>– Throwing</li> <li>– Tumbling Movements</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Overhand at Varying Distances</li> </ul>	<b>5.1.7.B</b> Performs mature pattern in an overhand throw at varying distances.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw at varying distances.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand to a Moving Partner</li> </ul>	<b>5.1.7.C</b> Performs mature pattern in an overhand throw to a moving partner.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>Overhand in Activities and Games</li> </ul>	<b>5.1.7.D</b> Performs mature pattern in an overhand throw in a variety of activities, modified games, and small-sided games.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in a variety of activities.               <ul style="list-style-type: none"> <li>Modified Games.</li> <li>Small-sided Games.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Pass with Hands</li> </ul>	<b>5.1.8.A</b> Passes with accuracy, both partners moving.	<ul style="list-style-type: none"> <li>• Performs passes with accuracy, both partners moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>• Pass</li> <li>• Accuracy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Pass Accuracy</li> </ul>	<b>5.1.8.B</b> Passes with accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates accuracy in passing in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Dynamic</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>• Catch</li> </ul>	<b>5.1.9.A</b> Catches a ball above the head, at chest or waist level, and along the ground using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>• Catches the ball using a mature pattern in a non-dynamic environment at multiple levels. <ul style="list-style-type: none"> <li>– Above the Head</li> <li>– Chest Level</li> <li>– Waist Level</li> <li>– Along the Ground</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Non-Dynamic</li> <li>• Catch</li> <li>• Levels</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Moving Catch</li> </ul>	<b>5.1.9.B</b> Catches with accuracy while moving.	<ul style="list-style-type: none"> <li>• Catches with accuracy while moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Catch Accuracy</li> </ul>	<b>5.1.9.C</b> Catches with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates reasonable accuracy in catching in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>• Foot Pass and Kick</li> </ul>	<b>5.1.11.A</b> Passes with the foot using a mature pattern as both partners travel.	<ul style="list-style-type: none"> <li>• Performs passing with the foot using a mature pattern as both partners travel.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Foot Pass</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Receive a Pass with the Foot</li> </ul>	<b>5.1.11.B</b> Receives a pass with the foot using a mature pattern as both partners travel.	<ul style="list-style-type: none"> <li>Perform receiving a pass with the foot using a mature pattern as both partners travel.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Peer Assessment</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Receive</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Kicking and Punting</li> </ul>	<b>5.1.11.C</b> Demonstrates mature patterns in kicking and punting in small-sided practice task environments.	<ul style="list-style-type: none"> <li>Demonstrates mature patterns in kicking in small-sided practice task environments.</li> <li>Demonstrates mature patterns in punting in small-sided practice task environments.</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Punting</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Foot Dribble</li> </ul>	<b>5.1.12.A</b> Combines foot dribbling with other skills (such as 1 v 1 practice tasks, modified games, and small-sided game play).	<ul style="list-style-type: none"> <li>Demonstrates foot dribbling in combination with other skills in multiple settings.               <ul style="list-style-type: none"> <li>1 v 1 Practice Tasks</li> <li>Modified Games</li> <li>Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Foot Dribble</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Foot Trap Receive</li> </ul>	<b>5.1.13.A</b> Applies mature pattern while receiving with the foot in a variety of activities (such as 1 v 1 practice tasks, modified games, and small-sided game play).	<ul style="list-style-type: none"> <li>• Demonstrates capacity to receive ball by trapping with foot in multiple settings.             <ul style="list-style-type: none"> <li>– 1 v 1 Practice Tasks</li> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Foot Trap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Underhand Strike</li> </ul>	<b>5.1.14.A</b> Applies mature pattern while striking an object underhand in a variety of activities (such as modified games, and small-sided game play).	<ul style="list-style-type: none"> <li>• Performs effective underhand strike on an object while in a variety of activities.             <ul style="list-style-type: none"> <li>– Modified Game</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Underhand Strike</li> <li>• Volley</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Jump Rope</li> </ul>	<b>5.1.16.A</b> Creates a jump-rope routine with a partner (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>• Creates a jump-rope routine with a partner demonstrating jumping skills.             <ul style="list-style-type: none"> <li>– Jumping in a Figure 8</li> <li>– Front to Back</li> <li>– Short and Long Rope</li> <li>– Double Dutch</li> <li>– Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Routine</li> <li>• Double Dutch</li> <li>• Jump Bands</li> <li>• Long Ropes</li> <li>• Short Ropes</li> <li>• Figure 8</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b>	<b>5.2.1.A</b> Combines spatial concepts with locomotor and non-locomotor movements for small groups (such as in gymnastics, dance and game environments).	<ul style="list-style-type: none"> <li>Combines spatial concepts with locomotor movements for small groups.</li> <li>Combines spatial concepts with non-locomotor movements for small groups.               <ul style="list-style-type: none"> <li>Dance Routines</li> <li>Low-Organized Games</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Spatial</li> </ul>	IMPORTANT
<b>Pathways, Shapes, Levels</b>	<b>5.2.2.A</b> Combines movement concepts with skills in small-sided practice tasks (such as in game environments, gymnastics and dance with self-direction).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Game Environments</li> <li>Gymnastics</li> <li>Dance with Self-Direction</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> <li>Shapes</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>• Game Situations</li> </ul>	<b>5.2.3.A</b> Applies movement concepts to strategy in game situations.	<ul style="list-style-type: none"> <li>• Demonstrates movement concepts with strategy in game situations.             <ul style="list-style-type: none"> <li>– Soccer</li> <li>– Volleyball</li> <li>– Football</li> <li>– Basketball</li> <li>– Floor Hockey</li> <li>– Tennis</li> <li>– Track and Field</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Movement Concepts</li> <li>• Strategy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Movement             <ul style="list-style-type: none"> <li>– Concepts</li> <li>– Situations</li> </ul> </li> </ul>	<b>5.2.3.C</b> Analyzes movement situations and applies movement concepts (such as force, direction, speed, pathways, extensions) in small-sided practice tasks in game environments, dance or gymnastics.	<ul style="list-style-type: none"> <li>• Analyze movement situations in small-sided practice tasks in game environments.</li> <li>• Apply movement concepts in small-sided practice tasks in game environments.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Force</li> <li>• Direction</li> <li>• Speed</li> <li>• Extensions</li> <li>• Analyze</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>Invasion               <ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> </ul> </li> </ul>	<b>5.2.4.A</b> Applies basic offensive and defensive strategies/ tactics in invasion small-sided practice tasks.	<ul style="list-style-type: none"> <li>Performs offensive strategies/tactics in invasion small-sided practice tasks.</li> <li>Performs defensive strategies/tactics in invasion small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> <li>Invasion</li> <li>Tactics</li> <li>Tasks</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Net/wall               <ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> </ul> </li> </ul>	<b>5.2.4.B</b> Applies basic offensive and defensive strategies and tactics in net/wall small-sided practice tasks.	<ul style="list-style-type: none"> <li>Performs basic offensive strategies and tactics in net/wall small-sided practice tasks.</li> <li>Performs basic defensive strategies and tactics in net/wall small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> </ul>		CRITICAL
<ul style="list-style-type: none"> <li>Throw</li> <li>Volley</li> <li>Striking</li> </ul>	<b>5.2.4.C</b> Recognizes the type of throw, volley or striking action needed for different games and sports situations.	<ul style="list-style-type: none"> <li>Recognize the type of action needed for different games and sports situations.               <ul style="list-style-type: none"> <li>Throw</li> <li>Volley</li> <li>Striking</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Quiz</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Throw</li> <li>Strike</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>5.3.1.A</b> Documents and analyzes physical activity outside physical education class for fitness benefits of activities.	<ul style="list-style-type: none"> <li>Documents physical activity outside physical education class for fitness benefits of activities.</li> <li>Analyzes physical activity outside physical education class for fitness benefits of activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Documents</li> <li>Fitness Benefits</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>5.3.2.A</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	<b>5.3.3.B</b> Identifies the need for warm-up and cool-down relative to various physical activities.	<ul style="list-style-type: none"> <li>Identifies the need for warm-up relative to various physical activities.</li> <li>Identifies the need for cool-down relative to various physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Journal Assessment</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Warm-up</li> <li>Cool-down</li> <li>Benefits</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>• Fitness Assessment</li> </ul>	<b>5.3.4.A</b> Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.	<ul style="list-style-type: none"> <li>• Analyze results of fitness assessment (pre and post).</li> <li>• Compare fitness assessment results to fitness components for good health.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Results</li> <li>• Pretest Results</li> <li>• Post-Test Results</li> <li>• Compare</li> <li>• Fitness Components</li> <li>• Wellness</li> </ul>	CRITICAL
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>• Interpersonal Behavior</li> </ul>	<b>5.4.1.A</b> Engages in physical activity with responsible interpersonal behavior (such as peer to peer, student to teacher, student to referee).	<ul style="list-style-type: none"> <li>• Engages in physical activity with responsible interpersonal behavior.             <ul style="list-style-type: none"> <li>– Peer to Peer</li> <li>– Student to Teacher</li> <li>– Student to Referee</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Responsible</li> <li>• Interpersonal</li> <li>• Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Personal Behavior</li> </ul>	<b>5.4.1.B</b> Participates with responsible personal behavior in a variety of physical activity contexts, environments and facilities.	<ul style="list-style-type: none"> <li>• Participates with responsible personal behavior in a variety of physical activity contexts.             <ul style="list-style-type: none"> <li>– Environments</li> <li>– Facilities</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Facilities</li> <li>• Environments</li> <li>• Personal</li> <li>• Variety</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<ul style="list-style-type: none"> <li>Self-Respect</li> </ul>	<b>5.4.1.C</b> Exhibits respect for self with appropriate behavior while engaging in physical activity.	<ul style="list-style-type: none"> <li>Demonstrates respect for self with appropriate behavior while engaging in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Self-Respect</li> <li>Demonstrates</li> </ul>	IMPORTANT
<b>Accepting Feedback</b>	<b>5.4.2.A</b> Gives corrective feedback respectfully to peers.	<ul style="list-style-type: none"> <li>Respectfully gives corrective feedback to peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accepting</li> <li>Corrective</li> <li>Peers</li> </ul>	ADDITIONAL
<b>Working with Others</b>	<b>5.4.3.A</b> Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.	<ul style="list-style-type: none"> <li>Accepts others with both higher and lower skill abilities into physical activities and group projects.</li> <li>Recognizes others with both higher and lower skill abilities into physical activities and group projects.</li> <li>Involves others with both higher and lower skill abilities into physical activities and group projects.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Recognizes</li> <li>Involves</li> <li>Skill Abilities</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Rules &amp; Etiquette</b>	<b>5.4.4.A</b> Critiques the etiquette involved in rules of various game activities.	<ul style="list-style-type: none"> <li>• Critiques the etiquette involved in rules of various game activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Small Group Discussion</li> <li>• Group Discussion</li> <li>• Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>• Critiques</li> <li>• Etiquette</li> <li>• Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>5.4.5.A</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with or without equipment when physically active.</li> <li>• Works safely independently with or without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>5.5.1.A</b> Compares the health benefits of participating in selected physical activities.	<ul style="list-style-type: none"> <li>Compares the health benefits of participating in selected physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Health Benefits</li> </ul>	CRITICAL
<b>Challenge</b>	<b>5.5.2.A</b> Expresses (such as written essay, visual art, creative dance) the enjoyment and/or challenge of participating in a favorite physical activity.	<ul style="list-style-type: none"> <li>Expresses the enjoyment of participating in a favorite challenging physical activity.               <ul style="list-style-type: none"> <li>Written Essay</li> <li>Visual Art</li> <li>Creative Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Project</li> </ul>	<ul style="list-style-type: none"> <li>Essay</li> <li>Enjoyment</li> <li>Challenge</li> <li>Express</li> <li>Project</li> </ul>	IMPORTANT
<b>Social Interaction</b>	<b>5.5.4.A</b> Describes the social benefits gained from participating in physical activity (such as recess, youth sport).	<ul style="list-style-type: none"> <li>Describes the social benefits gained from participating in physical activity.               <ul style="list-style-type: none"> <li>Recess</li> <li>Youth Sport</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Benefits</li> <li>Describe</li> <li>Gained</li> </ul>	ADDITIONAL

GRADE LEVEL: FIFTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2017-2018

GRADING PERIOD: QUARTER 2

MASTER COPY 3-5-18

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>5.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>5.1.1.B:</b> Applies appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Jumping and Landing Patterns               <ul style="list-style-type: none"> <li>– Horizontal Plane</li> <li>– Vertical Plane</li> </ul> </li> </ul>	<b>5.1.2.A</b> Combines jumping and landing patterns with locomotor and manipulative skills (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>• Combines jumping and landing patterns with locomotor skills.</li> <li>• Combines jumping and landing patterns with manipulative skills.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>• Jump</li> <li>• Horizontal Plane</li> <li>• Vertical Plane</li> <li>• Landing Patterns</li> <li>• Manipulative Skills</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Non-Locomotor</b>	<b>5.1.4.A</b> Applies mature pattern in non-locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in non-locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Balance</li> </ul>	<b>5.1.5.A</b> Combines balance and transferring weight (such as in a gymnastics sequence, yoga, dance with a partner).	<ul style="list-style-type: none"> <li>• Combines balance and transferring weight.               <ul style="list-style-type: none"> <li>– Gymnastics</li> <li>– Yoga</li> <li>– Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Balance</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	<b>5.1.6.A</b> Transfers weight in various activities (such as gymnastics, dance environments, striking, throwing).	<ul style="list-style-type: none"> <li>• Transfer weight in various activities.               <ul style="list-style-type: none"> <li>– Dance Environments</li> <li>– Striking</li> <li>– Throwing</li> <li>– Tumbling Movements</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>• Throw Underhand</li> </ul>	<b>5.1.7.A</b> Applies mature pattern in an underhand throw in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in an underhand throw in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher observation</li> <li>• Small group discussion</li> <li>• Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Underhand</li> <li>• Throw</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Overhand at Varying Distances</li> </ul>	<b>5.1.7.B</b> Performs mature pattern in an overhand throw at varying distances.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw at varying distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Overhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Overhand to a Moving Partner</li> </ul>	<b>5.1.7.C</b> Performs mature pattern in an overhand throw to a moving partner.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>• Overhand in Activities and Games</li> </ul>	<b>5.1.7.D</b> Performs mature pattern in an overhand throw in a variety of activities, modified games, and small-sided games.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games.</li> <li>– Small-sided Games.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Pass with Hands</li> </ul>	<b>5.1.8.A</b> Passes with accuracy, both partners moving.	<ul style="list-style-type: none"> <li>• Performs passes with accuracy, both partners moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>• Pass</li> <li>• Accuracy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Pass Accuracy</li> </ul>	<b>5.1.8.B</b> Passes with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates accuracy in passing in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Dynamic</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>• Catch</li> </ul>	<b>5.1.9.A</b> Catches a ball above the head, at chest or waist level, and along the ground using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>• Catches the ball using a mature pattern in a non-dynamic environment at multiple levels.               <ul style="list-style-type: none"> <li>– Above the Head</li> <li>– Chest Level</li> <li>– Waist Level</li> <li>– Along the Ground</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Non-Dynamic</li> <li>• Catch</li> <li>• Levels</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Moving Catch</li> </ul>	<b>5.1.9.B</b> Catches with accuracy while moving.	<ul style="list-style-type: none"> <li>• Catches with accuracy while moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>		CRITICAL
<ul style="list-style-type: none"> <li>• Catch Accuracy</li> </ul>	<b>5.1.9.C</b> Catches with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates reasonable accuracy in catching in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Hand Dribble</li> </ul>	<b>5.1.10.A</b> Combines hand dribbling with other skills during 1 v 1 practice tasks.	<ul style="list-style-type: none"> <li>• Performs hand dribbling in combination with other skills during 1 v 1 practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Hand Dribble</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Underhand Strike</li> </ul>	<b>5.1.14.A</b> Applies mature pattern while striking an object underhand in a variety of activities (such as modified games, and small-sided game play).	<ul style="list-style-type: none"> <li>• Performs effective underhand strike on an object while in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Game</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Underhand Strike</li> <li>• Volley</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Jump Rope</li> </ul>	<b>5.1.16.A</b> Creates a jump-rope routine with a partner (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>• Creates a jump-rope routine with a partner demonstrating jumping skills.             <ul style="list-style-type: none"> <li>– Jumping in a Figure 8</li> <li>– Front to Back</li> <li>– Short and Long Rope</li> <li>– Double Dutch</li> <li>– Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Routine</li> <li>• Double Dutch</li> <li>• Jump Bands</li> <li>• Long Ropes</li> <li>• Short Ropes</li> <li>• Figure 8</li> </ul>	IMPORTANT
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b>	<b>5.2.1.A</b> Combines spatial concepts with locomotor and non-locomotor movements for small groups (such as in gymnastics, dance and game environments).	<ul style="list-style-type: none"> <li>• Combines spatial concepts with locomotor movements for small groups.</li> <li>• Combines spatial concepts with non-locomotor movements for small groups.             <ul style="list-style-type: none"> <li>– Dance Routines</li> <li>– Low-Organized Games</li> <li>– Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Spatial</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Pathways, Shapes, Levels</b>	<b>5.2.2.A</b> Combines movement concepts with skills in small-sided practice tasks (such as in game environments, gymnastics and dance with self-direction).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Game Environments</li> <li>Gymnastics</li> <li>Dance with Self-Direction</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> <li>Shapes</li> </ul>	IMPORTANT
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>Game Situations</li> </ul>	<b>5.2.3.A</b> Applies movement concepts to strategy in game situations.	<ul style="list-style-type: none"> <li>Demonstrates movement concepts with strategy in game situations.               <ul style="list-style-type: none"> <li>Soccer</li> <li>Volleyball</li> <li>Football</li> <li>Basketball</li> <li>Floor Hockey</li> <li>Tennis</li> <li>Track and Field</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Movement Concepts</li> <li>Strategy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Movement               <ul style="list-style-type: none"> <li>Concepts</li> <li>Situations</li> </ul> </li> </ul>	<b>5.2.3.C</b> Analyzes movement situations and applies movement concepts (such as force, direction, speed, pathways, extensions) in small-sided practice tasks in game environments, dance or gymnastics.	<ul style="list-style-type: none"> <li>Analyze movement situations in small-sided practice tasks in game environments.</li> <li>Apply movement concepts in small-sided practice tasks in game environments.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Force</li> <li>Direction</li> <li>Speed</li> <li>Extensions</li> <li>Analyze</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Invasion <ul style="list-style-type: none"> <li>– Offense</li> <li>– Defense</li> </ul> </li> </ul>	<b>5.2.4.A</b> Applies basic offensive and defensive strategies/ tactics in invasion small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Performs offensive strategies/tactics in invasion small-sided practice tasks.</li> <li>• Performs defensive strategies/tactics in invasion small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Defense</li> <li>• Invasion</li> <li>• Tactics</li> <li>• Tasks</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Net/wall <ul style="list-style-type: none"> <li>– Offense</li> <li>– Defense</li> </ul> </li> </ul>	<b>5.2.4.B</b> Applies basic offensive and defensive strategies and tactics in net/wall small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Performs basic offensive strategies and tactics in net/wall small-sided practice tasks.</li> <li>• Performs basic defensive strategies and tactics in net/wall small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Journal Assessment</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>• Throw</li> <li>• Volley</li> <li>• Striking</li> </ul>	<b>5.2.4.C</b> Recognizes the type of throw, volley or striking action needed for different games and sports situations.	<ul style="list-style-type: none"> <li>• Recognize the type of action needed for different games and sports situations. <ul style="list-style-type: none"> <li>– Throw</li> <li>– Volley</li> <li>– Striking</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Quiz</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Strike</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>5.3.1.A</b> Documents and analyzes physical activity outside physical education class for fitness benefits of activities.	<ul style="list-style-type: none"> <li>Documents physical activity outside physical education class for fitness benefits of activities.</li> <li>Analyzes physical activity outside physical education class for fitness benefits of activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Documents</li> <li>Fitness Benefits</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>5.3.2.A</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	<b>5.3.3.B</b> Identifies the need for warm-up and cool-down relative to various physical activities.	<ul style="list-style-type: none"> <li>Identifies the need for warm-up relative to various physical activities.</li> <li>Identifies the need for cool-down relative to various physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Journal Assessment</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Warm-up</li> <li>Cool-down</li> <li>Benefits</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>• Fitness Assessment</li> </ul>	<b>5.3.4.A</b> Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.	<ul style="list-style-type: none"> <li>• Analyze results of fitness assessment (pre and post).</li> <li>• Compare fitness assessment results to fitness components for good health.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Results</li> <li>• Pretest Results</li> <li>• Post-Test Results</li> <li>• Compare</li> <li>• Fitness Components</li> <li>• Wellness</li> </ul>	CRITICAL
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>• Interpersonal Behavior</li> </ul>	<b>5.4.1.A</b> Engages in physical activity with responsible interpersonal behavior (such as peer to peer, student to teacher, student to referee).	<ul style="list-style-type: none"> <li>• Engages in physical activity with responsible interpersonal behavior.             <ul style="list-style-type: none"> <li>– Peer to Peer</li> <li>– Student to Teacher</li> <li>– Student to Referee</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Responsible</li> <li>• Interpersonal</li> <li>• Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Personal Behavior</li> </ul>	<b>5.4.1.B</b> Participates with responsible personal behavior in a variety of physical activity contexts, environments and facilities.	<ul style="list-style-type: none"> <li>• Participates with responsible personal behavior in a variety of physical activities:             <ul style="list-style-type: none"> <li>– Contexts</li> <li>– Environments</li> <li>– Facilities</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Facilities</li> <li>• Environments</li> <li>• Personal</li> <li>• Variety</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<ul style="list-style-type: none"> <li>Self-Respect</li> </ul>	<b>5.4.1.C</b> Exhibits respect for self with appropriate behavior while engaging in physical activity.	<ul style="list-style-type: none"> <li>Demonstrates respect for self with appropriate behavior while engaging in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Self-Respect</li> <li>Demonstrates</li> </ul>	IMPORTANT
<b>Accepting Feedback</b>	<b>5.4.2.A</b> Gives corrective feedback respectfully to peers.	<ul style="list-style-type: none"> <li>Respectfully gives corrective feedback to peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accepting</li> <li>Corrective</li> <li>Peers</li> </ul>	ADDITIONAL
<b>Working with Others</b>	<b>5.4.3.A</b> Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.	<ul style="list-style-type: none"> <li>Accepts others with both higher and lower skill abilities into physical activities and group projects.</li> <li>Recognizes others with both higher and lower skill abilities into physical activities and group projects.</li> <li>Involves others with both higher and lower skill abilities into physical activities and group projects.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Accepts</li> <li>Recognizes</li> <li>Involves</li> <li>Skill Abilities</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Rules &amp; Etiquette</b>	<b>5.4.4.A</b> Critiques the etiquette involved in rules of various game activities.	<ul style="list-style-type: none"> <li>• Critiques the etiquette involved in rules of various game activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Small Group Discussion</li> <li>• Group Discussion</li> <li>• Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>• Critiques</li> <li>• Etiquette</li> <li>• Involved</li> <li>• Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>5.4.5.A</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with or without equipment when physically active.</li> <li>• Works safely independently with or without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>5.5.1.A</b> Compares the health benefits of participating in selected physical activities.	<ul style="list-style-type: none"> <li>• Compares the health benefits of participating in selected physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Small Group Project</li> <li>• Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Rubric</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Challenge</b>	<b>5.5.2.A</b> Expresses (such as written essay, visual art, creative dance) the enjoyment and/or challenge of participating in a favorite physical activity.	<ul style="list-style-type: none"> <li>Expresses the enjoyment of participating in a favorite challenging physical activity.               <ul style="list-style-type: none"> <li>Written Essay</li> <li>Visual Art</li> <li>Creative Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Project</li> </ul>	<ul style="list-style-type: none"> <li>Essay</li> <li>Enjoyment</li> <li>Challenge</li> <li>Express</li> <li>Project</li> </ul>	IMPORTANT
<b>Self-expression and Enjoyment</b>	<b>5.5.3.A</b> Analyzes different physical activities for enjoyment and challenge, identifying reasons for a positive or negative response.	<ul style="list-style-type: none"> <li>Analyzes different physical activities for enjoyment and challenge.</li> <li>Identify reasons for a positive or negative response concerning different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Positive</li> <li>Negative</li> <li>Response</li> <li>Self-expression</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>5.5.4.A</b> Describes the social benefits gained from participating in physical activity (such as recess, youth sport).	<ul style="list-style-type: none"> <li>Describes the social benefits gained from participating in physical activity.               <ul style="list-style-type: none"> <li>Recess</li> <li>Youth Sport</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Benefits</li> <li>Describe</li> <li>Gains</li> </ul>	ADDITIONAL

GRADE LEVEL: FIFTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2017-2018

GRADING PERIOD: QUARTER 3

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>5.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>5.1.1.B:</b> Applies appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Jumping and Landing Patterns               <ul style="list-style-type: none"> <li>– Horizontal Plane</li> <li>– Vertical Plane</li> </ul> </li> </ul>	<b>5.1.2.A</b> Combines jumping and landing patterns with locomotor and manipulative skills (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>• Combines jumping and landing patterns with locomotor skills.</li> <li>• Combines jumping and landing patterns with manipulative skills.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>• Jump</li> <li>• Horizontal Plane</li> <li>• Vertical Plane</li> <li>• Landing Patterns</li> <li>• Manipulative Skills</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Dance</li> <li>• Rhythm</li> </ul>	<b>5.1.3.A</b> Creates and demonstrates a routine using complex rhythmic combinations (such as self-dance, Jump Bands, group dance) with correct rhythm and pattern.	<ul style="list-style-type: none"> <li>• Creates a routine using complex rhythmic combinations.</li> <li>• Demonstrates a routine using complex rhythmic combinations.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Rhythm</li> <li>• Combinations</li> <li>• Complex</li> <li>• Routine</li> </ul>	CRITICAL
<b>Non-Locomotor</b>	<b>5.1.4.A</b> Applies mature pattern in non-locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in non-locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Balance</li> </ul>	<b>5.1.5.A</b> Combines balance and transferring weight (such as in a gymnastics sequence, yoga, dance with a partner).	<ul style="list-style-type: none"> <li>• Combines balance and transferring weight.               <ul style="list-style-type: none"> <li>– Gymnastics</li> <li>– Yoga</li> <li>– Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Balance</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	<b>5.1.6.A</b> Transfers weight in various activities (such as gymnastics, dance environments, striking, throwing).	<ul style="list-style-type: none"> <li>Transfer weight in various activities.               <ul style="list-style-type: none"> <li>Dance Environments</li> <li>Striking</li> <li>Throwing</li> <li>Tumbling Movements</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	CRITICAL
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Throw Underhand</li> </ul>	<b>5.1.7.A</b> Applies mature pattern in an underhand throw in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>Applies mature pattern in an underhand throw in a variety of activities.               <ul style="list-style-type: none"> <li>Modified Games</li> <li>Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher observation</li> <li>Small group discussion</li> <li>Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>Underhand</li> <li>Throw</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand at Varying Distances</li> </ul>	<b>5.1.7.B</b> Performs mature pattern in an overhand throw at varying distances.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw at varying distances.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand to a Moving Partner</li> </ul>	<b>5.1.7.C</b> Performs mature pattern in an overhand throw to a moving partner.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Overhand in Activities and Games</li> </ul>	<b>5.1.7.D</b> Performs mature pattern in an overhand throw in a variety of activities, modified games, and small-sided games.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in a variety of activities.               <ul style="list-style-type: none"> <li>Modified Games.</li> <li>Small-sided Games.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>Pass with Hands</li> </ul>	<b>5.1.8.A</b> Passes with accuracy, both partners moving.	<ul style="list-style-type: none"> <li>Performs passes with accuracy, both partners moving.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Peer Assessment</li> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pass</li> <li>Accuracy</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Pass Accuracy</li> </ul>	<b>5.1.8.B</b> Passes with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>Demonstrates accuracy in passing in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Dynamic</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Catch</li> </ul>	<b>5.1.9.A</b> Catches a ball above the head, at chest or waist level, and along the ground using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Catches the ball using a mature pattern in a non-dynamic environment at multiple levels.               <ul style="list-style-type: none"> <li>Above the Head</li> <li>Chest Level</li> <li>Waist Level</li> <li>Along the Ground</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Non-Dynamic</li> <li>Catch</li> <li>Levels</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Moving Catch</li> </ul>	<b>5.1.9.B</b> Catches with accuracy while moving.	<ul style="list-style-type: none"> <li>• Catches with accuracy while moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Catch Accuracy</li> </ul>	<b>5.1.9.C</b> Catches with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates reasonable accuracy in catching in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>• Hand Dribble</li> </ul>	<b>5.1.10.A</b> Combines hand dribbling with other skills during 1 v 1 practice tasks.	<ul style="list-style-type: none"> <li>• Performs hand dribbling in combination with other skills during 1 v 1 practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Hand Dribble</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>• Underhand Strike</li> </ul>	<b>5.1.14.A</b> Applies mature pattern while striking an object underhand in a variety of activities (such as modified games, and small-sided game play).	<ul style="list-style-type: none"> <li>• Performs effective underhand strike on an object while in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Game</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Underhand Strike</li> <li>• Volley</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Short Implement Strike</li> </ul>	<b>5.1.15.A</b> Strikes an object consecutively, with a partner, using a short-handed implement, over a net or against a wall, in either a competitive or cooperative game environment.	<ul style="list-style-type: none"> <li>Demonstrates striking an object using a short-handed implement.             <ul style="list-style-type: none"> <li>Consecutively</li> <li>With a Partner</li> <li>Over a Net</li> <li>Against a Wall</li> <li>Competitive Game</li> <li>Cooperative Game</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Consecutive</li> <li>Competitive</li> <li>Cooperative</li> <li>Short-handed Implement</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Long Implement Strike</li> </ul>	<b>5.1.15.C</b> Combines striking with a long implement (such as a bat, hockey stick) with receiving and traveling skills in a small-sided game.	<ul style="list-style-type: none"> <li>Performs striking an object with a long implement in a small-sided game.             <ul style="list-style-type: none"> <li>Receiving Skills</li> <li>Traveling Skills</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Long Implement</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Jump Rope</li> </ul>	<b>5.1.16.A</b> Creates a jump-rope routine with a partner (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>Creates a jump-rope routine with a partner demonstrating jumping skills.             <ul style="list-style-type: none"> <li>Jumping in a Figure 8</li> <li>Front to Back</li> <li>Short and Long Rope</li> <li>Double Dutch</li> <li>Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Double Dutch</li> <li>Jump Bands</li> <li>Long Ropes</li> <li>Short Ropes</li> <li>Figure 8</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b>	<b>5.2.1.A</b> Combines spatial concepts with locomotor and non-locomotor movements for small groups (such as in gymnastics, dance and game environments).	<ul style="list-style-type: none"> <li>Combines spatial concepts with locomotor movements for small groups.</li> <li>Combines spatial concepts with non-locomotor movements for small groups.               <ul style="list-style-type: none"> <li>Dance Routines</li> <li>Low-Organized Games</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Spatial</li> </ul>	IMPORTANT
<b>Pathways, Shapes, Levels</b>	<b>5.2.2.A</b> Combines movement concepts with skills in small-sided practice tasks (such as in game environments, gymnastics and dance with self-direction).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Game Environments</li> <li>Gymnastics</li> <li>Dance with Self-Direction</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> <li>Shapes</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>• Game Situations</li> </ul>	<b>5.2.3.A</b> Applies movement concepts to strategy in game situations.	<ul style="list-style-type: none"> <li>• Demonstrates movement concepts with strategy in game situations.               <ul style="list-style-type: none"> <li>– Golf</li> <li>– Floor Hockey</li> <li>– Tennis</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Movement Concepts</li> <li>• Strategy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Controlled Strike with Implement</li> </ul>	<b>5.2.3.B</b> Applies the concepts of direction and force to strike an object with an implement.	<ul style="list-style-type: none"> <li>• Demonstrates direction and force concepts when striking an object with an implement.               <ul style="list-style-type: none"> <li>– Softball</li> <li>– Golf</li> <li>– Floor Hockey</li> <li>– Tennis</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Direction</li> <li>• Force</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Movement               <ul style="list-style-type: none"> <li>– Concepts</li> <li>– Situations</li> </ul> </li> </ul>	<b>5.2.3.C</b> Analyzes movement situations and applies movement concepts (such as force, direction, speed, pathways, extensions) in small-sided practice tasks in game environments, dance or gymnastics.	<ul style="list-style-type: none"> <li>• Analyze movement situations in small-sided practice tasks in game environments.</li> <li>• Apply movement concepts in small-sided practice tasks in game environments.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Speed</li> <li>• Extensions</li> <li>• Analyze</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>Invasion               <ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> </ul> </li> </ul>	<b>5.2.4.A</b> Applies basic offensive and defensive strategies/ tactics in invasion small-sided practice tasks.	<ul style="list-style-type: none"> <li>Performs offensive strategies/tactics in invasion small-sided practice tasks.</li> <li>Performs defensive strategies/tactics in invasion small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> <li>Invasion</li> <li>Tactics</li> <li>Tasks</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Net/wall               <ul style="list-style-type: none"> <li>Offense</li> <li>Defense</li> </ul> </li> </ul>	<b>5.2.4.B</b> Applies basic offensive and defensive strategies and tactics in net/wall small-sided practice tasks.	<ul style="list-style-type: none"> <li>Performs basic offensive strategies and tactics in net/wall small-sided practice tasks.</li> <li>Performs basic defensive strategies and tactics in net/wall small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> </ul>		CRITICAL
<ul style="list-style-type: none"> <li>Throw</li> <li>Volley</li> <li>Striking</li> </ul>	<b>5.2.4.C</b> Recognizes the type of throw, volley or striking action needed for different games and sports situations.	<ul style="list-style-type: none"> <li>Recognize the type of action needed for different games and sports situations.               <ul style="list-style-type: none"> <li>Throw</li> <li>Volley</li> <li>Striking</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Quiz</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Strike</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>5.3.1.A</b> Documents and analyzes physical activity outside physical education class for fitness benefits of activities.	<ul style="list-style-type: none"> <li>• Documents physical activity outside physical education class for fitness benefits of activities.</li> <li>• Analyzes physical activity outside physical education class for fitness benefits of activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Test</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Documents</li> <li>• Fitness Benefits</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>5.3.2.A</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>• Participates in the activities of teacher-directed physical education class.</li> <li>• Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Actively Participates</li> <li>• Independent</li> <li>• Engages</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Skill-Related</li> <li>Health-Related</li> </ul>	<b>5.3.3.A</b> Differentiates between skill-related and health-related fitness.	<ul style="list-style-type: none"> <li>Describe the difference between skill-related and health-related fitness.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Skill-Related</li> <li>Health-Related</li> <li>Differentiate</li> <li>Describe</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	<b>5.3.3.B</b> Identifies the need for warm-up and cool-down relative to various physical activities.	<ul style="list-style-type: none"> <li>Identifies the need for warm-up relative to various physical activities.</li> <li>Identifies the need for cool-down relative to various physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Journal Assessment</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Warm-up</li> <li>Cool-down</li> <li>Benefits</li> </ul>	IMPORTANT
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>Fitness Assessment</li> </ul>	<b>5.3.4.A</b> Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.	<ul style="list-style-type: none"> <li>Analyze results of fitness assessment (pre and post).</li> <li>Compare fitness assessment results to fitness components for good health.</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Test</li> </ul>	<ul style="list-style-type: none"> <li>Assessment</li> <li>Results</li> <li>Pretest Results</li> <li>Post-Test Results</li> <li>Compare</li> <li>Fitness Components</li> <li>Wellness</li> </ul>	CRITICAL
<b>Nutrition</b>	<b>5.3.6.A</b> Analyzes the impact of food choices relative to physical activity, youth sports and personal health.	<ul style="list-style-type: none"> <li>Analyzes the impact of food choices.               <ul style="list-style-type: none"> <li>Physical Activity</li> <li>Youth Sports</li> <li>Personal Health</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Impact</li> <li>Relative</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Interpersonal Behavior</li> </ul>	<b>5.4.1.A</b> Engages in physical activity with responsible interpersonal behavior (such as peer to peer, student to teacher, student to referee).	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible interpersonal behavior. <ul style="list-style-type: none"> <li>Peer to Peer</li> <li>Student to Teacher</li> <li>Student to Referee</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible</li> <li>Interpersonal</li> <li>Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Behavior</li> </ul>	<b>5.4.1.B</b> Participates with responsible personal behavior in a variety of physical activity contexts, environments and facilities.	<ul style="list-style-type: none"> <li>Participates with responsible personal behavior in a variety of physical activities: <ul style="list-style-type: none"> <li>Contexts</li> <li>Environments</li> <li>Facilities</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Facilities</li> <li>Environments</li> <li>Personal</li> <li>Variety</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Self-Respect</li> </ul>	<b>5.4.1.C</b> Exhibits respect for self with appropriate behavior while engaging in physical activity.	<ul style="list-style-type: none"> <li>Demonstrates respect for self with appropriate behavior while engaging in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Self-Respect</li> <li>Demonstrates</li> </ul>	CRITICAL
<b>Accepting Feedback</b>	<b>5.4.2.A</b> Gives corrective feedback respectfully to peers.	<ul style="list-style-type: none"> <li>Respectfully gives corrective feedback to peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accepting</li> <li>Corrective</li> <li>Peers</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Working with Others</b>	<b>5.4.3.A</b> Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.	<ul style="list-style-type: none"> <li>• Accepts others with both higher and lower skill abilities into physical activities and group projects.</li> <li>• Recognizes others with both higher and lower skill abilities into physical activities and group projects.</li> <li>• Involves others with both higher and lower skill abilities into physical activities and group projects.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Recognizes</li> <li>• Involves</li> <li>• Skill Abilities</li> </ul>	CRITICAL
<b>Rules &amp; Etiquette</b>	<b>5.4.4.A</b> Critiques the etiquette involved in rules of various game activities.	<ul style="list-style-type: none"> <li>• Critiques the etiquette involved in rules of various game activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Small Group Discussion</li> <li>• Group Discussion</li> <li>• Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>• Critiques</li> <li>• Etiquette</li> <li>• Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>5.4.5.A</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with or without equipment when physically active.</li> <li>• Works safely independently with or without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>5.5.1.A</b> Compares the health benefits of participating in selected physical activities.	<ul style="list-style-type: none"> <li>Compares the health benefits of participating in selected physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> </ul>	CRITICAL
<b>Challenge</b>	<b>5.5.2.A</b> Expresses (such as written essay, visual art, creative dance) the enjoyment and/or challenge of participating in a favorite physical activity.	<ul style="list-style-type: none"> <li>Expresses the enjoyment of participating in a favorite challenging physical activity.               <ul style="list-style-type: none"> <li>Written Essay</li> <li>Visual Art</li> <li>Creative Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Project</li> </ul>	<ul style="list-style-type: none"> <li>Essay</li> <li>Enjoyment</li> <li>Challenge</li> <li>Express</li> <li>Project</li> </ul>	IMPORTANT
<b>Self-expression and Enjoyment</b>	<b>5.5.3.A</b> Analyzes different physical activities for enjoyment and challenge, identifying reasons for a positive or negative response.	<ul style="list-style-type: none"> <li>Analyzes different physical activities for enjoyment and challenge.</li> <li>Identify reasons for a positive or negative response concerning different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Positive</li> <li>Negative</li> <li>Response</li> <li>Self-expression</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>5.5.4.A</b> Describes the social benefits gained from participating in physical activity (such as recess, youth sport).	<ul style="list-style-type: none"> <li>Describes the social benefits gained from participating in physical activity.               <ul style="list-style-type: none"> <li>Recess</li> <li>Youth Sport</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Benefits</li> <li>Gains</li> </ul>	IMPORTANT

GRADE LEVEL: FIFTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2017-2018

GRADING PERIOD: QUARTER 4

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>5.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of activities. <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>5.1.1.B:</b> Applies appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Jumping and Landing Patterns <ul style="list-style-type: none"> <li>– Horizontal Plane</li> <li>– Vertical Plane</li> </ul> </li> </ul>	<b>5.1.2.A</b> Combines jumping and landing patterns with locomotor and manipulative skills (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>• Combines jumping and landing patterns with locomotor skills.</li> <li>• Combines jumping and landing patterns with manipulative skills.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>• Jump</li> <li>• Horizontal Plane</li> <li>• Vertical Plane</li> <li>• Landing Patterns</li> <li>• Manipulative Skills</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Non-Locomotor</b>	<b>5.1.4.A</b> Applies mature pattern in non-locomotor skills in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in non-locomotor skills in a variety of activities.               <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Balance</li> </ul>	<b>5.1.5.A</b> Combines balance and transferring weight (such as in a gymnastics sequence, yoga, dance with a partner).	<ul style="list-style-type: none"> <li>• Combines balance and transferring weight.               <ul style="list-style-type: none"> <li>– Gymnastics</li> <li>– Yoga</li> <li>– Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Balance</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	<b>5.1.6.A</b> Transfers weight in various activities (such as gymnastics, dance environments, striking, throwing).	<ul style="list-style-type: none"> <li>• Transfers weight in various activities.               <ul style="list-style-type: none"> <li>– Dance Environments</li> <li>– Striking</li> <li>– Throwing</li> <li>– Tumbling Movements</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>• Throw Underhand</li> </ul>	<b>5.1.7.A</b> Applies mature pattern in an underhand throw in a variety of activities, modified games, and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in an underhand throw in a variety of activities. <ul style="list-style-type: none"> <li>– Modified Games</li> <li>– Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher observation</li> <li>• Small group discussion</li> <li>• Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Underhand</li> <li>• Throw</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Overhand at Varying Distances</li> </ul>	<b>5.1.7.B</b> Performs mature pattern in an overhand throw at varying distances.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw at varying distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Overhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Overhand to a Moving Partner</li> </ul>	<b>5.1.7.C</b> Performs mature pattern in an overhand throw to a moving partner.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		ADDITIONAL
<ul style="list-style-type: none"> <li>• Overhand in Activities and Games</li> </ul>	<b>5.1.7.D</b> Performs mature pattern in an overhand throw in a variety of activities, modified games, and small-sided games.	<ul style="list-style-type: none"> <li>• Performs mature pattern in an overhand throw in a variety of activities. <ul style="list-style-type: none"> <li>– Modified Games.</li> <li>– Small-sided Games.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Pass with Hands</li> </ul>	<b>5.1.8.A</b> Passes with accuracy, both partners moving.	<ul style="list-style-type: none"> <li>• Performs passes with accuracy, both partners moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>• Pass</li> <li>• Accuracy</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pass Accuracy</li> </ul>	<b>5.1.8.B</b> Passes with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates accuracy in passing in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Dynamic</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Catch</li> </ul>	<b>5.1.9.A</b> Catches a ball above the head, at chest or waist level, and along the ground using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>• Catches the ball using a mature pattern in a non-dynamic environment at multiple levels.               <ul style="list-style-type: none"> <li>– Above the Head</li> <li>– Chest Level</li> <li>– Waist Level</li> <li>– Along the Ground</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Non-Dynamic</li> <li>• Catch</li> <li>• Levels</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Moving Catch</li> </ul>	<b>5.1.9.B</b> Catches with accuracy while moving.	<ul style="list-style-type: none"> <li>• Catches with accuracy while moving.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Catch Accuracy</li> </ul>	<b>5.1.9.C</b> Catches with reasonable accuracy in dynamic, small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates reasonable accuracy in catching in dynamic, small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>• Batting</li> </ul>	<b>5.1.15.B</b> Strikes a pitched ball with a bat using a mature pattern.	<ul style="list-style-type: none"> <li>• Performs striking a pitched ball with a bat using a mature pattern.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Pitch</li> <li>• Bat</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Long Implement Strike</li> </ul>	<b>5.1.15.C</b> Combines striking with a long implement (such as a bat, hockey stick) with receiving and traveling skills in a small-sided game.	<ul style="list-style-type: none"> <li>• Performs striking an object with a long implement in a small-sided game. <ul style="list-style-type: none"> <li>– Receiving Skills</li> <li>– Traveling Skills</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Rubric</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Long Implement</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b>	<b>5.2.1.A</b> Combines spatial concepts with locomotor and non-locomotor movements for small groups (such as in gymnastics, dance and game environments).	<ul style="list-style-type: none"> <li>Combines spatial concepts with locomotor movements for small groups.</li> <li>Combines spatial concepts with non-locomotor movements for small groups.               <ul style="list-style-type: none"> <li>Dance Routines</li> <li>Low-Organized Games</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Spatial</li> </ul>	IMPORTANT
<b>Pathways, Shapes, Levels</b>	<b>5.2.2.A</b> Combines movement concepts with skills in small-sided practice tasks (such as in game environments, gymnastics and dance with self-direction).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Game Environments</li> <li>Gymnastics</li> <li>Dance with Self-Direction</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> <li>Shapes</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>• Game Situations</li> </ul>	<b>5.2.3.A</b> Applies movement concepts to strategy in game situations.	<ul style="list-style-type: none"> <li>• Demonstrates movement concepts with strategy in game situations. <ul style="list-style-type: none"> <li>– Golf</li> <li>– Floor Hockey</li> <li>– Tennis</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Movement Concepts</li> <li>• Strategy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Controlled Strike with Implement</li> </ul>	<b>5.2.3.B</b> Applies the concepts of direction and force to strike an object with an implement.	<ul style="list-style-type: none"> <li>• Demonstrates direction and force concepts when striking an object with an implement. <ul style="list-style-type: none"> <li>– Softball</li> <li>– Golf</li> <li>– Floor Hockey</li> <li>– Tennis</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Direction</li> <li>• Force</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Movement <ul style="list-style-type: none"> <li>– Concepts</li> <li>– Situations</li> </ul> </li> </ul>	<b>5.2.3.C</b> Analyzes movement situations and applies movement concepts (such as force, direction, speed, pathways, extensions) in small-sided practice tasks in game environments, dance or gymnastics.	<ul style="list-style-type: none"> <li>• Analyzes movement situations in small-sided practice tasks in game environments.</li> <li>• Applies movement concepts in small-sided practice tasks in game environments.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Speed</li> <li>• Extensions</li> <li>• Analyze</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Invasion <ul style="list-style-type: none"> <li>– Offense</li> <li>– Defense</li> </ul> </li> </ul>	<b>5.2.4.A</b> Applies basic offensive and defensive strategies/ tactics in invasion small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Performs offensive strategies/tactics in invasion small-sided practice tasks.</li> <li>• Performs defensive strategies/tactics in invasion small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Defense</li> <li>• Invasion</li> <li>• Tactics</li> <li>• Tasks</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Throw</li> <li>• Volley</li> <li>• Striking</li> </ul>	<b>5.2.4.C</b> Recognizes the type of throw, volley or striking action needed for different games and sports situations.	<ul style="list-style-type: none"> <li>• Recognizes the type of action needed for different games and sports situations. <ul style="list-style-type: none"> <li>– Throw</li> <li>– Volley</li> <li>– Striking</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Quiz</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Strike</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>5.3.1.A</b> Documents and analyzes physical activity outside physical education class for fitness benefits of activities.	<ul style="list-style-type: none"> <li>Documents physical activity outside physical education class for fitness benefits of activities.</li> <li>Analyzes physical activity outside physical education class for fitness benefits of activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Documents</li> <li>Fitness Benefits</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>5.3.2.A</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	<b>5.3.3.B</b> Identifies the need for warm-up and cool-down relative to various physical activities.	<ul style="list-style-type: none"> <li>Identifies the need for warm-up relative to various physical activities.</li> <li>Identifies the need for cool-down relative to various physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Journal Assessment</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Warm-up</li> <li>Cool-down</li> <li>Benefits</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>• Fitness Assessment</li> </ul>	<b>5.3.4.A</b> Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.	<ul style="list-style-type: none"> <li>• Analyzes results of fitness assessment (pre and post).</li> <li>• Compares fitness assessment results to fitness components for good health.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Results</li> <li>• Pretest Results</li> <li>• Post-Test Results</li> <li>• Compare</li> <li>• Fitness Components</li> <li>• Wellness</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Fitness Plan</li> </ul>	<b>5.3.4.B</b> Designs a fitness plan to address ways to use physical activity to enhance fitness.	<ul style="list-style-type: none"> <li>• Designs a fitness plan to address ways to use physical activity to enhance fitness.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Project</li> <li>• Rubric</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Design</li> <li>• Enhance</li> <li>• Fitness Plan</li> </ul>	CRITICAL
<b>Body Systems</b>	<b>5.3.5.A</b> Describes connections between body systems and their role in movement.	<ul style="list-style-type: none"> <li>• Describes connections between body systems and their role in movement.</li> </ul>	<ul style="list-style-type: none"> <li>• Flashcard Game</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Body Systems</li> <li>• Connections</li> <li>• Role</li> </ul>	IMPORTANT
<b>Nutrition</b>	<b>5.3.6.A</b> Analyzes the impact of food choices relative to physical activity, youth sports and personal health.	<ul style="list-style-type: none"> <li>• Analyzes the impact of food choices.               <ul style="list-style-type: none"> <li>– Physical Activity</li> <li>– Youth Sports</li> <li>– Personal Health</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Small Group Project</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Impact</li> <li>• Relative</li> </ul>	ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Interpersonal Behavior</li> </ul>	<b>5.4.1.A</b> Engages in physical activity with responsible interpersonal behavior (such as peer to peer, student to teacher, student to referee).	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible interpersonal behavior.               <ul style="list-style-type: none"> <li>Peer to Peer</li> <li>Student to Teacher</li> <li>Student to Referee</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible</li> <li>Interpersonal</li> <li>Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Behavior</li> </ul>	<b>5.4.1.B</b> Participates with responsible personal behavior in a variety of physical activity contexts, environments and facilities.	<ul style="list-style-type: none"> <li>Participates with responsible personal behavior in a variety of physical activities:               <ul style="list-style-type: none"> <li>Contexts</li> <li>Environments</li> <li>Facilities</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Facilities</li> <li>Environments</li> <li>Personal</li> <li>Variety</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Self-Respect</li> </ul>	<b>5.4.1.C</b> Exhibits respect for self with appropriate behavior while engaging in physical activity.	<ul style="list-style-type: none"> <li>Demonstrates respect for self with appropriate behavior while engaging in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Self-Respect</li> <li>Demonstrates</li> </ul>	IMPORTANT
<b>Accepting Feedback</b>	<b>5.4.2.A</b> Gives corrective feedback respectfully to peers.	<ul style="list-style-type: none"> <li>Respectfully gives corrective feedback to peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accepting</li> <li>Corrective</li> <li>Peers</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Working with Others</b>	<b>5.4.3.A</b> Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.	<ul style="list-style-type: none"> <li>• Accepts others with both higher and lower skill abilities into physical activities and group projects.</li> <li>• Recognizes others with both higher and lower skill abilities into physical activities and group projects.</li> <li>• Involves others with both higher and lower skill abilities into physical activities and group projects.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Recognizes</li> <li>• Involves</li> <li>• Skill Abilities</li> </ul>	CRITICAL
<b>Rules &amp; Etiquette</b>	<b>5.4.4.A</b> Critiques the etiquette involved in rules of various game activities.	<ul style="list-style-type: none"> <li>• Critiques the etiquette involved in rules of various game activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Small Group Discussion</li> <li>• Group Discussion</li> <li>• Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>• Critiques</li> <li>• Etiquette</li> <li>• Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>5.4.5.A</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with or without equipment when physically active.</li> <li>• Works safely independently with or without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>5.5.1.A</b> Compares the health benefits of participating in selected physical activities.	<ul style="list-style-type: none"> <li>Compares the health benefits of participating in selected physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> </ul>	CRITICAL
<b>Challenge</b>	<b>5.5.2.A</b> Expresses (such as written essay, visual art, creative dance) the enjoyment and/or challenge of participating in a favorite physical activity.	<ul style="list-style-type: none"> <li>Expresses the enjoyment of participating in a favorite challenging physical activity.               <ul style="list-style-type: none"> <li>Written Essay</li> <li>Visual Art</li> <li>Creative Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Project</li> </ul>	<ul style="list-style-type: none"> <li>Essay</li> <li>Enjoyment</li> <li>Challenge</li> <li>Express</li> <li>Project</li> </ul>	IMPORTANT
<b>Self-expression and Enjoyment</b>	<b>5.5.3.A</b> Analyzes different physical activities for enjoyment and challenge, identifying reasons for a positive or negative response.	<ul style="list-style-type: none"> <li>Analyzes different physical activities for enjoyment and challenge.</li> <li>Identify reasons for a positive or negative response concerning different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Positive</li> <li>Negative</li> <li>Response</li> <li>Self-expression</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>5.5.4.A</b> Describes the social benefits gained from participating in physical activity (such as recess, youth sport).	<ul style="list-style-type: none"> <li>Describes the social benefits gained from participating in physical activity.               <ul style="list-style-type: none"> <li>Recess</li> <li>Youth Sport</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Benefits</li> <li>Gains</li> </ul>	ADDITIONAL