

## **VB Community School District Wellness Committee**

**Thursday May 13, 2021**

### **Meeting Minutes**

In attendance: (meeting held via Zoom and in person)

Hattie Liechty, Bonnie Watson, Gayle Hervey, Holly Strait, MaryDawn Schuck, Jonathon Strait

1. Review of prior meetings.
  - a. Holly Strait--continuing to send out at beginning of school year, allergy awareness letters to parents of students in specific classrooms who have a major allergy such as peanut/milk/egg.
  - b. Holly Strait—Smart snacks has been posted to the VBCCSD Website.
  - c. Triennial Assessment-- Due to the unanticipated school closures related to COVID-19, the USDA extended the deadline for the completion of the Triennial Assessment to June 30, 2021. VBCCSD completed Feb 2020, prior to the Covid-19 school closures, so that waiver was not requested. Formal review has not been completed yet.
2. Gayle Hervey – Dietary Update
  - a. Dietary Dept
    - A. Will be providing curb side meals for the month of June and July 2021. Pick-ups being every other Monday starting June 7<sup>th</sup> and will include 10 breakfast and 10 lunch meals. Survey was posted at the beginning of March for interest. That list is being compared to the Summer School attendance list.
    - B. Possibly reaching out to a few families and see if they are interested in the pickup service but did not have the means to participate in the survey.
    - C. The Food Service Program will be dealing with a different vendor next year. Looking forward to the opportunities they will be bringing to our program.
    - D. As of currently, we are planning on continuing the “Free Meals” program to all students for the 2021-2022 school year.
    - E. Tentative plans are to return the salad bars into the cafeterias.
  - b. Smart Snack Approved Items
    - A. Smart Snack approved items were ordered by dietary and provided to students during the ISASP testing.
3. Holly Strait
  - a. Last year’s plan to correlate with Lindee Thomas RN Van Buren Co Public Health to participate in a 3<sup>rd</sup> grade “5 day band challenge” was cancelled due to Covid.
  - b. Applied to obtain from the USDA Team Nutrition Program a total of 1800 health awareness stickers and 2 sets of food decals. These were already received and split with the Harmony Center. Also obtained Fueling My Healthy Life decals. These were sent to the MS/HS.

- c. The new Food Service Program will not pull student allergy information from PowerSchool. This data will need to be entered in by nursing.
  - d. Water fountains were not used this year due to Covid but students has access to the water bottle filling stations.
    - 1. Principal MaryDawn Schuck
      - I. Water bottles were purchased by the district and provided to every student. Community sources also donated bottles to students.
      - II. Discussed adding another water fountain/bottle filling station on the Douds Center 3<sup>rd</sup> floor this summer.
4. Physical Activity
- a. Bonnie Watson—Douds/Harmony Elementary Centers
    - 1. Runner's Club for students canceled this year due to Covid.
    - 2. Kid's Heart Challenge raised approx \$11,000 at the Douds Center and \$2,000 at the Harmony Center.
    - 3. Students participated in the Fall Walk Day.
    - 4. The annual Live Healthy Iowa Track meet held in Fairfield was cancelled due to Covid. Some students did attend at Oskaloosa.
    - 5. Received 100 water bottles for the Douds Center from Go the Distance. Students will be chosen by random drawing and handed out on 5/20/21 during fun day.
    - 6. PE curriculum requirements are being met.
  - b. Brian Johnson and Wes McGraw
    - 1. Both unable to attend meeting but email received from Brain Johnson. He suggested to offer students the ability to buy milk after Strength and Conditioning class for an appropriate protein source.
      - I. Gayle to discuss with Mr Adams and check with Mindy at the district office to look into possibly using donation money.
      - II. If milk is not an option, possibly offering an alternative protein source such as string cheese?
  - c. Hattie Liechty
    - A. PE curriculum requirements are being met.
      - I. Has some girls' tennis shoes to loan out if students forget.
      - II. Not enough boys' shoes to loan. Discussed possibility of accepting donated shoes for boys.
      - III. Holly will look into buying disinfecting spray.
    - B. Health requirements are being met.
5. Parental Concerns: None
6. Assessment of existing wellness policy
- a. Policy was created with language that is required for school wellness policies in the state of Iowa. No recommended changes at this time.
7. Meeting minutes recorded. All required information will be placed on school website.

