

Can You Do It?

Primary Objectives

6. Demonstrates gross-motor manipulative skills

18a. Interacts during reading experiences, book conversations, and text reflections

Why It's Important

Preschool children enjoy moving their bodies. Responding to a picture book such as *From Head to Toe* by Eric Carle gives your child the opportunity to practice following oral directions as she imitates animal movements. She will also become familiar with different body parts and how she can move them.

Materials

Book: *From Head to Toe* by Eric Carle

What You Do

1. Invite your child to listen to the story. Model the body movements as you read. Tell her that she can do the body movements if she chooses.
2. Read the book again without modeling the movements. Ask your child to respond with the correct body motion each time you read *Can you do it?*
3. Encourage her to answer *I can do it!* when she does the motion.
4. After reading, invite your child to think of new animals and movements, following the format of the book. Act out the new movements with her.
5. Explain that the book will be available for him to read again or share with a family member later.