

GRADE LEVEL: FOURTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

MONTH/GRADING PERIOD: QUARTER 1

MASTER COPY 1-8-19

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>4.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of lead-up activities.</li> <li>• Applies mature patterns in locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>4.1.1.B:</b> Performs appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Jumping and Landing Patterns</li> </ul>	<b>4.1.2.A:</b> Jumps and lands in the horizontal and vertical planes using a mature pattern within activities (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>Performs jumps in the horizontal and vertical planes using a mature pattern within activities.</li> <li>Performs landing in the horizontal and vertical planes using a mature pattern within a variety of activities.             <ul style="list-style-type: none"> <li>Dance</li> <li>Educational Gymnastics</li> <li>Small-Sided Practice Tasks</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>Jump</li> <li>Horizontal Plane</li> <li>Vertical Plane</li> <li>Landing Patterns</li> </ul>	IMPORTANT
<b>Non-Locomotor</b>	<b>4.1.4.A:</b> Applies mature pattern in non-locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Applies mature pattern in non-locomotor skills in a variety of lead-up activities.</li> <li>Applies mature pattern in non-locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Balance</li> </ul>	<b>4.1.5.A:</b> Balances on different bases of support on apparatus, demonstrating levels and shapes.	<ul style="list-style-type: none"> <li>Performs balances on different bases of support on apparatus, demonstrating levels.</li> <li>Performs balances on different bases of support on apparatus, demonstrating shapes.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Yoga</li> <li>Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Balance</li> <li>Levels</li> <li>Shapes</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	<b>4.1.6.A:</b> Transfers weight from feet to hands, varying speed and using large extensions (such as kick, handstand, cartwheel).	<ul style="list-style-type: none"> <li>Demonstrates transfer of weight from feet to hands varying speed.</li> <li>Demonstrates transfer of weight from feet to hands using large extensions.               <ul style="list-style-type: none"> <li>Kick</li> <li>Tumbling Movements</li> <li>Cartwheel</li> <li>Throw</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Underhand Throw Accuracy</li> </ul>	<b>4.1.7.B:</b> Demonstrates mature pattern in an underhand throw with accuracy.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw with accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Underhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand Throw</li> </ul>	<b>4.1.7.C:</b> Throws overhand using a mature pattern in non-dynamic environments.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in non-dynamic environments.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Overhand Throw Accuracy</li> </ul>	<b>4.1.7.D:</b> Throws overhand to a partner or at a target with accuracy at a reasonable distance.	<ul style="list-style-type: none"> <li>Performs overhand throw to partner or target with accuracy at a reasonable distance.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Pass to Moving Partner</li> </ul>	<b>4.1.8.A:</b> Passes to a moving partner with reasonable accuracy in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Performs pass with reasonable accuracy to moving partner in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pass</li> <li>Accuracy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Catch</li> </ul>	<b>4.1.9.A:</b> Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Catches the ball at multiple levels using a mature pattern in a non-dynamic environment.               <ul style="list-style-type: none"> <li>Above the Head</li> <li>Chest Level</li> <li>Waist Level</li> <li>Below the Waist</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Non-Dynamic</li> <li>Catch</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Foot Skills               <ul style="list-style-type: none"> <li>Inside</li> <li>Moving Partner</li> <li>Non-Dynamic</li> </ul> </li> </ul>	<b>4.1.11.A:</b> Passes & receives a ball with the inside of the foot to a moving partner in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Performs passing with the inside of the foot to a moving partner in a non-dynamic environment.</li> <li>Performs receiving a ball with the inside of the foot from a moving partner in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Foot Pass</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Foot Skills               <ul style="list-style-type: none"> <li>Outside</li> <li>Inside</li> <li>Stationary Partner</li> </ul> </li> </ul>	<b>4.1.11.B:</b> Passes and receives a ball with the outside and inside of the foot to a stationary partner, “giving” on reception before returning the pass.	<ul style="list-style-type: none"> <li>Performs passing with outside and inside of the foot to a stationary partner, “giving” on reception before returning the pass.</li> <li>Performs receiving a ball with the outside and inside of the foot to a stationary partner, “giving” on reception before returning the pass.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Receive</li> <li>Stationary</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Kicking and Punting</li> </ul>	<b>4.1.11.C:</b> Kicks along the ground, in the air, and punts using mature patterns.	<ul style="list-style-type: none"> <li>Demonstrates mature patterns in kicking along the ground.</li> <li>Demonstrates mature patterns in kicking in the air.</li> <li>Demonstrates punts using mature patterns.</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Punting</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Foot Dribble</li> </ul>	<b>4.1.12.A:</b> Dribbles with the feet in general space with control of ball and body while increasing and decreasing speed.	<ul style="list-style-type: none"> <li>• Demonstrates foot dribbling in general space with control of ball and body while increasing speed.</li> <li>• Demonstrates foot dribbling in general space with control of ball and body while decreasing speed.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Foot Dribble</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Foot Trap Receive</li> </ul>	<b>4.1.13.A:</b> Performs mature pattern while receiving with the foot when moving in a non-dynamic environment.	<ul style="list-style-type: none"> <li>• Demonstrates mature pattern while receiving with the foot when moving in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Foot Trap</li> </ul>	IMPORTANT

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<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Underhand Strike</li> </ul>	<b>4.1.14.A:</b> Demonstrates mature pattern while striking an object underhand in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Performs effective underhand strike on an object while in a variety of activities.             <ul style="list-style-type: none"> <li>Lead-up Activities</li> <li>Small-sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Underhand Strike</li> <li>Volley</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Jump Rope</li> </ul>	<b>4.1.16.A:</b> Creates a jump-rope routine (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>Creates a jump-rope routine demonstrating jumping skills.             <ul style="list-style-type: none"> <li>Jumping in a Figure 8</li> <li>Front to Back</li> <li>Short and Long Rope</li> <li>Double Dutch</li> <li>Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Routine</li> <li>Double Dutch</li> <li>Jump Bands</li> <li>Long Ropes</li> <li>Short Ropes</li> <li>Figure 8</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b> <ul style="list-style-type: none"> <li>Open Space</li> </ul>	<b>4.2.1.A:</b> Applies the concept of open spaces to combination skills involving traveling (such as dribbling and traveling).	<ul style="list-style-type: none"> <li>Applies the concept of open spaces to combination skills involving traveling               <ul style="list-style-type: none"> <li>Dribbling</li> <li>Traveling</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Open Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	<b>4.2.1.B:</b> Applies the concept of closing spaces in small-sided practice tasks.	<ul style="list-style-type: none"> <li>Demonstrates the concept of closing spaces in small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Direction and Speed</li> </ul>	<b>4.2.1.C:</b> Dribbles in general space with changes in direction and speed.	<ul style="list-style-type: none"> <li>Performs dribbling in general space with changes in direction.</li> <li>Performs dribbling in general space with changes in speed.</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Speed</li> <li>Direction</li> </ul>	IMPORTANT
<b>Pathways, Shapes, Levels</b>	<b>4.2.2.A:</b> Combines movement concepts with skills in small-sided practice tasks (such as gymnastics and dance environments).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Dance Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>• Running</li> </ul>	<b>4.2.3.A:</b> Applies the movement concepts of speed, endurance and pacing for running.	<ul style="list-style-type: none"> <li>• Demonstrates movement concepts for running.             <ul style="list-style-type: none"> <li>– Speed</li> <li>– Endurance</li> <li>– Pacing</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Endurance</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Striking</li> </ul>	<b>4.2.3.B:</b> Applies the concepts of direction and force when striking an object sending it toward a designated target.	<ul style="list-style-type: none"> <li>• Demonstrates the concepts of direction when striking an object sending it toward a designated target.</li> <li>• Demonstrates the concepts of force when striking an object sending it toward a designated target.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Force</li> <li>• Direction</li> <li>• Strike</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Offense</li> </ul>	<b>4.2.4.A:</b> Applies simple offensive strategies and tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple offensive strategies in chasing and fleeing activities.</li> <li>• Performs simple offensive tactics in chasing and fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Tactics</li> <li>• Strategies</li> <li>• Chasing</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Defense</li> </ul>	<b>4.2.4.B:</b> Applies simple defensive strategies/ tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple defensive strategies in chasing and fleeing activities.</li> <li>• Performs simple defensive tactics in chasing and fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Defense</li> <li>• Fleeing</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Kick Tactics</li> </ul>	<b>4.2.4.C:</b> Recognizes the types of kicks needed for different games and sports situations.	<ul style="list-style-type: none"> <li>• Recognize the types of kicks needed for different games.</li> <li>• Recognize the types of kicks needed for different sports situations.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Recognize</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>4.3.1.A:</b> Analyzes opportunities for participating in physical activity outside physical education class.	<ul style="list-style-type: none"> <li>Analyze opportunities for participating in physical activity outside physical education class.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Analyze</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>4.3.2.A:</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Fitness Components</li> </ul>	<b>4.3.3.A:</b> Identifies the five components of health-related fitness.	<ul style="list-style-type: none"> <li>Identifies the five components of health-related fitness.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Fitness Components</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	<b>4.3.3.B:</b> Demonstrates warm-up and cool-down relative to the cardiorespiratory fitness assessment.	<ul style="list-style-type: none"> <li>Demonstrates warm-up relative to the cardiorespiratory fitness assessment.</li> <li>Demonstrates cool-down relative to the cardiorespiratory fitness assessment.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Warm-up</li> <li>Cool-down</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>Fitness Assessment</li> </ul>	<b>4.3.4.A:</b> Completes fitness assessments (pre and post).	<ul style="list-style-type: none"> <li>Perform fitness assessments (pre and post).</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> <li>Test</li> </ul>	<ul style="list-style-type: none"> <li>Assessment</li> <li>Pretest Results</li> <li>Post-Test Results</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Wellness Planning</li> </ul>	<b>4.3.4.B:</b> Identifies areas of needed remediation from personal test and, with teacher assistance, identifies strategies for progress in those areas.	<ul style="list-style-type: none"> <li>Identifies areas of needed remediation from personal test.</li> <li>Identifies strategies for progress, in the areas identified in need of remediation, with teacher assistance.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Remediation</li> <li>Goals</li> <li>Wellness Planning</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	<b>4.4.1.A:</b> Exhibits responsible behavior in both independent and group situations.	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible behavior.               <ul style="list-style-type: none"> <li>Independent</li> <li>Group Situations</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Social Behavior</li> </ul>	<b>4.4.1.B:</b> Reflects on personal social behavior in physical activity.	<ul style="list-style-type: none"> <li>Reflects on personal social behavior in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Reflect</li> <li>Personal Social Behavior</li> </ul>	ADDITIONAL
<b>Accepting Feedback</b>	<b>4.4.2.A:</b> Listens respectfully to corrective feedback from others (such as peers, adults).	<ul style="list-style-type: none"> <li>Respectfully listens to corrective feedback from adults.</li> <li>Respectfully listens to corrective feedback from peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accept</li> <li>Respect</li> <li>Corrective</li> <li>Peers</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Working with Others</b> <ul style="list-style-type: none"> <li>Praise Efforts</li> </ul>	<b>4.4.3.A:</b> Praises the movement effort of others both more and less skilled.	<ul style="list-style-type: none"> <li>Demonstrates praise of the movement effort of others with more skill.</li> <li>Demonstrates praise of the movement efforts of others with less skill.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Praise</li> <li>Skill Abilities</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	<b>4.4.3.B:</b> Accepts players of all skill levels into the physical activity.	<ul style="list-style-type: none"> <li>Demonstrates acceptance of players of all skill levels into the physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	IMPORTANT
<b>Rules &amp; Etiquette</b>	<b>4.4.4.A:</b> Exhibits etiquette and adherence to rules in a variety of physical activities.	<ul style="list-style-type: none"> <li>Exhibits etiquette in a variety of physical activities.</li> <li>Exhibits adherence to rules in a variety of physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Small Group Discussion</li> <li>Group Discussion</li> <li>Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Adherence</li> <li>Etiquette</li> <li>Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>4.4.5.A:</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>Works safely with peers with or without equipment when physically active.</li> <li>Works safely independently with or without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Safety</li> <li>Equipment</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>4.5.1.A:</b> Examines the health benefits of participating in physical activity.	<ul style="list-style-type: none"> <li>Examines the health benefits of participating in physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Health Benefits</li> <li>Examines</li> </ul>	CRITICAL
<b>Challenge</b>	<b>4.5.2.A:</b> Rates the enjoyment of participating in challenging and mastered physical activities.	<ul style="list-style-type: none"> <li>Rates the enjoyment of participating in challenging activities.</li> <li>Rates the enjoyment of participating in mastered physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Rubric</li> <li>Small Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Challenge</li> </ul>	ADDITIONAL
<b>Self-Expression and Enjoyment</b>	<b>4.5.3.A:</b> Ranks the enjoyment of participating in different physical activities.	<ul style="list-style-type: none"> <li>Ranks the enjoyment of participating in different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Rubric</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Rank</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>4.5.4.A:</b> Describes and compares the positive social interactions when engaged in partner, small-group and large-group physical activities.	<ul style="list-style-type: none"> <li>Describes the positive social interactions when engaged in physical activities.</li> <li>Compares the positive social interactions when engaged in physical activities. <ul style="list-style-type: none"> <li>Partner Activities</li> <li>Small Groups</li> <li>Large Groups</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Interaction</li> </ul>	ADDITIONAL



GRADE LEVEL: FOURTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

MONTH/GRADING PERIOD: QUARTER 2

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>4.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of lead-up activities.</li> <li>• Applies mature patterns in locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>4.1.1.B:</b> Performs appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>• Jumping and Landing Patterns</li> </ul>	<b>4.1.2.A:</b> Jumps and lands in the horizontal and vertical planes using a mature pattern within activities (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>• Performs jumps in the horizontal and vertical planes using a mature pattern within activities.</li> <li>• Performs landing in the horizontal and vertical planes using a mature pattern within a variety of activities.             <ul style="list-style-type: none"> <li>– Dance</li> <li>– Educational Gymnastics</li> <li>– Small-Sided Practice Tasks</li> <li>– Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> <li>• Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>• Jump</li> <li>• Horizontal Plane</li> <li>• Vertical Plane</li> <li>• Landing Patterns</li> </ul>	IMPORTANT
<b>Non-Locomotor</b>	<b>4.1.4.A:</b> Applies mature pattern in non-locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature pattern in non-locomotor skills in a variety of lead-up activities.</li> <li>• Applies mature pattern in non-locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Balance</li> </ul>	<b>4.1.5.A:</b> Balances on different bases of support on apparatus, demonstrating levels and shapes.	<ul style="list-style-type: none"> <li>Preforms balances on different bases of support on apparatus, demonstrating levels.</li> <li>Preforms balances on different bases of support on apparatus, demonstrating shapes.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Yoga</li> <li>Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Balance</li> <li>Levels</li> <li>Shapes</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	<b>4.1.6.A:</b> Transfers weight from feet to hands, varying speed and using large extensions (such as kick, handstand, cartwheel).	<ul style="list-style-type: none"> <li>Demonstrates transfer of weight from feet to hands varying speed.</li> <li>Demonstrates transfer of weight from feet to hands using large extensions.               <ul style="list-style-type: none"> <li>Kick</li> <li>Tumbling Movements</li> <li>Cartwheel</li> <li>Throw</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Underhand Throw to Moving Partner</li> </ul>	<b>4.1.7.A:</b> Performs mature pattern in an underhand throw to a moving partner.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>Underhand Throw Accuracy</li> </ul>	<b>4.1.7.B:</b> Demonstrates mature pattern in an underhand throw with accuracy.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw with accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Underhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand Throw</li> </ul>	<b>4.1.7.C:</b> Throws overhand using a mature pattern in non-dynamic environments.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in non-dynamic environments.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Overhand Throw Accuracy</li> </ul>	<b>4.1.7.D:</b> Throws overhand to a partner or at a target with accuracy at a reasonable distance.	<ul style="list-style-type: none"> <li>Performs overhand throw to partner or target with accuracy at a reasonable distance.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Pass to Moving Partner</li> </ul>	<b>4.1.8.A:</b> Passes to a moving partner with reasonable accuracy in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Performs pass with reasonable accuracy to moving partner in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pass</li> <li>Accuracy</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Catch</li> </ul>	<b>4.1.9.A:</b> Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Catches the ball at multiple levels using a mature pattern in a non-dynamic environment.               <ul style="list-style-type: none"> <li>Above the Head</li> <li>Chest Level</li> <li>Waist Level</li> <li>Below the Waist</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Non-Dynamic</li> <li>Catch</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Hand Dribble</li> </ul>	<b>4.1.10.A:</b> Dribbles in personal space with both the preferred and the non-preferred hands using a mature pattern.	<ul style="list-style-type: none"> <li>Demonstrate dribbling in personal space with preferred hand using mature pattern.</li> <li>Demonstrate dribbling in personal space with non-preferred hand using a mature pattern.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Hand Dribble</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Dribble Control</li> </ul>	<b>4.1.10.B:</b> Dribbles in general space with control of ball and body while increasing and decreasing speed.	<ul style="list-style-type: none"> <li>Performs dribbling in general space with control of ball and body while increasing speed.</li> <li>Performs dribbling in general space with control of the ball and body while decreasing speed.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>		CRITICAL
<ul style="list-style-type: none"> <li>Underhand Strike</li> </ul>	<b>4.1.14.A:</b> Demonstrates mature pattern while striking an object underhand in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Performs effective underhand strike on an object while in a variety of activities.               <ul style="list-style-type: none"> <li>Lead-Up Activities</li> <li>Small-Sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Underhand Strike</li> <li>Volley</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Jump Rope</li> </ul>	<b>4.1.16.A:</b> Creates a jump-rope routine (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>Creates a jump-rope routine demonstrating jumping skills.               <ul style="list-style-type: none"> <li>Jumping in a Figure 8</li> <li>Front to Back</li> <li>Short and Long Rope</li> <li>Double Dutch</li> <li>Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Routine</li> <li>Double Dutch</li> <li>Jump Bands</li> <li>Long Ropes</li> <li>Short Ropes</li> <li>Figure 8</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b> <ul style="list-style-type: none"> <li>Open Space</li> </ul>	<b>4.2.1.A:</b> Applies the concept of open spaces to combination skills involving traveling (such as dribbling and traveling).	<ul style="list-style-type: none"> <li>Applies the concept of open spaces to combination skills involving traveling             <ul style="list-style-type: none"> <li>Dribbling</li> <li>Traveling</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Open Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	<b>4.2.1.B:</b> Applies the concept of closing spaces in small-sided practice tasks.	<ul style="list-style-type: none"> <li>Demonstrates the concept of closing spaces in small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Direction and Speed</li> </ul>	<b>4.2.1.C:</b> Dribbles in general space with changes in direction and speed.	<ul style="list-style-type: none"> <li>Performs dribbling in general space with changes in direction.</li> <li>Performs dribbling in general space with changes in speed.</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Speed</li> <li>Direction</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Pathways, Shapes, Levels</b>	<b>4.2.2.A:</b> Combines movement concepts with skills in small-sided practice tasks (such as gymnastics and dance environments).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Dance Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> </ul>	IMPORTANT
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>Running</li> </ul>	<b>4.2.3.A:</b> Applies the movement concepts of speed, endurance and pacing for running.	<ul style="list-style-type: none"> <li>Demonstrates movement concepts for running.               <ul style="list-style-type: none"> <li>Speed</li> <li>Endurance</li> <li>Pacing</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Endurance</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Striking</li> </ul>	<b>4.2.3.B:</b> Applies the concepts of direction and force when striking an object sending it toward a designated target.	<ul style="list-style-type: none"> <li>Demonstrates the concept of direction when striking an object sending it toward a designated target.</li> <li>Demonstrate the concept of force when striking an object sending it toward a designated target.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Force</li> <li>Direction</li> <li>Strike</li> </ul>	IMPORTANT



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Offense</li> </ul>	<b>4.2.4.A:</b> Applies simple offensive strategies and tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple offensive strategies in chasing activities.</li> <li>• Performs simple offensive strategies in fleeing activities.</li> <li>• Performs simple offensive tactics in chasing activities.</li> <li>• Performs simple offensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Tactics</li> <li>• Strategies</li> <li>• Chasing</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Defense</li> </ul>	<b>4.2.4.B:</b> Applies simple defensive strategies/ tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple defensive strategies in chasing activities.</li> <li>• Performs simple defensive strategies in fleeing activities.</li> <li>• Performs simple defensive tactics in chasing activities.</li> <li>• Performs simple defensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Defense</li> <li>• Fleeing</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>4.3.1.A:</b> Analyzes opportunities for participating in physical activity outside physical education class.	<ul style="list-style-type: none"> <li>Analyze opportunities for participating in physical activity outside physical education class.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Analyze</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>4.3.2.A:</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Fitness Components</li> </ul>	<b>4.3.3.A:</b> Identifies the five components of health-related fitness.	<ul style="list-style-type: none"> <li>Identifies the five components of health-related fitness.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Fitness Components</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	<b>4.3.3.B:</b> Demonstrates warm-up and cool-down relative to the cardiorespiratory fitness assessment.	<ul style="list-style-type: none"> <li>Demonstrates warm-up relative to the cardiorespiratory fitness assessment.</li> <li>Demonstrates cool-down relative to the cardiorespiratory fitness assessment.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>• Fitness Assessment</li> </ul>	<b>4.3.4.A:</b> Completes fitness assessments (pre and post).	<ul style="list-style-type: none"> <li>• Perform pre fitness assessments.</li> <li>• Perform post fitness assessments.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Pretest Results</li> <li>• Post-Test Results</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Wellness Planning</li> </ul>	<b>4.3.4.B:</b> Identifies areas of needed remediation from personal test and, with teacher assistance, identifies strategies for progress in those areas.	<ul style="list-style-type: none"> <li>• Identifies areas of needed remediation from personal test.</li> <li>• Identifies strategies for progress, in the areas identified in need of remediation, with teacher assistance.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Identify</li> <li>• Remediation</li> <li>• Goals</li> <li>• Wellness Planning</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	<b>4.4.1.A:</b> Exhibits responsible behavior in both independent and group situations.	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible behavior.               <ul style="list-style-type: none"> <li>Independent</li> <li>Group Situations</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Social Behavior</li> </ul>	<b>4.4.1.B:</b> Reflects on personal social behavior in physical activity.	<ul style="list-style-type: none"> <li>Reflects on personal social behavior in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Reflect</li> <li>Personal Social Behavior</li> </ul>	ADDITIONAL
<b>Accepting Feedback</b>	<b>4.4.2.A:</b> Listens respectfully to corrective feedback from others (such as peers, adults).	<ul style="list-style-type: none"> <li>Respectfully listens to corrective feedback from adults.</li> <li>Respectfully listens to corrective feedback from peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accept</li> <li>Respect</li> <li>Corrective</li> <li>Peers</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Working with Others</b> <ul style="list-style-type: none"> <li>Praise Efforts</li> </ul>	<b>4.4.3.A:</b> Praises the movement effort of others both more and less skilled.	<ul style="list-style-type: none"> <li>Demonstrates praise of the movement effort of others with more skill.</li> <li>Demonstrates praise of the movement efforts of others with less skill.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Praise</li> <li>Skill Abilities</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	<b>4.4.3.B:</b> Accepts players of all skill levels into the physical activity.	<ul style="list-style-type: none"> <li>Demonstrates acceptance of players of all skill levels into the physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	IMPORTANT
<b>Rules &amp; Etiquette</b>	<b>4.4.4.A:</b> Exhibits etiquette and adherence to rules in a variety of physical activities.	<ul style="list-style-type: none"> <li>Exhibits etiquette in a variety of physical activities.</li> <li>Exhibits adherence to rules in a variety of physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Small Group Discussion</li> <li>Group Discussion</li> <li>Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Adherence</li> <li>Etiquette</li> <li>Rules</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Safety</b>	<b>4.4.5.A:</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with equipment when physically active.</li> <li>• Works safely with peers without equipment when physically active.</li> <li>• Works safely independently with equipment when physically active.</li> <li>• Works safely independently without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>4.5.1.A:</b> Examines the health benefits of participating in physical activity.	<ul style="list-style-type: none"> <li>• Examines the health benefits of participating in physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Small Group Project</li> <li>• Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Health Benefits</li> <li>• Examines</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Challenge</b>	<b>4.5.2.A:</b> Rates the enjoyment of participating in challenging and mastered physical activities.	<ul style="list-style-type: none"> <li>• Rates the enjoyment of participating in challenging activities.</li> <li>• Rates the enjoyment of participating in mastered physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Rubric</li> <li>• Small Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Challenge</li> </ul>	IMPORTANT
<b>Self-Expression and Enjoyment</b>	<b>4.5.3.A:</b> Ranks the enjoyment of participating in different physical activities.	<ul style="list-style-type: none"> <li>• Ranks the enjoyment of participating in different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• Rubric</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Rank</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>4.5.4.A:</b> Describes and compares the positive social interactions when engaged in partner, small-group and large-group physical activities.	<ul style="list-style-type: none"> <li>• Describes the positive social interactions when engaged in physical activities.</li> <li>• Compares the positive social interactions when engaged in physical activities. <ul style="list-style-type: none"> <li>– Partner Activities</li> <li>– Small Groups</li> <li>– Large Groups</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Social Interaction</li> </ul>	ADDITIONAL

GRADE LEVEL: FOURTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

GRADING PERIOD: QUARTER 3

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>4.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of lead-up activities.</li> <li>• Applies mature patterns in locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>4.1.1.B:</b> Performs appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Jumping and Landing Patterns</li> </ul>	<b>4.1.2.A:</b> Jumps and lands in the horizontal and vertical planes using a mature pattern within activities (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>Performs jumps in the horizontal and vertical planes using a mature pattern within activities.</li> <li>Performs landing in the horizontal and vertical planes using a mature pattern within a variety of activities.             <ul style="list-style-type: none"> <li>Dance</li> <li>Educational Gymnastics</li> <li>Small-Sided Practice Tasks</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>Jump</li> <li>Horizontal Plane</li> <li>Vertical Plane</li> <li>Landing Patterns</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Dance</li> </ul>	<b>4.1.3.A:</b> Combines locomotor movement patterns and dance steps to create and perform an original dance.	<ul style="list-style-type: none"> <li>Create an original dance by combining locomotor movement patterns and dance steps.</li> <li>Perform an original dance by combining locomotor movement patterns and dance steps.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Peer assessment</li> <li>Self-assessment</li> </ul>	<ul style="list-style-type: none"> <li>Dance</li> </ul>	CRITICAL
<b>Non-Locomotor</b>	<b>4.1.4.A:</b> Applies mature pattern in non-locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Applies mature pattern in non-locomotor skills in a variety of lead-up activities.</li> <li>Applies mature pattern in non-locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Balance</li> </ul>	<b>4.1.5.A:</b> Balances on different bases of support on apparatus, demonstrating levels and shapes.	<ul style="list-style-type: none"> <li>Performs balances on different bases of support on apparatus, demonstrating levels.</li> <li>Performs balances on different bases of support on apparatus, demonstrating shapes.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Yoga</li> <li>Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Balance</li> <li>Levels</li> <li>Shapes</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	<b>4.1.6.A:</b> Transfers weight from feet to hands, varying speed and using large extensions (such as kick, handstand, cartwheel).	<ul style="list-style-type: none"> <li>Demonstrates transfer of weight from feet to hands varying speed.</li> <li>Demonstrates transfer of weight from feet to hands using large extensions.               <ul style="list-style-type: none"> <li>Kick</li> <li>Tumbling Movements</li> <li>Cartwheel</li> <li>Throw</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Underhand Throw to Moving Partner</li> </ul>	<b>4.1.7.A:</b> Performs mature pattern in an underhand throw to a moving partner.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>Underhand Throw Accuracy</li> </ul>	<b>4.1.7.B:</b> Demonstrates mature pattern in an underhand throw with accuracy.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw with accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Underhand</li> <li>Accuracy</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand Throw</li> </ul>	<b>4.1.7.C:</b> Throws overhand using a mature pattern in non-dynamic environments.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in non-dynamic environments.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Overhand Throw Accuracy</li> </ul>	<b>4.1.7.D:</b> Throws overhand to a partner or at a target with accuracy at a reasonable distance.	<ul style="list-style-type: none"> <li>Performs overhand throw to partner with accuracy at a reasonable distance.</li> <li>Performs overhand throw to target with accuracy at a reasonable distance.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Pass to Moving Partner</li> </ul>	<b>4.1.8.A:</b> Passes to a moving partner with reasonable accuracy in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Performs pass with reasonable accuracy to moving partner in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pass</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Catch</li> </ul>	<b>4.1.9.A:</b> Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Catches the ball at multiple levels using a mature pattern in a non-dynamic environment.               <ul style="list-style-type: none"> <li>Above the Head</li> <li>Chest Level</li> <li>Waist Level</li> <li>Below the Waist</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Non-Dynamic</li> <li>Catch</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Hand Dribble</li> </ul>	<b>4.1.10.A:</b> Dribbles in personal space with both the preferred and the non-preferred hands using a mature pattern.	<ul style="list-style-type: none"> <li>Demonstrate dribbling in personal space with preferred hand using mature pattern.</li> <li>Demonstrate dribbling in personal space with non-preferred hand using a mature pattern.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Hand Dribble</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Dribble Control</li> </ul>	<b>4.1.10.B:</b> Dribbles in general space with control of ball and body while increasing and decreasing speed.	<ul style="list-style-type: none"> <li>Performs dribbling in general space with control of ball and body while increasing speed.</li> <li>Performs dribbling in general space with control of the ball and body while decreasing speed.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>Underhand Strike</li> </ul>	<b>4.1.14.A:</b> Demonstrates mature pattern while striking an object underhand in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Performs effective underhand strike on an object while in a variety of activities.               <ul style="list-style-type: none"> <li>Lead-Up Activities</li> <li>Small-Sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Underhand Strike</li> <li>Volley</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Short-handled implement</li> </ul>	<b>4.1.15.A:</b> Strikes an object with a short-handled implement while demonstrating a mature pattern.	<ul style="list-style-type: none"> <li>Performs striking an object with a short-handled implement while demonstrating a mature pattern.</li> </ul>	<ul style="list-style-type: none"> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Short-handled implement</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Long-handled implement</li> </ul>	<b>4.1.15.B:</b> Strikes an object with a long-handled implement (such as a hockey stick, golf club, bat, tennis racket, badminton racket), while demonstrating three of the five critical elements of a mature pattern for the implement.	<ul style="list-style-type: none"> <li>Performs striking an object with a long-handled implement while demonstrating three of the five critical elements of a mature pattern for the implement.             <ul style="list-style-type: none"> <li>Hockey Stick</li> <li>Golf Club</li> <li>Bat</li> <li>Tennis Racket</li> <li>Badminton Racket</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Long-handled implement</li> <li>Critical elements</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Jump Rope</li> </ul>	<b>4.1.16.A:</b> Creates a jump-rope routine (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>Creates a jump-rope routine demonstrating jumping skills.             <ul style="list-style-type: none"> <li>Jumping in a Figure 8</li> <li>Front to Back</li> <li>Short and Long Rope</li> <li>Double Dutch</li> <li>Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Routine</li> <li>Double Dutch</li> <li>Jump Bands</li> <li>Long Ropes</li> <li>Short Ropes</li> <li>Figure 8</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b> <ul style="list-style-type: none"> <li>Open Space</li> </ul>	<b>4.2.1.A:</b> Applies the concept of open spaces to combination skills involving traveling (such as dribbling and traveling).	<ul style="list-style-type: none"> <li>Applies the concept of open spaces to combination skills involving traveling             <ul style="list-style-type: none"> <li>Dribbling</li> <li>Traveling</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Open Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	<b>4.2.1.B:</b> Applies the concept of closing spaces in small-sided practice tasks.	<ul style="list-style-type: none"> <li>Demonstrates the concept of closing spaces in small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Closing Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Direction and Speed</li> </ul>	<b>4.2.1.C:</b> Dribbles in general space with changes in direction and speed.	<ul style="list-style-type: none"> <li>Performs dribbling in general space with changes in direction.</li> <li>Performs dribbling in general space with changes in speed.</li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Speed</li> <li>Direction</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Pathways, Shapes, Levels</b>	<b>4.2.2.A:</b> Combines movement concepts with skills in small-sided practice tasks (such as gymnastics and dance environments).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Dance Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> </ul>	IMPORTANT
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>Running</li> </ul>	<b>4.2.3.A:</b> Applies the movement concepts of speed, endurance and pacing for running.	<ul style="list-style-type: none"> <li>Demonstrates movement concepts for running.               <ul style="list-style-type: none"> <li>Speed</li> <li>Endurance</li> <li>Pacing</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Endurance</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Striking</li> </ul>	<b>4.2.3.B:</b> Applies the concepts of direction and force when striking an object sending it toward a designated target.	<ul style="list-style-type: none"> <li>Demonstrates the concept of direction when striking an object sending it toward a designated target.</li> <li>Demonstrate the concept of force when striking an object sending it toward a designated target.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Force</li> <li>Direction</li> <li>Strike</li> </ul>	CRITICAL



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Offense</li> </ul>	<b>4.2.4.A:</b> Applies simple offensive strategies and tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple offensive strategies in chasing activities.</li> <li>• Performs simple offensive strategies in fleeing activities.</li> <li>• Performs simple offensive tactics in chasing activities.</li> <li>• Performs simple offensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Tactics</li> <li>• Strategies</li> <li>• Chasing</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Defense</li> </ul>	<b>4.2.4.B:</b> Applies simple defensive strategies/ tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple defensive strategies in chasing activities.</li> <li>• Performs simple defensive strategies in fleeing activities.</li> <li>• Performs simple defensive tactics in chasing activities.</li> <li>• Performs simple defensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Defense</li> <li>• Fleeing</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>4.3.1.A:</b> Analyzes opportunities for participating in physical activity outside physical education class.	<ul style="list-style-type: none"> <li>Analyze opportunities for participating in physical activity outside physical education class.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Analyze</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>4.3.2.A:</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Fitness Components</li> </ul>	<b>4.3.3.A:</b> Identifies the five components of health-related fitness.	<ul style="list-style-type: none"> <li>Identifies the five components of health-related fitness.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Fitness Components</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	<b>4.3.3.B:</b> Demonstrates warm-up and cool-down relative to the cardiorespiratory fitness assessment.	<ul style="list-style-type: none"> <li>Demonstrates warm-up relative to the cardiorespiratory fitness assessment.</li> <li>Demonstrates cool-down relative to the cardiorespiratory fitness assessment.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>Fitness Assessment</li> </ul>	<b>4.3.4.A:</b> Completes fitness assessments (pre and post).	<ul style="list-style-type: none"> <li>Perform pre fitness assessments.</li> <li>Perform post fitness assessments.</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> <li>Test</li> </ul>	<ul style="list-style-type: none"> <li>Assessment</li> <li>Pretest Results</li> <li>Post-Test Results</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Wellness Planning</li> </ul>	<b>4.3.4.B:</b> Identifies areas of needed remediation from personal test and, with teacher assistance, identifies strategies for progress in those areas.	<ul style="list-style-type: none"> <li>Identifies areas of needed remediation from personal test.</li> <li>Identifies strategies for progress, in the areas identified in need of remediation, with teacher assistance.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Remediation</li> <li>Goals</li> <li>Wellness Planning</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Body Systems</b>	<b>4.3.5.A:</b> Describes connections between body systems.	<ul style="list-style-type: none"> <li>Describes connections between body systems.</li> </ul>	<ul style="list-style-type: none"> <li>Small group project</li> <li>Group discussion</li> <li>Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>Body systems</li> <li>Connections</li> </ul>	IMPORTANT
<b>Nutrition</b>	<b>4.3.6.A:</b> Discusses the importance of hydration and hydration choices relative to physical activities.	<ul style="list-style-type: none"> <li>Discusses the importance of hydration relative to physical activities.</li> <li>Discusses the importance of hydration choices relative to physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group discussion</li> <li>Small group project</li> <li>Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>Hydration</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	<b>4.4.1.A:</b> Exhibits responsible behavior in both independent and group situations.	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible behavior.               <ul style="list-style-type: none"> <li>Independent</li> <li>Group Situations</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Social Behavior</li> </ul>	<b>4.4.1.B:</b> Reflects on personal social behavior in physical activity.	<ul style="list-style-type: none"> <li>Reflects on personal social behavior in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Reflect</li> <li>Personal Social Behavior</li> </ul>	IMPORTANT
<b>Accepting Feedback</b>	<b>4.4.2.A:</b> Listens respectfully to corrective feedback from others (such as peers, adults).	<ul style="list-style-type: none"> <li>Respectfully listens to corrective feedback from adults.</li> <li>Respectfully listens to corrective feedback from peers.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Feedback</li> <li>Accept</li> <li>Respect</li> <li>Corrective</li> <li>Peers</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Working with Others</b> <ul style="list-style-type: none"> <li>Praise Efforts</li> </ul>	<b>4.4.3.A:</b> Praises the movement effort of others both more and less skilled.	<ul style="list-style-type: none"> <li>Demonstrates praise of the movement effort of others with more skill.</li> <li>Demonstrates praise of the movement efforts of others with less skill.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Praise</li> <li>Skill Abilities</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	<b>4.4.3.B:</b> Accepts players of all skill levels into the physical activity.	<ul style="list-style-type: none"> <li>Demonstrates acceptance of players of all skill levels into the physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Acceptance</li> </ul>	IMPORTANT
<b>Rules &amp; Etiquette</b>	<b>4.4.4.A:</b> Exhibits etiquette and adherence to rules in a variety of physical activities.	<ul style="list-style-type: none"> <li>Exhibits etiquette in a variety of physical activities.</li> <li>Exhibits adherence to rules in a variety of physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Small Group Discussion</li> <li>Group Discussion</li> <li>Written Tests</li> </ul>	<ul style="list-style-type: none"> <li>Exhibits</li> <li>Adherence</li> <li>Etiquette</li> <li>Rules</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Safety</b>	<b>4.4.5.A:</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with equipment when physically active.</li> <li>• Works safely with peers without equipment when physically active.</li> <li>• Works safely independently with equipment when physically active.</li> <li>• Works safely independently without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>4.5.1.A:</b> Examines the health benefits of participating in physical activity.	<ul style="list-style-type: none"> <li>• Examines the health benefits of participating in physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Small Group Project</li> <li>• Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Health Benefits</li> <li>• Examines</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Challenge</b>	<b>4.5.2.A:</b> Rates the enjoyment of participating in challenging and mastered physical activities.	<ul style="list-style-type: none"> <li>• Rates the enjoyment of participating in challenging activities.</li> <li>• Rates the enjoyment of participating in mastered physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Rubric</li> <li>• Small Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Challenge</li> </ul>	IMPORTANT
<b>Self-Expression and Enjoyment</b>	<b>4.5.3.A:</b> Ranks the enjoyment of participating in different physical activities.	<ul style="list-style-type: none"> <li>• Ranks the enjoyment of participating in different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Discussion</li> <li>• Rubric</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Rank</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>4.5.4.A:</b> Describes and compares the positive social interactions when engaged in partner, small-group and large-group physical activities.	<ul style="list-style-type: none"> <li>• Describes the positive social interactions when engaged in physical activities.</li> <li>• Compares the positive social interactions when engaged in physical activities. <ul style="list-style-type: none"> <li>– Partner Activities</li> <li>– Small Groups</li> <li>– Large Groups</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Social Interaction</li> </ul>	IMPORTANT



GRADE LEVEL: FOURTH

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

MONTH/GRADING PERIOD: QUARTER 4

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Locomotor Skills</b> <ul style="list-style-type: none"> <li>• Hopping</li> <li>• Galloping</li> <li>• Running</li> <li>• Sliding</li> <li>• Skipping</li> <li>• Leaping</li> <li>• Walking</li> <li>• Running</li> </ul>	<b>4.1.1.A:</b> Applies mature patterns in locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>• Applies mature patterns in locomotor skills in a variety of lead-up activities.</li> <li>• Applies mature patterns in locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Self-Assessment</li> <li>• Rubric</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Locomotor</li> <li>• Non-Locomotor</li> <li>• Gallop</li> <li>• Slide</li> <li>• Skip</li> <li>• Leap</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Pacing</li> </ul>	<b>4.1.1.B:</b> Performs appropriate pacing in a variety of running distances.	<ul style="list-style-type: none"> <li>• Demonstrates appropriate pacing in a variety of running distances.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Peer Assessment</li> <li>• Group Discussion</li> <li>• Self-Assessment</li> <li>• Journal</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing</li> <li>• Heart Rate</li> <li>• Target Goals</li> <li>• Stride</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Jumping and Landing Patterns</li> </ul>	<b>4.1.2.A:</b> Jumps and lands in the horizontal and vertical planes using a mature pattern within activities (such as in dance, educational gymnastics and small-sided practice tasks and game environments).	<ul style="list-style-type: none"> <li>Performs jumps in the horizontal and vertical planes using a mature pattern within activities.</li> <li>Performs landing in the horizontal and vertical planes using a mature pattern within a variety of activities.             <ul style="list-style-type: none"> <li>Dance</li> <li>Educational Gymnastics</li> <li>Small-Sided Practice Tasks</li> <li>Game Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Group Discussion</li> <li>Self-Assessment Form</li> </ul>	<ul style="list-style-type: none"> <li>Jump</li> <li>Horizontal Plane</li> <li>Vertical Plane</li> <li>Landing Patterns</li> </ul>	CRITICAL
<b>Non-Locomotor</b>	<b>4.1.4.A:</b> Applies mature pattern in non-locomotor skills in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Applies mature pattern in non-locomotor skills in a variety of lead-up activities.</li> <li>Applies mature pattern in non-locomotor skills in a variety of small-sided game play.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Balance</li> </ul>	<b>4.1.5.A:</b> Balances on different bases of support on apparatus, demonstrating levels and shapes.	<ul style="list-style-type: none"> <li>Performs balances on different bases of support on apparatus, demonstrating levels.</li> <li>Performs balances on different bases of support on apparatus, demonstrating shapes.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Yoga</li> <li>Dance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Balance</li> <li>Levels</li> <li>Shapes</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	<b>4.1.6.A:</b> Transfers weight from feet to hands, varying speed and using large extensions (such as kick, handstand, cartwheel).	<ul style="list-style-type: none"> <li>Demonstrates transfer of weight from feet to hands varying speed.</li> <li>Demonstrates transfer of weight from feet to hands using large extensions.               <ul style="list-style-type: none"> <li>Kick</li> <li>Tumbling Movements</li> <li>Cartwheel</li> <li>Throw</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Weight Transfer</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<b>Manipulative Skills</b> <ul style="list-style-type: none"> <li>Underhand Throw to Moving Partner</li> </ul>	<b>4.1.7.A:</b> Performs mature pattern in an underhand throw to a moving partner.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw to a moving partner.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>		IMPORTANT
<ul style="list-style-type: none"> <li>Underhand Throw Accuracy</li> </ul>	<b>4.1.7.B:</b> Demonstrates mature pattern in an underhand throw with accuracy.	<ul style="list-style-type: none"> <li>Performs mature pattern in an underhand throw with accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Rubric</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Underhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand Throw</li> </ul>	<b>4.1.7.C:</b> Throws overhand using a mature pattern in non-dynamic environments.	<ul style="list-style-type: none"> <li>Performs mature pattern in an overhand throw in non-dynamic environments.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Overhand</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Overhand Throw Accuracy</li> </ul>	<b>4.1.7.D:</b> Throws overhand to a partner or at a target with accuracy at a reasonable distance.	<ul style="list-style-type: none"> <li>Performs overhand throw to a partner with accuracy at a reasonable distance.</li> <li>Performs overhand throw at a target with accuracy at a reasonable distance.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> </ul>		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Hand Pass to Moving Partner</li> </ul>	<b>4.1.8.A:</b> Passes to a moving partner with reasonable accuracy in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Performs pass with reasonable accuracy to moving partner in a non-dynamic environment.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Self-Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pass</li> <li>Accuracy</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Catch</li> </ul>	<b>4.1.9.A:</b> Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment.	<ul style="list-style-type: none"> <li>Catches the ball at multiple levels using a mature pattern in a non-dynamic environment.               <ul style="list-style-type: none"> <li>Above the Head</li> <li>Chest Level</li> <li>Waist Level</li> <li>Below the Waist</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Rubric</li> <li>Journal Assessment</li> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Non-Dynamic</li> <li>Catch</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Underhand Strike</li> </ul>	<b>4.1.14.A:</b> Demonstrates mature pattern while striking an object underhand in a variety of lead-up activities and small-sided game play.	<ul style="list-style-type: none"> <li>Performs effective underhand strike on an object while in a variety of activities.               <ul style="list-style-type: none"> <li>Lead-Up Activities</li> <li>Small-Sided Game Play</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Underhand Strike</li> <li>Volley</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b>					
<ul style="list-style-type: none"> <li>Short-handled implement</li> </ul>	<b>4.1.15.A:</b> Strikes an object with a short-handled implement while demonstrating a mature pattern.	<ul style="list-style-type: none"> <li>Performs striking an object with a short-handled implement while demonstrating a mature pattern.</li> </ul>	<ul style="list-style-type: none"> <li>Peer Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Short-handled Implement</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>Long-handled implement</li> </ul>	<b>4.1.15.B:</b> Strikes an object with a long-handled implement (such as a hockey stick, golf club, bat, tennis racket, badminton racket), while demonstrating three of the five critical elements of a mature pattern for the implement.	<ul style="list-style-type: none"> <li>Performs striking an object with a long-handled implement while demonstrating three of the five critical elements of a mature pattern for the implement.               <ul style="list-style-type: none"> <li>Hockey Stick</li> <li>Golf Club</li> <li>Bat</li> <li>Tennis Racket</li> <li>Badminton Racket</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Long-handled Implement</li> <li>Critical elements</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Jump Rope</li> </ul>	<b>4.1.16.A:</b> Creates a jump-rope routine (such as jumping in a figure 8, front to back, etc., and with short rope, long rope, double dutch, Jump Bands).	<ul style="list-style-type: none"> <li>Creates a jump-rope routine demonstrating jumping skills.               <ul style="list-style-type: none"> <li>Jumping in a Figure 8</li> <li>Front to Back</li> <li>Short and Long Rope</li> <li>Double Dutch</li> <li>Jump Bands</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Routine</li> <li>Double Dutch</li> <li>Jump Bands</li> <li>Long Ropes</li> <li>Short Ropes</li> <li>Figure 8</li> </ul>	ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Space</b> <ul style="list-style-type: none"> <li>• Open Space</li> </ul>	<b>4.2.1.A:</b> Applies the concept of open spaces to combination skills involving traveling (such as dribbling and traveling).	<ul style="list-style-type: none"> <li>• Applies the concept of open spaces to combination skills involving traveling             <ul style="list-style-type: none"> <li>– Dribbling</li> <li>– Traveling</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Open Space</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Closing Space</li> </ul>	<b>4.2.1.B:</b> Applies the concept of closing spaces in small-sided practice tasks.	<ul style="list-style-type: none"> <li>• Demonstrates the concept of closing spaces in small-sided practice tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Closing Space</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Pathways, Shapes, Levels</b>	<b>4.2.2.A:</b> Combines movement concepts with skills in small-sided practice tasks (such as gymnastics and dance environments).	<ul style="list-style-type: none"> <li>Combines movement concepts with skills in small-sided practice tasks.               <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Dance Environments</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Peer Assessment</li> <li>Journal Assessment</li> <li>Teacher Observation</li> </ul>	<ul style="list-style-type: none"> <li>Pathways</li> </ul>	IMPORTANT
<b>Speed, Direction, Force</b> <ul style="list-style-type: none"> <li>Running</li> </ul>	<b>4.2.3.A:</b> Applies the movement concepts of speed, endurance and pacing for running.	<ul style="list-style-type: none"> <li>Demonstrates movement concepts for running.               <ul style="list-style-type: none"> <li>Speed</li> <li>Endurance</li> <li>Pacing</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Journal Assessment</li> <li>Self-Assessment</li> <li>Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Endurance</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Striking</li> </ul>	<b>4.2.3.B:</b> Applies the concepts of direction and force when striking an object sending it toward a designated target.	<ul style="list-style-type: none"> <li>Demonstrates the concept of direction when striking an object sending it toward a designated target.</li> <li>Demonstrate the concept of force when striking an object sending it toward a designated target.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Force</li> <li>Direction</li> <li>Strike</li> </ul>	CRITICAL



CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>MOVEMENT CONCEPTS AND STRATEGIES</b>					
<b>Strategies and Tactics</b> <ul style="list-style-type: none"> <li>• Offense</li> </ul>	<b>4.2.4.A:</b> Applies simple offensive strategies and tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple offensive strategies in chasing activities.</li> <li>• Performs simple offensive strategies in fleeing activities.</li> <li>• Performs simple offensive tactics in chasing activities.</li> <li>• Performs simple offensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Offense</li> <li>• Tactics</li> <li>• Strategies</li> <li>• Chasing</li> </ul>	IMPORTANT
<ul style="list-style-type: none"> <li>• Defense</li> </ul>	<b>4.2.4.B:</b> Applies simple defensive strategies/ tactics in chasing and fleeing activities.	<ul style="list-style-type: none"> <li>• Performs simple defensive strategies in chasing activities.</li> <li>• Performs simple defensive strategies in fleeing activities.</li> <li>• Performs simple defensive tactics in chasing activities.</li> <li>• Performs simple defensive tactics in fleeing activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Journal Assessment</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Defense</li> <li>• Fleeing</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Physical Activity Knowledge</b>	<b>4.3.1.A:</b> Analyzes opportunities for participating in physical activity outside physical education class.	<ul style="list-style-type: none"> <li>Analyze opportunities for participating in physical activity outside physical education class.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Test</li> <li>Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Analyze</li> </ul>	IMPORTANT
<b>Engages in Physical Activity</b>	<b>4.3.2.A:</b> Actively engages in the activities of physical education class, both teacher-directed and independent.	<ul style="list-style-type: none"> <li>Participates in the activities of teacher-directed physical education class.</li> <li>Independently participates in the activities of physical education.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Actively Participates</li> <li>Independent</li> <li>Engages</li> </ul>	CRITICAL
<b>Fitness Knowledge</b> <ul style="list-style-type: none"> <li>Fitness Components</li> </ul>	<b>4.3.3.A:</b> Identifies the five components of health-related fitness.	<ul style="list-style-type: none"> <li>Identifies the five components of health-related fitness.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> <li>Small Group Project</li> </ul>	<ul style="list-style-type: none"> <li>Identify</li> <li>Fitness Components</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	<b>4.3.3.B:</b> Demonstrates warm-up and cool-down relative to the cardiorespiratory fitness assessment.	<ul style="list-style-type: none"> <li>Demonstrates warm-up relative to the cardiorespiratory fitness assessment.</li> <li>Demonstrates cool-down relative to the cardiorespiratory fitness assessment.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Peer Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Warm-Up</li> <li>Cool-Down</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>PHYSICAL ACTIVITY AND FITNESS</b>					
<b>Fitness Assessment &amp; Wellness Planning</b> <ul style="list-style-type: none"> <li>• Fitness Assessment</li> </ul>	<b>4.3.4.A:</b> Completes fitness assessments (pre and post).	<ul style="list-style-type: none"> <li>• Perform pre fitness assessments.</li> <li>• Perform post fitness assessments.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Pretest Results</li> <li>• Post-Test Results</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>• Wellness Planning</li> </ul>	<b>4.3.4.B:</b> Identifies areas of needed remediation from personal test and, with teacher assistance, identifies strategies for progress in those areas.	<ul style="list-style-type: none"> <li>• Identifies areas of needed remediation from personal test.</li> <li>• Identifies strategies for progress, in the areas identified in need of remediation, with teacher assistance.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Teacher Observation</li> <li>• Self-Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Identify</li> <li>• Remediation</li> <li>• Goals</li> <li>• Wellness Planning</li> </ul>	CRITICAL
<b>Nutrition</b>	<b>4.3.6.A:</b> Discusses the importance of hydration and hydration choices relative to physical activities.	<ul style="list-style-type: none"> <li>• Discusses the importance of hydration relative to physical activities.</li> <li>• Discusses the importance of hydration choices relative to physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Group discussion</li> <li>• Small group project</li> <li>• Journal assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Hydration</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Personal Responsibility</b> <ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	<b>4.4.1.A:</b> Exhibits responsible behavior in both independent and group situations.	<ul style="list-style-type: none"> <li>Engages in physical activity with responsible behavior.               <ul style="list-style-type: none"> <li>Independent</li> <li>Group Situations</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Responsible Behavior</li> </ul>	CRITICAL
<ul style="list-style-type: none"> <li>Personal Social Behavior</li> </ul>	<b>4.4.1.B:</b> Reflects on personal social behavior in physical activity.	<ul style="list-style-type: none"> <li>Reflects on personal social behavior in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Self-Assessment</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Reflect</li> <li>Personal Social Behavior</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Accepting Feedback</b>	<b>4.4.2.A:</b> Listens respectfully to corrective feedback from others (such as peers, adults).	<ul style="list-style-type: none"> <li>• Respectfully listens to corrective feedback from adults.</li> <li>• Respectfully listens to corrective feedback from peers.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Feedback</li> <li>• Accept</li> <li>• Respect</li> <li>• Corrective</li> <li>• Peers</li> </ul>	IMPORTANT
<b>Working with Others</b> <ul style="list-style-type: none"> <li>• Praise Efforts</li> </ul>	<b>4.4.3.A:</b> Praises the movement effort of others both more and less skilled.	<ul style="list-style-type: none"> <li>• Demonstrates praise of the movement effort of others with more skill.</li> <li>• Demonstrates praise of the movement efforts of others with less skill.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Praise</li> <li>• Skill Abilities</li> </ul>	ADDITIONAL
<ul style="list-style-type: none"> <li>• Acceptance</li> </ul>	<b>4.4.3.B:</b> Accepts players of all skill levels into the physical activity.	<ul style="list-style-type: none"> <li>• Demonstrates acceptance of players of all skill levels into the physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Acceptance</li> </ul>	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>RESPONSIBLE PERSONAL AND SOCIAL BEHAVIOR</b>					
<b>Rules &amp; Etiquette</b>	<b>4.4.4.A:</b> Exhibits etiquette and adherence to rules in a variety of physical activities.	<ul style="list-style-type: none"> <li>• Exhibits etiquette in a variety of physical activities.</li> <li>• Exhibits adherence to rules in a variety of physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Journal Assessment</li> <li>• Small Group Discussion</li> <li>• Group Discussion</li> <li>• Test</li> </ul>	<ul style="list-style-type: none"> <li>• Exhibits</li> <li>• Adherence</li> <li>• Etiquette</li> <li>• Rules</li> </ul>	CRITICAL
<b>Safety</b>	<b>4.4.5.A:</b> Works safely with peers, independently, and with/without equipment in physical activity settings.	<ul style="list-style-type: none"> <li>• Works safely with peers with equipment when physically active.</li> <li>• Works safely with peers without equipment when physically active.</li> <li>• Works safely independently with equipment when physically active.</li> <li>• Works safely independently without equipment when physically active.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Self-Assessment</li> <li>• Peer Assessment</li> <li>• Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Equipment</li> </ul>	CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<b>VALUE OF PHYSICAL ACTIVITY</b>					
<b>Health</b>	<b>4.5.1.A:</b> Examines the health benefits of participating in physical activity.	<ul style="list-style-type: none"> <li>Examines the health benefits of participating in physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Small Group Project</li> <li>Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Health Benefits</li> <li>Examines</li> </ul>	IMPORTANT
<b>Challenge</b>	<b>4.5.2.A:</b> Rates the enjoyment of participating in challenging and mastered physical activities.	<ul style="list-style-type: none"> <li>Rates the enjoyment of participating in challenging activities.</li> <li>Rates the enjoyment of participating in mastered physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Journal Assessment</li> <li>Rubric</li> <li>Small Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>Challenge</li> </ul>	IMPORTANT
<b>Self-Expression and Enjoyment</b>	<b>4.5.3.A:</b> Ranks the enjoyment of participating in different physical activities.	<ul style="list-style-type: none"> <li>Ranks the enjoyment of participating in different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Small Group Discussion</li> <li>Rubric</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Rank</li> </ul>	ADDITIONAL
<b>Social Interaction</b>	<b>4.5.4.A:</b> Describes and compares the positive social interactions when engaged in partner, small-group and large-group physical activities.	<ul style="list-style-type: none"> <li>Describes the positive social interactions when engaged in physical activities.</li> <li>Compares the positive social interactions when engaged in physical activities. <ul style="list-style-type: none"> <li>Partner Activities</li> <li>Small Groups</li> <li>Large Groups</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion</li> <li>Journal Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Social Interaction</li> </ul>	ADDITIONAL