



# Intro to Adv LA 8

Which do you prefer?

A teal-colored cloud shape with a white outline, containing the text "Four Corners Activity".

**Four Corners  
Activity**

Which do you prefer?

A. Ice Cream

B. Cake

C. Pie

D. Fruit

E. Nothing Sweet

# Which do you prefer?

A. History

B. Language Arts

C. Math

D. Science

Which do you prefer?

- A. Pop/80s
- B. Hip Hop/Rap
- C. Country
- D. Rock/Heavy Metal
- E. Other

# Which do you prefer?

- A. Board Games/Cards
- B. Cooking
- C. Reading
- D. Sports
- E. TV/Movies/Computers

# Which do you prefer?

- A. Art
- B. Dance
- C. Drama
- D. Music
- E. Technology

# Which do you prefer?

- A. Beach
- B. Mountains
- C. Desert
- D. Snow
- E. Keep me indoors



# Name Cards

- First and Last name
- Period
- Note if you are: WEB, ASB, Trail Guide, Dance, Band, Choir, Yearbook, or Mac News

## Which is the lie?

I love to travel  
and had an  
amazing time  
once swimming  
with dolphins.

I have taught  
all grade levels  
over the past  
21 years, but  
this is my 7th  
year teaching  
this course.

I love the smell  
of coffee, but I  
do not like the  
way it tastes.

**Your turn!**  
**Create 3 statements: 2 truths  
and 1 lie. See if your group  
can guess the lie.**

**“mindset” (noun)**

*a set of beliefs or a way of thinking that determines one's behaviour, outlook and mental attitude.*

# Mindset



KEEP YOUR THOUGHTS POSITIVE  
BECAUSE YOUR THOUGHTS BECOME  
**YOUR WORDS.**

KEEP YOUR WORDS POSITIVE  
BECAUSE YOUR WORDS BECOME  
**YOUR BEHAVIOR.**

KEEP YOUR BEHAVIOR POSITIVE  
BECAUSE YOUR BEHAVIOR BECOMES  
**YOUR HABITS.**

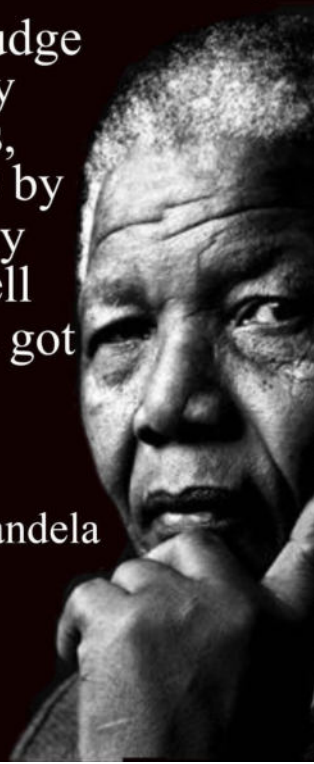
KEEP YOUR HABITS POSITIVE  
BECAUSE YOUR HABITS BECOME  
**YOUR VALUES.**

KEEP YOUR VALUES POSITIVE  
BECAUSE YOUR VALUES BECOME  
**YOUR DESTINY.**

— MAHATMA GANDHI

“Do not judge me by my successes, judge me by how many times I fell down and got back up Again.”

-Nelson Mandela



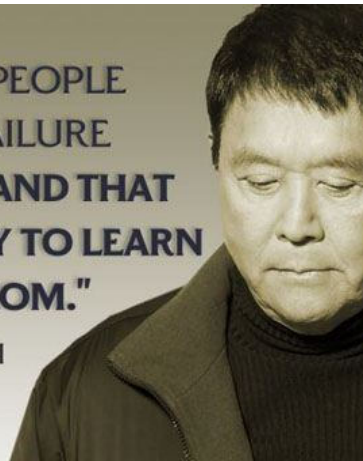
Don't let  
be an ending.  
Make it a  
beginning.

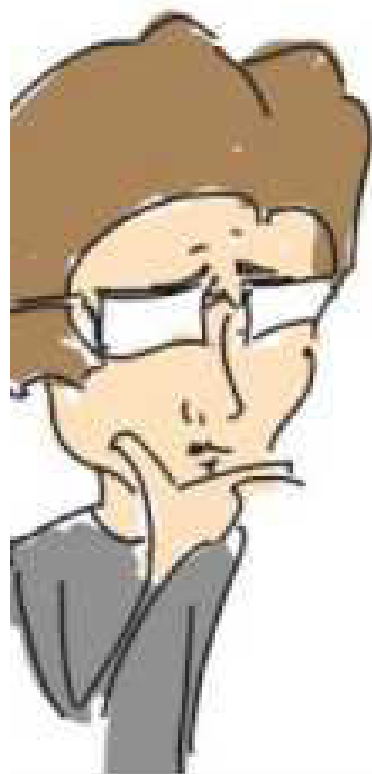


- **Beethoven's** teacher called him a hopeless composer.
- **Walt Disney** was told that he lacked creative imagination.
- **J.K. Rowling** had 12 publishers reject Harry Potter.
- **Michael Jordan's** coach said that he wasn't more talented than other people.

"SUCCESSFUL PEOPLE  
DON'T FEAR FAILURE  
BUT UNDERSTAND THAT  
IT'S NECESSARY TO LEARN  
AND GROW FROM."

- ROBERT KIYOSAKI





**THIS SOUNDS USEFUL**

**HOW DO I TRAIN**

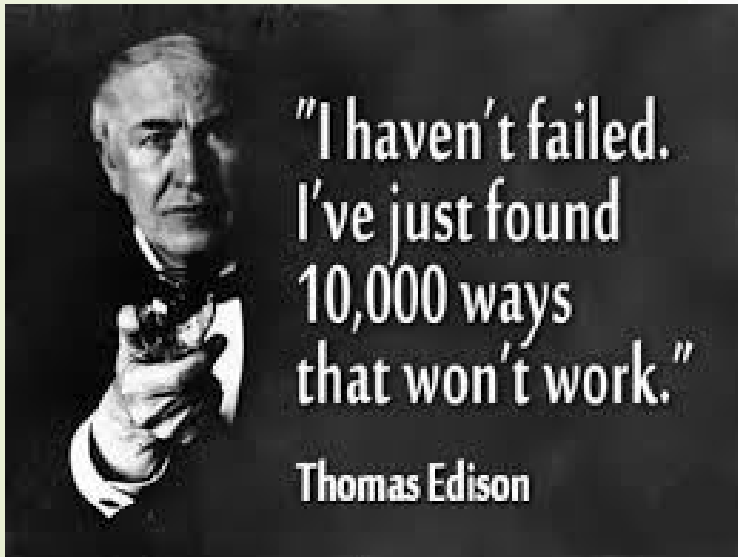


# Respond to Challenges with a Growth Mindset

- ➡ **EFFORT** is needed for success.
- ➡ Be **SELF-MOTIVATING** and think “The harder it gets the harder I will try.”
- ➡ Create learning goals & focus on **IMPROVEMENT**.
- ➡ Realize grades reflect how you are doing at that time and do not measure your potential.
- ➡ Try new ways of doing things.



Reword  
negative  
thoughts!



# MINDSET MATTERS

Change your words to  
change your mind.

I made a  
mistake.

Mistakes help  
me learn.

I can't  
do it.

I'm on  
the right  
track.

It's good  
enough.

Is this my  
best work?

I give up.

Let me  
try  
another  
way.

I'm not good  
at this.

I'm just  
getting  
started.

I'm a natural.

I improve  
with practice.

This is too  
hard.

This may take  
some effort.



- Create a motivational poster that demonstrates a positive mindset.
- OPTIONS
  - Do it on paper and upload a picture of it.
  - You may do it digitally
    - Save the file and upload it -OR- take a screenshot and upload the picture.
    - PowerPoint slide
    - Use a site like Adobe Spark. (you have access with school email)

