Virtual PE Week 3: A

With Mr. Adrian tanner_adrian@ddsd40.org

Schedule:

- 1. Character Trait of the Week
- 2. Jedi Warm Up
- 3. Ninja Run
- 4. Would You Rather
- 5. Healthy living Tip



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Click "Present"













Would You Rather? ROBLOX OR Fun Fitness **All Exercises**



Healthy Living Tip:

HOW DOES SOAP WORK?

ur Hands

For Healthy HAB

STAY HEALTHY

Practice good hygicne b ceping yourself clean an germ free.

STAY ENERGIZED

groups: dairy, grains, protein. > vegetables, and fruits.

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• Wear proper gear

Obey safety rules.

wash

your

hands

STAYER

STAY

every day fo

a happy, healthy YOU!

peacock kids