



Welcome to
P.E.!!

With Ms. C!!!!





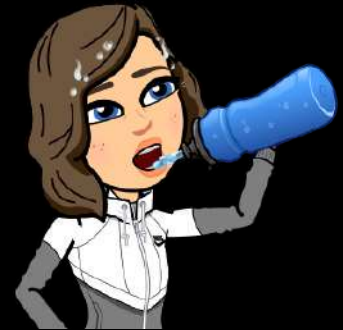
1. If the teacher's talking, you are listening.



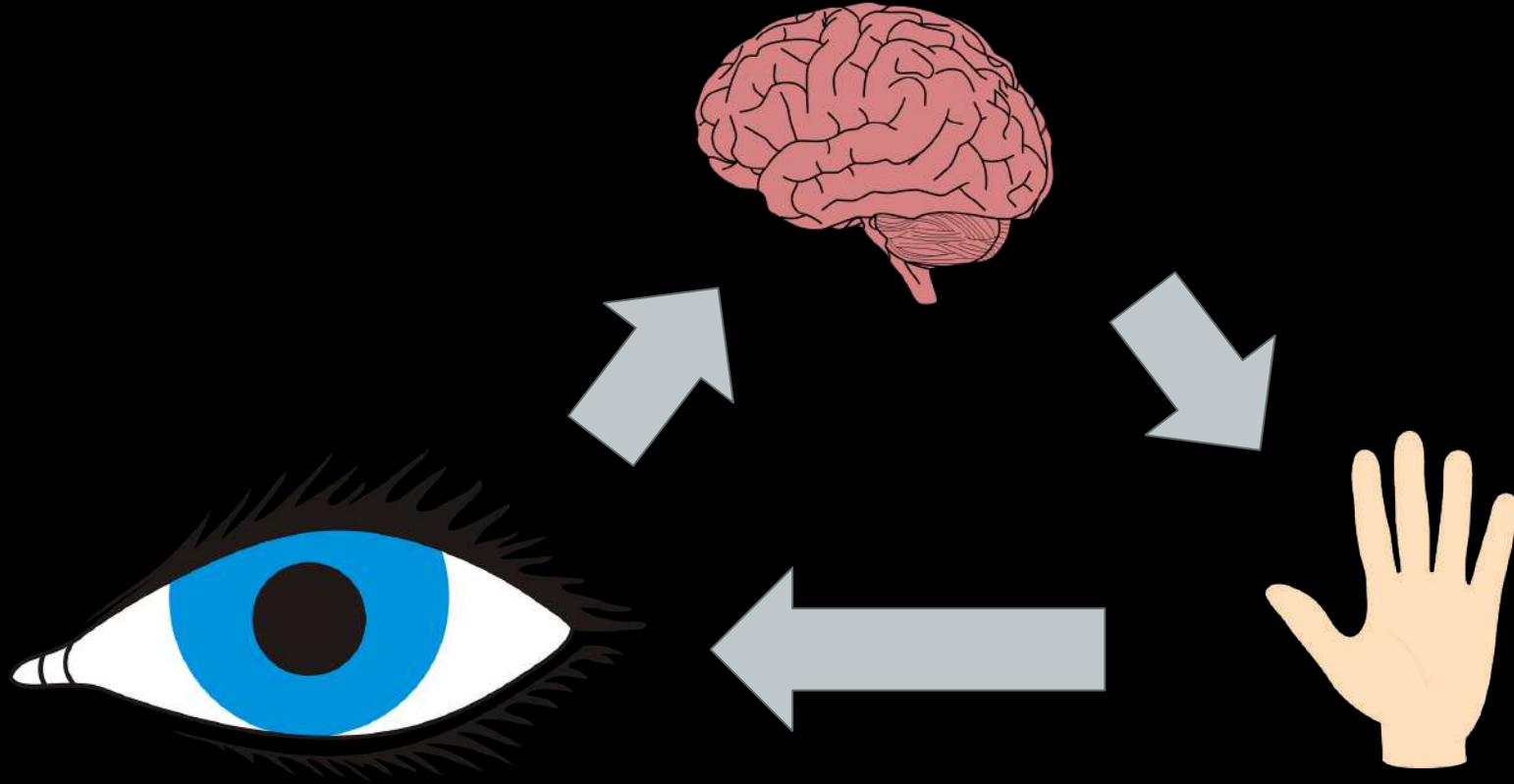
2. If you have a question, raise your hand.

3. Water at the end of class

4. Keep hands and feet to self

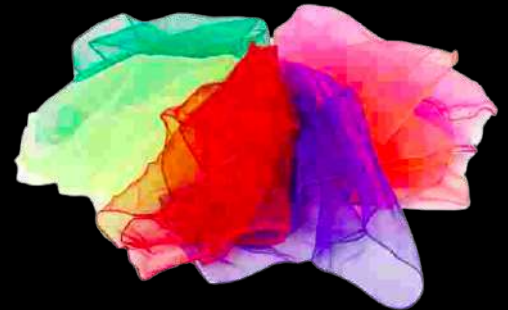


Hand - Eye Coordination



Scarf Ground Rules:

1. If the teacher's talking, scarf down (not in hands).
2. Keep track of your scarf.
3. Keep the scarf in your own space/under control (not too high).
4. You get what you get and don't pitch a fit.



Warm up





SCARF CHALLENGES WITH COACH SMITH



Scarf Trick Show and Tell:

Practice a FAVORITE trick

-OR-

Make up a NEW one!



Cool Down: Rainbow Breathing

