



24/25 GMS WEEKLY NEWSLETTER #23

Feb. 24, 2025

MESSAGE FROM MRS. JOHNSON -

It's College and Career Week! This week during lunch students will have a chance to win prizes for answering trivia type questions. On Wednesday, the morning will be spent with students going to 5 sessions to learn about different careers. Some examples are: Pastry Chef, Electrician, Nurse, and Military. We also have 8 different colleges or training programs here. This is always such a fun day.

Please feel free to contact me at any time if you have a question or concern. Here is my email address: toni_johnson@gervais.k12.or.us or phone number at GMS 503-792-3803 ext. 2020.

Mrs. Johnson

IMPORTANT UPCOMING DATES: Feb. 24 - Feb. 28

- **Monday, Feb. 24 - Regular Schedule**
 - Away basketball game at St. Paul. Game starts at 4:00
- **Tuesday, Feb. 25 - Regular Schedule**
 - Homework Help from 3:10-4:00. After school transportation NOW available.
 - Away Boys Basketball Game at Blanchet. Game starts at 3:30
- **Wednesday, Feb. 26 - Early Dismissal - School out at 1:00 today**
 - College and Career Day!
 - Away basketball game at Colton. Games start at 4:00
- **Thursday, Feb. 27 - Regular Schedule**
 - Homework Help from 3:10-4:00. After school transportation NOW available.
 - Home Basketball Game vs Mt. Angel. Game 1 starts at 3:30
- **Friday, Feb. 28 - Regular Schedule**

8th Grade After School Math:

Starting this week, Feb. 25th and 27th all 8th graders are encouraged to stay after school on Tuesday and Thursday until Math state testing, for some extra math instruction. Mrs. Warberg and myself (Mrs. Johnson) will be teaching Geometry. The class will be held in Mrs. Warberg's room from 3:10-4:15. There will be a bus available for transportation home.

8th Grade State Science Test:

Next week, March 4-6 all 8th grade students will be taking the Oregon State Science test. This will happen in their science class.

Upcoming Middle School Conferences:

Friday, March 14th the middle school will be having conferences from noon until 8:00pm. In a couple weeks you will be receiving a letter with an hour block set aside for you to come in to speak with the teachers. All students will be given a set time to come in.

Spring Sports - Track and Field:

Middle School track and field practice will start Monday, March 17th. Mr. Zabala will have a meeting for interested 6-8 grade students the week of March 10th.

Ms. Aloha's Announcements:

In the years of counseling, one of the biggest challenges is building confidence in students. Here are 12 tips for raising confident kids:

1. Model confidence yourself
2. Don't get upset about mistakes
3. Encourage them to try new things
4. Allow kids to fail
5. Praise perseverance
6. Help kids find their passion
7. Set goals
8. Celebrate effort
9. Expect them to pitch in
10. Embrace imperfection
11. Set them up for success
12. Show your love

For more information, visit [Child Mind Institute](https://www.childmindinstitute.org/) or reach out to me at aloha_yoshinaga@gervais.k12.or.us, 503-792-3803 x2024.

Message from the Student Advocate and Behavioral Management Coordinator:

Hello Gervais MS families,
My name is Guadalupe Lopez, my role here at the Middle and High School is: Student Advocate and Behavior Management Coordinator. My focus will be working on creating a substance use prevention

program and finding all sorts of resources that can help you and your families successfully move forward. Throughout the next few months, I will be sending out emails with helpful information for parents that we hope can help guide you through conversations and learning about the consequences of substance use with your students.

To start, here is a website with a ton of helpful information on Fentanyl specifically related to the state of Oregon. This website includes facts, articles, and conversation guides about substance use.

Spanish Website: <https://www.lanuevadrugtalk.org/>

English Website: <https://www.thenewdrugtalk.org/oregon>