

NORTHWELL SCHOOL MENTAL HEALTH PARTNERSHIP

COMMUNITY EDUCATION SERIES 2024-2025



Topic: Raising Confident and Competent Kids:
Fostering Self-Esteem and Resilience

Presenter: Zoya Popivker, DO

Date: Thursday, September 19th, 2024

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Empowering Parents: Setting Limits
with Love and Consistency

Presenter: Scott Falkowitz, DO

Date: Thursday, October 24th, 2024

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Beyond the Prescription: A Parent's Guide
to Safe Medication Practices

Presenter: Kevin Qosja, MD/Scott Falkowitz, DO

Date: Thursday, November 21st, 2024

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: The Power of Belonging: Helping Kids
Thrive in Social Settings

Presenter: Anne Van der Veer

Date: Thursday, December 12th, 2024

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Striking a Balance: Healthy Screen
Habits in the Digital Age

Presenter: Vera Feuer, MD

Date: Thursday, January 9th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Supporting Your Child in Athletics

Presenter: Daniella Burns, LMHC

Date: Thursday, February 13th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Managing Academic Stress

Presenter: Vera Feuer, MD

Date: Thursday, March 13th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Sleep Well, Learn Well: Healthy Sleep Habits for
Children and Teens

Presenter: Pouria Farhoomandi, MD

Date: Thursday, April 10th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Parent Management Training

Presenter: Wendy Paisner, Psy.D

Date: Thursday, May 8th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Topic: Life After High School

OPWDD, OMH, PRE-ETS, ACCES

Presenter: Teri Hughes, LMHC

Date: Thursday, June 5th, 2025

Time: 12:00 PM – 1:00 PM

Registration: [Click here](#) or scan the QR Code



Frequently Asked Questions:

Is registration required for this program?

Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

When will I receive the webinar information for this program?

The webinar information will be sent to you after you register. Please do not share this information with others.

Will this session be recorded?

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel [here](#).

Questions? Please email: SchoolMentalHealth@northwell.edu