


**CORNWALL-LEBANON SCHOOL DISTRICT
RECOVERY MEALS
2024-2025**

ATHLETIC RECOVERY MEALS**			
<u>CHOICE OF 1* :</u> Turkey & Cheese Sub Ham & Cheese on a Pretzel Bun PB&J Uncrustable Chicken, Bacon, Ranch Wrap Italian and Cheese Sub Buffalo Chicken Wrap Chicken Caesar Wrap <small>*PB&J Uncrustable can be substituted for allergy or pork free diets</small> <small>*Gluten Free options are available</small>	<u>CHOICE OF 1* :</u> Chips Tiny Pretzels Granola Bar Graham Crackers <small>*Additional \$.75 for extra choice</small>	<u>CHOICE OF 1 :</u> Apple Slices Applesauce Peach Cup Carrot Sticks Paradise Punch (vegetable juice) Broccoli Fruit Slushie <small>*Additional \$.75 for extra choice</small>	<u>CHOICE OF 1 :</u> Capri Sun 8oz water  Gatorade G2 – Additional \$.80
<u>OPTIONAL DESSERT CHOICE FOR ADDITIONAL \$.50 CHARGE:</u> Fresh Baked Cookie			
<p>Individually bagged lunch with spork kit and condiments provided in cooler bags with ice packs. These bags are designed to keep food cold for 2 hours.</p> <p>Food should be consumed with a 4 hour window, can be consumed after 4 hours but must be discarded after 6 hours.</p> <p style="text-align: center;">Discard/Keep all food – Return Bags & Cooler to School</p>			
*PRICE: \$6.00 per Guest without dessert \$6.50 per Guest with dessert			

****Meals can be customized to fit within your budget, please contact Food Service at 717-389-1849 to discuss options.**