



Building a Community
for Life-Long Learning

Rockford Area Schools **COMMUNITY EDUCATION**

**Fall
2023**



www.rockford.k12.mn.us

> Fall



About Rockford Community Education

It is the mission of the Rockford Community Education Department to; Encourage parent and community involvement in public education, to promote activities that address community needs, to facilitate the use of district assets for the greater good of the community.

Community Ed Staff Directory

Community Education Director

Melissa Joseph
763-477-4563, josephm@rockford.k12.mn.us

Early Childhood Programs

Tiffany Reinhard
763-477-7500, reinhardt@rockford.k12.mn.us

Galaxy Kids Program

Cody Hallahan
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Rockford Community Education Advisory Council Members

Brittni Bronczyk
Marlis Doboszinski
Todd Faber
Stefanie Geisman

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Rockford Community Center Information

RCC Fall Hours

September 5 – December 31

Monday - Thursday	5 am – 9 pm
Friday	5 am – 8 pm
Saturday	8 am – 4 pm
Sunday	11 am – 9 pm

**Check website calendar for closed days or special hours.*

RCC CHANGE IN HOURS OR CLOSED

September 3-4	RCC CLOSED
November 23	RCC CLOSED
December 24-25	RCC CLOSED

Tennis/Pickleball Courts Hours

April/May – October 15*

Open 7 days a week, 7am – Dusk

* Inclement weather could cause closure of the tennis courts.

REGISTRATION/WAIVER REQUIRED annually to use the tennis courts. These forms are available at the RCC front desk.

Front Desk
763-477-5294

CE Office Hours: 8am - 4pm, M-F
Rockford Community Center
7600 County Road 50

Find us on social media!



Facebook
@ISD883



Instagram
@isd883



Twitter
@ISD883



YouTube
RAS-Rockford MN





Early Childhood Family Education

(ECFE) is a program for all Minnesota families with children between the ages of birth to kindergarten. The program is offered through Minnesota public school districts.

ECFE offers parents hands-on learning experiences that will nourish a lifetime of teachable moments.

All ECFE classes are taught by licensed teachers and parent educators to provide the quality education for which parents are looking.

Together, parents and children, newborn to kindergarten age, participate in activities and experiences that foster children's social, emotional, cognitive, physical, and language skills.

ECFE & Launching Pad Preschool Location

Rockford Elementary Arts Magnet School
7650 County Road 50
Rockford, MN 55373

More information

Tiffany Reinhard, Coordinator
763-477-7500



Resources

ECFE on Wheels

The program features visits to your daycare, or on-site at the ECFE center if you prefer. Visits offer a mini-ECFE class experience including creative, fun, and age-appropriate activities for your group. Call the ECFE office at 763-477-7500 to set-up a visit. There is no fee for visits.

Help Me Grow

Help Me Grow Minnesota provides resources for families to understand developmental milestones and learn if there are developmental concerns. This can help families who are seeking additional support, or who may be interested in a comprehensive, confidential screening or evaluation for their child at no cost. Visit www.helpmegrowmn.org for more information.

Wright County Family Planning Program

The Wright County Family Planning Program is designed to provide access to family planning services to people who are uninsured, underinsured or are unable to use private insurance. Call/text Wright County Health and Human Services at 763-335-0280.

Wellness on Wheels (WOW)

The WOW Program promotes healthy living for individuals and families by providing teaching, guidance, support, screenings, and immunizations. Appointments are preferred for immunizations and screenings. Services offered include: Child and adult immunizations; blood pressure, cholesterol, and hemoglobin AC screenings; radon testing kit, well testing kit; and community resources. Please call/text 763-335-0280 for questions or to make an appointment.

Have you recently moved or had a baby?

If you have recently had a new baby, or have moved to our school district and have children ages birth through five, it is important that they are included in the school census. This ensures that you receive notification about early childhood classes, early childhood screening, kindergarten round-up and other school-related information. If you are not sure whether your children are listed on the school census, please contact the Early Childhood Office at 763-477-7500, or fill out a census form located on our web site at www.rockford.k12.mn.us/community/early-childhood-programs.

Parent/Child Non-Separating Classes

Baby & Me Classes

Infants up to 16 months

In these classes, you'll spend time interacting with your baby and will meet other parents going through many of the same things as you. Informal parent/caregiver discussion will take place during the class time and is driven by needs and requests of attendees. Typical topics include: Activities to do with your infant, eating, sleeping, infant development, establishing routines, parent/child bonding, family life, self-care and other topics unique to you and your infant. You and your infant stay together for the entire class. Whether this is your first or your fifth, you'll find yourself amongst friends. (All of the dates listed may not coincide with your maternity/family leave. You are welcome to join this class as it works in your schedule – please call 763-477-7500, or email reinhardt@rockford.k12.mn.us to inquire.)

Wednesdays

FALL SESSION (11 classes)	No fee
Sept 27 – Dec 20 (No class Oct 18, Nov 22)	
11:00 AM - 12:00 PM	REAMS ECCE Rm 213

WINTER SESSION (6 classes)	No fee
Feb 7 – Mar 13	
11:00 AM - 12:00 PM	REAMS ECCE Rm 213

SPRING SESSION (6 classes)	No fee
Apr 10 – May 15	
11:00 AM - 12:00 PM	REAMS ECCE Rm 213

Parent Support Coach

Are you searching for resources or have questions about parenting? Are you needing support on your parenting journey, or guidance in developing parenting strategies? Our friendly, welcoming and knowledgeable licensed parent educator is available for in-person or virtual meetings. To request a meeting, please contact our early childhood programs at 763-477-7500 or reinhardt@rockford.k12.mn.us. You can also register in Eleyo at www.rockford.ce.eleyo.com

Play 'N Learn Together

Mixed ages Birth to 5 years

This mixed-age class is perfect for those looking for parent conversation and discussion in a relaxed and informal atmosphere while your child is playing, learning and hanging out with other kid-friends. This is a non-separating class where you'll spend the entire time in the early childhood classroom with your child and our early childhood teachers.

Tuesday Evenings

FALL SESSION (11 classes)	\$60/family
Sept 26 – Dec 19 (No class Oct 31, Nov 7)	
6:00 - 7:00 PM	REAMS ECCE Rm 213

WINTER SESSION (9 classes)	\$50/family
Jan 9 – Mar 12 (No class Feb 27)	
6:00 - 7:00 PM	REAMS ECCE Rm 213

SPRING SESSION (6 classes)	\$35/family
Apr 9 – May 14	
6:00 - 7:00 PM	REAMS ECCE Rm 213

Pop-In & Play

Mixed ages Birth to 5 years

Come and explore our early childhood classroom especially set-up for your little ones. This is all about play, play and more play! A change of scenery, something new, maybe something messy that you don't have to clean up. Activities will change each week and be fun and engaging for your child. Come and play once, or every time. Pre-registration is requested, but not required. Payment can be made on site.

Mondays

FALL SESSION (11 classes)	\$2/child/session
Sept 25 – Dec 18 (No class Nov 6)	
10:00 - 11:00 AM	REAMS ECCE Rm 213

WINTER SESSION (9 classes)	\$2/child/session
Jan 8 – Mar 11 (No class Jan 15, Feb 19)	
10:00 - 11:00 AM	REAMS ECCE Rm 213

SPRING SESSION (6 classes)	\$2/child/session
Apr 8 – May 13	
10:00 - 11:00 AM	REAMS ECCE Rm 213

Parent/Child Separating Classes

Play 'N Learn

Mixed ages Birth to 5 years

These mixed-ages classes are for everyone! During these classes, you'll spend time with your child in the early childhood classroom before separating for the parent/caregiver discussion. While you're gone, your child will enjoy playing and learning with an Early Childhood teacher and other kid-friends. This is a great opportunity for parents and caregivers to connect and support each other, and for children to learn and grow with other children apart from their adults.

Mondays

FALL SESSION	\$89/1 child \$102/2 children \$115/3 children
Sept 25 – Dec 18 (no class Nov 6)	
8:00 - 9:30 AM	
REAMS ECCE Room 213	12 classes

WINTER SESSION	\$68/1 child \$81/2 children \$94/3 children
Jan 8 – Mar 18 (no class Jan 15, Feb 19)	
8:00 - 9:30 AM	
REAMS ECCE Room 213	9 classes

SPRING SESSION	\$47/1 child \$60/2 children \$73/3 children
Apr 8 - May 13	
8:00 - 9:30 AM	
REAMS ECCE Room 213	6 classes

Tuesdays

FALL SESSION	\$89/1 child \$102/2 children \$115/3 children
Sept 26 - Dec 19 (no class Nov 7)	
9:00 - 10:30 AM	
REAMS ECCE Room 213	12 classes

WINTER SESSION	\$75/1 child \$88/2 children \$101/3 children
Jan 9 - Mar 12	
9:00 - 10:30 AM	
REAMS ECCE Room 213	10 classes

SPRING SESSION	\$47/1 child \$60/2 children \$73/3 children
Apr 9 - May 14	
9:00 - 10:30 AM	
REAMS ECCE Room 213	6 classes

Almost Ready for Preschool

Ages 2.5 to 4.5 years

This class is the perfect combination of ECCE and a practice preschool experience. One morning a week (Wednesdays) you'll spend time with your child in the early childhood classroom before parents/caregivers leave the classroom for discussion with the Parent Educator. During the parenting time you'll talk about school readiness, behavior, friends, discipline, child development and other topics chosen by you, as parents, while your child plays and learns in a classroom of peers led by an Early Childhood teacher. The second day of class (Fridays) is just for the kids! You'll drop your child off in the Early Childhood room and pick them up at 10:15 am for a brief together time and good-byes. What a great way to practice separating from adults and navigating a room full of new friends.

Wednesdays & Fridays

FALL SESSION	\$173/child
Sept 27 - Dec 20 No class Oct 18, 20, Nov 22, 24	
8:30 - 10:30 AM	
REAMS ECCE Room 213	21 classes

WINTER SESSION	\$165/child
Jan 10 - Mar 15	
8:30 - 10:30 AM	
REAMS ECCE Room 213	20 classes

SPRING SESSION	\$101/child
Apr 10 - May 17	
8:30 - 10:30 AM	
REAMS ECCE Room 213	12 classes





The Launching Pad Preschool

Ages 3 to 5 years

The Launching Pad Preschool provides an outstanding and unique public preschool experience for your child. We embrace a Reggio Emilia-inspired philosophy and Creative Curriculum. The Reggio-inspired approach encourages exploration, discovery and critical thinking. Our Creative Curriculum is research based, and aligned with the Minnesota Early Childhood Indicators of Progress (ECIPs).

Our program is founded on the belief that all children have great potential, are curious, and are interested in constructing their learning. Learning activities are exciting, creative, and developmentally appropriate. We focus on some of these key elements that encourage children's growth and learning:

Project-based learning:

Stresses individual and small group investigation of topics that are of interest to the children. Teachers integrate skills acquisition within the project work.

Inquiry-based learning:

Emphasizes thinking and problem solving, and is a natural progression for students as they move into kindergarten and the primary grades.

Authentic Art:

Helps children find expression through authentic art experiences and have the opportunity to explore materials and processes.

Launching Pad Preschool offers:

Full Day Programs: 2, 3 or 5 days per week

Half Day Programs: 2, 3 or 5 days per week

Please call us at 763-477-7500, or visit us at www.rockford.k12.mn.us. Scroll over Community and select Early Childhood Programs for more information, including busing and tuition schedules.

Galaxy Kids Extended Preschool Care

Galaxy Kids offers a care program for all preschool age children who are enrolled in Launching Pad Preschool or Preschool programs within the Rockford Area School District.

The program is designed to both enhance and reinforce your child's education and social experiences to help prepare them for kindergarten. Preschool Extended Care has a 1 to 10 adult to student ratio.

To register: Please call us at 763-477-7500, or visit us at www.rockford.k12.mn.us. Scroll over Community and select Galaxy Kids - School Age Care

Consistent Schedule Rates:	
Preschool Half-Day Care AM 8:05 am - 12:15 pm	\$15.50/day
Preschool Half-Day Care PM 10:45 am - 3:00 pm	\$15.50/day
Preschool School Day Care 8:05 am - 3:00 pm	\$25.75/day
For additional care options , including flexible schedule and drop-in rates, call 763-477-7555.	

Screening Appointments

State law requires all children to participate in **Early Childhood Health & Development Screening** before they may enter public kindergarten. Identifying possible concerns early is the best way to prevent serious problems later. The ideal time to screen children is at age 3 to 4. Early Childhood Screening provides an opportunity for parents to discuss and find out about resources in the school and community.

The Screening Process

Screening includes a health history, immunization assessment, height and weight assessment, interview with parents and screening in the following areas:

- Hearing & vision
- Speech & development
- Fine & gross motor skills
- Social-emotional

Make your appointment by calling

763-477-7500

Appointments are needed and letters are sent to families with age-eligible children. If you have a child in this age group and do not receive a letter, please call the Early Childhood Programs office, 763-477-7500.

ECFE Class & Event Registration

Procedures

Children are our future. We value humanity, the strength of families and celebrate differences and we are committed to promoting the value of families in our society. To accomplish our goals in the fairest way possible, we must adhere to the following procedures:

Missed Classes

Call the ECFE office at 763-477-7500 when you are unable to attend class.

Behavior

Staff will immediately respond to children engaged in unsafe play whether or not a parent is present. Staff will assist parents with appropriate guidance when necessary.

Health Procedures

We have a designated area to put all toys that come into contact with a child's mouth; these are sterilized daily. A child who has a fever of 100 degrees or more, or has vomited within the past 24 hours should not attend classes. Children should be kept home if they exhibit a sore throat, diarrhea, thick mucous from the nose, undiagnosed rash, inflamed or mattery eyes, infected sores, or persistent itching of body or scalp. If a child comes to school with these conditions, we will request the parent and child to leave and return when symptoms have disappeared.

Weather Related School Closings

When school is canceled due to weather or other emergencies, ECFE classes and trips are also canceled. When school has a late start, morning ECFE classes will be canceled. Please listen to WCCO 830 or KRWC 1360 radio, KARE 11 or WCCO 4 TV, or check the Rockford Area Schools website for late start or closing information.

Our classes are affordable to all

Class fees are based on a sliding fee schedule according to income and family size. No family who meets scholarship requirements will be turned away for inability to pay, dependent on availability of class enrollment openings. Family fee applies to members of immediate family only.

Sliding Fee Scale	Annual income equal to or less than:	Annual income between	Annual income between	Annual income between	Annual income equal to or greater than
Family Size					
1	\$ 18,954.00	\$18,955-21,870	\$21,871-25,515	\$25,516-29,160	\$ 29,161.00
2	\$ 25,636.00	\$25,637-29,580	\$29,581-34,510	\$34,511-39,440	\$ 39,441.00
3	\$ 32,318.00	\$32,319-37,290	\$37,291-43,505	\$43,506-49,720	\$ 49,721.00
4	\$ 39,000.00	\$39,001-45,000	\$45,001-52,500	\$52,501-60,000	\$ 60,001.00
5	\$ 45,682.00	\$45,683-52,710	\$52,711-61,495	\$61,496-70,280	\$ 70,281.00
6	\$ 52,364.00	\$52,365-60,420	\$60,421-70,490	\$70,491-80,560	\$ 80,561.00
7	\$ 59,046.00	\$59,047-68,130	\$68,131-79,485	\$79,486-90,840	\$ 90,841.00
8	\$ 65,728.00	\$65,729-75,840	\$75,841-88,480	\$88,481-101,120	\$ 101,121.00
9	\$ 72,410.00	\$72,411-83,550	\$83,551-97,475	\$97,476-111,400	\$ 111,401.00
PAYMENT DUE	No Fee	1/4 Class Fee	1/2 Class Fee	3/4 Class Fee	Full Class Fee
Each additional member, add: \$5140.00					

SLIDING FEE APPLICATION REQUIRED.

Application can be found at www.rockford.k12.mn.us/community/early-childhood-programs; click ECFE icon. Download and return completed form with your registration or call 763-477-7500.

Ways to Register

Submit your registration form and payment:

ONLINE www.rockford.ce.eleyo.com

A current immunization form is required to complete registration.

MAIL Submit your completed registration form, immunization form and payment (make checks payable to ECFE):

ECFE
7650 County Road 50
Rockford, MN 55373

PHONE 763-477-7500, Fax 763-477-5025

Cancellations and Refunds

If you need to cancel your registration and it is five or more days prior to the beginning of class, you will be refunded the fee minus a \$5 processing fee.

You will be notified ONLY if a class has been canceled.

Immunization Records

As required by state law, updated immunization records MUST be provided for all children. You must submit an updated immunization form when registering for ECFE classes. This form will be kept on file for the school year. Please bring in or have your child's clinic fax immunization records to 763-477-5025 (Attn: ECFE).

Age Designation Some classes are designated for a specific age group. Parents may not bring younger or older children to these classes unless they have made arrangements with us for sibling care. Infants (6 months and younger) are the exception; they can attend if they remain with the parent during parent discussion time, excluding gym class.

Nondiscrimination

Federal and state laws prohibit discrimination in education based on sex/gender, sexual orientation, race, color, creed, national origin, religion, disability, receipt of public assistance, marital status and age.

ECFE Registration

ADULT CONTACT INFORMATION

Name _____

Address _____

City _____ Zip _____

Home Phone _____

Cell Phone _____

Email _____

PARTICIPATION INFORMATION

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

PAYMENT INFORMATION

TOTAL	\$
Check #	

Mail to:

ECFE, 7650 County Road 50, Rockford, MN 55373

AGREEMENT

I have read and agree to all ECFE policies.

Parent/Guardian Signature



Kidcreate Studio

Specializing in children's art classes, camps and art themed birthday parties, Kidcreate Studio is an art studio just for kids. At Kidcreate, your child will create fridge-worthy masterpieces, learn art concepts, and experiment with many different art materials.

KidzArt

KidzArt is a drawing based program providing a fun, unique, and confidence-building creative art experience. KidzArt provides students with a non competitive environment with creative activities that promote problem solving. We offer art classes, camps, workshops, birthday parties and more!

Art

STEAM-sational

5-12 Years

Calling all smarty-pants! Get ready to explore S.T.E.A.M concepts in totally rad and creative ways that will result in cool creations you'll be proud to brag about - from your very own pinball machine, a creative Venus flytrap, a colorful kaleidoscope and magic ink that will light up a cityscape, plus loads of experiential learning and messy fun along the way! Let's get our science on like never before with this one-of a kind S(mart) T(alented) E(xperimental) A(Awesome!) M(Magnificent) camp experience. Please pack a nut free snack and drink for your child. By Kidcreate Studio.

2 Classes, Wed/Thur (MEA)	\$89
October 18 & 19	
1:00 - 4:00 PM	RCC Room 806

STEM

RC Race Cars

Grades 2-8

Sign up early for this fun night of RC racing cars that features awesome Remote Control cars and course! Interested in RC Cars? Want to try racing them on a track? Then come join us for some fun as we explore what makes them work and then get to try them out. Participants will leave with a better understanding of the hobby, and get some time testing out their driving skills on different types of RC Cars and Trucks.

Session 1	\$29
Thursday	
November 30	
6:00 - 7:10 PM	RCC

Session 2	\$29
Thursday	
November 30	
7:20 - 8:30 PM	RCC

Scent-sational Art

5-12 Years

Come for the pretty pineapple printmaking, but stay for the sweet citrus scent! In this class, we'll draw, paint, sculpt and more, but we'll do it all with a very special twist- these SCENT-SATIONAL works of art all smell as sweet as they look! Come learn the secret ingredients for sweet-smelling artwork as we create cute pointillism cupcakes, a field of tulips, and more. Yes, you read it all right- this class is full of scratch and sniff artwork that smells as sweet as it looks! Please pack a nut free snack and drink for your child each day. By Kidcreate Studio.

2 Classes, Wed/Thur (MEA)	\$89
October 18 & 19	
9:00 AM - 12:00 PM	RCC Room 806

Fun Fall Art

Grades K-5

Let's design and create autumn themed art projects in the special three-week workshop. Use acrylic paint on canvas to paint a pumpkin with polka dots, draw furry friends of the forest and a tree full of fall colors, and use air-dry clay to create a relief sculpture. By KidzArt.

3 Classes, Tuesdays	\$48
October 3, 10, 17	
3:00 - 4:00 PM	REAMS Art Rm 300

The Artist Lab

Grades K-5

Get ready to experiment with different artist grade materials as KidzArt walks you through six weeks of creative fun. Learn to draw an Axolotl and paint it with watercolors, create a colorful scratch-art line design of a Griffin, create a patterned landscape on metal. Get ready to be blown away at what you create!

4 Classes, Tuesdays	\$56
November 7, 14, 21, 28	
3:00 - 4:00 PM	REAMS Art Rm 300

Winter Magic

Grades K-5

Join KidzArt for this enchanting and creative winter workshop inspired by all things MAGICAL in Winter! Bring your ice powers and be amazed at all the wonderful things you'll create. Paint snowflakes with watercolor and crayon resist, sculpt a snowman out of Sculpey clay, and learn to draw kids having a ball sledding down a snow-covered hill.

3 Classes, Tuesdays	\$46
December 5, 12, 19	
3:00 - 4:00 PM	REAMS Art Rm 300

Rocket Gymnastics Club

The Rockford Community Education provides a program that offers the residents and surrounding communities a local place to train for both recreational, competitive club level and high school level gymnastic at affordable rates.

GOALS:

- Successful gymnastics programs feeder program
- Successful gymnastics training for:
 - Strength
 - Agility
 - Flexibility
 - Dance skills
 - All level tricks, with proper progression and skill levels

Training and coaching will be provided by qualified coaching staff to offer a complete program with clear levels, achievement, and teaching strategies.

Fall Session Information:

<https://www.rockford.k12.mn.us/Page/2272>

Club Location:

6051 Ash Street, Rockford, MN 55373
Enter Activity Door #5

More information

Rocket Gymnastic Club:
763-477-7535

Gymnastics Coordinator, Averi Shrode:
Shrodea@rockford.k12.mn.us



Dance

Kindergarten - 4th Grade

Combo Ballet/Tap - Kindergarten

Learn basic ballet and tap steps while learning to move to the beat. Perform both tap and ballet dances at season-end recital. Ballet and tap shoes required (If purchasing, pink ballet shoes and tan tap shoes preferred) Dancers must be independent bathroom users! Bonus: REAMS students are walked over to the RCC studio after school.

Jazz - Grades 1-2

Classic jazz, funk and hip-hop styles combine to create an infusion of fun! Learn jazz turns, kicks and leaps with up-beat music. Proper stretching for increased flexibility plus isolations, contractions & releases are taught for basic intro to hip-hop moves. Dance or athletic attire please. Jazz shoes required (Tan split sole, no ties preferred)

Tap - Grades 1-2

Gain coordination and rhythm, developing muscle memory skills through tap! Develop musicality by putting tap steps to music. Emphasis on quality sounds and technique for solid tap foundation. Broadway style tap infused with rhythm technique. Dance or athletic attire. Tap shoes required (Oxford type tan shoes preferred)

Ballet - Grades 1-2

The foundation for strong dancers in any style. Strongly recommended for all dancers! Learn ballet terms and steps set to music to encourage movement, rhythm, coordination & grace. Stretch to increase flexibility. Leotard & tights preferred (any color), ballet skirts optional. Ballet shoes required (ballet pink split sole shoes preferred)

JOIN US for our DANCE SUPPLY EXCHANGE & Studio Open House!

Tuesday, September 12
4:00-6:30 pm

Bring in dance shoes & attire you no longer use and hopefully pick up something you can use! Self-serve, no-charge. Used shoes available for the taking.

!! Please don't wait until classes begin to get shoes for your dancer – come to our open house or make other arrangements on another date at the RCC with Melonie BEFORE classes begin (There is not time during classes to handle shoe sizing.)

Jazz - Grades 3-4

Classic jazz, funk and hip-hop styles combine to create an infusion of fun! Learn jazz turns, kicks and leaps with up-beat music. Proper stretching for increased flexibility plus isolations, contractions & releases are taught for basic intro to hip-hop moves. Dance or athletic attire please. Jazz shoes required (Tan split sole with no ties preferred)

Tap - Grades 3-4

Gain coordination and rhythm, developing muscle memory skills through tap! Develop musicality by putting tap steps to music. Emphasis on quality sounds and technique for solid tap foundation. Broadway style tap infused with rhythm technique. Dance or athletic attire. Tap shoes required (Oxford type tan shoes preferred)

Ballet - Grades 3-4

The foundation for strong dancers in any style. Strongly recommended for all dancers! Learn ballet terms and steps set to music to encourage movement, rhythm, coordination & grace. Stretch to increase flexibility. Leotard & tights preferred (any color), ballet skirts optional. Ballet shoes required (ballet pink split sole shoes preferred)

Middle School

Jazz - Middle School

Classic jazz, funk and hip-hop styles combine to create an infusion of fun! Learn jazz turns, kicks and leaps with up-beat music. Proper stretching for increased flexibility plus isolations, contractions & releases are taught for basic intro to hip-hop moves. Dance or athletic attire please. Jazz shoes required (Tan split sole, no ties preferred)

Tap - Middle School

Gain coordination and rhythm, developing muscle memory skills through tap! Develop musicality putting tap steps to music. Emphasis on quality sounds and technique for solid tap foundation. Broadway style tap infused with rhythm technique. Dance or athletic attire. Tap shoes required (Oxford type tan shoes preferred)

Lyrical Ballet - Middle School

A blend of ballet and jazz creates this theatrical ballet style. Learn graceful, fluid movement with athleticism & flexibility. Expect barre work for ballet technique in addition to floor work, turns, jumps & leaps. Ballet or jazz shoes recommended.

Dance Classes start the week of October 2nd

Day	Time	Class Name	Age	Minutes	Instructor	Price
Monday	*3:20-4:20 PM	Combo Ballet/Tap	Kindergarten	60 minutes	Melonie	\$205
Monday	4:30-5:15 PM	Jazz	Middle School	45 minutes	Melonie	\$205
Monday	5:15-5:50 PM	Tap	Middle School	35 minutes	Melonie	\$185
Monday	5:50-6:35 PM	Lyrical Ballet	Middle School	45 minutes	Melonie	\$205
Monday	7:00-7:45 PM	Adult Jazz	Adults	45 minutes	Melonie	\$205
Monday	7:50-8:35 PM	Adult Tap	Adults	45 minutes	Melonie	\$205
Tuesday	*3:30-4:10 PM	Jazz	Grades 1-2	40 minutes	Katie/Melonie	\$205
Tuesday	4:15-4:45 PM	Tap	Grades 1-2	30 minutes	Katie/Melonie	\$185
Tuesday	4:50-5:20 PM	Ballet	Grades 1-2	30 minutes	Katie/Melonie	\$205
Thursday	*3:15-3:55 PM	Jazz	Grades 3-4	40 minutes	Melonie	\$205
Thursday	4:00-4:30 PM	Tap	Grades 3-4	30 minutes	Melonie	\$185
Thursday	4:35-5:05 PM	Ballet	Grades 3-4	30 minutes	Melonie	\$205
Mandatory Dress Rehearsal/Picture Day is Wednesday, March 13, 2024						
Mandatory Recital is Friday, March 15, 2024						

*REAMS Students in Kinder Combo & Jazz classes are walked over to RCC studio by staff after school. Please pack their dance bag with a small nut-free snack, appropriate dance shoes & attire. Dancers change on their own in the RCC restrooms.

ALL classes/dancers perform at season-end recital in the RHS auditorium.
Costume fees are now included in class cost.

Adult

Adult Jazz

Adults - It's your time to dance...Get in your exercise without realizing it! Increase flexibility, balance & rhythm as we put steps to music. Open to all skill levels. Wear comfortable clothes you can move in. Split sole jazz shoes preferred, black or tan.

Adult Tap

Adult Tappy Hour returns! We start off easy with basic building blocks then ramp up your tap skills. Open to all skill levels – join us for some tapping fun! Works balance, coordination & rhythm. Oxford type tap shoe preferred, black or tan.

Dance Camp

Grades K-6

Join our Dance coaches and Dance Team members for a 4 day dance camp with a performance at the football game on the 5th night! Campers will learn a routine that they will perform at the Varsity football game on Friday, Sept. 15th. This camp will run from 3pm-4:30 pm starting on Sept 11th and will run for 4 afternoons Mon-Thur and 1 Friday night performance. Dancers will receive a t-shirt to perform in that they get to keep. ** This is a fundraiser for our Dance Team, so thank you in advance!!

**** Registration for this camp closes at 11:55pm on Sept 6th.**

4 Day Camp & Performance	\$65
September 11 - 14 (M-Th)	
3:00 - 4:30 PM	
Performance Sept 15th at Rockford Football Game	RCC

Sports

OneGoal Program, Learn to Skate Program (Includes Intro to Hockey)

Ages 4-8 / New to Hockey

Delano Area Youth Hockey Association (DAYHA) is again offering our OneGoal, Learn to Skate Program. The OneGoal program is designed specifically for kids ages 4-8 looking for a basic introduction to hockey. The on-ice sessions are designed to teach newcomers some game basics in a fun and safe environment. DAYHA coaches and student-athletes run all on-ice sessions. On-ice and off-ice support is offered to teach kids how to get their equipment on, hold a stick and, most importantly, skate. The program will provide a Q&A session designed to help parents and players understand the equipment, expectations of the program, and additional opportunities to skate for the 2023-2024 season. DAYHA will provide equipment (not including skates, stick, support, and mouthguard) for families new to hockey and who do not have their own equipment (a \$150.00 security deposit is required). All interested OneGoal, Learn to Skate participants can also be enrolled in at least 10 DAYHA ice sessions (via Intro to Hockey/Termite/Mites). Each program starts right after the completion of OneGoal and provides 1-2 sessions of ice per weekend depending on level. OneGoal leaders will provide more information on DAYHA during OneGoal. If you choose to sign your child up for the 2023-2024 DAYHA hockey season, you can use the OneGoal equipment for the entire season. If you choose to not continue on to a DAYHA program, you can return the equipment and get your security deposit back. DAYHA will provide more detailed information at the parent meeting and each week through email communication. Additionally, DAYHA representatives will be present at sessions to answer questions.

3 Saturdays, (No hockey October 21 - MEA)

Parent Q & A meeting/equipment distribution:

October 14 | 2:45 - 3:15pm

October 14 | 3:30 - 4:30pm

October 28 | 2:30 - 3:30 pm

November 4 | 2:30 - 3:30pm

Cost: \$50

6th Grade Cross Country: Running with the Rockets

Grade 6

A terrific opportunity for 6th graders to experience what running, strength training, and racing is like with Rockford Cross Country. Participants will be coached by Rockford Cross Country coaches and practice with the 7th and 8th grade junior high athletes. They will have the opportunity to compete in at least 2 junior high/middle school cross country meets in September. Running with the Rockets is a great way to start-off the school year with your fellow middle school classmates, meet new friends, and interact with Rockford Cross Country coaches and athletes.

Class is limited to 10 participants and all race fees and uniform tops are provided through the Cross Country program. The Running with the Rockets program is run through Community Education and should be paid through Community Education and not the High School. The Running with the Rockets program does not qualify for lettering, or MSHSL organized activities.

Instructor: Colleen Prudhomme

Mon/Wed/Fri	\$75
August 23 - September 30	
3:15 - 4:45 PM	
Performance Sept 15th at Rockford Football Game	
August practices at Lake Rebecca Park (Playground/Beach Area)	
September practices at RHS Track Stadium	





Flag Football

Age 4 - Grade 4

Girls and boys ages 4 through 4th grade are invited to join us for a fun-filled season of Flag Football! Three divisions will be conducted, 4 years - kindergarten, grades 1-2, and grades 3-4. Participants learn the rules and techniques and play flag football games. Players will receive a t-shirt uniform. All other equipment will be provided. Volunteer coaches are needed and will receive \$35 off their registration for coaching!!! **The registration deadline is a firm date of sept. 8th at 9pm.**

3 Divisions to choose from	\$65
10 Sessions - Mon / Wed	
Sept 11 - Oct 11	
6:00 - 7:30 PM	HS Practice Fields

Youth Fall Soccer

Grades 5-6

Want to join in the fun and expand your soccer skills and knowledge right here on Rockford's campus? This program will help prepare our local youth for school and/or club soccer once they enter 7th grade. We will be looking to have a game with a surrounding team to show off our skills! (Please note that upon registration you will not be charged until we meet our minimum number of participants. Once we hit that number, you will be charged)

*** If you sign up for the Legacy Football Club U12 Rec league, the cost for this program is only \$15! (Legacy Football Club was formerly Wright County Soccer. See page 25 for information)

M/W	\$40
Sept 11 - Oct 4	
3:00 - 4:30 PM	REAMS Soccer Field #9

Driver Education

Classroom Driver Education

We are offering Classroom Driver Education to Rockford and surrounding areas for the low price of \$130. This class will prepare students for the instructional permit test and fulfills the 30 hours of classroom training required by the state of Minnesota to operate a motor vehicle (not including Behind the Wheel time). Included in our classroom portion is a Safe Communities night (Parent & Student Class). This night informs participants about dangerous conditions that exist on our roads, inattentive driving, drinking, drugs, police stops and more. Students will take a practice test on the last day of class.

***Please note - the fees below apply to classroom training ONLY. Behind the wheel lessons are a separate fee paid to the company of your choice.**

Fall Session 1	
10 Days of Class, M-F	\$130
September 11 - 22	
3:00 - 6:00 PM	REAMS Room 804

Fall Session 2	
10 Days of Class, M-F	\$130
October 23 - November 3	
3:00 - 6:00 PM	REAMS Room 804

Parent & Student Class	
September 28	\$0 with session
6:30 - 8:00 PM	RCC Room 805

Behind the Wheel

A+ Driving School

There are many choices for your Behind the Wheel driving experience, but with Rockford's partnership with A+ driving school you can stay in your own "backyard". A+ will pick up your student from either the high school or your home and drop them off at either place as well. They also have a representative at the RCC at the end of each classroom session where you can register for lessons and get your blue card.

To register and pay for Behind the Wheel:
visit www.aplusdrivingschool.net

About Blue Cards

(what you need to get your permit)
Please note that this class only fills the classroom portion of drivers ed. In order to get a permit, students must be signed up with a behind the wheel company. The behind the wheel company, not Rockford, will issue your blue card.

Galaxy Kids 2023-24 School Year Program

Starting September 5

Galaxy Kids is a certified before and after school child care program for preschool-6th grade students offered through Rockford Area Schools Community Education. We are conveniently located in Rockford Elementary Arts Magnet School right across the hall from ECCE and the preschool classrooms. We are open Monday-Friday from 6:00am-6:00pm to assist with family child care needs. We have many different registration options that are sure to accommodate most families' busy schedules. If you are looking for child care before, during, or after school, then this may be the program for you.

Program Highlights

Our program is a choice-based program where students get the chance to immerse themselves into many different activities, including art, science, math, STEM, drama, music, sports, engineering and technology, language arts/literacy, mentoring and community services, homework assistance, and self-guided activities. At Galaxy, we strive to promote positive behavior, social skills, and friendships while encouraging self-expression, creativity, and leadership amongst the students. Each and every day is a new adventure for students participating in Galaxy.

Galaxy Kids staff are well-trained and knowledgeable individuals that strive to engage and entertain every student that is part of the program. We are professionals that strive to provide a high-quality program that not only meets the expectations of parents, but also is a program students enjoy being a part of. We come to work each and every day to put a smile on students' faces and try to engage all that are part of the program.

Program Services

- Before and after school care for preschool-6th grade
- Extended day care and AM or PM 1/2 day care for preschool students
- Consistent, pick your days, or drop-in schedule options
- Full day care on most non-school days and extended morning care on late start days
- Drop-off and pick-up assistance for community education programs and classes during after school program
- 1 hour or less rates for before and after school care

Pick Up and Drop Off Information

Preschool students are welcome to use the district's bus service for drop-off and pick-up for our preschool care options. Non-school days require parent drop-off and pick-up. You may drop-off and pick-up your child during the following time slots, based on which care option you're registered for:

Before School Care Full Session	6:00 - 8:00am
Before School 1 hour or less	7:00 - 8:00am
Preschool Half Day Care AM	8:00am - 12:15pm
Preschool School Day Care	8:00am - 3:00pm
Preschool Half Day Care PM	10:45am - 3:00pm
After School Care 1 hour or less	3:00 - 4:00pm
After School Care Full Session	3:00 - 6:00pm
Non-School Days	6:00am - 6:00pm





Galaxy Kids Location

Rockford Elementary
Arts Magnet School

7650 County Road 50, Rockford, MN 55373

Call: 763-477-7555

Email: galaxy@rockford.k12.mn.us

School Year Registration Information

- More information and our Parent Handbook are available at <https://www.rockford.k12.mn.us/community/galaxy-kids-school-age-childcare>
- Register at <https://rockford.ce.eleyo.com/> and click on Galaxy Kids Program and follow the prompts
- Auto-Pay is Required for all Galaxy Accounts
- Contact Galaxy staff at 763-477-7555 if you have any questions or would like to schedule a tour

> Adults/Seniors



Senior Citizens Clubs

Rockford

The Rockford Area Seniors meet the 2nd Monday of each month at different locations. Attend and find out more information about activities or call Marilyn Blake (763) 331-5896. Membership is \$10 per year.

Rockford Township

Judith Saewert, 763-972-2887
1st Thursday of each month at
Rockford Township Hall

Corcoran

Bill Grabski, 763-422-4818
1st Monday of each month at
Corcoran City Hall

Hanover

Elizabeth Loeffler, 763-241-0094
1st Tuesday of each month at
Hanover City Hall

Delano

763-972-0574, 234 2nd Street N, Delano

Adult Enrichment

Stillwater Day Trip

October 1, 2022

Spend a day in Stillwater —Take in the **fall colors**, **shop**, browse the fall **art festival** and **cruise** down the St. Croix if you wish! Bus Leaves Rockford at 8:55am and returns at 5:15pm

Option 1 / \$43

**Art Festival, Fall Colors and Shopping
(lunch on your own and no cruise)**

The Rivertown Fall Art Festival is located in beautiful historic downtown Stillwater, MN along the scenic St. Croix River, a stunning fall backdrop to showcase art! This event also offers a beer & wine tent, a variety of food selections, live music and entertainment. The Art Festival is just steps away from a bustling main street that features art shops & galleries, boutiques and every flavor of restaurant. The Art Festival showcases specialty hand-crafted items, including artist mediums of all kinds: ceramics, clay, culinary arts, drawing, fiber work, glass, jewelry, metal, mixed media, painting, photography, pottery, wood and an others category.

Option 2 / \$86

St. Croix Cruise and Lunch, Art Festival, Fall Colors, Festival & Shopping

We also will be offering a Cruise down the St. Croix with a lunch buffet if you choose to see the scenic St. Croix during lunch. Luncheon menu: Build your own deli sandwich with seasonal fruit, potato salad and cookie. Cash bar on board.

Additional Information:

Walking is required. Be sure to wear comfortable walking shoes.

Busing Info:

Bus leaves Rockford at 8:55am

Bus loads at 3:15pm/leaves 3:30pm to return.

Bus returns to Rockford at 5:15pm

NEW!

55+ Driver Improvement Program

The Minnesota Highway Safety Center offers 55+ Driver Improvement Courses to help adults brush up on driver safety. Confidence and comfort are enhanced by utilizing the most up-to-date research in the field, including the latest visual scanning and steering techniques, anti-lock braking skills, road rage, traffic laws and vehicle technology.

Register and pay directly with the Minnesota Highway Safety Center at 1-888-234-1294.

Visit www.DRIVERDISCOUNTPROGRAM.COM for more information and other sites. Persons age 55 and older who complete the course will qualify for a 10% discount on auto insurance premiums for three years.

55+ Driver Discount Class

4 hour refresher:

September 28, 12pm - 4pm, RCC

November 9, 12pm - 4pm, RCC

1-888-234-1294

Coffee and Cribbage

Come join others of all ages for open cribbage play in our community center rooms. The RCC will provide the coffee (or cocoa if you prefer) and cribbage boards!

Wednesday at 9:00am	Free, Any Age!
Sept. 13, 27 Oct. 11, 25 Nov. 8, 22	RCC Meeting Rooms

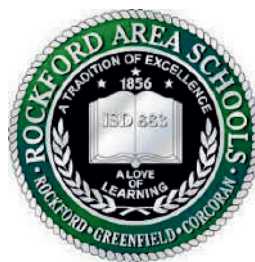
Saturday at 9:00am	Free, Any Age!
Sept. 23 Oct. 7, 21 Nov. 4, 18 Dec. 2	RCC Meeting Rooms

Sweet and Salty Bingo

Do you love Treats and Bingo? Then come join us on the listed Wednesdays for both! Come to socialize, enjoy some treats, and get ready to call out "BINGO"! Treats and bottled water will be served.

Mondays 6:30 - 7:30 PM	Free for Seniors 55+
Sept. 11th, 25th Oct. 9th, 23rd Nov. 6th, 20th Dec. 4th, 18th	RCC Meeting Rooms

Now hiring



Substitute Teacher Subsitute Paraprofessional

800-713-4439 or teachersoncall.com

Adult Recreation

Open Pickleball League

Come join the fastest growing sport in America! Pickleball is played similar to tennis, but on a smaller court using a wooden paddle and a ball similar to a wiffle ball. A one-time fee allows you to come play pick-up style games with other pickleball enthusiasts of all levels! Choose from one or two nights a week! (We do have a few paddles that you can borrow if needed.)

Oct 4 - Dec 29	RCC
7:00 - 9:00 PM	
Wednesday nights only: \$25	
Friday nights only: \$25	
Wednesday and Friday nights: \$45	

Women's Indoor Volleyball

Women's volleyball teams are invited to play from October - March. Teams will play five game per match. Matches will be played at Rockford Community Center and Rockford High school on Sunday evenings at 5 and 7 pm. Matches may be moved to other facilities depending on tournaments and other programs. The league and playoffs will be from late October to March. Volleyballs are provided and t-shirts are given to the winning team of each division. Registration deadline is Oct. 1st. A roster with subs must be filled out and signed by each participant before the first match.

Gold – Rockford's highest level of play. Players are highly skilled, proficient and have great knowledge of the game and strategy. Players are all above average and have significant understanding and experience serving, passing, blocking and making three contacts with the ball.

Silver – Many players have average to above average ability. Teams consistently implement, with success, the basic skills of serving, passing, blocking and making three contacts, with a team strategy on defense, offense and rotations that will make them successful.

Gold Level or Silver Level	\$TBD per team
Sunday Evenings	
Late October - March	
5:00 PM/7:00 PM	
Rockford High School Gym and RCC	

Men's Open Basketball

Must be 18 to join. Adult men's basketball league. Come play pickup basketball on Wednesday nights and Saturday mornings! Runs Sept 6 - December 30.

Wednesday Evenings: 6:00 - 8:00 PM	\$30
Saturday Mornings: 8:00 - 10:00 AM	
RHS Gym	

Easy Partner Dancing

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next event, or just for the fun of dancing together in class and at home. Try something new to add laughter & romance into your relationship. Taking steps from classic ballroom dances, you'll learn easy to remember mini- routines, danceable to all your favorite songs from the past to the present, including pop, blues, rock, country and more. If you think you have no rhythm & 2 left feet, this is the perfect course for you. Couples stay partnered. Solo attendees rotate, but partners are uncertain. Casual dress.

Fridays	\$64
Oct 27, and Nov 3, 10, 17	
7:00 - 8:30 PM	
Discovery Elementary 301 - 2nd Ave NE, Buffalo, MN 55313	

Senior Walk and Talk!

Come join a group of seniors for a social gathering that includes walking, stretching, and band strength training. This is an informal group that meets twice a week at the community center for laughs, conversation, and fitness. Must have a at least a walking pass (free for seniors 62+).

Tuesdays and Thursdays	call
11:00 AM	763-477-5294
RCC	for details.

Free Walking Passes for Senior Citizens!

Visit the RCC for more information at

7600 Co. Rd. 50, Rockford, MN
or call 763-477-5294 for details.

Rockford Community Center is an authorized provider of:









Community Events

Rockford Farmers Market

Every Friday into October
3:00 - 6:30 PM
6121 Main Street, Rockford

Rockford Lions Golf Tournament

Saturday, September 9, 2023
www.rockfordlionsmn.org/golf

Rocket Boosters

September 5-6 – School Store Apparel Sale at REAMS Assessment Days
September 22 – Homecoming Tailgate Party at RHS Commons

Rockford Homecoming Game

Friday, September 22 at 7pm
Rockets Stadium

Rocktoberfest

Saturday, October 7, 2023
Riverside Park

RiverWorks Annual Steak Fry & Auction

Saturday, October 14, 2023
Info: www.riverworksonline.org/steak-fry

Rockford Education Foundation Fall Event

Friday, November 17, 2023
Rush Creek Golf & Country Club
Info: www.rockfordfoundation.org/fall-event

Rockford High School Musical

November 17 - 19, 2023
Rockford High School Auditorium

Community Center Classes

MegaFit

Join us for a strength-based class led by Instructor Megan Leipholtz. The focus of class is on building full body strength with an emphasis on the core and the posterior chain. Strength training is a primary weapon against aging related muscle loss. Join us to get MEGAFIT. Certified Fitness Instructor: Megan

M/W/F	Free for Members or \$5/guest
MON & WED at 9:00 - 9:50 AM	
FRIDAYS at 8:30 - 9:20 AM	
RCC	

POUND Fitness

Channel your inner rockstar with this full-body cardio jam session inspired by the infectious, sweat dripping fun of playing the drums. Using Ripstix®, lightly weighted exercise drumsticks, torch calories and drum your way to a leaner, slimmer physique – all while rocking out to your favorite music with our Pound Pro instructor, Shannon.

Wednesdays	Free for Members or \$5/guest
7:00 - 7:50 PM	
RCC Dance Studio	

POUND Unplugged

POUND Unplugged was inspired by the 3 pillars of health --> Physical, Mental & Emotional. Following the structure of 2 parts Rock and 1 part Reset we incorporate the Earth's elements to blend high intensity training with rhythmic breathing, mindfulness & meditation. We are able to sweat, release and boost the neurochemicals in the brain while quickly settling back into a peaceful, recharged and empowered state. Certified Pound Pro Instructor: Shannon.

Every other Saturday at 8:15 AM	Free for Members or \$5/guest
RCC Dance Studio	



Prime Time Fitness

Join us for a variety of exercises that will work the whole body! Strength, Flexibility, Balance, Range of Motion, and Fun! This class is open to all who like a slower pace class, with a friendly, motivating atmosphere, but are still willing to work! We use free weights, fitness balls, resistance bands, body weight, and floor work to achieve a whole body workout! Each class is different and will keep you on your toes! Certified Trainer & Fitness Instructor: Olimpia

M/W/F	Free for Members or \$5/guest
7:30 - 8:20 AM	
RCC Dance Studio	

Senior Fitness

Join Seniors for a fitness class designed to increase endurance and muscular strength, stamina, coordination, balance, and flexibility. A selection of equipment such as bands and lightweight dumbbells, will be used to meet all capability levels. Work out at your own pace by standing or sitting on a chair, depending on your fitness level. Adults of all ages and fitness levels welcome. Certified Fitness Instructor: Alison

T/TH	Free for Members or \$5/guest
8:00 - 8:50 AM	
RCC Dance Studio	



Access to Rocket Power Center is only for Members and Day Pass Guests.
Non-members can get a daily pass for \$5 or take a class for \$5 each

Strength and Conditioning

Conditioning meets strength training for a total body workout! In this class, we practice balance drills and also use dumbbells to stimulate muscle growth and to gain strength. We do conditioning exercises to train the whole body with the goal of increasing stamina, range of motion, and mobility. Adults of all ages and fitness levels welcome. Certified Fitness Instructor: Olimpia.

Starting on September 6th	Free for Members or \$5/guest
M/W/F	
3:45 - 4:35 PM	
RCC Dance Studio	

Yoga

Create strength, flexibility, and balance through challenging yet calming yoga poses. A well rounded class for all ability levels that guarantees to leave you with less tension in the body and the mind. Please bring your own fitness mat or borrow one from the RCC. Certified Yoga Instructors: Alison, Rosie, and Ann.

T/TH at 5:30 - 6:20 PM	Free for Members or \$5/guest
Saturdays at 9:00 - 9:50 AM	
RCC Room 805-806	

Zumba

Zumba®, a Latin-Inspired Fitness Dance class is an exhilarating and easy-to-follow class that's moving millions of people toward joy and health. A total body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Certified Zumba® instructor: Rosemary.

Wednesdays	Free for Members or \$5/guest
6:00 - 7:00 PM	
RCC Dance Studio	

Personal Training Sessions

Rockford Community Center offers professional and quality Personal Training at an excellent price! Contact us today for more information! (Please note that you must be a community center member in order to have training sessions.)

Megan Leipholtz

Certified Personal Trainer and Group Fitness Instructor

Olimpia Escamilla

ACSM Certified Personal Trainer. 10 Years of Experience. (CPR, Weight Training for Older Adults, Group Training, and AIS & PNF Stretching Certifications).

1 HOUR PERSONAL TRAINING SESSIONS	
Single Person	\$45
Two People	\$75

PERSONAL TRAINING PACKAGES	
5 Sessions (non-transferable)	\$200 (Savings of \$5 per session)

Rockford Community Center is an authorized provider of:



> Community Organizations



Community Organizations

Dollars for Scholars

Great River Regional Library

Music Partners

North Hennepin Pioneer Society

Northwest Area Jaycees

RiverWorks Community Development

Rocket Boosters

Rockford Area Athletic Association (RAAA)

Rockford Area Historical Society

Rockford Education Foundation

Rockford Fire Auxiliary

Rockford-Greenfield Area Chamber of Commerce

Rockford Lions Club

Rockford Ridge Riders Snowmobile Club

Star Lodge #62

Thousand Hearts Crow River Serve Day

Community Sports

Legacy FC

(Formerly Wright County Soccer)

Fall Comp Soccer

Competitive (travel) Soccer for U9-U14
August 10 - Oct 16

Fall Rec Soccer

Community-Based Soccer for U4-U12*
Buffalo/Delano/Rockford
Sept 9 - Oct 14

*Ages may vary based on program

Academy Training

Indoor Skills Training in Delano
Nov 1 - Dec 20 and Jan 2-Feb 19
Ages 4-19

Summer Comp Soccer

February 1 - Registration deadline for 2024

www.legacyfc.org

RAAA Youth Basketball

RAAA Basketball provides girls and boys in 3rd-8th grade the opportunity to play organized basketball with both competitive traveling and in-house league options. Registration will stay open through September, however, if your child is in 5th-8th grade you will need to **register online by August 23**. Practices start in October and teams wrap up with a state tournament in early March.

Please register and learn more here: <https://www.raasports.com/basketballregistration>

RAAA Youth Wrestling

Rockford Youth Wrestling is open to students of any skill level from 4 years old/PreK through 6th grade. Practices are held at the RCC in the Rockford High School Wrestling Room from mid-November through January.

Register at <https://www.raasports.com>

Community Events

Listed on page 21.

Great River Regional Library - Rockford

8220 Cedar Street, Rockford
763-477-4216, www.griver.org

Library Hours:

Monday: 10:00am - 6:00pm
Tuesday: 2:00 - 7:00pm
Wednesday: 10:00am - 6:00pm
Thursday: 2:00 - 7:00pm
Friday: 2:00 - 6:00pm
Saturday: 10:00am - 1:00pm
Sunday: Closed

CHILDREN'S EVENTS

Lego Lab

Design, configure, and build! STEAM activities engage children in planned building, or children can FREESTYLE and build whatever they dream of. For ages 6 to 12. Creations will be on display for one month, until the next Lego lab!
>> Thursdays, Sept. 14 and Oct. 12, 4:00 - 5:00 pm

Homeschool Activity Time

Theresa will provide guided opportunities for kids to learn STEM activities, creative arts, and have some social time while parents meet up and chatter with their littler ones. For ages 6 and up. Registration required for activities.
>> Fridays, Sept. 15 and Oct. 13, 11:30 am - 1:00 pm

Wednesday Family Storytime

Help your baby to 6-year-old get ready to read in an interactive story time this fall. Our storytellers practice "Every Child Ready to Read" pre-reading skills including talking, singing, writing, playing, and reading with participants. Plus, we always have fun!
>> Wednesdays, Sept. 13, 20 & 27, and Oct. 4, 11, 18, & 25, 11:00 am - Noon

1,000 Books Before Kindergarten

Give your child the gift of reading and literacy. Track your progress and win prizes. For birth to kindergarten. Sponsored by the Rockford Friends of the Library.

FAMILY EVENTS

Paint Club

We've got the supplies. You've got the vision. Come paint in a relaxed setting with Tamra every month. Introductory techniques will be covered. Registration required. Limit 10. For ages 10 to adult. Sponsored by Rockford Friends of the Library.
>> Wednesdays, Sept. 27 and Oct. 25, 4:00 - 6:00 pm

The Collaboratory Outdoor Music Deck

Help us try out a new event from Ready Go Art! Terrell X teaches beatboxing via his "Transformers" 1984 Optimus Prime-trailer-inspired-stage, complete with all the technology needed to turn anyone into a performer. Stop by for a quick lesson, be on stage, and perform with Terrell X! Drop in anytime during the event to participate. For all ages. This program was made possible with Arts & Cultural Heritage Funds from Minnesota's Clean Water, Land, and Legacy Amendment.
>> Friday, Sept. 29, 3:00 - 6:00 pm

Book Club

If you enjoy reading and discussing books, then this is the group for you. A fun opportunity for you to learn interesting facts about the authors, talk about books, and meet new people. Contact the library for the monthly book selection and to sign up. Registration required. Limit 10. Sponsored by the Rockford Friends of the Library. For ages 18 to adult.
>> Mondays, Sept. 18 and Oct. 16, 5:00 - 6:00 pm

Author Visit: Pints North

Katelyn Regenscheid provides a background history to Minnesota's beer renaissance. Regenscheid introduces you to the people who helped build the craft-beer scene. Take a look at in-depth profiles of a selection of innovative and unique craft breweries that illustrate the variety of approaches. Get a snapshot look at taprooms from Moorhead to Minnetonka, and New Ulm to Nordeast. For adults. This program was made possible with Arts & Cultural Heritage Funds from Minnesota's Clean Water, Land, and Legacy Amendment
>> October TBD

Take and Make: MEA Corner Bookmark Craft

Stop by the Rockford Library to pick up all the supplies to make 4 corner bookmarks to share or keep. Included will be the felt, floss, and needle to create your own designs. Practice simple stitches or creations that are more complex. For ages 10 to adult. Registration required. Ready for pickup Monday, Oct 16. Sponsored by the Rockford Friends of the Library.

> Membership



RCC Membership Includes:

- Most RCC Fitness Classes
- Access to Rocket Power Center
- Access to RCC Fieldhouse
- Access to Bathroom/showers
- Access to RCC Personal Trainers (extra fee)

NON-MEMBERS can get a daily pass for \$5 or take a class for \$5 each

Membership Questions

Jamie Smith, Membership Coordinator
smithj@rockford.k12.mn.us
763-477-5294

Rates

RCC Membership Rates

Fill out a Membership Registration form and a monthly fee will be automatically deducted.

Adult Monthly Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center	\$32
Student Monthly Valid HS or College ID MUST be present when joining.	\$20
Senior Monthly (62 and over) Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center Free walking passes (Walking passes do not include the use of the Rocket Power Center).	\$20
Family Monthly Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center* <i>*Does not include Rocket Power instruction, must have student membership for that program.</i>	\$45
Annual Walking Pass Seniors 62 and over receive FREE walking passes in the fieldhouse.	\$50
Day Pass Daily fee for Rocket Power Center and Fieldhouse use OR one fitness class. Anyone under the age of 18 must be signed up and paid for by a legal guardian.	\$5 \$2 for 62+

No sign up fees, no cancellation fees, no minimum contract length.

Insurance Benefits

Contact your insurance provider to see if you are eligible. Stop by the RCC Front Desk or call 763-477-5294 for more information.

Rockford Community Center Membership

Plan a visit to the Rockford Community Center – we would love to meet you and give you a tour of the Rocket Power Center. Our goal is to make everyone feel comfortable and motivated – we can help you achieve your health and fitness goals. We have fitness professionals, a variety of equipment and fitness classes included in your membership to support and coach you as you improve your health. We have a clean, comfortable and safe environment with no long term contract hassles. Call or stop in at the RCC front desk today for more information or to sign up!

RCC Fitness Classes

All monthly memberships include RCC fitness classes at no additional charge. Fees may be required for some equipment.

How it works:

No pre-registration is needed, however, we encourage all participants to arrive 15 minutes before the class begins. Simply swipe your membership card and sign in upon arrival.

Rocket Power Center

The RCC also has a fitness center with cardiovascular equipment such as elliptical, treadmill and stair climber machines. In addition the RCC has a Freemotion cable cross machine, free weights and Cybex weight machines.

No one under the age of 12 is allowed in the Rocket Power Center. Ages 12-14 must be supervised by a legal guardian.

Access to RCC Personal Trainers

The RCC has two personal trainers available to help you meet your fitness goals.

Personal Training is not included in Membership and is an additional fee. See page 21 for information about our trainers and pricing.

How to become a Member:

Fill out a Membership Registration form and a monthly fee will be automatically deducted.

<https://rockfordcc.recdesk.com/community/home>

Questions: email Jamie Smith, smithj@rockford.k12.mn.us

Call 763-477-5294 between 8am - 4pm



Rockford Area Schools Facilities

RHS

Rockford High School

7600 County Road 50
Rockford, MN 55373
763-477-5846

RMS-CES

Rockford Middle School Center for Environmental Studies

6051 Ash Street
Rockford, MN 55373
763-477-5831

REAMS

Rockford Elementary Arts Magnet School

7650 County Road 50
Rockford, MN 55373
763-477-5837

RCC

Rockford Community Center & Community Education Office

7600 County Road 50
Rockford, MN 55373
763-477-5294 (RCC), 763-477-4563 (Office)

District Office

6051 Ash Street
Rockford, MN 55373
763-477-9165

Transportation Center

7700 County Road 50
Rockford, MN 55373
763-477-6100



Gyms/Classroom Entrances

ROCKFORD ELEMENTARY - REAMS	
Door 1	REAMS Main Entrance & Office
Door 7	Galaxy Kids Entrance
Door 35	REAMS Gym Entrance
ROCKFORD MIDDLE SCHOOL - RMS-CES	
Door 1	District Office
Door 4	RMS-CES Entrance & Office
Door 5	Rocket Gymnastics Club entrance
ROCKFORD HIGH SCHOOL - RHS	
Door 1	RHS Main Entrance & Office
Door 1 / 13	RHS Auditorium (enter through 1 or 13)
Door 13	RHS Commons
Door 13	RHS Main Gym
ROCKFORD COMMUNITY CENTER - RCC	
Door 11	Rocket Power Fitness Center
Door 11	RCC Entrance and Office
Door 11	RCC Fieldhouse
Door 11	RCC Dance Studio / RCC Rooms

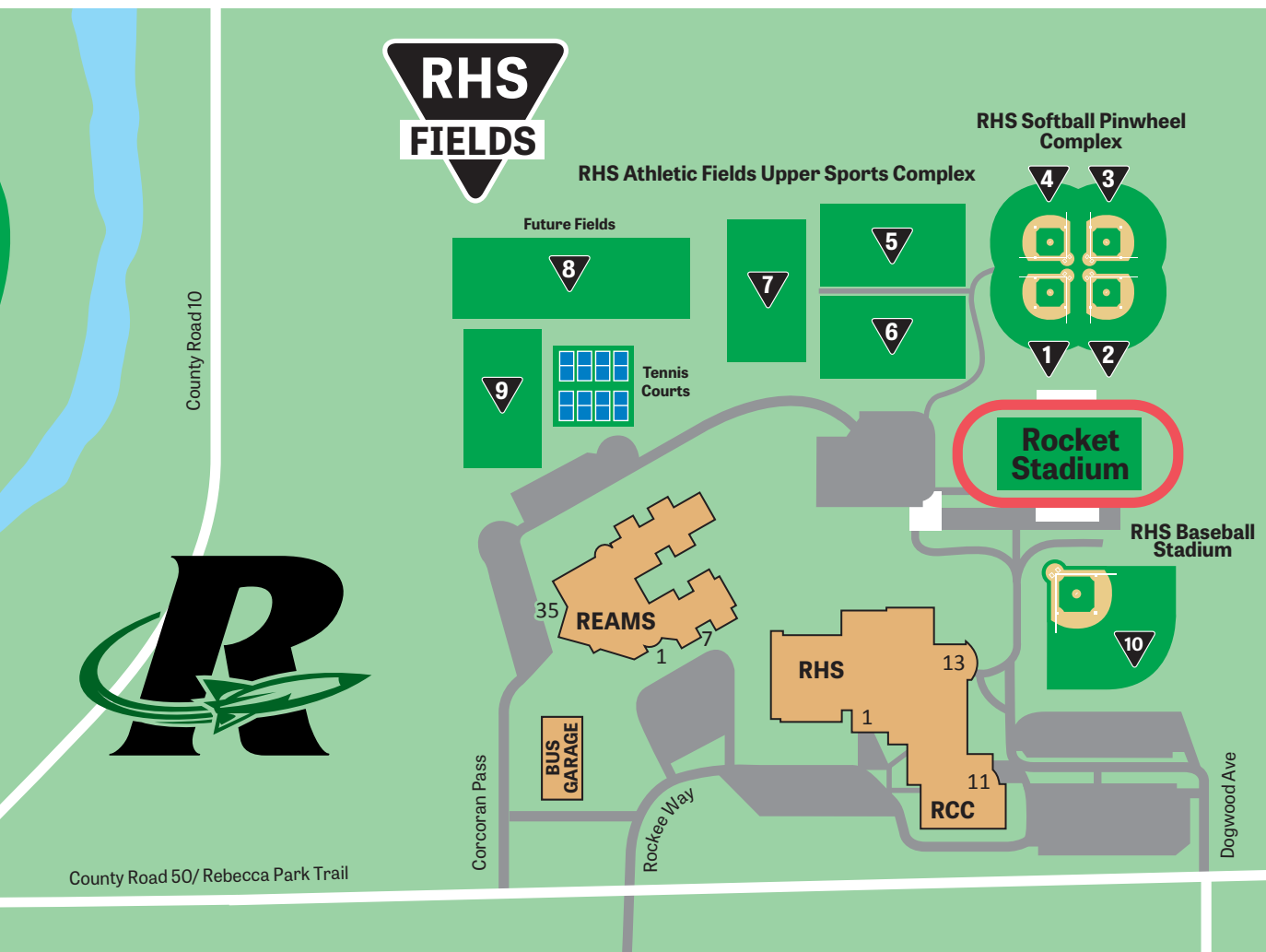
Field/Court Locations

RHS 1	Varsity Softball Pinwheel
RHS 2	Softball Pinwheel
RHS 3	Softball Pinwheel
RHS 4	Softball Pinwheel
RHS 5	Football/Soccer Practice Fields
RHS 6	Football/Soccer Practice Fields (lighted)
RHS 7	Football/Soccer Practice Fields
RHS 8	Future Fields
RHS 9	Football/Soccer Practice Fields
RHS 9	Tennis Courts
RHS 10	Varsity Baseball Field
Rocket Stadium	Rockets Multi-Use Stadium and Olympic Size Track
RMS 1	Baseball Field
RMS 2	Baseball Field
RMS 3	Baseball Field
RMS 4	Baseball Field
RMS 5	Football/Soccer Practice Fields



Facility Scheduling 763-477-4563

Contact Melissa Joseph, Facilities Coordinator



> Class Registration



Rockford Area Schools **COMMUNITY EDUCATION**

Registration

Classes are filled on a first-come, first-served basis. The class fee must be paid at the time of registration.

Assume you are in the class for which your registered unless you hear from us. All classes will meet at the scheduled time and place.

Class Registration Questions

Email Melissa Joseph at josephm@rockford.k12.mn.us or call 763-477-4563

3 Ways to Register

ONLINE

Use our new online system to register and pay all on the same site! We encourage you to add all members of your household in anticipation of future registrations within the system.

Create or Sign In to your account:

<https://rockford.ce.eleyo.com>

> Select **Explore All Programs**



BY MAIL OR IN PERSON

To register - mail, fax or drop off payment and this completed form to:

Rockford Community Education, 7600 County Rd 50, Rockford, MN 55373

We will transfer this registration into our new system. Confirmation that you are registered in the class will be sent via email, so please make sure to include a valid email address. Registration in a class is not complete until we have payment or payment arrangements. We will contact you if the class is canceled or any additional information is needed.

FAX

You can fax the completed registration to 763-477-5833. Registration in a class is not complete until we have payment or payment arrangements.

Cancellation Policy

If a class is canceled due to insufficient enrollment, you will be notified and your fee refunded in full. If you need to cancel, you will receive a refund minus a \$5 processing fee if you cancel at least five days before the start of class. No refunds will be issued if you cancel after that time.

Weather Cancellation

Community Ed classes will not meet when Rockford Area Schools are closed during the day due to bad weather.

Nondiscrimination

Federal and state laws prohibit discrimination in education based on sex/gender, sexual orientation, race, color, creed, national origin, religion, disability, receipt of public assistance, marital status and age.

Community Education Registration - Mail Option

To register - mail, fax or drop off payment and this completed form to:

Rockford Community Education, 7600 County Rd 50, Rockford, MN 55373 • Phone (763) 477-4563 • Fax (763) 477-5833

PARTICIPATION INFORMATION

ECFE registration: use ECFE form on page 9.

First Name	
Last Name	
Course Name/#	
Fee	\$

Please complete if registration requires age, grade and/or t-shirt size

First Name	
Last Name	
Course Name/#	
Fee	\$
2023-24 Grade: K 1 2 3 4 5 6 7 8 9 10 11 12	
Child's Birth Date: — / — / —	Child's Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male
Child's T-Shirt Size: Youth Sizes: S (6-8) M (10-12) L (14-16) Adult Sizes: S M L XL	

First Name	
Last Name	
Course Name/#	
Fee	\$
2023-24 Grade: K 1 2 3 4 5 6 7 8 9 10 11 12	
Child's Birth Date: — / — / —	Child's Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male
Child's T-Shirt Size: Youth Sizes: S (6-8) M (10-12) L (14-16) Adult Sizes: S M L XL	

ADULT CONTACT INFORMATION

Name _____

Address _____

City _____ Zip _____

Home Phone _____

Cell Phone _____

Emergency Phone _____

Primary Email _____

Secondary Email _____

PAYMENT INFORMATION

Total Fees \$ _____

☐ Cash

☐ Check payable to RCE _____

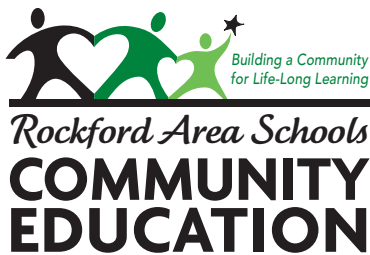
CONFIRMATION

We will transfer this registration into our new system. Confirmation that you are registered in the class will be sent via email, so please make sure to include a valid email address. Registration in a class is not complete until we have payment or payment arrangements. We will contact you if the class is canceled or any additional information is needed.

AGREEMENT

I hereby agree to allow myself or my child to participate in the named RCE activity. In consideration of accepting this registration, I hereby, for myself and heirs, waive any and all rights and claims for damages I may have against the Rockford School District ISD #883 and its representatives, for any and all injuries from whatever cause suffered by the listed participant(s) in the indicated activity.

Parent/Guardian Signature



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Permit No. 4

Independent School District 883
Rockford Area Schools
6051 Ash Street
Rockford, MN 55373

Postal Patron
ECRWSS

Community Education Classes for all ages!

Fall
2023



<https://rockford.ce.eleyo.com>

**Easy Online
Registration!**

Photo above: Color Fun Run - 6th Grade Cross Country
Cover photo: Adult Dance Class