

Bend Senior High
an educational site of:
Administrative School District #1
520 N. W. Wall Street
Bend, OR 97703

Non-Profit Organization
U.S. Postage Paid
PERMIT NO. 163
Bend, OR 97703

2023 Air Bear Football Camp



August 7-10, 2023
Bend Senior High

MEDICAL RELEASE

Camper Name:
Medical Insurance Company:
Policy #:

I hereby authorize my child's participation in the Air Bear Football Clinic. I know of no normal or physical problems that may affect my child's ability to safely participate, and the camp staff is authorized to attend to any health problem or injury that may occur while attending camp. I understand that my child must have current and active medical insurance before he can attend camp. Neither my child nor I will hold Bend High School nor any of the coaches or guest coaches liable for any injuries or expenses relating to injuries while my child is at camp.

Date _____ Signature of parent/guardian _____

Dear Parent / Camper:

For the summer, you can't beat the opportunity to participate in our football camp. Our camp staff will provide a positive experience in all aspects of the game of football. The camp facilities will be located on the campus at Bend High School

We are looking forward to working with your camper.

Sincerely,

Kevin Cooper
Head Football Coach
Bend High School
kevin.cooper@bend.k12.or.us

WHO IS ELIGIBLE?

Anyone entering 4th grade up to the 12th grade. Participants will be grouped by age and skill level.

SPECIAL BENEFITS:

Each camper will receive quality instruction in the fundamentals of the game of football. Each camper will have an opportunity to work with one of the finest and innovative football staffs found in Oregon. In addition, each camper will receive camp gear listed below.

Middle School Camp T-shirt

High School Camp Spirit Pack (Shorts, T-Shirt, Sweatshirt / Sweatpants)

Typical Daily Schedule**Elementary/Middle School Camp**

9:00 a.m.	Cals/stretching
9:10	Offensive indiv./group
9:35	Defensive indiv./group
9:55	Break/motivational talk
10:10	Offensive/defensive teamwork
10:30	7 vs 7
11:00	Camp day concludes

Senior High Camp

5:00 p.m.	Cals/stretching
5:15	Offensive indiv. work
5:35	Offensive group work/team work
6:15	Break
6:20	Defensive indiv. work
6:40	Defensive group work/team work
7:20	Break
7:25	Sprint training
7:50	Motivational talk

**REGISTRATION FORM**

Make checks payable to:
Bend High Football Improvement
230 NE 6th Street
Bend OR 97701

To guarantee camper shirt please have early registration in by August 1, 2023.

Medical Release must accompany registration

Name: _____

Address: _____

School: _____

Insurance Company: _____

Policy No. _____

Parent Signature: _____

Home #: _____ Work #: _____

Age: _____ Grade: _____

Position-Offense: _____

Position - Defense: _____

Elementary/Middle School Session

Early Registration-Aug 1

\$40.00

Late Registration-Aug 2+

\$50.00

High School Session

Early Registration-Aug 1 **\$100**

Late Registration-Aug 2+ **\$110**