



Calendar

December 11-16, 2023

...Winter Spirit Week...

Monday,	December 11	Regular Schedule (9:00 – 4:00 p.m.) Holiday Pajama Day
	3:30 p.m.	RTI
	4:30 p.m.	*JV Boys Wrestling Tourney @ Vinton-Shellsburg
	5:00 p.m.	*V Girls Wrestling @ CR Kennedy
	6:00 p.m.	JV1 Girls/10 th Boys Basketball vs. Xavier (LM Main Gym) 9 th Boys (Red/Black) Basketball vs. CR Prairie (Auxiliary Gym)
Tuesday,	December 12	Regular Schedule (9:00 – 4:00 p.m.) Jersey Day
	3:30 p.m.	RTI
	4:00 p.m.	Esports Overwatch Team vs. East High School (Library)
	4:15 p.m.	*JV2 Girls Basketball @ CR Prairie
	6:00 p.m.	JV1/V Girls Basketball @ CR Prairie 10 th /V Boys Basketball vs. CR Prairie (LM Main Gym) **GOLD OUT for Pediatric Cancer** *JV/V Boys Swimming @ Dubuque Hempstead
Wednesday,	December 13	Regular Schedule (9:00 – 4:00 p.m.) Twin Day
	3:30 p.m.	RTI
Thursday,	December 14	Regular Schedule (9:00 – 4:00 p.m.) Red and Green Out Day
	9:00 a.m.	*V Girls Wrestling Battle of Waterloo @ Waterloo (Young Arena)
	3:30 p.m.	RTI
	4:00 p.m.	Esports Rocket League Team vs. CR Jefferson (Library)
	6:00 p.m.	*JV/V Boys Wrestling @ Iowa City West 9 th Boys (Red) Basketball vs. Iowa City Liberty (LM Main Gym) 9 th Boys (Black) Basketball vs. Iowa City Liberty (Auxiliary Gym)
	7:30 p.m.	JV Boys Basketball vs. Xavier (LM Main Gym)
Friday,	December 15	Regular Schedule w/Pep Rally (no RTI) (9:00 – 4:00 p.m.) Ugly Sweater Day
	Before Bell	Student Council Pancake Breakfast (Food Court)
	All Day	*JV/V Poms UDA Regionals @ O'Fallon, MO (Fort Zumwalt West HS)
	9:00 a.m.	*V Boys Wrestling Battle of Waterloo @ Waterloo (Young Arena)
	3:15 p.m.	*JV/V Girls/Boys Bowling @ Waterloo West (Cadillac Lanes)
	3:30 p.m.	*Pep Rally (LM Main Gym)
	6:00 p.m.	V Girls/Boys Basketball vs. Iowa City West (LM Main Gym)
	7:00 p.m.	*Amnesty Club Movie Night 'Ice Age' (Little Theatre)
Saturday,	December 16	
	All Day	JV/V Poms UDA Regionals @ O'Fallon, MO (Fort Zumwalt West HS)
	8:30 a.m.	JV Boys Wrestling Tournament @ North Linn HS (Coggon)
	9:00 a.m.	JV/V Girls Wrestling Tournament @ CR Prairie V Boys Wrestling Battle of Waterloo @ Waterloo (Young Arena) 9 th Boys (Black/Red) Basketball vs. Bettendorf (Auxiliar Gym) JV1 Girls/10 th Boys Basketball vs. Iowa City West (LM Main Gym)
	1:00 p.m.	V Boys Bowling Baker Tournament @ CR (Lancer Lanes)
	5:30 p.m.	Show Choirs "Get In The Spirit" Concert (LM Auditorium)

8:00 p.m. Show Choirs "Get In The Spirit" Concert (LM Auditorium)

*Notes

12/11 JV Boys Wrestling dismissed at 2:10 p.m.

V Girls Wrestling dismissed at 2:25 p.m.

12/12 JV2 Girls Basketball dismissed at 2:40 p.m.

JV/V Boys Swimming dismissed at 3:25 p.m.

12/14 V Girls Wrestling departing prior to 9:00 a.m.

JV/V Boys Wrestling dismissed at 3:05 p.m.

12/15 JV/V Poms departing prior to 9:00 a.m.

V Boys Wrestling departing prior to 9:00 a.m.

JV/V Girls/Boys Bowling dismissed at 1:40 p.m.

PEP RALLY: All students are to be at the Pep Rally or out of the building at 3:30 p.m.

Amnesty Club Movie Night, showing ICE AGE, has a \$1 entry fee.

Future

12/18 **9th Grade Connection (3:30 p.m.)**

12/22 **Two-Hour Early Release Schedule**

12/23-1/2/24 Winter Break

1/3/24 Classes Resume

1/9 Semester Exams (Blocks 1, 2; Periods 1, 2, 3, 4)

1/10 Semester Exams (Block 3; Periods 5, 6)

1/11 Semester Exams (Block 4; Periods 7, 8)

Student Assistance Office

Student Assistance Specialists Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Joyce Booth-Baisten: joyce.booth@linnmar.k12.ia.us (319) 447-4884

Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559

Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. Thanks to some hard work and efforts by some of our LMHS students, we now have a QR code and a link that can be used more easily for student reporting. The QR code will be posted at various locations around school and the link will be made available in the Updates as well as on the LMHS webpage on the district website.

High School Safe2Speakup

See Something. Say Something.

****This reporting tool is for High School students only. ****

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

I need to make a report (THIS IS THE LINK)

I have been/Someone I know has been Sexually Assaulted

Weapon on School Grounds

I am/Someone I know is thinking about Suicide

2nd Quarter

WINTER SPIRIT WEEK is next week

In conjunction with the pep assembly next Friday, Student Council has planned some dress up spirit days that we hope you all will participate in as well as hosting our annual pancake breakfast before school on Friday 12/15 in the Food Court.

The themes for next week are:

- Monday 12/11 - **(Holiday) Pajama Day** - Holiday pajamas are encouraged but not required. 😊
- Tuesday 12/12 - **Jersey Day** - Support your favorite team AND consider supporting some LM athletes that are competing that day as well. (Home Boys BB vs Prairie, Girls BB at Prairie, Boys Swim at Dubuque).
- Wednesday 12/13 - **Twin Day** - Match with one or more of your co-workers OR better yet let's have a Wacky Wednesday theme that everyone participates in!
- Thursday 12/14 - **Red and Green Out** - Dress head to toe in red or green or both.
- Friday 12/15 - **Ugly Sweater Day** - Some may call them ugly. Some may call them beautiful. Some may call them overly festive. No matter your take... You know what to wear.

Let's make next week a fun one – LMHS Student Council!

Amnesty Club Movie Night at 7:00 p.m. on December 15

LMHS Amnesty Club is sponsoring Movie Night on Friday, December 15, at 7:00 p.m., in the Little Theatre. The movie *Ice Age* will be shown. Entry is \$1.00.

Pep Assembly at 3:30 p.m. on December 15

LMHS will have a Pep Assembly in place of RTI on Friday, December 15.

Semester Exam Schedule and Weather Contingency Schedule (January 9-11, 2024)

The Semester Exam Schedule and Semester Exam Weather Contingency Schedule for January 9-11, 2024, are below. More information on semester exams will be coming in December.

1st Semester Exam Schedule (January 9-11, 2024)

1st Semester Exam Schedule Weather Contingency Plans (January 9-11, 2024)

Order Your 2023-24 LMHS Yearbook

Anyone interested in ordering the 2023-24 LMHS Yearbook may do so using the following link.

[Click here to order your 23/24 Yearbook!](#)

12th Grade – LMHS Class of 2024

Senior Prom '24 Location Change This Year

Seniors!! For the first time in at least thirty years, LMHS will have Prom at a new location!! Prom will be held **Saturday, May 11**, at the **Olympic Southside Theater** in the NewBo area of Cedar Rapids. **If you would like a chance to be on the prom committee and help plan this first off campus experience, please contact Ms. Thurston (jthurston@linnmar.k12.ia.us) or Mrs. Kuennen (nicole.kuennen@linnmar.k12.ia.us) in the counseling office.**

Kirkwood Winter/Spring Course registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Foundation Scholarships

Linn-Mar Foundation Scholarships – Attention Seniors! The Linn-Mar Foundation has opened their scholarship application early this year. Applications are completely online and **due January 15**. Check out the LM Foundation website for more details.

How to Request a Transcript for College Applications

Seniors needing to request a transcript for a college should do so through Xello. [See this video](#) for details on how to add a school and request a transcript. Students who are applying via Common App must connect their Common App account to Xello - see this [YouTube video](#) for details.

IMPORTANT LMHS Class of 2024 Planning Dates

- 5/6 Senior Recognition Night (7:00 p.m., LMHS Auditorium)
- 5/11 Senior Prom (8:00 – 10:30 p.m., Olympic Southside Theater, CR)
- 5/22 Seniors Last Class Day (Graduation Rehearsal, 1:00 p.m.)
- 5/26 Commencement (1:00 p.m., Alliant Energy Powerhouse)

11th Grade

Kirkwood Winter/Spring Course registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

10th Grade

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

9th Grade

9th Grade Connection Dates: (3:30-4:00 p.m.)

December 18, March 18, May 6

Activities

Athletics

A Message as we begin the '23-'24 Winter Sports Season:

SPORTSMANSHIP

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents, or other actions that do not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your actions of sportsmanship are greatly appreciated.

DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!

Good Luck to the LM Varsity Poms as they compete at ISDTA State Competition in Des Moines tonight!

Congratulations to the LM Varsity Poms for placing 1st in Pom and 2nd in Jazz at the ISDTA State Dance Championships! State Champion Varsity Pom members are: Ayda Besler, Lexie Buresh, Grace Dewitt, Addison Fischer, Emma Giese, Reina Gilbertson, Larkin Hamilton, MacLynn Hannan, Peyton Kensinger, Lauren Lensch, Sophia McDonald, Sofia McLaughlin, Emmerson Middlekauff, Addy Milam, Juliette Miskell, Claire Muszynski, Bennett Papendick, Natalie Severson, Chloe Smith, Brooklynn Taylor, and Lauren Weber!

Congratulations to the LM JV Poms for placing 1st in JV Jazz and 1st in JV Pom at the Johnston competition on November 19! JV Pom members are: Emery Fillner, Willow Frangul, Molly Genskow, Kaytelynd Guthrie, Genavieve Heitzman, Kaitlyn Hudson, Elsie Ledger, Sara Norsworthy, Arynn Obleton, Kennedy Vancura, and Melanie Widdel!

Congratulations to LM Competition Cheer for Placing 4th at State Cheer Competition on November 4! LM Competition Cheer members are: Lauren Bricker, Ashlyn Chamberlain, Sami Culver, Rachel Dunnwald, Allison Dvorak, Lena Ealy, Sydney Fischer, Abry Harrington, Ella Kline, Megan Smiley, Abigail Sutcliffe, Katelyn Wallrichs, Emma Welsh, Paige Wilhelm, and alternates Kate Bauer, Elsa Schoenbeck, Lexi Sennett, Addison Wegmann, and Ella Whitlow!

Congratulations to LM Cheerleaders Ashlyn Chamberlain, Sydney Fischer, and Paige Wilhelm for being selected for the State Football Honor Squad which performed at the State Football Finals!

Clubs and Organizations

Congratulations to LMHS Esports and the Smash Brothers Ultimate Team for being State Champions for the Fall Esports State Tournament! Team members are: Kyle Langston, Brett Decker, Lucas Carlson, Adam Ledger, Alex Rodriguez, Easton Shepherd, Jack Meyer, Seth Dickson, Austin Pfab, and Joel Silcox!

Other Information

Attendance for the week (Thursday – Thursday): 93.7 %

The next edition of the *Updates for Students and Parents* will be sent to all LMHS students and parents on December 15.