## 2022 North Texas Adapted PE Conference Pioneer Hall, Texas Woman's University, October 14 & 15, 2022

\*\*Draft session booklet. Sessions below are confirmed, final edits are pending\*\*

Title: Keynote: The Inclusion Project

Presenter: Brad Weiner M.Ed., NBCT, CAPE 2013 National APE Teacher of the Year

**Description:** Throughout the mid to late 20<sup>th</sup> century, education has strived to bring diverse groups of students together in one learning environment. Inclusion became a coined term used when students with disabilities were in the same learning environment as students without disabilities. While inclusion is a wonderful concept, researchers are asking whether the term is being misrepresented and how that impacts student learning. This session will provide another perspective that will promote reflection of current practice.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service providers

**Title: Aceing Autism** 

Presenter: Adrienne Bransky, Aceing Autism

**Description:** description to come...

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Adaptive Dance with Jasmine's Beat

Presenter: Jasmine Mathew, Recreational Therapist, CEO

**Description:** Techniques and therapeutic games used throughout Adaptive Dance sessions.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Panel Discussion- Administrator Panel

Presenter: William Davis- Cedar Hill ISD, Billy Eldirdege- Wolfe City ISD, Amelia McMillen -Fort Worth ISD, Justin

McCulick- Prosper ISD. Derica Turner- Cedar Hill ISD

**Description:** A panel of experienced Special Education Administrators and Campus Principals discussing their APE program as it relates to campus based inclusive activities, Special Olympic programming, and advocating for students with special needs.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service Providers

Title: APE to ARD

Presenter: Amy Capener Talbert- Mckinney ISD APE, Angela Campbell- Coppell ISD APE

**Description:** This session is focused on providing teachers new to APE or a refresher for veteran APE teachers with ARD basics. APE teachers complete assessments and make recommendations for APE services. When a student qualifies for APE services, they have been identified as a student with a need for modifications and specialized instruction to better address the TEKS for their age. Increase knowledge and confidence when presenting recommendations for goals/objectives, accommodations, modifications, and schedule of service.

For: APE Teachers

Title: Autism in the PE classroom

Presenter: Marisa Sodders, Adapted PE teacher/Special Olympics Head of Delegation-Lake Travis ISD

**Description:** A presentation of ideas to help students with Autism in the PE classroom. Sensory needs and behavior suggestions will be presented as well as the opportunity for participants to share ideas and what has worked for them. \*session will be recorded for viewing at a later date

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Be the Host with the Most: How to host your first Special Olympics/ParaSport event! Presenter: Juli Krepps- Celina ISD, Heather Parks- Cedar Hill ISD, Melissa Tyler- Region 10

**Description:** This session will provide guidance on how to plan, coordinate, and execute sporting events such as local Special Olympics and Para Sports events for your district. Session will provide guidance on navigating fundraising and obtaining sponsorships.

For: APE Teachers, SPED Teachers

Title: Become a Certified Adapted Physical Educator (CAPE)!

Presenter: Brad Weiner M.Ed., NBCT, CAPE 2013 National APE Teacher of the Year

**Description:** The National Consortium for Physical Education for Individuals with Disabilities (NCPEID) offers a national certification in adapted physical education. This session will review the what, how and why to certify. It is an informational session appropriate for anyone seeking advancement in the field of adapted physical education.

For: APE Teachers, PE Teachers, SPED Teachers

Title: Behavior: Behavior Management: Practical Strategies in the PE Environment

Presenter: Layne Pethick- Region 10 Master Consultant

**Description:** Learning cannot take place in an atmosphere of chaos. The ideal learning environment is safe, structured, consistent, and motivating. (Lavay, French, Henderson 2016). Strategies for assisting PE teachers and paraprofessionals with evaluating, designing, and implementing proactive management plans in the PE setting to reduce off-task behaviors.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Collaborating with Paras/PE/Sped staff

Presenter: Andrea Crane and Hannah Reunolds, MS, CAPE- Highland Park ISD

**Description:** A large part of Adapted PE is the ability to effectively communicate and collaborate with a variety of professionals that interact with students. This session will highlight Andrea Crane, a retired APE Teacher who went from a SPED teacher assistant to a PE teacher to the district's only APE, and how she was able to establish meaningful and productive relationships with paraprofessionals, PE teachers, and SPED staff in order to increase the "buy-in" of APE across the district. Andrea and Hannah Reynolds, her new APE replacement in the district, will also highlight their best practices on how to transition from one APE to a new one in a district and how to maintain these meaningful relationships even after an APE teacher retires.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals,

Title: Data Collection on the Go

Presenter: Carmen Franco- Region 10, Nikki Fulton-Royal TWU PHD Candidate

**Description:** This session will focus on using Google Forms and Google Sheets to efficiently collect, report, and share data required for progress reports and IEP development. This presentation will be interactive. You are encouraged to use your own device (laptop or tablet) to follow along in the process. By the end of our time together, you will have a template to begin using right away.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service Providers

Title: Denton Parks and Rec Adaptive Sports-Opportunities for Transition Age Programs in Communities Presenter: Mia Macy, City of Denton Parks and Recreation

**Description:** Session focused on how to implement transition aged and beyond adapted and inclusive programming in a public domain. Session will include programs, budgeting, marketing, and collaboration information Denton Parks and Rec has used to create a growing Adapted Rec program. Information will cover APA, therapeutic rec, and social engagement.

For: APE Teachers, SPED Teachers, PPE Teachers

Title: Effective Assessment Practices in Adapted Physical Education Presenter: Dr. Suzanna Dillon, Nikki Fulton-Roya, Jamie Linker- TWU

**Description:** Assessment is critical to the development and implementation of effective programming in adapted physical education (APE). This session will address best practices in assessment in APE, including findings from recent research; discuss Federal mandates specific to assessment in special education; discuss assessment instruments commonly used in APE across the United States; and share collaboration strategies to enhance the assessment process.

For: APE Teachers, SPED Teachers, PPE Teachers, Related Service Providers

Title: FUNdamental Sports - An Updated Special Olympics Program
Presenter: Barbara Kielaszek, Volunteer Lead, SOTX, FUNdamental Sports; Retired CAPE
Renee Klovenski, Executive Director Quality Assurance, SOTX

**Description:** This program offers students with multiple impairments the opportunity to acquire motor skills for a variety of sport and daily life activities. Conference session attendees will be able to participate in activity stations that accommodate for a wide range of abilities and include sport equipment using switch devices.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service Providers

Title: The Importance of Life Long Movement for Students with Visual Impairments

Presenter: Alexa Pounor-Regional Consultant for Vision Impairments, Thomas Swinden- Region 10

**Description:** Data shows that students with many visual impairments struggle with obesity and sedentary lives. As a result, their health and quality of life suffers. This has significant impact on their self-esteem and mental health and also greatly impacts their ability to gain employment later in life. Attendees of this session will learn the importance of movement activities and gain knowledge on how they can develop a life plan for their students that increases movement and exercise. Subject matter experts in the areas of APE and Visual Impairment will guide the conversation.

For: APE Teachers, SPED Teachers, PPE Teachers, Related Service Providers, Paraprofessionals

Title: Inclusion strategies and what they might look like in an elementary and secondary PE environment Presenter: Randy Foederer, CAPE, APE, Region 10 Master Consultant

**Description:** This session is designed to share strategies that can help keep these students participating as actively and successfully as possible in the general PE environment. Through tag, relay, fitness, and other low organizational activities, eight (8) instructional strategies, which are designed to create successful experiences, maintain a high level of participation for all students, and maintain the dignity of students with disabilities will be explored.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Inclusive Best Practices and Community Outreach

Presenter: Lynn McGuff- Fort Worth ISD APE, Dave Oleson- Fort Worth ISD APE, Emy Williams-Fort Worth ISD APE

**Description:** Learn how to take Inclusion to the next level within your school and beyond. Hear about some of the Unified programs and activities that have been implemented in FWISD, TCU, and Ft. Worth Parks and Rec. There will be time for brainstorming to see how we can all provide more opportunities for our students.

For: APE Teachers, SPED Teachers, PPE Teachers

Title: Interprofessional Collaboration to Support Student Success

Presenter: Lois Goodin, PT, DPT, PCS, Region 10

**Description:** Collaboration is a key component of IDEA to develop a student's individualized education program (IEP). To achieve FAPE for students with a disability, parents/guardians, students, educators, related service providers, and other team members must work together. Writing good PLAAFP statements and annual goals and tracking progress is a team sport! This session will look a recent Joint Statement on Interprofessional Collaborative Goals in School-Based Practice (APTA, AOTA, ASHA), TEA documents on Annual Goals and other helpful resources and information on working as a team to support our students.

For: APE Teachers, SPED Teachers, PPE Teachers, Related Service Providers

Title: Kid-netic Games Overview Presenter: Region 10 Consultants

**Description:** This session will review events and activities offered at the Kid-netic Games. The Kid-netic Games is an annual weekend athletic event for students ages 2-22 with physical impairments such as amputations, spinal cord injuries, cerebral palsy, spina bifida, muscular dystrophy, dwarfism, and other orthopedic impairments. The event allows individuals with physical disabilities to participate in track and field, wheelchair basketball, and power soccer. Also offered are clinics in sports and recreational pursuits such as wheelchair tennis and boccia. During this session, hands on demonstrations and strategies for wheelchair basketball, archery, soccer, boccia, and several track and field events will be offered. Participants will have the opportunity to participate in several sports and drills throughout the demonstration.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service Providers

Title: Low incidence and adapted PE

Presenter: Kendra Shield, Fort Worth ISD APE

**Description:** We will be breaking down basic elements of sports, life experiences, and classroom activities or adapted physical education for students in the low incidence environment

For: APE Teachers, SPED Teachers, PPE Teacher, Paraprofessionals

**Title: Mobility Equipment** 

Presenter: TK McMahon, Region 10

Description: A deep dive into various mobility equipment that can be utilized within the PE setting for student

success.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals, Related Service Providers

Title: Navigating the Texas Transition and Employment Guide

Presenter: Sandye Cox Region-10 Master Consultant, Amy Reeves- Region 10 Consultant

**Description:** This session will help students and families become familiar with the updated Texas Transition and Employment Guide. This guide contains valuable resources and tools to support students and their families as they navigate through transition planning and graduation.

For: APE Teachers, SPED Teachers

Title: Partner PE

Presenter: Vicki Mason-Foederer- Lovejoy ISD, APE Professional

**Description:** This is an abbreviated version of the full day Partner PE training with a concentration on encouraging administrators to get behind the program, and providing PE teachers with the tools to accomplish and provide high-quality Partner PE programs.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Servicing the ages 3-5

Presenter: Sarah Bostick, Forth Worth ISD

**Description:** School districts tend to overlook ages 3-5, but these are some of the most critical formative years. In Fort Worth ISD we have started working with this age group to set these students up for success when they move into the following grades. By working with this age group we can more easily identify those students who would benefit from Adapted PE services when they transition to General Education PE.

For: APE Teachers, SPED Teachers, PPE Teachers, Related Service Providers, Paraprofessionals

Title: SNL: Sensorimotor Next Level for Students with Severe & Multiple Disabilities

Presenter: Amy Capener Talbert- Mckinney ISD APE, Angela Campbell Coppell ISD APE

**Description:** This session is focused on providing Adapted Physical Education teachers with the knowledge and strategies to provide sensorimotor level learners with research-based instruction. Move to the "Next Level" of instruction by utilizing a student-centered approach to improve goal writing based on assessment of interests, motivations, strengths, and weaknesses. Learn to develop routines with embedded goals and collect data to demonstrate student progress. Support student success through structured motor activities.

For: APE Teachers, SPED Teachers, PPE Teachers, Paraprofessionals

Title: Special Olympics Unified Champion Schools and Unified Sports

Presenter: Wade Wilcox, Unified Champion Schools Specialist

**Description:** Learn more about Unified Sports and other great inclusion programs offered as part of the Special Olympics Unified Champion Schools initiative!

Title: Special Strong- Adaptive Fitness for a more Abundant Life

Presenter: Ron Janowczyk/ Manju Nivsarker, Owner & CPT/Certified Adaptive Trainer-Special Strong

**Description:** Special Strong works with clients to unlock the strength and confidence within the mind, body, and spirit of every individual impacted by mental, physical, and cognitive challenges in order to live a more independent and abundant life. We offer private, semi-private, virtual, and group training in an inclusive and community-accessible environment.

For: APE Teachers, PPE Teachers, Related Service Providers