

2023 Linn-Mar Winter Pitching Softball Camp



**Featuring Pitching Instructor and Owner of Level Up Fastpitch,
Arin (Pershing) Oppermann**

Sunday, January 15th

Session 1: 12:00-2:00 (MAX of 10 pitchers)
Ages 5th -7th Grade and/or Beginner/Intermediate

Session 2: 2:30-4:30 (MAX of 10 pitchers)
Ages 7th-High Schoolers and/or Intermediate/Advanced

If we have enough interest, there will be another session added for 5:00-7:00 so please include your contact information for the possibility to be added to waiting list, if needed.

Location: Linn-Mar High School Gym
Cost: \$85

About Arin (Pershing Oppermann)

Owner of Level Up Fastpitch

Certified member of Tincher Pitching Organization

- Requires intensive training and continued collaboration with instructors on mechanics, drills, recruiting, mindset training, movement pitches, and so much more.

Former player for Linn-Mar Lions 1999-2003

- 1st team All-State/Conference/Metro, Conference player of the year

Collegiate Softball Pitcher at Kirkwood Community College and Luther College

Over 20 Years of Private Lesson Experience

- Helped develop around a dozen D1 pitchers (including Mississippi State, Iowa, Central Michigan, and St. Thomas), and many more at other collegiate levels

“Among my greatest accomplishments, however, is that I've been able to keep my pitchers healthy and help new-to-me pitchers come back strong after experiencing an injury (fractured spine, shoulder issues, bicep tears, etc). Because of the mechanics I teach, I'm able to help them get the most out of their bodies in a natural, efficient, and powerful way that is less taxing on their bodies and far more productive.”

- Arin Oppermann

****In case of inclement weather there will be an email sent out or follow us on twitter @LM_Softball**

Makes checks payable to: Linn-Mar Softball

Release of Liability and Medical Authorization

We (I) hereby give our (my) permission to the Linn-Mar Softball Pitching Camp to provide medical attention to my child in the event of injury or illness. We (I) hereby release Linn-Mar Community Schools and all its employees from all claims present or future result from any injuries, which may have been sustained while attending the Linn-Mar Softball Camp.

SIGNATURE _____

DATE: _____