

**2022
DANCE TEAM
Spring Tryout Memo**

Bend High School Try Out Dates: JUNE 13 & 14, 2022

DANCE Team initial clearing process begins May 31. **All athletes must request an email copy or pick-up the Dance team tryout packet in our athletic office ASAP.**

Please read the entire packet!!!!

#1 * YOU are required to give a copy of a current physical to our athletic secretary. It must be on an OSAA Sports Physical form.

#2 *You must register on FamilyId - <https://www.familyid.com/bend-high-school> - opens May 30th.

#3 * You will need to come into the athletics' office with your current physical or remind us it is in your file. With the above complete, you will receive a "try-out only" yellow clearance slip that you will hand to your DANCE coach.

(No Physical, No registration, NO yellow SLIP = no tryout)

- Current 8th graders have a unique situation. They must bring in an OSAA physical with an exam date between May 1, 2020 – April 30, 2022 or a physical exam dated May 1, 2022 or later. If they use the May 1, 2020 – April 30, 2022 date, please remember you will need a new physical for final clearance (August 1-12) This exam must be done May 1, 2022 or later.
- Current 9th graders must have an OSAA physical exam dated after May 1, 2021 (good for 10th grade). Bring in physical or must be on file with us. We will verify physical.
- Current 10th graders must have an OSAA physical exam dated after May 1, 2020 but will be required to have a new physical exam for final clearance (August 1-12) dated May 1, 2022 or later. Bring in physical or must be on file with us. We will verify physical.
- Current 11th graders must have a physical exam dated May 1, 2021 or later. (good for 12th grade) Bring in physical or must be on file with us. We will verify physical.

****IMPORTANT~ if you get a new physical do it ON or AFTER MAY 1, 2022; otherwise we cannot accept it.**

WE will only accept the OSAA sports physical examination form which can be found on the OSAA website. Please go to www.osaa.org then Governance tab, forms and scroll down to physical examination form (Physical Examination version last updated May 2017) or you may pick one up from our athletic office.

QUESTIONS: PLEASE Email Coach Karissa Lamire (bshdanceteam@yahoo.com) or email Genelle @ genelle.reese@bend.k12.or.us ASAP.

ALL OF THE ABOVE MUST BE DONE BY June 13th @ 3:00PM TO be eligible for MANDATORY tryouts, which begin after school, Monday June 13.

(No temporary clearance slip – no tryout)

NOTE: Once the athlete makes the team, they will be required to contact our athletic/activities office for further instruction regarding eligibility, final clearance and the first mandatory practice, which is Aug. 15, 2022