

PARENT CONFERENCES

Fall conferences begin on Friday, November 18th. Your student should be contacting you to make an appointment to attend the conferences.

> Friday, 11/18 8:30 - 3:00 Monday, 11/21 8:30 - 6:30 Tuesday, 11/22 8:30 - 12:00

Appointments will begin in the MPR with a Student-Led conference for students to show-off their accomplishments, and will include review of attendance, 1st quarter grades and academic goals. Parents will also have an opportunity to meet all 1st Quarter teachers.

Message from the Principal

The start of the 2022-23 school year has been fun and event-filled. We were excited to see the return of our students in August, in addition to meeting students new to our district. We hope everyone has embarked on this school year with a vision, enthusiasm and commitment to your goals and the CHS staff are excited to be a part of your journey. Concrete High School offers students a unique experience in a small, rural community. Students will create many memories throughout their high school experience, and will make lifelong friendships.

Our goal this year is to raise the bar in everything we do, from academics to athletics, activities, and community service. Students, parents and staff will hear us talk about raising the bar to give our students, families, and community the education they deserve and need for their future. Teachers and staff work continually to provide high quality instruction that is relevant to citizens of the 21st Century. Students will also need to work continually, and put forth their best efforts, to gain the required knowledge and skills to be positive contributing members of society. Parents and the community are vital partners in this pursuit of excellence in everything we do and we are blessed to have them on our team! Go Lions!

FALL CAREER DAY

On Wednesday, October 19, 2022. We had 26 community professionals who volunteered to give three, 30-minute presentations to our students. They introduced themselves, their jobs, and the paths they took to their job, etc. and hosted question and answer time for students. The second half of the day was spent with students working on their High School and Beyond Plan requirements. Students completed an interest and skill inventory questions designed to connect them to possible careers and pathways. The purpose of Career Day was to connect students to possible pathways and relate the importance of their education to their career goals. This was a huge effort with many moving parts and we were blessed to have the many community volunteers present to our students and all of the teachers and staff who continue to support CHS students. The event was a huge success that we hope to offer another Career Day in the spring on March 15, 2023



LION TIME ADVISORY PERIOD

7-12 Advisory Period - Concrete High School's goal is to provide students with the knowledge and skills they will need to meet their goals and be productive citizens. This entails ensuring that students develop all components of 21st Century skills.

The Advisory class is structured to provide students with one teacher as a guide to learn and work on developing these skills: Creativity and innovation, critical thinking and problem solving, communication and collaboration, information media, and technology skills, information literacy, media literacy, life and career skills, flexibility and adaptability, initiative and self-direction, social and cross-cultural skills, productivity and accountability, leadership and responsibility.

Each Advisory class period will focus within these three categories:

- · Academic achievement aligned to student goals
- High School and Beyond Plan (HSBP)
- Citizenship and Leadership through the Leader in Me curriculum

Advisory Goals

- Have at least one adult at school who knows and cares about each student
- Students graduate with choices for their future
- Students become active members of the community
- Students develop the skills to make good life choices
- Students being able to assess their own performance and make plans to improve

New this year: We have added the Leader in Me curriculum that begun at our Concrete Elementary School three years ago. It is based on the 7 Habits of Highly Effective Teens and we will be focusing on supporting students to recognize the leader within themselves and how they can make a positive impact on their school and community. The Leader in Me curriculum will provide a variety of lessons on leader attributes, community building, and positive citizenship traits. We are looking forward to being on this journey with our students and parents!

Leaderin Megreat happens here

WHAT'S NEW THIS YEAR?

- Agendas Every student and staff member has been provided with an agenda to support students learning good organization and study habits while also improving communication between school and home. They will be utilized in all of their classes and in Advisory class.
- Late start Wednesday, every Wednesday, to provide comprehensive and cohesive professional development for teachers with a focus on increasing student achievement.
- Modified block schedule (HS) and a block schedule (7-8) to provide more time to teach in-depth concepts in one sustained period.
- 7th & 8th grade student classes are located in the district building to create a smaller learning community which leads to higher academic achievement.

UPCOMING EVENTS

NOVEMBER

- 15 MS Boys Basketball @ LaConner DH 4:00
- 16 Late Start Wednesday & Club/Activity Day
- 17 MS Boys Basketball v. Darrington 4:00
- 18, 21, & 22 Fall Student/Parent Conferences
 *Attendance is required at conferences
- · 21 MS Boys Basketball @ MV Christian DH 3:45
- · 22 MS Boys Basketball v. Orcas 4:00
- · 23-25 Thanksgiving Break
- 30 Late Start Wednesday & Club/Activity Day MS Boys Basketball v. La Conner 4:00

DECEMBER 2022

- 1 GBB/BBB @ Seattle Hebrew Academy 6:30/8:00
- 3 GBB/BBB @ Crescent HS 3:00/4:30
- 6 GBB/BBB v. Granite Falls HS 6:00/7:30
- 7 Late Start Wednesday & Club/Activity Day Lions Club Meeting
- 8 GBB/BBB @ Bush HS 5:30/7:00
- · 10 GBB/BBB @ Sound Christian Academy 4:00/2:30
- 14 Late Start Wednesday & Club/Activity Day Concrete Booster Club Mtg 6:30
- 16 GBB/BBB @ Orcas Island HS 5:00/3:30
- 19 GBB/BBB v. Tulalip HHH 6:00/7:30
- 20 GBB/BBB v. MV Christian 6:00/7:30
- · 29 GBB v. Sedro Woolley 6:00 pm
- · December 19- Jan 2 Winter Break No School

JANUARY 2023

- 4 Late Start Wednesday & Club/Activity Day Lions Club Meeting
- 6 GBB/BBB v. La Conner HS 7:30/6:00
- 7 Boys BB @ Concordia Christian 2:00
- 10 GBB/BBB v. Darrington HS 6:00/7:30
- 11 Late Start Wednesday & Club/Activity Day Concrete Booster Club Meeting
- 13 Boys BB @ Thorp HS 7:00
- · 16 Martin Luther Kin Jr. Day No School
- 17 GBB/BBB @ MV Christian 6:00/7:30
- 18 Late Start Wednesday & Club/Activity Day Concrete Lions Club Meeting
- 19 GBB/BBB @ Friday Harbor HS 4:00/5:30
- 24 GBB/BBB v. Coupeville HS 6:00/7:30
- 25 Late Start Wednesday & Club/Activity Day
- 26 GBB/BBBv. Orcas HS 5:30/4:00
- 27 GBB/BBB v. Summit Christian HS 6:00/7:45
- 27 End of 1st Semester
- 28 GBB/BBB @ Shoreline Christian HS 5:30/7:00
- 31 GBB/BBB @ Darrington HS 7:00/5:30



FOR YOUR INFORMATION

STUDENT SUPPORT LION'S DEN & BOY'S & GIRL'S CLUB

PURPOSE: Concrete High School's goal is to provide students with the foundation of knowledge and skills they will need to graduate and be prepared and be productive citizens. CHS is implementing the Lion's Den, which will serve as an after school student support program. It will serve students who don't have access to technology at home, students who want additional academic support, student athletes who need a place to study before practice or who need guidance and support to improve their grades.

The Lion's Den will also be a collaborative partnership between CHS and Concrete Boys & Girls Club. The BGC program provides one hour per day of homework help on Mondays through Thursdays. The second hour of the program centers around safe and positive youth development, with chances for fun, opportunities and expectations, and youth leadership development. The BGC staff will meet with families and discuss the program and how they can help youth achieve academic success, learn about healthy lifestyles, and develop good character and citizenship, while also seeing to their social emotional health by providing a safe and positive environment.

GOALS:

- Provide academic support for students, groups, and athletes
- Provide tutoring and guidance for all students
- Provide access to technology
- Provide access to community resources
- Provide basic needed resources (hygiene, snacks, etc.)
- Provide access to the Boys & Girls Club

OUTCOMES

The outcomes of the program are aimed toward the highest level of impact – personalizing the school experience, and building community to reach our goal of increasing student success, student on-track status, and graduation rates.

- Equalizing opportunity so students of all income levels have academic success
- Decreasing dropout rates
- Increasing student engagement
- Enhancing student achievement on the state assessments and in class
- Strengthening community, both within the school and in the surrounding neighborhood



LINKS & RESOURCES

Concrete High School Website

Concrete Lions Athletic Web Page

CHS Cross-Country Schedule

CHS Football Schedule

CHS Varsity Volleyball Schedule

CHS JV Volleyball Schedule

5 Tips to Student Success:

- 1. Manage time
- 2. Focus on objectives
- 3. Self respect
- 4. Don't give up easily
- 5. Self-confident







CHS Tardy/Hall Pass Punch Card Interventions

PURPOSE: Students being late to school and to class, in addition to going to their locker, or using a pass to the restroom, all result in students missing out on important class time, instruction, guidance and support. In an effort to minimize the amount of times students are out of class AND to teach students how to manage their own behavior to prepare them for the world of work, we have instituted the Star Pass.

1ST Level Intervention: - Each student will be issued a tardy punch card for the semester. In ADDITION TO the 5 minute passing period between classes (35 minutes of total passing time per day), and the 30 minute lunch time, each time a student is tardy, needs to leave the classroom to use the restroom, go to their locker, etc. this card must be presented to the teacher to be punched. IF the student is habitually tardy the student will be referred to the office to meet with the guidance counselor or principal. Progressive discipline will be followed; parents will be contacted and the student may also be placed on an attendance/tardy contract. If a student loses their pass it will be replaced one time with punches taken from recorded tardies. If a student loses it a second time they will be placed on 2nd level interventions.

2ND Level Intervention: 1st tardy=Warning; 2nd tardy=Teacher Detention; 3rd tardy=Lunch Detention & call parent; 4th tardy=After school detention & counselor referral.

Results: Since we have implemented the Star Pass we have had a significant decrease in students being tardy to class, asking to go to their lockers, or asking to leave class for other reasons. This should also result in students increased learning time in the classroom.

The Purpose of School & Dress Codes

Schools, especially high schools, function as microcosm's of society. In general, a high school education's primary goal is to prepare students to be positive contributing members of their community and the society at large. This requires students to be literate (able to read and write) conduct basic mathematic processes, think critically, understand fundamental economic principles and understand the science of how the world works. All of which is enhanced and broadened by studying the arts, including literature, and the visual and performing arts. In addition, and just a crucial to a high functioning society, high schools fundamental responsibility is to teach acceptable social norms that will be required for their future. This includes teaching social conduct, causes and consequences, appropriate behaviors, freedom, tolerance, respect for human dignity, and preparing committed, critical thinking and active citizens. All of which involves learning the appropriate time and place for actions, activities, and behaviors, including how to dress appropriately for the purpose and function of the role or activity.

School dress code issues

School Safety

- Colors and gang affiliation
- Rips and tears get snagged Spikes/chains as weapons
- Appropriate shoes protect
- students feet and prevent other injuries
- Indecent exposure

Behavior

- Name brands causing division, peer pressure
- teasing, bullying and theft Intimidation and fear
- Can create low self-esteem
- Increase in discipline

Societal Norms

- Appropriate to match the purpose and function of the place or activity
- A multitude of jobs require uniforms or have dress
- policies
- Future employers check social media



BASIC GUIDELINES

Student and Staff Expectations

Students and staff are expected to wear acceptable attire for their general role or activity in the school.

- Appropriate to their role Appropriate coverage
- No disrespectful language or images
- · Safe for the person & others



School Appropriate Options

- Student covers the area of concern
 Student is issued replacement, changes and
- goes back to class
- Parents bring replacement clothes Insubordination will result in a student being placed in ISS and completing a research project on the impact of dress codes

Cell Phone Awareness

Statistics

Smartphone addiction & statistics

According to slicktext.com cell-phone use has increased 39%

- · Compared to teens who only spend an hour on electronic devices daily, teens who spend five or more hours a day on electronic devices are 71% more likely to exhibit suicide risk factors.
- Of the teachers surveyed, 67% noticed their students being negatively distracted by mobile devices
- 41% of teenagers feel overwhelmed by the quantity of text alerts they receive on a daily basis.
- Rather than in-person interaction, 33% of teens spend more time socializing with close friends online,
- 52% of teens sit for long periods of time in silence, on their smartphones, while hanging out with friends
- The average smartphone owner will click, tap or swipe their phone 2,617 times a day.
- 26% of accidents involving cars are caused by cell phone use while
- . 69% of smartphone users check their device within the first five minutes of waking up in the morning.
- Constant interruptions by text blasts and notifications can contribute to ADD.

Resource for Parents on Facebook Officer Gomez, Student Resource Officer

https://www.facebook.com/search/top?q=officer%20gomez

Earpods/Earbuds

- · Kids are listening to their earpods during class time using one earpod that the teacher can not see. The other earpod is usually in their friend's ear so they can listen to the same music during
- · Students get sound notification each time they receive a text message or social media updates. Causes distractions and missing out in class due to excessive bathroom breaks.
- · Students can listen to recorded test prep answers to cheat on



Addiction to

Phones

Distractions for students: Classroom Disruption

· Lack of self-confidence

Social Media stalkers

Sexting/Nude Photos

*Search for Officer Gomez

on Facebook for more tips

Phone/Tech Apps:

1. Snapchat

4. Fortnight

Bullying Threats

Suicide

2. Tik Tok 3. Instagram

> "Parents have a hard time believing me when I say more than 70% of high school kids (14-18) have sent out nude photos. Teens don't challenge me on this number because they already know the numbers. " Officer Gomez, July 25, 2022





Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

Even as children grow older and more independent, families play a key role in making sure students access learning opportunities and understand why attendance is so important for success in school and on the job. Families can also advocate for resources to help students learn if they cannot attend in-person.

DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school every day.
- · Help your children maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-Covid-19 related medical appointments during the school day.
- Keep your child healthy, and if you are concerned about Covid-19, call your school for advice.
- If your children must stay home because they are sick or in quarantine, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

Help your teen stay engaged

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your children are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor you child's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your child to join meaningful after-school activities, including sports and clubs.
- Notice and support your children if they are showing signs of anxiety.

Communicate with the school

- Know the school's attendance policy incentives and penalties.
- Check on your child's attendance to be sure absences are not adding up.
- · Seek help from school staff, other parents or community agencies if you need support.

Revised October 2021

