



Linn-Mar High School **Updates and Announcements** **For Students and Parents** **November 18, 2022**



Calendar

November 21 – December 2, 2022

Weeks 14 and 15

Mid-November has arrived...A time to give thanks

Monday,	November 21	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
Tuesday,	November 22	Regular Daily Schedule (9:00 – 4:00 p.m.)
	All Day	*Student Support Services to Camp Courageous @ Monticello
	3:00 p.m.	*V Girls/Boys Bowling @ CR Prairie (Lancer Lanes)
	3:30 p.m.	RTI
	5:00 p.m.	*V Boys Swimming Metro Meet @ CR Washington
	6:00 p.m.	JV1/V Girls Basketball vs. Bettendorf (LM Main Gym)
Wednesday,	November 23	Holiday Break – No Classes
Thursday,	November 24	Thanksgiving Day – No Classes
Friday,	November 25	Holiday Break – No Classes
	All Day	FBLA Hawkeye Game Concession Stand @ Iowa City (Kinnick Stadium)
Saturday,	November 26	
	10:00 a.m.	V Girls Wrestling LM Tournament (LM Main Gym)
Monday,	November 28	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
Tuesday,	November 29	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
	4:30 p.m.	*JV1/V Girls Basketball @ Marion Independent
	6:00 p.m.	10 th /V Boys Basketball vs. Bettendorf
		JV/V Boys Swimming vs. Waterloo
Wednesday,	November 30	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
	4:00 p.m.	Dungeons and Dragons Club (Learning Center)
		Chess Club (I013, Dr. Mangano's classroom)
	7:00 p.m.	V Pom Preview Show (LM Main Gym)
Thursday,	December 1	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
	4:30 p.m.	*LMHS PARENT CONFERENCES
	TBD	V Girls Wrestling @ Coralville (Xtreme Arena)
	5:00 p.m.	Jazz-A-Thon (Learning Center)
	6:00 p.m.	*JV2 Girls Basketball @ Western Dubuque
	6:15 p.m.	*JV/V Boys Wrestling @ Dubuque Hempstead
Friday,	December 2	Regular Daily Schedule (9:00 – 4:00 p.m.)
		Deadline to DROP Classes for 2nd Quarter
	All Day	*V Pom State Solo and Team Competition @ Des Moines
	All Day	*V Girls/Boys Wrestling Dan Gable Donnybrook @ Coralville
	3:30 p.m.	RTI
	3:45 p.m.	*V Girls/Boys Bowling @ Xavier (May City Bowl)
	6:00 p.m.	JV1/V Girls Basketball vs. Dubuque Wahlert (LM Main Gym)

Saturday, December 3

All Day	NEIBA Concert Band @ Oelwein
All Day	V Boys Wrestling Dan Gable Donnybrook @ Coralville
10:00 a.m.	V Boys Swimming @ Sun Prairie Invite (LaCrosse, WI)
12:00 p.m.	10 th /V Boys Basketball vs. Waukee (LM Main Gym)
2:30 p.m.	JV1/V Girls Basketball @ Muscatine

*Notes

11/22 Student Support Services depart at 8:45 a.m. (Returns at 12:00 p.m.)

V Girls/Boys Bowling dismissed at 1:40 p.m.

V Boys Swimming dismissed at 2:30 p.m.

11/29 JV1/V Girls Basketball dismissed at 3:40 p.m.

12/1 **PARENT CONFERENCES:** As with each conference night, priority will be given to those needing more support or currently struggling in a particular course. Remaining conference slots for teachers will open for everyone on Tuesday, November 29. **Information regarding conference sign-up will be emailed to parents directly.**

JV2 Girls Basketball dismissed at 3:40 p.m.

JV/V Boys Wrestling dismissed at 3:10 p.m.

12/2 V Pom dismissed at 1:40 p.m.

V Girls/Boys Wrestling departing prior to 9:00 a.m.

JV/V Girls/Boys Bowling at 2:25 p.m.

Future

12/23 – 1/2/23 Winter Break

1/11 Semester Exams (Periods 1-4, Blocks 1-2)

1/12 Semester Exams (Periods 5-6, Block 3)

1/13 Semester Exams (Periods 7-8, Block 4)

1/16 Professional Development Day – No Classes

1/17 Teacher Collaboration Day – No Classes

1/18 First Day of 2nd Semester/3rd Quarter

Student Assistance Office

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Janessa Carr: janessa.carr@linnmar.k12.ia.us (319) 892-4884

Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559

Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

2nd Quarter

Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:

February 27 – March 3, 2023

Respect Week

Sponsoring Group: Linn-Mar Buddies

Guidelines for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives: The following has been developed to establish uniform expectations and protocols for any building-wide sponsored celebrations/recognitions/drives/awareness initiatives:

- Only official LMHS clubs/organizations/teams/groups/classes may sponsor building-wide celebrations/recognitions/drives/awareness initiatives.
- All celebrations/recognitions/drives/awareness initiatives will last no longer than one week. Any extension will require administrative approval that will only be granted for unforeseen circumstances (e.g. school weather cancellations). [For national month-long celebrations (October-Breast Cancer Awareness Month, February-Black History Month, etc.), the sponsoring group will work with the administration to change the approved displays/signs/posters from any natural wear].
- Any celebration/recognition/drive/awareness initiative must have administrative approval no later than Tuesday of the preceding week.

- d. The celebration/recognition/drive/awareness initiative will be made known to the LMHS staff in the weekly *FYI* and to LMHS students and parents in the weekly *LMHS Updates for Students and Parents*.
- e. All signs/displays/posters must have administrative approval.
- f. All signs/displays/posters will only be in the Four Corners area extended to the double-doors in each adjacent hallway.
- g. Any student found to have damaged any approved signs/displays/posters or to be found disrupting the celebration/recognition/drive/awareness initiative will be subject to discipline.
- h. All signs/displays/posters must be removed by the sponsoring LMHS club/organization/team/group/class by Friday evening of the approved week.

ATTENDANCE PHONE NUMBER:

Our **Attendance Phone line is (319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

2nd Quarter Academic Planning Dates and Deadlines

- 12/2 Deadline to Drop Classes for 2nd Quarter
- 12/3 SAT
- 12/9 Deadline to Declare Credit/Fail for 2nd Quarter Classes
- 12/10 ACT
- 1/11 Semester Exam Schedule (Periods 1,2,3,4; Blocks 1,2)
- 1/12 Semester Exam Schedule (Periods 5, 6; Block 3)
- 1/13 Semester Exam Schedule (Periods 7, 8; Block 4)

12th Grade – LMHS Class of 2023

Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

Important 12th Grade Planning Dates

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

12th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Linn-Mar Foundation Scholarships are now open. Students can go online to apply at <https://www.linnmarfoundation.org/lmfscholarships/>. Applications are due Friday, January 13th. Just a note: We are aware that the website has experienced some slow downs. Please be patient as there are higher amounts of traffic on the website right now.

Job Shadow Opportunities will open for a 2nd round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center's Job Shadow experiences, applications are due by noon, Friday, November 18th. Check out www.kirkwood.edu/wlc/jobshadows for more details on open job shadows and how to apply.

You can now register for WINTER & SPRING Kirkwood classes. You can find a [list of Kirkwood Courses Linn-Mar offers HERE](#). For directions on how to register, [check out this flyer](#).

Winter term courses are limited and shorter than a regular semester class with class dates running from December 14th-January 24th. The **deadline to sign up for winter classes is November 29th**.
Spring term course **registration is open now until January 3rd**. Check with your school counselor BEFORE winter break about taking spring courses!

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out www.icansucceed.org/apt to make an appointment.

Senior Transcript Requests

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

11th Grade

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

11th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Job Shadow Opportunities will open for a 2nd round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center's Job Shadow experiences, applications are due by noon, Friday, November 18th. Check out www.kirkwood.edu/wlc/jobshadows for more details on open job shadows and how to apply.

You can now register for WINTER & SPRING Kirkwood classes. You can find a [list of Kirkwood Courses Linn-Mar offers HERE](#). For directions on how to register, [check out this flyer](#).

Winter term courses are limited and shorter than a regular semester class with class dates running from December 14th-January 24th. The deadline to sign up for winter classes is November 29th.

Spring term course registration is open now until January 3rd. Check with your school counselor BEFORE winter break about taking spring courses!

10th Grade

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

10th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Job Shadow Opportunities will open for a 2nd round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center's Job Shadow experiences, applications are due by noon, Friday, November 18th. Check out www.kirkwood.edu/wlc/jobshadows for more details on open job shadows and how to apply.

9th Grade

Future 9th Grade Connection Dates (3:30-4:00 p.m.)

Monday, December 19, 3:30 p.m.

Monday, January 30, 3:30 p.m.

Monday, February 6, 3:30 p.m.

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

From the College and Career Center:

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

9th grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Activities

REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

Athletics

A Message as we begin the Winter Sports Season:

SPORTSMANSHIP

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents or that does not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your efforts toward sportsmanship are greatly appreciated.

DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!

We currently have **382 LMHS students** involved in winter sports.

Congratulation to the Lion Girls Swimming and Diving Team as they competed in the State Meet. Lion Place winners are **Hayley Kimmel** (2nd Place-100 Free, 3rd Place-100 Back, 5th Place 400 Free Relay, 7th Place-200 Medley Relay); **Lucy Haars** (5th Place-400 Free Relay, 7th Place-200 Medley Relay, 12th Place-100 Free, 15th Place-200 Free); **Mehal Raghwani** (5th Place-400 Free Relay, 7th Place-200 Medley Relay); **Maura Carstensen** (7th Place-200 Medley Relay, 15th Place-100 Fly); **Mikala Schmidt** (5th Place-400 Free Relay)! State Qualifiers are: **Kate Denner** (Diving); **Mehal Raghwani** (200 Medley Relay, 100 Backstroke, 400 Free Relay); **Hayley Kimmel** (200 Medley Relay, 100 Free, 100 Backstroke, 400 Medley Relay); **Maura Carstensen** (200 Medley Relay, 100 Butterfly, 200 Free Relay, 100 Breaststroke); **Emily Brennom** (200 Medley Relay, 500 Free); **Lucy Haars** (200 Free, 100 Free, 200 Free Relay, 400 Free Relay); **Mikala Schmidt** (200 Free, 500 Free, 400 Free Relay); **Ellie Junk** (200 Free Relay); **Libby Richard** (200 Free Relay), and **Grace Whisenaud** (100 Backstroke)!

Good Luck to the LM Varsity Poms as they compete in **Regional Competition** at Johnston tomorrow!

Congratulations to **Kate Passmore** of the Lion Volleyball Team for being selected 2nd Team All-State! **Kate** was also selected 5A Northeast All-District!

Congratulations to the LM Competition Cheer Team for Placing 1st at the Waukee Competition last Sunday! The Competition Cheer Team includes: **Amelia Berger, Karlee Bruce, Elizabeth Cechura, Ashlyn, Chamberlain, Sami Culver, Rachel Dunnwald, Lena Ealy, Sydney Fischer, Peyton Krotz, Emma Morgan, Ameriz Nielsen, Ella Thies, Katelyn Wallrichs, Addie Wegmann, Emma Welsh, and Paige Wilhelm!**

Congratulations to the Lions Football Team members selected for All-Conference (MVC) and All-Metro Honors! Selectees area: **Carter Henderson** (1st Team-All-MVC, 2nd Team-All Metro); **T.J. Jackson** (2st Team-All-MVC, 1st Team-All-Metro); **Keaton Roskop** (1st Team-All-MVC, 1st Team-All-Metro); **Austin Waller** (1st Team-All-MVC, Honorable Mention All-Metro); **Colton Waller** (1st Team-All MVC, 1st Team All-Metro); **Jackson Severson** (1st Team-All-MVC, 2nd Team All-Metro); **Sam Watts** (1st Team All-MVC, 2nd Team All-Metro); **Dylan Muszynski** (1st Team All-MVC); **Ben Blackford** (2nd Team All-MVC, Honorable Mention All-Metro); **Carson Luense** (2nd Team All-MVC, Honorable Mention All-Metro); **Jack White** (2nd Team All-MVC, Honorable Mention All-Metro); **Gavin Howk** (2nd Team All-MVC); **Will Starnes** (Honorable Mention All-MVC); **Kinnick Lechtenberg** (Honorable Mention All-MVC), **Hayden Thoms** (Honorable Mention All-MVC); **Kinnick Nims** (Honorable Mention All-MVC)!

Congratulations to the Lions Football Team members named to the MVC All-Academic Team: **Andrew AbouAssaly, Murphy Aucutt, Abraham Behning, Isaac Brown, Tayden Ferguson, Dylan Finn, Brighton Glaspie, Nathan Green, Aiden Klaren, Kinnick Lechtenberg, Lucas Rabe, Keaton Roskop, Sam Watts, Ben Blackford, James Bouska, Samuel Hartwig, Reid Recker, Hayden Thoms, and Jack White!**

Fine Arts

Congratulations to **Mara Kehrt** who was also selected for the All-State Chorus!

Best wishes to all our Music All-State Selectees as they participate in the All-State Music Festival this weekend!
Congratulations to our 9th grade vocal students who participated in the OPUS Honor Choir yesterday!

Congratulations to the 9th grade vocal students selected for the OPUS Honor Choir! Selectees are: Olivia Getz, Sophia Phan, Trinity Mueller, Venus Kramer, and Charlie Stevens (alternate)!

Clubs and Organizations

Fall Esports teams to compete at the State Championships

Good luck to the Rainbow 6, Smash, League of Legends varsity teams as they compete in the Fall State Championships today in Des Moines! **Rainbow 6 Siege** Team members: **Jackson Alexman, Tyler Ong, Holden Swyers, Ethan Crawford, Seth Bradley, Aiden Diesing, and Bridger McDonald!** **League of Legends** Team members: **Shafin Wasimi, Adam Knapp, Alex McElmeel, Gerardo Ortiz-Santos, Sabyn Jones, Tyler Ong, Ely Xiao, and Holden Swyers!** **Smash Brothers Ultimate** Team members: **Eli Nanke, Dylan Beck, Lucas Carlson, Owen Madsen, Sully Reck, Ethan Hussel, Alex Rodriguez, Jason Garrett, Sidney Stinson-Barrett, Joel Silcox, Jack Meyer, and Austin Pfab!**

A League of Their Own (Team 10107) Robotics Team Food Drive for the LMHS PRIDE Food Pantry

One of our **LMHS Robotics** teams, **A League of Their Own (Team 10107)**, is sponsoring a **food drive** from November 16 – December 22. Items from the food drive will be given to the Linn-Mar High School PRIDE Food Pantry. (LMHS does have a food pantry located within our building called the LMHS PRIDE Food Pantry). Labeled boxes will be set up in The Colton Center, Pride Rock Commons, South Commons, West/Theatre Commons, and Four Corners areas for collection of non-perishable food items.

Other Information

How does the Linn-Mar School Foundation support our schools?

The Foundation and FSB recently wrapped up a new grant program giving \$250 to 114 teachers awarding over \$25,000! The funds were used for classroom purchases that directly benefited students. This grant program impacted each school building and thousands of students. Additionally, the Foundation recently awarded a STEM grant to Oak Ridge Middle School for \$8,000 with the support of the Alliant Energy Foundation who awarded \$7,500 to the project.

The Foundation can offer these programs because of the support of our community. Our community includes you!

How can you help? The Smart Money campaign has started! This campaign is critical for the Foundation as the funds raised from this campaign will help support the Foundation. This will allow us to continue to offer programs to teachers and students to enhance their educational excellence. We have a goal of raising \$40,000 by December 31st. Will you help us reach this goal?

Donate to our [Smart Money](#) campaign directly support the Foundation's mission.

Follow us on [Facebook](#), [Instagram](#), and [Twitter](#).

Attendance for the week (Thursday - Thursday): **95.3 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, December 2.**