



# Linn-Mar High School Updates and Announcements For Students and Parents April 28, 2023



**May 1 – May 6, 2023**

**...May is here...**

<b>Monday, May 1</b>	<p><i>Regular Daily Schedule (9:00 – 4:00 p.m.)</i></p> <p>All Day LMHS Art Show (Pride Rock Commons)</p> <p>8:00 a.m. AP US Government &amp; Politics Exam (LRC Gym)</p> <p>8:15 a.m. <b>*12<sup>th</sup> Grade Check out Process/Announcements via Zoom</b></p> <p>9:30 a.m. *V Girls Golf MVC Super @ CR (Airport National G.C.)</p> <p>12:00 p.m. AP Chemistry Exam (LRC Gym)</p> <p>AP Spanish Literature &amp; Culture Exam (LRC Room 6)</p> <p>3:30 p.m. <b>RTI</b></p> <p><b>*12<sup>th</sup> Grade Check out Process/Announcements (Pres.-Lecture Hall)</b></p> <p>4:00 p.m. *V Girls Tennis vs. Dubuque Senior (LRC Courts)</p> <p>*V Boys Tennis @ Dubuque Senior</p> <p>4:15 p.m. *JV2 Boys (Black) Soccer vs. Iowa City Liberty (Armstrong Field)</p> <p>*JV Girls Track and Field @ CR Prairie</p> <p>*JV Boys Track and Field @ CR Prairie</p> <p>4:30 p.m. *JV1 Girls Tennis vs. CR Kennedy (Oak Ridge Courts)</p> <p>*JV1 Boys Tennis @ CR Kennedy</p> <p>5:45 p.m. JV1 Girls/JV1 Boys Soccer vs. North Scott (LM Stadium)</p> <p>JV2 Boys (Red) Soccer @ CR Prairie (East Field #1)</p>
<b>Tuesday, May 2</b>	<p><i>Regular Daily Schedule (9:00 – 4:00 p.m.)</i></p> <p>All Day LMHS Art Show (Pride Rock Commons)</p> <p>8:00 a.m. AP Environmental Science Exam (LRC Gym)</p> <p>12:00 p.m. AP Psychology Exam (LRC Gym)</p> <p>3:30 p.m. <b>RTI</b></p> <p>4:00 p.m. *V Girls Tennis vs. Iowa City Liberty (LRC Courts)</p> <p>*V Boys Tennis @ Iowa City Liberty</p> <p>5:00 p.m. *JV1/V Boys Soccer @ Iowa City West</p> <p>5:45 p.m. JV1/V Girls Soccer vs. Iowa City West (LM Stadium)</p>
<b>Wednesday, May 3</b>	<p><i>Regular Daily Schedule (9:00 – 4:00 p.m.)</i></p> <p>All Day LMHS Art Show (Pride Rock Commons)</p> <p>FFA @ Calmar (N.E.I.C.C.)</p> <p>8:00 p.m. AP English Literature &amp; Composition Exam (LRC Board Room)</p> <p>AP Computer Science A Exam (LRC Gym)</p> <p>2:00 p.m. *JV Girls Golf @ Marion (Hunters Ridge G.C.)</p> <p>3:30 p.m. <b>RTI</b></p> <p>4:15 p.m. *JV2 Girls/JV2 Boys (Red) Soccer vs. CR Kennedy (Armstrong Field)</p> <p>*JV2 Boys (Black) Soccer @ CR Jefferson (Lower Kingston)</p>
<b>Thursday, May 4</b>	<p><i>Regular Daily Schedule (9:00 – 4:00 p.m.)</i></p> <p>All Day LMHS Art Show (Pride Rock Commons)</p> <p>8:00 a.m. AP Macroeconomics Exam (LRC Boardroom)</p> <p>12:00 p.m. AP Statistics Exam (LRC Gym)</p> <p>2:15 p.m. *V Girls Golf @ Coralville (Brown Deer G.C.)</p> <p>3:30 p.m. <b>RTI</b></p> <p>4:00 p.m. *V Girls Tennis @ Iowa City High (Hawkeye Tennis Complex)</p> <p>*V Boys Tennis vs. Iowa City High (LRC Courts)</p> <p>4:30 p.m. <b>LMHS Parent Conferences (until 7:30 p.m.)</b></p> <p>*V Girls Track and Field Divisional Meet @ Iowa City West</p> <p>*V Boys Track and Field Divisional Meet @ Iowa City High</p> <p>6:00 p.m. *Variety Show (LM Auditorium)</p>

7:00 p.m. Senior Honors Recital (St. Mark's Church)

**Friday, May 5 Regular Daily Schedule (9:00 – 4:00 p.m.)**

**Deadline to Declare Credit/Fail for 4<sup>th</sup> Quarter Courses**

All Day LMHS Art Show (Pride Rock Commons)

8:00 a.m. AP U.S. History Exam (LRC Gym)

12:00 p.m. \*V Girls Tennis vs. CR Kennedy (LRC Courts)

\*V Boys Tennis @ CR Kennedy

3:30 p.m. RTI

4:15 p.m. \*V/JV1 Girls Soccer @ Iowa City High

4:30 p.m. \*JV2 Girls Tennis vs. CR Kennedy (LRC Courts)

\*JV2 Boys Tennis @ CR Kennedy (Noelridge Courts)

5:45 p.m. JV1/V Boys Soccer vs. Iowa City High (LM Stadium)

**\*\*SENIOR NIGHT\*\***

**Saturday, May 6**

All Day Music State Large Group Contest @ CR Washington

### **\*Notes**

5/1 **12<sup>th</sup> Grade Class Meetings: the 8:15 a.m. session is via Zoom and the 3:30 p.m. session is in-person in the Presentation-Lecture Hall. The focus of the meeting is the Senior Check Out Process and Announcements for the end of the school year including Graduation and rehearsal. Each session is the same and is the same as the meetings held on April 27.**

V Girls Golf departing prior to 9:00 a.m.

V Girls Tennis dismissed at 3:15 p.m.

V Boys Tennis dismissed at 1:50 p.m.

JV2 Boys (Black) Soccer dismissed at 3:30 p.m.

JV Girls Track and Field dismissed at 2:20 p.m.

JV Boys Track and Field dismissed at 2:20 p.m.

JV1 Girls Tennis dismissed at 3:45 p.m.

JV1 Boys Tennis dismissed at 3:25 p.m.

5/2 V Girls Tennis dismissed at 3:15 p.m.

V Boys Tennis dismissed at 2:30 p.m.

JV1/V Boys Soccer dismissed at 3:10 p.m.

5/3 FFA departing prior to 9:00 a.m.

JV Girls Golf dismissed at 12:30 p.m.

JV2 Girls Soccer dismissed at 3:30 p.m.

JV2 Boys (Black) Soccer dismissed at 3:25 p.m.

5/4 **LMHS Parent Conferences:**

V Girls Golf dismissed at 12:15 p.m.

V Girls Tennis dismissed at 2:00 p.m.

V Boys Tennis dismissed at 3:15 p.m.

V Girls Track and Field dismissed at 2:10 p.m.

V Boys Track and Field dismissed at 2:00 p.m.

Variety Show is \$5.00 with all proceeds donated to the Univ. of Iowa Stead Family Children's Hospital.

5/5 V Girls Tennis dismissed at 11:15 a.m.

V Boys Tennis dismissed at 10:55 a.m.

V/JV1 Girls Soccer dismissed at 2:35 p.m.

JV2 Girls Tennis dismissed at 3:45 p.m.

JV2 Boys Tennis dismissed at 3:25 p.m.

### **Future**

5/8 AP Calculus AB & BC Exams (8:00 a.m., LRC Gym)

**Senior Recognition Night** (7:00 p.m., LM Auditorium)

5.9 AP English Language & Composition Exam (8:00 a.m., LRC Room 5)

AP Physics C: Mechanisms (12:00 p.m., LRC Room 6)

5/10 AP Biology Exam (12:00 p.m., LRC Boardroom)

5/11 AP French Language & Culture Exam (8:00 a.m., LRC Boardroom)

AP World History: Modern Exam (8:00 a.m., LRC Gym)

AP Physics 1: Algebra-based Exam (12:00 p.m., LRC Boardroom)

5/12 AP Music Theory Exam (8:00 a.m., LRC Rooms 5 & 6)

AP Physics 2: Algebra-based Exam (12:00 p.m., LRC Boardroom)

5/13 **Senior Prom** (7:30 p.m., Grand March-Auditorium; 8:00 p.m., Dance-Main Gym)  
 5/17 **Seniors Last Class Day** (Graduation rehearsal, 1:30 p.m., LM Main Gym)  
 5/26 **Semester Exams** (Periods 1, 2, 3, 4; Blocks 1, 2)  
 5/28 **Commencement** (1:00 p.m., Alliant Energy Powerhouse)  
 5/30 **Semester Exams** (Periods 5, 6; Block 3)  
 5/31 **Semester Exams** (Periods 7, 8; Block 4), End of 2<sup>nd</sup> Semester/4<sup>th</sup> Quarter

## Student Assistance Office

**Student Assistance Counselors Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

**Janessa Carr:** [janessa.carr@linnmar.k12.ia.us](mailto:janessa.carr@linnmar.k12.ia.us) (319) 892-4884

**Jessica Deahl:** [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559

**Kevin McCauley:** [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. Thanks to some hard work and efforts by some of our LMHS students, we now have a QR code and a link that can be used more easily for student reporting. The QR code will be posted at various locations around school and the link will be made available in the Updates as well as on the LMHS webpage on the district website.

### High School Safe2Speakup

*See Something. Say Something.*

**\*\*This reporting tool is for High School students only. \*\***

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** Starting next week, a QR code will be posted around LMHS that will also take you directly to **this link**. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

**I need to make a report (THIS IS THE LINK)**

**I have been/Someone I know has been Sexually Assaulted**

**Weapon on School Grounds**

**I am/Someone I know is thinking about Suicide**

## 4<sup>th</sup> Quarter

**Congratulations to LMHS Senior Tejas Gururaja, who has been named one of 628 Semifinalists in the 2023 U.S. Presidential Scholars competition!** The Commission on U.S. Presidential Scholars will select up to 161 finalists in mid-May.  
**Congratulations Tejas!**

### LMHS Parent Conferences on May 4

LMHS 4<sup>th</sup> Quarter Parent Conferences are scheduled for Thursday, May 4, from 4:30 – 7:30 p.m. Teachers have been working to schedule conferences they have a high need for a conference. Remaining conference slots may be accessed using the link below. This link will also be emailed to parents directly today.

**[Linn-Mar High School Parent-Teacher Connect \(myschoolsystems.com\)](https://myschoolsystems.com)**

### Post Prom 2023 is May 13

Interested in volunteering for Post Prom '23, please sign up using this link: <https://signup.com/go/SJbZjDn>

Here is information regarding Post Prom 2023:

<https://www.linnmar.k12.ia.us/school/linn-mar/419-autosave-v1/linn-mar-post-prom/>

For those who would like to donate to Post Prom 2023: [https://www.paypal.com/donate/?cmd=\\_s-xclick&hosted\\_button\\_id=RJP6JZGMLIGUA&source=url&ssrt=1681578357186](https://www.paypal.com/donate/?cmd=_s-xclick&hosted_button_id=RJP6JZGMLIGUA&source=url&ssrt=1681578357186)

**Where:** CR Ice Arena

**When:** May 13, 11:00 p.m. – 3:30 a.m.

**Cost:** Free

**Features:** Games, Hypnotist, Food/Drinks, Lots of Great Prizes and a \$500 Scholarship.

LMHS Juniors are allowed to attend Post Prom.

FAQs are listed on the **Linn Mar Post Prom Website-on the school's site** and a **Facebook** group titled "**Post Prom 2023 Linn Mar High School**"

#### **ATTENDANCE PHONE NUMBER:**

Our **Attendance Phone line** is **(319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

#### **THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY**

Students wanting/need assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center.

### **12<sup>th</sup> Grade – LMHS Class of 2023**

#### **12<sup>th</sup> Grade Class Meeting:**

The Class of 2023 will have a **class meeting on Monday, May 1, at 8:15 a.m. session is via Zoom or 3:30 p.m. in-person in the Presentation-Lecture Hall.** The focus of the meeting is the Senior Check Out Process and Announcements for the end of the school year including Graduation and rehearsal. Each session is the same and is also the same as the meetings held on **April 27.** Meeting Recording - [https://drive.google.com/file/d/1Y9NgQ4lgN7shTvGXRRcSS5hnh9VA\\_jsqc/view?usp=sharing](https://drive.google.com/file/d/1Y9NgQ4lgN7shTvGXRRcSS5hnh9VA_jsqc/view?usp=sharing)  
Meeting Slides:

<https://docs.google.com/presentation/d/1pgxTmTidMcK99S1GN4IV0RUyv5ugtEvHSf0wM6rADoE/edit?usp=sharing>

#### **Graduation Cap/Gown/Tassel/Stole Distribution on May 3:**

Your Graduation Cap & Gown as well as your Senior Checkout form, will be distributed starting **Wednesday, May 3 from 8:00-10:45am in the South Commons Pit area.** If you are unable to pick up at that time, they will be available in the College & Career Center between 8:00 a.m.-4:00 p.m.

#### **LMHS Class of 2023 Yard Signs**

The LMHS Student Council has purchased **LMHS Class of 2023 Yard Signs** and will be gifting these to every LMHS 2023 Graduate. **Distribution of these signs will happen during Cap/Gown/Tassel/Stole distribution on Wednesday, May 3, as well as next Saturday, May 6, from 10:00 a.m.-1:00 p.m. at Door #13.** Times and pick up details will also be emailed to Seniors and their parents in the next few days.

#### **SENIOR 'PRIDE WALKS' FOR THOSE WHO ATTENDED LMCS D ELEMENTARY SCHOOLS:**

The LM Foundation helps sponsor Senior 'Pride Walks' for Seniors who attended a LMCS D Elementary School. Sign up is required for the 'Pride Walks'. The link to sign up for Senior 'Pride Walks' is below. Sign up must be completed by May 17.  
<https://www.linnmarfoundation.org/home/events/senior-pride-walks/>

#### **Important 12<sup>th</sup> Grade Planning Dates**

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

#### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **12<sup>th</sup> Grade**

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out [www.icansucceed.org/apt](http://www.icansucceed.org/apt) to make an appointment.

#### **Senior Transcript Requests**

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

## 11<sup>th</sup> Grade

### 2023-2024 LMHS Program of Studies

#### College and Career Center Events:

We have a few events and opportunities for Career and College Planning over the next month. Please check out the activities coming up and plan to attend. Directions for registration/how to attend are included below.

- **College Admissions Visits** - Colleges continue to visit Linn-Mar in the spring to talk with juniors. Check out our upcoming college admissions visits hosted in the College/Career Center at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

If you have specific questions about college and career planning, please reach out to your school counselor.

## 10<sup>th</sup> Grade

### 2023-2024 LMHS Program of Studies

#### College and Career Center Events:

We have a few events and opportunities for Career and College Planning over the next month. Please check out the activities coming up and plan to attend. Directions for registration/how to attend are included below.

- **College Admissions Visits** - Colleges continue to visit Linn-Mar in the spring. Check out our upcoming college admissions visits hosted in the College/Career Center at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

If you have specific questions about college and career planning, please reach out to your school counselor.

## 9<sup>th</sup> Grade

### Future 9<sup>th</sup> Grade Connection Dates (3:30-4:00 p.m.)

Monday, May 8, 3:30 p.m.

### 2023-2024 LMHS Program of Studies

#### From the College and Career Center:

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

[9<sup>th</sup> grade](#)

#### Xello Webinar:

Xello is partnering with [CollegeWise](#) to offer a webinar to help students and families plan summer activities that can enhance their college applications. The webinar will be presented by college admission professionals and consultants who help students apply to college. Register at <https://www.eventbrite.com/e/xello-families-creative-summer-planning-tickets-515152463887>.

## Activities

### REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

### Athletics

**Congratulations to LM Girls Golf for winning the Western Dubuque Bobcat Invitational on Monday! And, to Morgan Rupp for being medalist at the meet!**

**Congratulations to LM Boys Track and Field for qualifying the following events for the Drake Relays this weekend: 4x100: Andrew AbouAssaly, Tayden Ferguson, Gabe Harris, Carter Henderson, Nathan Leemhuis, Talan Sivertsen, T.J. Jackson 4x400: Ethan Cozine, Tayden Ferguson, Nick Gorsich, Will Grant, Gabe Harris, Owen Hanson, T.J. Jackson, Luke Steffen; 4x800: Ethan Cozine, Creighton Fairley, Owen Hanson, Riley Kuhn, Graedyn Morrissey, Luke Steffen Distance Medley Relay: Ethan Cozine, Creighton Fairley, Tayden Ferguson, Will Grant, Gabe Harris, Carter Henderson, Nathan Leemhuis, Talan Sivertsen; 400: Tayden Ferguson; 110 Hurdles: Nick Gorsich; 400 Low Hurdles: Nick Gorsich, Will Grant; Shuttle Hurdle Relay: Nick Gorsich, Will Grant, Nathan Leemhuis, Colton Waller, Jimmy Wood; High Jump: T.J. Jackson; Long Jump: T.J. Jackson; Shot Put: Keaton Roskop, Sam Watts; Discus: Keaton Roskop!**

**Congratulations to T.J. Jackson for placing 2<sup>nd</sup> in the High Jump at the Drake Relays on Thursday! Congratulations to Keaton Roskop for placing 2<sup>nd</sup> in the Shot Put at the Drake Relays on Thursday!**

**Congratulations to LM Girls Track and Field for qualifying the following events for the Drake Relays this weekend: 4x100: Gwen Gaffney, Katy Hand, Sydney Carsello, Kaylee Bunn; 4x400: Breka Trapp, Ameriz Nielsen, Maia Denge-Hagen, Bethany Northrup, Chloe Egbert, Brooklyn Guild; 800: Bethany Northrup; Sprint Medley Relay: Gwen Gaffney, Sydney Carsello, Abby Mecklenburg, Bethany Northrup, Brooklyn Guild, Sarah White; Long Jump: Petra Sherman, Abby Mecklenburg; Discus: Gwen Gaffney, Erica Kinn; Shot Put: Kennedy Evans!**

**Congratulations to our LMHS Senior Athletes who signed National Letters of Intent last Wednesday: Savannah Sonenstahl (Cornell College, Soccer), Caden Postma (Central Methodist University, Golf), Nicholas Gorsich (Univ. of Northern Iowa, Track), Brayden Parke (US Coast Guard Academy, Wrestling), Meredith Koenen (Loras College, Basketball), Ian Mindrup (Univ. of Dubuque, Basketball), Ethan Cozine (St. Olaf College, Track & Cross Country), Boston Stoffel (Mt. Mercy Univ., Baseball), and Athena Sheets (Loras, Soccer)!**

**2023 Spring and Summer Athletic Camps and Clinics are now online to register/sign up for!**

Attached is a List of camps and clinics with dates and times! Click on link below to sign up! They fill up fast!

[2023 Linn-Mar Spring & Summer Camps](#)

### **Fine Arts**

**Congratulations to the LMHS Music Department for receiving 118 Division 'I' (Superior) ratings at the State Solo and Ensemble Contest on Saturday! Also, Congratulations to the seven (of twelve possible) musicians recognized at 'Outstanding Performers' at the Contest! Congratulations to 'Outstanding Performers': Kate Flugstad (Alto solo), Michael Lemos (Violin solo), Christian Maakestad (Marimba solo), Parker Nicks (Tuba solo), Richard Phan (Violin solo), Abbey Vezina (Soprano Saxophone solo), and Brock Whitham (Clarinet solo)!**

## **Other Information**

**LMHS HOMECOMING 2023 Has Been Determined**

**LMHS Homecoming 2023 will be September 11-16, 2023. Parade (anticipated) on 9/13, Football Game vs. Bettendorf on 9/15, Dance (LMHS students only) on 9/16.**

Attendance for this week (Thursday-Thursday): **94.6 %**

The next weekly LMHS Updates and Announcements for Students and Parents for the 2022-23 school year will be sent on **Friday, May 5.**