

## Agenda for PHS Cheer Interest Meeting

- Introductions--
- Important Dates---
  - Tryout packets and money due by Friday, February 21<sup>st</sup> – turn into Ms. Saxon in B216
  - Cheer try out clinic: Feb 25-27 in the PHS Commons from 4-5:30 pm
  - Try outs will be held February 28<sup>th</sup> starting at 4pm.
  - We will go to camp May 28-31 @ LSU. This is mandatory for all members of the team
- Tryouts-
  - Requirements
    - 70 or above average
    - Must throw at least a backhand spring **OR** be able to BASE a single-based, coed style walk-in or toss extension.
    - Cannot turn 19 before August 2020
  - Clinic
    - Clothing- shorts, t-shirt, ponytail, socks and tennis shoes
    - No jewelry or gum
    - Monday - Wednesday you will learn a cheer, chant, and dance as well as practice tumbling and jumps.
    - Thursday we will go through a mock try-out.
  - Tryout Day
    - Starts at 4pm.
    - You should wear white t-shirt or tank, navy shorts, tennis shoes, hair in ponytail. You can wear the bow of your choice.
  - Tryouts are closed to the public. No family or friends will be allowed in building at any point during the tryout process.
  - You will be judged on the following things:

<ul style="list-style-type: none"><li>▪ Entrance</li><li>▪ Running Tumbling</li><li>▪ 3 Stamina Jumps</li><li>▪ Individual Cheer</li><li>▪ Voice and Memory</li></ul>	<ul style="list-style-type: none"><li>▪ Standing Tumbling</li><li>▪ Group chant</li><li>▪ Group dance</li><li>▪ Overall Impression</li></ul>
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  - **Teacher Score— We will average all the scores from your teachers. This score is worth up to 55 points.**
- Expenses Related to Cheerleading—

- Try-out fee \$40
- Gym \$80 a month (required)
- Estimated cost of uniforms, camp, etc. \$1,600

**Estimated Payment Schedule (Not including gym fees)**

March 5<sup>th</sup> - \$200

April 1<sup>st</sup> - \$400

May 1<sup>st</sup> - \$400

May 30<sup>th</sup> - \$400

June 27<sup>th</sup> - \$200

\*\*\*An additional \$80 gym fee is due at the first of each month \*\*\*

- We will have fundraisers to offset some of these expenses
- Questions-----

# Pearl High School

## Cheerleader Tryout Packet

- Your \$40.00 tryout fee must be paid in cash and a current physical (if not already on file) must be turned in by February 21<sup>st</sup>.
- All colored papers should be filled out and returned to Ms. Saxon (B216) before February 21<sup>st</sup>.
- Cheerleader Clinic is February 25-27.
  - Meet in the commons from 4:00- 5:30
- Tryouts will be Friday, February 28<sup>th</sup> from 4:00-  
until

## Pearl High Cheerleading Information & Permission Form

Dear Parents and Candidate,

It is time for the selection of the 2020-2021 Pearl High Cheerleaders. The squad is open to all 8<sup>th</sup> – 11<sup>th</sup> graders that meet the following criteria.

1. **Must have a 70 or above average in each subject.**
2. **Must have a current physical on file.**
3. **Must have a good disciplinary standing.**
4. **Parent permission form and \$40.00 cash registration fee to attend the clinic. (due Feb 21<sup>st</sup>)**
5. **Students must not have any outstanding fees.**
6. **Students must either have a backhand spring OR be able to do a coed style walk-in or toss extension.**
7. **Must attend the clinic February 25<sup>th</sup> – 26<sup>th</sup> . Clinic on February 27<sup>th</sup> is optional. Try-outs will be February 28<sup>th</sup>.**

Clinic Information:

1. Clinic Week- Pearl High School commons at 4:00. Monday – Thursday
2. Tryouts February 28<sup>th</sup> after school- 4:00.
3. Learn a cheer, chant, and dance for tryout.
4. Only cheerleader candidates are allowed to attend.

Tryout Information:

Cheer, dance, chant, tumbling, jumps, etc. will be performed for the judges. Qualified judges with a cheer background will be fair and impartial. **The decision of the judges is final.**

**When a student is selected, parents are responsible for all uniform, camp and gymnastic fees. Gym fees are approximately \$80.00 per month. Uniform, camp, and camp clothes usually cost around \$1600. Cheerleading is extremely expensive and time consuming. Please be aware of this and discuss this with your child before the clinic. This is a competitive squad that competes in many competitions so they must be dedicated to this sport. All camp fees are due on the due dates laid out in the payment schedule. You will not attend camp nor receive clothing items if account is not up to date. I understand and will comply with all rules and regulations and fee dates for cheerleading.**

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Parent

Student

Date

**\*RETURN BY FEB 21<sup>st</sup> WITH PERMISSION FORM AND \$40 FEE**

**(See Other Side)**

## Pearl Cheerleading Permission Form

I have read, understand and support the constitution, inherent risk of cheerleading and the cheerleader pledge provided by Pearl High School.

I understand that all fees are due by May for uniforms, shoes, camp clothes etc. All gym fees are due on the first of each month and all other fees are due according to the payment schedule provided.

I accept all rules in the Pearl High School handbook, the PHS Cheer constitution, the PHS cheer disciplinary policy, inherent risk and pledge. I accept the challenge that cheerleaders are ambassadors for the school and community and must be a positive role model in and out of school. I am aware that cheerleader's behavior at school, in the community, on the internet and through all methods of communication is direct reflections on the entire squad and the school. I will accept consequences for any and all violations.

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Parent

Cheerleader Candidate

Date

Please print the following information clearly. Return to Ms. Saxon (B216) by Feb 21<sup>st</sup>.

**Personal Information**

Name:	Phone:
Address:	
Grade Level:	Date of Birth:
Parent Name:	
Parent Contact Number:	

**Medical Information:**

Doctor:	Number:
Dentist:	Number
Insurance Company:	Policy Numbers:

1. Are you allergic to any medications? \_\_\_\_\_ If so, please list:

\_\_\_\_\_

2. Are you currently taking any medications? \_\_\_\_\_ If so, please list:

\_\_\_\_\_

3. Are you currently being treated for any injuries? \_\_\_\_\_ If so, please list:

\_\_\_\_\_

**Other information:**

1. Are you currently a member of any club, organization, or team requiring extra practice time? If so please list: \_\_\_\_\_

2. List any honors you have received in school:

\_\_\_\_\_

\_\_\_\_\_

3. Please attach a copy of your class schedule.

4. What are the dates that you will be out of town during the summer?

5. Please list any other obligations that may interfere with attending summer camp or practice.

\_\_\_\_\_

## **CHEER TRYOUT WEEK 2020**

**TUESDAY - THURSDAY – CLINIC IN THE HIGH SCHOOL COMMONS 4:00-5:30**

**PLEASE ASK QUESTIONS, IF YOU DO NOT UNDERSTAND! WE ARE HERE TO HELP YOU DO YOUR BEST!**

**FRIDAY – TRYOUTS IN THE HIGH SCHOOL GYM BEGINNING AT 4:00**

**WEAR NAVY SHORTS AND WHITE SHIRT WITH BOW OF CHOICE**

BE PREPARED EACH DAY BY HAVING: HAIR IN PONYTAIL, COMFORTABLE SHORTS AND TEE SHIRT OR TANK, TENNIS SHOES, NO JEWELRY, AN OPEN MIND, GREAT ATTITUDE AND BIG SMILE 😊

THURSDAY NIGHT: GET ORGANIZED! HAVE YOUR TRYOUT OUTFIT, PONY TAIL HOLDER, TENNIS SHOES ETC. PACKED AND READY! DO YOUR HOMEWORK, SAY YOUR PRAYERS AND GET A GOOD NIGHTS SLEEP!

FRIDAY: STAY ALERT IN CLASS! WHEN YOU ARRIVE FOR TRYOUTS, BEGIN STRETCHING AND WARMING UP, GET NUMBERS AND PUT THEM ON YOUR SHORTS (LEFT SIDE) BE SURE TO STAY HYDRATED DURING THE DAY!

SENIOR CHEERLEADERS AND MS. SAXON WILL BE HERE TO HELP YOU IN ANY WAY. PLEASE FEEL FREE TO ASK FOR HELP!

THE JUDGE’S DECISION WILL BE ANNOUNCED ONLINE AT THE END OF ALL TRYOUTS.

**HAVE FUN!**