



# My High School and Beyond Plan

#### WHAT IS A HIGH SCHOOL AND BEYOND PLAN?

Welcome to your High School and Beyond Plan (HSBP)! To be ready for roughly 67% of the jobs in today's world, you need additional education or training after high school. Using the time you are given to work on your HSBP can help you maximize your education and prepare to move forward after high school graduation.

The HSBP graduation requirement focuses on three guiding questions:

- > Who am I?.
- > What can I become?, and
- > How do I become that?

Use these three questions as your guide to think about who you are and what you are passionate about, explore possible jobs that align with your interests, skills and dreams, and discover what kind of post-high school education and/or training will best prepare you for a job that fits you!

Your school counselor, advisor and/or teachers, and your family or guardian(s), can help you create and update this plan as your interests and goals change. Use the activities that help build your HSBP to guide your decisions about which are the best available classes to take. Ideally, you'll be able to enroll in a combination of required and elective classes that will provide an opportunity to explore your interests, develop your skills, meet specific credit and course requirements, and prepare for your future goals.

Post high school options to consider as a meaningful *first* next step after high school include onthe-job training (including internships and public service), technical colleges, industryrecognized certificate programs, apprenticeship programs, military training, or two/four-year colleges. There are multiple state and federal financial aid programs and other sources of financial assistance that can help pay for the further education and training you need to complete through one or more of these post-high school options.

## WHAT MUST BE DONE TO COMPLETE THIS GRADUATION REQUIREMENT?

### Required elements of your High School and Beyond Plan (sections will be <u>underlined</u>):

- ldentification of your career goals using a career interest inventory.
- ➤ Identification of your **educational goals**.
- A course plan that meets state and local graduation requirements, aligns with your career and educational goals, and documents your chosen graduation pathway(s).
  - As part of the course planning process, students must be informed of and provided access to *Dual Credit* and *College Bound Scholarship* information and document any completed *Career and Technical Education (CTE) equivalency courses*.
- > Evidence you received information about **state and federal financial aid** options.
- A current résumé or activity log.



**By 8th grade**, you will complete your first *career interest inventory*. The results can show you careers that match your interests, skills, and personality. This information may help you decide what classes to take in 9th grade. You should revise your plan each year to match your changing interests and ideas about what you want to do the year after graduating from high school.

If you have not met standard on your statewide math, science, and/or English language arts (ELA) assessments; your plan *must* also include **interventions and academic supports**, **additional courses**, **or both** that can help you meet related course and credit graduation requirements.

Remember, the HSBP is used to guide your high school experience and prepare you for postsecondary education or training and/or a career. This plan should be updated each year to:

- > reflect your academic progress through a review of your high school transcript,
- > document accomplishments and activities, and
- > assess progress toward identified goals and make adjustments if needed.

Your plan should be revised as often as necessary to accurately reflect your changing interests, goals, and needs. School staff can use the information in your plan to help connect you with opportunities aligned with your HSBP, so help them help you by taking this seriously and only including information that accurately reflects your current plan!



Name: Click or tap here to enter text.



**SSID:** Click or tap here to enter text.

# My High School and Beyond Plan

School(s): Click or tap here to enter text.	<b>Grad Year:</b> Click or tap here to enter text.
School Counselor/Advisor/Case Manager: Click o	r tap here to enter text.
PERSONAL PROFILE – WHO AM I?	
What interests, skills, abilities, values, goals, de	reams, and personality traits fit you?
Middle School: Click or tap here to enter text.	
High School: Click or tap here to enter text.	

#### **CAREER GOALS – WHAT CAN I BECOME?**

What are some jobs and careers that match who you are and/or who you want to be?

While a career interest assessment must be taken by 8th grade, different assessments can be taken at any time to guide your next steps as your interests and career aspirations change.

#### **MY TOP CAREERS OF INTEREST:**

1. Click or tap here to enter text.

3. Click or tap here to enter text.

2. Click or tap here to enter text.

4. Click or tap here to enter text.

## **EDUCATIONAL GOALS AND PLAN – HOW DO I BECOME THAT?**

What education or training do you need – both during and after high school – to prepare for your career interest(s)?

### **MY EDUCATIONAL GOALS**

Once you have ideas of possible career interests, use the websites listed in the **Resources** section at the end of this High School and Beyond Plan (HSBP) to explore what post-high school option(s) can best prepare you for the career(s) you are interested in. When setting your goals, know that there are financial resources available to help students achieve their dreams.

First determine a "priority," or top choice, educational goal; and then you can build your academic course plan to reach that goal. Then, find a second post-high school education or training option that can also prepare you for what you want to do. Knowing there is more than one post-high school option that can prepare you for your career(s) of interest can provide some flexibility to change your mind and adjust your course choices as needed.

MY TOP POST-HIGH SCHOOL GOAL	MY BACK-UP POST-HIGH SCHOOL GOAL
☐ On-the-job training	☐ On-the-job training
☐ Apprenticeship	☐ Apprenticeship
☐ Military (enlist)	☐ Military (enlist)
☐ Specialty or Career College	☐ Specialty or Career College
☐ Technical College	☐ Technical College
☐ Two-year College	☐ Two-year College
☐ Four-year College (includes ROTC and Military Academies)	☐ Four-year College (includes ROTC and Military Academies)
☐ Other: Click or tap here to enter text.	☐ Other: Click or tap here to enter text.

## **MY ACADEMIC COURSE PLANNER**

**Directions:** List the courses you have taken (or plan to take) each year in high school. Pay attention to local/state graduation requirements and admission requirements for post-high school options of interest.

SUBJECT AREA	GR 9	GR 10	GR 11	GR 12
English	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
Mathematics	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
Science	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
Social Studies	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
Health and Fitness	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
*Arts or PPR	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
*World Language or PPR	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
Career Technical - CTE	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
<b>General Electives</b>	Click or tap here			
Credits required for	to enter text.	to enter text.	to enter text.	to enter text.
Graduation =				
TOTAL CREDITS				

Graduation requirements may vary. Please note:

- Local Graduation Requirements: Refer to school district policy for local requirements (which may exceed state requirements)
- College Admissions Requirements: Refer to specific institutions' admission requirements or Washington Student Achievement Council (http://www.wsac.wa.gov/)

<sup>\*</sup>PPR = Personalized Pathway Requirement; flexible credits based on High School and Beyond Plan (Complete pg. 7)

# MY TRANSCRIPT AND PROGRESS REVIEW

course choices and educational or career goals a	3 ,,	ear. Revise your
☐ Transcript/Progress Review with my School Couns	selor/Advisor/Case Manager	Date:
☐ Transcript/Progress Review with my School Couns	selor/Advisor/Case Manager	Date:
☐ Transcript/Progress Review with my School Couns	selor/Advisor/Case Manager	Date:
☐ Transcript/Progress Review with my School Couns	selor/Advisor/Case Manager	Date:
MY PARENT/GUARDIAN/FAMILY CONN	NECTION TO MY PLAN	I
Engaging your parent(s)/guardian(s)/family in surprocess. Annual Student Led Conferences or students are considered a best practice for help you reach your goals.	dent led IEP Team Meetings	for middle and high
Middle School:  ☐ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
☐ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
<b>High School:</b> ☐ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
$\ \square$ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
$\hfill \square$ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
$\hfill \Box$ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:
☐ Academic Progress Review and Course Selection		
(Student Led Conference/IEP Team Meeting)	Date:	Time:

## **MY PERSONALIZED PATHWAY REQUIREMENT (PPR)**

Depending on how many total credits your high school requires, there are *at least* 7 "flexible" credits – 4.0 electives and up to 3.0 PPR credits – that you can use to choose classes that explore possibilities and best prepare you for the post-high school option you want to pursue.

For the 2.0 World Language and/or second 1.0 Fine Art credit requirements, the PPR allows you to substitute course(s) that better align with your career or educational plan. Course substitution decisions must be aligned with your post-high school plan. Please note that while World Language is only *required* for 4-year college admissions, it is a critical skill in an increasingly global society and economy.

Top Career(s) of Interest:	Click or tap here to enter text.			
Post-High School Educati	ion/Training Plan (click in box	next to your current <b>first choice</b> plan):		
☐ On-the-iob training	☐ Tech College/Program	☐ Military		
☐ Apprenticeship	• •			
Other: Click or tap here	, ,			
Course(s) Replacing Fine Art (up to 1.0): Click or tap here to enter text.				
Course(s) Replacing World Language (up to 2.0 credits):				
Click or tap here to enter text.				
•				

How does my career interest connect with the PPR course(s) I am taking or plan to take? Click or tap here to enter text.

### MY HIGH SCHOOL REQUIREMENTS COMPLETED IN MIDDLE SCHOOL

Washington State	History:			
Other State Histor	ry: Click or tap he	ere to enter text. IEP Su	bstitution: Click	or tap here to enter text.
Embedded in othe	er class: Click or	tap here to enter text. Ot	her: Click or tap	here to enter text.
☐ Alg. I ☐	Geometry CTE (0.5)	ning 1.0 credits unless no  World Language text.	<u>ted)</u> : □ Science	□ Health (0.5)
a other. eller el	ap here to effect	text		

# **MY GRADUATION PATHWAY(S)**

Students must complete at least one Graduation Pathway that will help prepare you for the post-high school option you plan to pursue. Use this section of your HSBP to keep track of which graduation pathway(s) you meet. You may combine different ELA (E) and math (M) options.

☐ ACT and/or ☐ SAT	Math Score =	Date Date	"ELA" Score		Date Date
☐ ASVAB (AFQT Score)  * Only ASVAB scores from the student's jr.	Student's AFQ	☐ Sr. Year*	Date Taker	1	
and/or sr. year are valid for military entrance/ enlistment	Posted AFQT Score Land Date of Posted Score [updated on SBE website by 9/1 annually]				
☐ CTE Course Sequence	Credit		m Click or tap here to	enter text.	
[Does <u>not</u> need to meet specific standards for ELA and/or math; 2.0	Course #2 Click or tap here to enter text.  Credit CTE Program Click or tap here to enter text.  Course #3 Click or tap here to enter text.				
total credits minimum] Credit CTE Program Click or tap here to enter Course #4 Click or tap here to enter text.					
	Credit	CTE Progra	m Click or tap here to	enter text.	
☐ Dual Credit Class (E)	Course Click or	tap here to ente	er text.	Grade	
☐ Dual Credit Class (M)	Course Click or	tap here to ente	er text.	Grade	
☐ Dual Credit Exam (E)	Exam Click or tap here to enter text.		Score		
☐ Dual Credit Exam (M)	Exam Click or tap here to enter text. Score				
☐ SBA / ☐WA-AIM (check which one)		Click or tap here			
☑ Transition Course (E)		tap here to ente	er text. nt) Click or tap here to e	Grade	
☐ Transition Course (M)	Course Click or	tap here to ente		Grade	

What is your post-high school goal? How is your chosen Graduation Pathway(s) preparing you? Click or tap here to enter text.

# MY RÉSUMÉ OR ACTIVITY LOG

Your HSBP must include a complete and current résumé by the end of 12th Grade. A résumé or activity log summarizes who you are, including but not limited to, your experience, what you can do, and your unique skills, talents, and abilities. You will usually need one if you are applying for a job, an internship, or scholarship, and one may even be needed for a college application.

## CREATING A RÉSUMÉ OR ACTIVITY LOG

For a high school student, a good introductory level résumé or activity log generally has five parts:

- ➤ **Contact information:** The top of your résumé or activity log shows your contact information. Make your name in a larger point size so it stands out. Your contact information should include legal name, phone number (where you can be easily reached), and a personal email address that's "professional" make a habit of checking it!
- ➤ **Objective:** Briefly describe (2–3 sentences) why you want the job (or college acceptance or scholarship), and what you can bring to the organization (why they should hire/choose you).
  - ✓ Not applying for a job right now? Write an objective for a job you want someday.
  - Making an activity log for writing a personal statement for college/scholarship applications? More details about your leadership roles, goals, or unique life circumstances are needed.
- > **Skills and Strengths:** Even if you have never held a paid job before, you do have skills, abilities, and interests. When you write about your skills and strengths:
  - ✓ Use short points, not sentences. (Ex: Delivered after school care for two younger siblings)
  - ✓ Use action words. (Ex: Led, organized, managed, designed, developed, delivered, prepared, etc.)
  - ✓ Use workplace "soft skills" to describe your strengths. (Ex: Clear communicator, punctual, team builder, adaptable, problem-solver, possibility-creator, responsible, reliable, self-starter, etc.)
  - ✓ Use numbers and percentages to quantify your accomplishments. (Ex: Delivered groceries to 200 elderly citizens during COVID-19 stay at home order)
  - ✓ Include technical or computer skills. (Proficient with Microsoft Office and Adobe Flash)
- ➤ **Education:** Note the name of your high school and date you expect to earn a high school diploma. Include the names of classes that help build skills related to the job you plan to apply for, especially Career and Technical Education (CTE), leadership and honors, or college level classes. Consider including your grade point average if 3.0 or higher.
- Experience: List your paid and unpaid jobs, including name of company (if applicable) and how long you worked there, and community services/volunteer time and activities; especially any that show your leadership skills and/or dedication. Briefly describe what you did. You can also list any awards or other recognitions you have received either in or out of school.

Use the tracker provided on the following page to **document relevant information as you go through high school** so that it is ready to be used for creating and updating your résumé or activity log.

# MY RÉSUMÉ OR ACTIVITY LOG TRACKER

**Objective:** Briefly describe what you want and what you can bring to the organization. Click or tap here to enter text.

**Skills and Strengths:** Remember, short points using action words. Click or tap here to enter text.

<b>Education:</b> High School, expected diploma date, r	elated classes, GPA (if over 3.0).
High school(s): Click or tap here to enter text.	Diploma date:
Related classes: Click or tap here to enter text.	

**Experience:** Work, activities, community service, leadership, awards, and recognitions.

What did you do (name)?	For whom/what organization?	How long?	Main responsibilities and tasks? Leadership? Accomplishments?
Ex: Yard maintenance	Seven clients in local neighborhood	3 years each spring/fall	Lawn care, cleared leaves, customer service, managed budget, supplies, and equipment
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
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Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.

## **MY FINANCIAL AID OPTIONS**

Since most adults change career paths multiple times during their working years, it is important to understand what financial resources are available for when/if you choose to pursue further education and/or training through an apprenticeship or a 2- or 4-year college or technical/specialty college.

This section of your HSBP is required to ensure all students know what support is available and how to access state and federal financial assistance after high school.

I will find out my financial aid options through either the Free Application for Federal Student Aid (FAFSA) or the Washington Application for Student Financial Aid (WASFA).

	Go to <a href="https://wsac.wa.gov/apply">https://wsac.wa.gov/apply</a> your parent(s)/guardian(s)/family n			•
	➤ I will be considered a dependent st (Check for dependency status at			

## **ACADEMIC INTERVENTIONS AND SUPPORTS**

For students who haven't yet met standard on the 10th grade statewide assessment in ELA and/or math, additional support to ensure readiness for a meaningful first step after high school must be provided. Any interventions, supports, or specific courses being considered as ways to help you meet high school graduation requirements must be consistent with your educational and career goals. Options **may** include (but are not limited to):

Priority class choices or schedule changes 1:1 support for "on track" graduation plan Academic interventions with frequent progress checks

Social/emotional supports
Dual credit course(s)

Career and technical equivalency course(s)

Transition course(s)

Credit recovery course(s)

Locally determined courses with qualifying

assessments

Remedial course(s)
Tutoring/Mentoring

Parent/guardian/teacher/school counselor

conference

Attendance contract

Extended school day opportunity

Summer school

#### MY ACADEMIC INTERVENTIONS AND SUPPORTS

Chosen Strategy:	Timeline:	Result:
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.

# ADDITIONAL REQUIREMENTS FOR 8TH GRADE STUDENTS

# 8th GRADE STUDENTS WHO HAVE NOT EARNED A LEVEL 3 ON THE MIDDLE SCHOOL STATE ASSESSMENT IN MATH

High school students who earned a middle school math state assessment score below Level 3 must take a math course in both 9th and 10th grades. The planned courses may include career and technical education equivalencies in math, if in alignment with your post-high school goals.

☐ Planned 9th grade math course: Click or tap here to enter text.
☐ Planned 10th grade math course: Click or tap here to enter text.
$\square$ Complete a Student Learning Plan before entering 9th grade
(http://www.k12.wa.us/studentlearningplan/default.aspx)

For your parent/guardian:

By signing below (which is **optional**), I acknowledge that my son/daughter needs to take math, or an appropriate CTE equivalent course, in 9th and 10th grades. I also recognize that additional academic interventions and supports may be proposed to ensure my son/daughter is prepared to meet state and local graduation requirements.

Parent/Guardian Signature: Click or tap here to enter text.

Date: Click or tap here to enter text.

# Possible future implications for the third credit of math and science

For your academic course planning, if math and/or science are courses in which you may struggle, be aware that your third credit of mathematics and third credit of science can be somewhat flexible but must be aligned with your career interests and post-high school plan. In addition, your parent(s) or guardian(s) and/or the school counselor or principal must agree with your course choices for these specific credits.

# RESOURCES FOR DEVELOPING HIGH SCHOOL AND BEYOND PLANS

## **Free Websites for Taking a Career Interest Inventory**

Career Bridge: <a href="http://www.careerbridge.wa.gov/Survey\_Cluster.aspx">http://www.careerbridge.wa.gov/Survey\_Cluster.aspx</a>

**Career One Stop**: <a href="https://www.careeronestop.org/toolkit/careers/interest-assessment.aspx">https://www.careeronestop.org/toolkit/careers/interest-assessment.aspx</a>

Advance CTE: Interest Survey for Career Clusters: https://careertech.org/student-interest-survey

**US Occupational Outlook Handbook**: <a href="https://www.bls.gov/ooh/">https://www.bls.gov/ooh/</a>

## **Free Websites to Explore Post-High School Options**

Using your career interests and goals to guide you, explore these links to various educational and training options that can prepare you for a first job after high school.

- > Apprenticeship Programs: http://www.lni.wa.gov/tradeslicensing/apprenticeship/
- Apprenticeship Program of Study: <u>http://www.k12.wa.us/careerteched/pubdocs/ProgramsofStudyandApprenticeshipAlignmentGrid.pdf</u>
- CTE Programs of Study: <a href="http://www.k12.wa.us/careerteched/ProgramsofStudy.aspx">http://www.k12.wa.us/careerteched/ProgramsofStudy.aspx</a>
- Industry Standard Certificate Programs and Career Clusters: http://www.k12.wa.us/CareerTechEd/clusters/
- ➤ **Military Training**: http://todaysmilitary.com/
- Plan Your Future (planning resources for career/college/apprenticeship/financial aid): https://wsac.wa.gov/actionplan
- 2-year Community or Technical Colleges in WA state: https://www.sbctc.edu/our-colleges/search-college-programs/default.aspx
- ➤ 4-Year Public Colleges in WA state: <a href="http://www.wsac.wa.gov/college-admissions">http://www.wsac.wa.gov/college-admissions</a>
- 4-Year and 2-Year Colleges (Out of state/Private)
  - o College Board's Big Future: <a href="https://bigfuture.collegeboard.org/">https://bigfuture.collegeboard.org/</a>
  - o Peterson's College Guide: <a href="https://www.petersons.com/college-search.aspx#/sweeps-modal">https://www.petersons.com/college-search.aspx#/sweeps-modal</a>

# Free Resources to Inform Students About Financial Aid Applications

Use these links to access FREE resources and support to help you and your family understand and apply for potential financial aid options.

- ➤ **How to Create your FSA ID** for the FAFSA (video) at <a href="https://www.youtube.com/watch?v=Fp-fAMe4aa0&feature=youtu.be">https://www.youtube.com/watch?v=Fp-fAMe4aa0&feature=youtu.be</a>
- ➤ **College Bound Scholarship** information at <a href="https://readysetgrad.wa.gov/college/college-bound-scholarship-program">https://readysetgrad.wa.gov/college/college-bound-scholarship-program</a> (remember to apply by June 30<sup>th</sup> of your 8<sup>th</sup> grade year!)
- ➤ Washington College Grant information at <a href="https://wsac.wa.gov/wcg">https://wsac.wa.gov/wcg</a>
- FREE **texting reminder service** (for financial aid steps) at https://wsac.wa.gov/otterbot