## 2020-2021 GCJHS Cheerleading Information **G**

Are you interested in being a cheerleader for the 2020-2021 school year? Obviously there are a lot of things changing right now. If you would like to receive cheerleading updates from now until we get some concrete dates for tryouts please fill out this <u>form</u>.

All of the following information is subject to change due to covid-19 school closures. <u>No tryouts are</u> <u>scheduled for this time.</u>

What you will need to try out:

- All potential candidates must have a physical on file for the current school year
- Be in good academic standing from the previous school year
- Fill out this cheerleader candidate form to officially say that you will be trying out: Click <u>here</u>
- Have 3 teachers fill out this candidate recommendation form: Click <u>here</u>
- Skills:
- o <u>Stunting</u>
  - You will need to show one position of choice (base, back, flyer)
- Learn the GC fight song
  - Front Video <u>here</u>
  - Back view w/ instructions video <u>here</u>
- Learn the tryout cheer
  - Video with instructions click <u>here</u>
- Have any tumbling ready to show off!
  - Scoresheet: Click <u>here</u>
- Have jumps ready to show off!
  - Toe Touch
    - Video: click <u>here</u>
  - Right OR Left hurdler
    - Right Video: click <u>here</u>
    - Left, same as right, just switch legs and angle left instead of right.
  - Pike
    - Video: click <u>here</u>

## Attire for tryout -

- dark shorts
- athletic shoes
- plain white or gray shirt. The shirt should NOT have any reference to cheerleading, but can have other words on it.
- Candidates should wear hair up and pinned out of the face (not needing readjusted or fixed during tryouts)



## Other Info:

Cheer Info Packet and Contract:Click <u>here</u> Tentative Calendar: Click <u>here</u>

Contact: coach Hannah Didelot, GCJH 7th grade geography teacher hdidelot@gcsc.k12.in.us