

TK Invitational

Junior High/Varsity Track & Field Meet

May 5, 2018 • Concordia College

10:00 a.m. Field Events

Triple Jump (VB, JHB, VG, JHG)
Long Jump (VG, VB, JHG, JHB)
High Jump (JHB, JHG, VG, VB)
Shot Put (JHG, JHB, VG, VB)
Discus (VG, VB)
Discus (JHB, JHG) Will use both throwing circles.
Javelin (VB, VG)
Pole Vault (JHB & JHG, VB, VG)

10:00 a.m. Track Events

4 x 800 meter relay (VB, VG)
200 meter hurdles (7B, 7G, 8B, 8G)
300 meter hurdles (VB, VG)
100 meter dash (7B, 7G, 8B, 8G, VB, VG)
4 x 200 meter relay (JHB, JHG, VB, VG)
1600 meter run (7B/8B, 7G/8G, VB, VG)
4 x 100 meter relay (JHB, JHG, VB, VG)
400 meter dash (7B, 7G, 8B, 8G, VB, VG)
100/110 meter hurdles (VB, 8B, 7B, VG, 8G, 7G)
800 meter run (7B, 7G, 8B, 8G, VB, VG)
200 meter dash (7B, 7G, 8B, 8G, VB, VG)
3200 meter run (VB, VG)
4 x 400 meter relay (JHB, JHG, VB, VG)

- Coaches' Meeting at 9:30 a.m. Work Assignments will be made at the coaches' meeting.
- Separate Divisions for 7th and 8th in individual events however the relays will be only one division and teams may be made up of both 7th and 8th grades.
- Unlimited Entries including relays. Reminder: An athlete can only participate in one division either junior high or varsity.
- Varsity: Ribbons 1-8, Relays: Ribbons 1-5 only.
- Junior High: Ribbons 1-6 for each division. Relays: Ribbons 1-6.
- Scoring 10-8-6-5-4-3-2-1; no team totals will be kept for junior high.
- Field Events: junior high will get 3 throws/jumps no finals
varsity will get 3 throws/jumps with top 9 advancing to finals
- Pick up awards at the conclusion of the meet in the press box.
- Results will be e-mailed.
- Concessions will be available.
- Admission: \$6.00 Adults, \$4.00 Students. Please inform your patrons as much as possible.
- Cost: \$125 for junior high and \$125 for varsity. If participating in both junior high and varsity then the cost will be \$250. **Please make checks payable to: Terri Krueger.**

Concordia Usage Rules

1. NO team camps OR food, beverage, gum and seeds on the turf. NO throwing of implements on the turf.
2. Athletes may warm-up for their running events on the turf provided they follow rule #1.
3. NO team camps or throwing allowed on the grass soccer field east of the locker room.
4. NO athletes allowed in the locker rooms.
5. Fans can park to in the north lot by the dorms OR the west lot by 8th St (non-baseball game days only for the west lot) OR on the streets to the east or the west of the stadium OR in the new east lot.
6. Buses should unload and park in the new east lot accessible from 11th St.
7. Please police your camps and pick-up all garbage and double check that you have all your equipment, uniforms and gear.

TK INVITATIONAL MEET RECORDS

Varsity

Triple Jump	Brady Heyen, Richland	41'8.5	Tessa Schroeder, MVE	34'5
Long Jump	Jenner Manske, Lisbon	21'7.5	Rikka Bergstrom, Oak Grove	17'2.75
High Jump	Contreras,Graf/Hurlbet,MVE/Dooley, CC	6'0	Vanesa Johnson, Northern Cass	5'8
	Tyler Zaun, MVE			
Shot Put	Jack Plankers, Kindred	49'9	Kelsey Laufenberg, Maple Valley-Enderlin	38'6
Discus	Adolfo Vasquez, MWL	144'7	Miranda Ripplinger, Lisbon	112'11
Javelin	Thomas Lindgren, MVE	171'5.5	Amber Hunsaker, Thompson	117'8
Pole Vault	Austin Pithey, Lisbon	13'0	Brittany Dixon, Oak Grove	10'0
4 x 800 meter relay	Cullen, Patterson, Hendrickson, Cooper		Krack, Hegg, Sorby, Shirek	
	Thompson	8:37.36	Thompson	10:18.54
300 meter hurdles	Eric Bachmeier, Kindred	40.73	Shaice Marx, Thompson	46.74
100 meter dash	Jalen Ham, Central Cass	11.14	Paige Slemmons, Central Cass	13.08
4 x 200 meter relay	Zetocha, Meehl, Zetocha, Hollingsworth		Hegg, Shirek, Cunningham, Marx	
	Oakes	1:33.89	Thompson	1:50.74
1600 meter run	Isaac Huber, Edgeley-Kulm	4:28.11	Ashley Perez, Oak Grove	5:13.51
4 x 100 meter relay	Bresnahan, Breske, Volk, Knutson		Grommesh, Stroh, Stein, Slemmons	
	Central Cass	44.87	Central Cass	51.61
400 meter dash	Eric Bachmeier, Kindred	50.78	Shaice Marx, Thompson	1:00.84
110/100 meter hurdles	TJ Hochstettler, Northern Cass	15.35	Vanessa Johnson, Northern Cass	15.69
800 meter run	Isaac Huber, Edgeley-Kulm	1:59.08	Peyton Frolek, MWL	2:23.22
200 meter dash	Travor Flaa, Richland	22.43	Gabby Grommesh, Central Cass	26.46
3200 meter run	Cody Christ, BCN	10:16.52	Ashley Perez, Oak Grove	11:46.48
4 x 400 meter relay	Boara, Vogsland, Anderson, Thompson		Heisler, Grommesh, Slemmons, ?	
	Grafton	3:32.76	Central Cass	4:21.84

8th Grade Meet Records

Triple Jump	Evan Braaten, MWL	38'3	Miah Bartholomay, MVE	31'0
Long Jump	Carter Kochmann, Sullivan	17'10	Thyra Peterick, Hatton-Northwood	14'5
High Jump	Evan Braaten, MWL	5'6	Abby Sharpe, Oak Grove	4'8
Shot Put	Zach Wulfekuhle, Richland	38'8	Jolene Kuchera, MWL	35'1
Discus	Chase Zinker, Richland	113'6	Jolene Kuchera, MWL	80'7
Pole Vault	Logan Wakefield	9'0	Emily McKay, Oak Grove	8'6
200 meter hurdles	Evan Braaten, MWL	27.86	Noelle Freeman, Sullivan	31.81
110/100 meter hurdles	Zachery Johnston, DVE	17.19	Elizabeth Johnson, Northern Cass	18.24
100 meter dash	Carter Kochmann, Sullivan	12.46	Kate Gallagher, Sullivan	13.69
200 meter dash	Logan Krueger, MPCG	25.90	Emily McKay, Oak Grove	28.16
400 meter dash	Adam Breske, Central Cass	57.84	Emily McKay, Oak Grove	1:05.49
800 meter run	Arthur Punton, Maple Valley-Enderlin	2:17.37	Taylor Heisler, Central Cass	2:42.64
1600 meter run	Lane Cleary, MVE	5:02.66	Autumn Gossett, Oak Grove	6:01.24

7th Grade Meet Records

Triple Jump	Aurthur Punton, MVE	33'7	Jessica Kuchera, MWL	30'5
Long Jump	Carter Kochman, Sullivan	17'5	Rikka Bergstrom, Oak Grove	13'9.75
High Jump	Evan Braaten, MWL Gus Hurlbert, MVE	5'0	Madi Erickson, Kindred	4'5
Shot Put	Zach Wulfekuhle, Richland	38'8	Michelle Bodziachowski, MVE	36'4.5
Discus	Nick Thompson, Richland	101'0	Bethany O'Toole, DVE	68'10
Pole Vault	Frankki/Buchholz, MWL	7'6	Brittany Dixon, Oak Grove	7'0
200 meter hurdles	Evan Braaten, MWL	29.03	Jamie Reinke, Lisbon	33.54
110/100 meter hurdles	Devin Houska, Kindred	20.02	Jamie Reinke, Lisbon	18.32
100 meter dash	Bryar Erickson, MWL	12.90	Charlee Lang, OG	13.90
200 meter dash	Caleb Sell, Northern Cass	26.08	Charlee Lang, OG	28.99
400 meter dash	Emmet Kenney, Sullivan	59.96	Emma Baasch, MVE	1:02.63
800 meter run	Tom Erie, Sullivan	2:20.81	Emma Baasch, MVE	2:40.02
1600 meter run	Logan Seger, Sullivan	5:12.62	Lili Lindemoen, Sullivan	5:59.16

Junior High Relays

4 x 100 Relay	Sullivan	51.55	Kindred	56.05
4 x 200 Relay	Mayville-Portland-Clifford-Galesburg	1:44.34	Oak Grove	2:02.12
4 x 400 Relay	Mayville-Portland-Clifford-Galesburg	4:03.91	Thompson	4:49.04