INDIANOLA MIDDLE SCHOOL Respectful® Responsible® Safe Beginning of the year IMS Athletic Information

Fall parent athletic start dates and parent meetings:

7th & 8th Football_will begin on Thursday, August 23. Practices will be held on Monday-Friday from 3:30 pm to 5:45 pm. Practice will begin at 4:00 on Wednesdays. Parent meeting and the Indianola Athletic Booster Club Fundraiser kick-off is scheduled for Thursday, August 23 after practice in the Blake Fieldhouse. The meeting will begin at approximately 6:00 PM. The Indianola Athletic Booster Club Fundraiser kick-off will follow.

7th & 8th Cross Country will begin on Thursday, August 23. Practices will be held on Monday-Friday from 3:30 pm to 5:00 pm. Parent meeting and the Indianola Athletic Booster Club Fundraiser kick-off is scheduled for Thursday, August 23 after practice in the middle school library. The meeting will begin at 5:15 PM.

7th and 8th Volleyball will begin on Thursday, August 23 in the Blake Fieldhouse. Practices will be held on Monday-Friday from 3:30 pm to 5:30 pm. Practice will begin at 4:00 on Wednesdays. Parent meeting and the Indianola Athletic Booster Club Fundraiser kick-off is scheduled for Thursday, August 23 after practice in the Street gym. The meeting will begin at approximately 5:15 PM.

Indianola Middle School Athletic Fundraiser

Indianola Middle School will participate in the 2018-2019 Indianola Athletic Card fundraiser. Athletes in 7th and 8th grade will sell athletic cards after the high school completes their sale of the same cards. It is your choice to buy from high school or from middle school athletes. The Middle School sale will kick off on Thursday, August 23 and final turn in will be Friday, September 7. Middle School athletes will have a goal of selling at least 5 cards. Students can sell more cards and earn apparel and other incentives based on sales. The cards will cost \$20 each. Each card is packed with local discounts and savings. The purpose of our sale is to support all the athletic programs throughout the school year. Examples of support are the following: uniforms, equipment, athletic trainers, officials, entry fees, and other athletic related expenditures. Please help support and encourage your child to participate in raising funds that will directly benefit them as middle school athletes. All money raised will benefit only middle school athletes. In the event that you would like to make a donation, in lieu of selling cards, please make all checks payable to Indianola Athletic Booster Club. Also, become an Athletic Booster Club Member by clicking here: https://www.indianolaathletics.com/iabc/

<u>Volunteer Coach:</u> A volunteer is an unpaid person who holds a coaching authorization or a coaching endorsement from the Department of Education and who is acting under the direction of an employed coach and with the knowledge and approval of the local board of education. If you are interested, please contact Mr. Fitzpatrick, Middle School Athletic Director. <u>jonathan.fitzpatrick@indianola.k12.ia.us</u>

All sport start and end dates:

IMS Activities Schedule link: http://www.littlehawkeyeconference.com

Football/Cross Country/7th and 8th Volleyball August 23 - October 9

7th and 8th Grade Girls Basketball/7th & 8th Wrestling October 16–December 18

7th and 8th Grade Boys Basketball January 3 – February 26

7th and 8th Grade Boy's & Girl's Track March 18 –May 13

7th and 8th Grade Softball May 14 – July 2

Schedules are located on rSchoolToday (RST) Activity Scheduler

We use the activity scheduler as our all-school calendar as it provides significant advantages to our school community. It is web-based so the most up-to-date information is available at all times from any web-enabled computer. All changes appear as soon as they are made. You are also able to receive email updates instantly and are able to download the calendar onto your personal electronic devices.

Click onto District Events:

https://www.indianola.k12.ia.us/events/

Click on Activities Calendar at the bottom right.

Very Important Information—All forms below must be completed and turned into the main office before athletes can practice or play. Please turn in all forms to the main office upon completion or during Open House. The office is open from 7:00AM-4:00PM, M-F.

- 1. Sports Physical form (2 sided): All sport physicals must be completed by a physician. Sport physicals are good for one calendar year. Parents and students need to sign **both sides** of the document before a student can participate in any sport.

 https://www.indianola.k12.ia.us/school/indianola-middle-school/athletics/

 Please note: the section on the 1st side titled "Significant Past History". This is the primary.
 - <u>Please note:</u> the section on the 1st side titled "Significant Past History". This is the primary parent method of relaying any important medical issue that coaches, trainers, or doctors will need to know in case there are any injuries on the playing field.
- 2. <u>Heads-Up Concussion form:</u> Must be completed each school year by parent and student before student can participate in any athletic activities. https://www.indianola.k12.ia.us/school/indianola-middle-school/athletics/
- 3. <u>Study Table Reminder:</u> The Indianola Community Schools will dismiss one hour early every Wednesday during the 2018-2019 school year. Athletic practices will not begin until 3:50 PM on those days. The athletic study table is offered for those who sign up for the supervised service. It is not a required event and students not attending Study Table will not be allowed in the building until 3:50 PM. <u>Please note</u> that by signing up for Study Table a student will be expected to attend, unless parents formally notify the office of the change. Please turn in the completed document to the main office for attendance purposes. https://www.indianola.k12.ia.us/school/indianola-middle-school/athletics/

Information about camps offered:

All sports camps (Football, Volleyball, Basketball, speed and agility):

https://www.indianolaathletics.com/camps/

Activity Tickets:

Indianola Community School District parents, the District would like to bring to your attention an amazing cost saving opportunity for you and your student. Indianola Community School District offers an Activity Ticket that allows your student entry into all high school and middle school athletic home events, and some music activities, the offer does not apply to special events and district/state playoffs. Another reason for purchasing the card is that 100% of the revenue generated from the purchase of the card goes directly back to the student's activities. The cost of the activity ticket is \$50.00. Activity Cards can be purchased on-line using the following

link: https://indianola.revtrak.net/tek9.asp?pg=products&grp=31

Admission costs:

The cost to attend games various from \$3.00 - \$6.00 based on sport and level of competition.