



**Walk to Cure Diabetes**  
**March 28<sup>th</sup>, 2015**  
**Greenville Convention Center**  
**8:30am Registration, 10:00am Official Start**

The JDRF Walk to Cure Diabetes brings people together in a healthy activity for a worthy goal. The Walk is fun for families and builds camaraderie among company employees. The walk provides hope, empowerment and a sense of community. Your participation shows your commitment to the large scale movement to conquer type 1 diabetes one step at a time. Take your first step by registering today! Walkers will be treated to morning refreshments, post-Walk snacks, entertainment, special attractions, children's activities, and plenty of family fun! To register for the JDRF Walk as either a Team Captain or team walker, please visit [www.walk.jdrf.org](http://www.walk.jdrf.org)

*Did you know that there are at least 75 children with T1D in the Pitt County School System? Did you know that without insulin therapy (shots or pump) and 7-10 finger pricks throughout the day to test their blood glucose levels that these children would not be able to survive?*

Meet Madelyn.....



Hello! My name is Madelyn. I am 6 years old and in the first grade. I was diagnosed with Type 1 diabetes when I was 3 years old. I have T1D. I was scared when I was diagnosed because I had to take a lot of shots but now diabetes is just part of my life. Now, I wear an insulin pump. I am able to swim, dance, do handstands, go to school and anything else another child can do. I just do it with my diabetes. I am especially lucky because my Mom is a pediatrician and an endocrinologist. That means she is a T1D doctor for kids. She helps take good care of me whenever I need it - which is all of the time. I check my blood sugar at least 10 times a day, I have to count all of my carbohydrates, sometimes I need to drink a juice if my blood sugar is low and sometimes I have to check my ketones if my blood sugar is high. It takes a lot of work to keep me healthy. But my mommy does not do this alone - my daddy and my sister and my teachers and my friends help out a lot too. I am very grateful that they help me take care of my diabetes.

My family and I are involved with the Juvenile Diabetes Research Foundation (JDRF) because they work hard to find a cure. A cure would mean that I would not have to have shots, sites, sensors or wear a pump. A cure would mean that I would not have to carry all of my supplies with me all of the time. A cure would mean that my mommy would not have to worry about me having a low blood sugar that could cause me to pass out. A cure would mean that I would not develop ketones which can make me really sick. I cure would mean that I could live a long, healthy life without T1D. Please, please, please consider giving to JDRF and help us find a cure!

## ***How can Pitt County Schools help?***

**Form a walk team for your school!** If there is a child at your school that has T1D, let them advocate for the JDRF walk and finding a cure. Allow them to share their story over the PA system or at an assembly to let them explain what their life is like having T1D and why finding a cure is important. If you have more than one, let them share together. Make a newsletter with their story to send home with kids explaining why you are raising money for this cause. Get creative! You can always contact Morgan Hazelwood with JDRF for help and ideas. A walk team is easy to form! Just go to [www.walk.jdrf.org](http://www.walk.jdrf.org) to register your team for the Greenville Walk.

**Sell JDRF Sneakers and display them in the cafeteria or in your homeroom.** You can sell them for \$1 and allow students and teachers to put their names on them. You could offer a hat or jeans day with a certain dollar donation (\$5-10) and the sneakers for this particular incentive could be a specific color.

**Collect “Coins for a Cure” and have a competition between classrooms.**

**VOLUNTEER for the walk.** We are always in need for volunteers to help with the walk. We are looking for bands, face painters, people to help with arts and crafts, food preparation and serving, walk route volunteers, the opportunities are abundant.

**Organize a Kids Walk at your individual school.**

**Attend the walk!** All who raise money for this cause are invited to participate in the walk and all activities surrounding it!

**For more information, please visit [www.jdrf.org](http://www.jdrf.org) or contact Morgan Craig-Hazelwood at 252-412-0194 or [mhazelwood@jdrf.org](mailto:mhazelwood@jdrf.org)**

### **More about JDRF**

JDRF is the leading global organization focused on type 1 diabetes (T1D) research. Driven by passionate, grassroots volunteers connected to children, adolescents, and adults with this disease, JDRF is now the largest charitable supporter of T1D research. The goal of JDRF research is to improve the lives of all people affected by T1D by accelerating progress on the most promising opportunities for curing, better treating, and preventing T1D. JDRF collaborates with a wide spectrum of partners who share this goal.

Since its founding in 1970, JDRF has awarded more than \$1.6 billion to diabetes research. Past JDRF efforts have helped to significantly advance the care of people with this disease, and have expanded the critical scientific understanding of T1D. JDRF will not rest until T1D is fully conquered. More than 80 percent of JDRF's expenditures directly support research and research-related education.

