



























MHS Cross Country

2014

Madison High School Roster and Letter Winners

7 th graders	8 th graders	9 th graders
Kaden Krusemark	Karsyn Dorris 	Anna Theophilus 
Ammon Hawkes 	September Johnson	Ally Gross
Nick Kessler	Landon Lentsch	Ally Balogh
	Victoria Olson	Braden DeJabet
	Cami Streff 	Elsa Leighton
	Jenni Waba 	Regan Olson
	Raven Wallowing Bull	Taelor Smith 
		Morgan Briggs
Sophomores	Juniors	Seniors
Sheamus Donelan 	Hunter Streff 	Jared Thayer 
Hailey Streff 	Edwin Iraheta 	Danielle Roemen 
Rachel Hass 	Garrett Hubbell 	Kendra Jones 
Lexi Lentsch	Jason Gale 	Maddie Nipe 
Amanda Rowland 	Sam Eliason 	Emily Hawkes 
Ethan Hatch 	Kaiden Dorris 	Dallas Fernau 
Ashley Stromberg 		Brianna Dirks 
Peityn Roemen		
Ann Knofczynski 		
Ben Curley		
Julia Unterbrunner		
Savannah Miller		
Samantha Herman		



= LETTER WINNER

School Name: Madison High School

Nickname for School : Bulldogs

School Colors: Maroon, White and gold

Coach: Robert J. Cordts

Assistant Coach: Peg Hansen

Location: Madison, SD, 57042 800 N.E. 9th Street

H.S. Enrollment: 346 students (2009 ADM)

Affiliation : SD high school class A

Conference: Dakota XII Conference

State Meet Top Ten Team Finishes –MHS history

Boys

1950 2nd place
1953 2nd place
1954 5th place
1977 7th place
1978 8th place
1981 2nd place
1985 4th place
1990 4th place
1991 3rd place
1992 3rd place
1993 1st place
1994 2nd place
1995 2nd place
1996 4th place
1997 5th place
1998 2nd place
1999 1st place
2000 2nd place
2001 1st place
2002 5th place
2003 6th place
2004 3rd place
2005 3rd place
2008 5th place
2009 2nd place
2010 5th place
2011 3rd place
2012 1st place (State Champions)
2013 10th place
2014 9th place

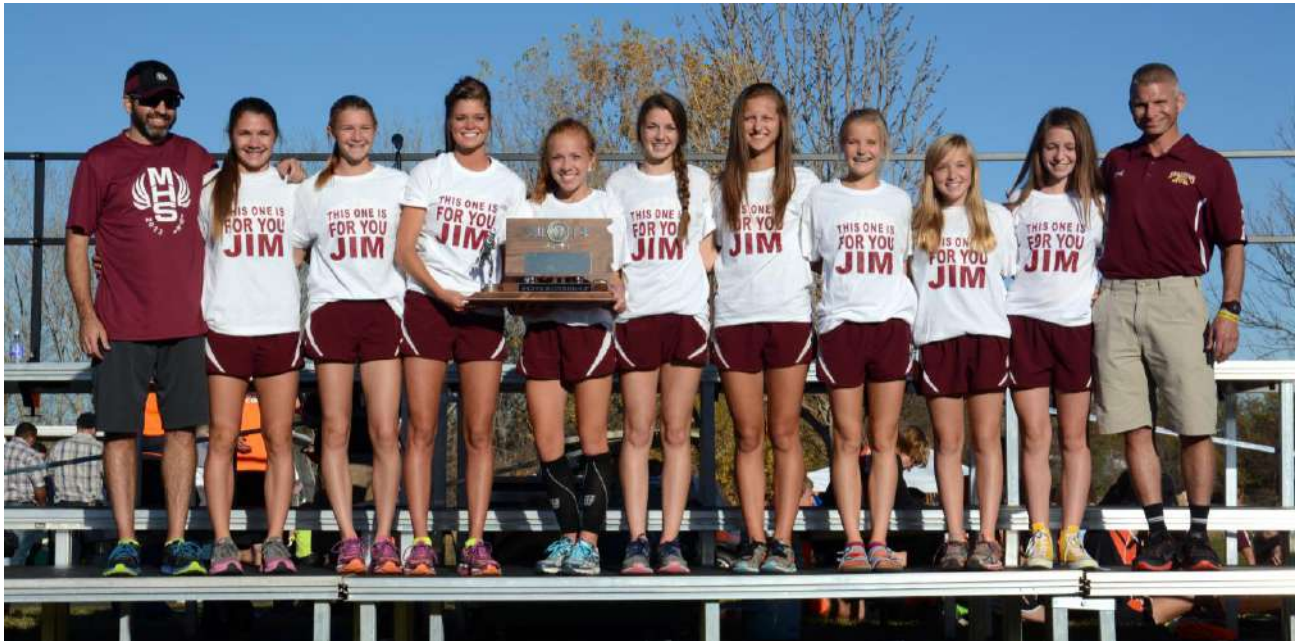
Girls

1996 7th place
1997 5th place
1998 2nd place
1999 4th place
2000 1st place
2001 2nd place
2002 4th place
2003 7th place
2005 10th place
2006 5th place
2009 4th Place
2010 4th Place
2011 3rd Place
2012 6th Place
2013 3rd Place
2014 2nd Place

State Meet Combined Championships – Boys and Girls

1999
2000
2001
2002
2009
2010
2011

Girls - 2014 - 2nd place



In loving memory of my father and our friend Jim Cordts





VARSITY and Junior Varsity AWARDS and Honors

Most Valuable - Varsity

Boys- Ethan Hatch



Girls- Emily Hawkes



Most Improved – Varsity

Boys- Edwin Iraheta

Girls- Amanda Rowland , Anna Theophilus

Hardest Worker – Varsity

Boys- Hunter Streff

Girls- Hailey Streff

Most Valuable –Junior Varsity

Boys- Ammon Hawkes

Girls- Brianna Dirks

Most Improved – Junior Varsity

Boys- Sheamus Donelan

Girls- Jenni Waba

Hardest Worker – Junior Varsity

Boys- Nick Kessler

Girls – Jenni Waba



VARSITY and Junior Varsity AWARDS and Honors

South Dakota Cross Country and Track Coaches Association's All-State Honors for Top 25 in all classes (AA, A, B) :

Cami Streff (16th), Hailey Streff (4th), Emily Hawkes (1st),



South Dakota Cross Country and Track Coaches Association's Academic All-State Honors for 3.5 GPA for seniors with 3 years of competition :

Emily Hawkes and Maddie Nipe



**South Dakota Cross Country and Track Coaches Association's All-American
Honors**

Emily Hawkes



Hailey Streff (Honorable Mention)



2014 State Meet Medalists





Girls - State meet place winners (medalists , top 25) – MHS History

1976-Janet Schoeberl 14th

1978- Kim Larson 5th

1984-Michelle Russell 8th

1985-Michelle Russell 8th

1986-Michelle Russell 2nd

1987 – K. Mortinesen 19th
K. Swanson 20th

1988 – K. Swanson 16th

1994 - **Salley Meyer 1st**

1995 - Salley Meyer 2nd

1996 - **Salley Meyer 1st**

1997 - **Salley Meyer 1st**
Amy Bickett 8th

1998 – Salley Meyer 2nd
Amy Bickett 11th
Jessica Fjerstad 12th

1999 – Kari Schaefer 17th
Heather Lingle 12th

2000 – Kari Schaefer 5th
Heather Lingle 12th

2001-**Kari Schaefer 1st**
Heather Lingle 10th
Jessica Fjerstad 18th

2002-Kari Schaefer 2nd
Carly Seitz 14th

2003- Kari Schaefer 3rd

2005- Brittany Fischer 20th

2006- Brittany Fischer 21st

2009- Maddie Nipe 16th

2010- Emily Hawkes 5th

2011- Hailey Streff 7th
Emily Hawkes 15th

2012- **Emily Hawkes 1st**
Hailey Streff 5th

2013- Cami Streff 4th
Emily Hawkes 23rd

2014 – Emily Hawkes 1st
Hailey Streff 2nd
Cami Streff 7th



Boys - State meet place winners (medalists , top 25)- MHS History

1949 – Richard Hauge 8th

1950 – Jack Pearson 2nd
Richard Hauge 10th

1973 – **Larry Beesley 1st**

1976- Tony Bauman 4th
Bruce Keppen

1977 – Jed Schemmel 10th
Neil Bjorklund 13th

1978 – Neil Bjorklund 6th

1981 – **Eddie Roling 1st**
Tom Seitz 4th
Tom Regan 8th

1984 – Ryker Lammers 7th
Jeff Kersten 17th

1985 – Scott Heckenliable 10th

1987 – David Janke 8th

1989 – **Adam Ericsson 1st**
Heith Janke

1991 – **Heith Janke 1st**
Adam Ericsson 4th

1992 – Heith Janke 3rd
Adam Ericsson 5th

1993 – **Heith Janke 1st**
Adam Cummins 6th
Mike McIntyre 12th
Eric Cummins 15th

1994 – Eric Cummins 13th

1995 – Seth Ericsson 6th
M. Moore 7th
J. Anderson 12th

1997 – Ryan Hanson 17th

1998 – Dustin Patch 11th
Grant Jaspers

1999 – Matt Nipe 5th
Tyler Hansen 12th

2000 – Matt Nipe 6th
Grant Jaspers 12th
Brad Plack 13th

2001 – Matt Nipe 6th
Danny Meyer 14th
Brad Plack 20th

2002 – Justin Jaspers 9th

2003 – Justin Jaspers 3rd

2004 – Justin Jaspers 4th

2005 – Devon Berkness 18th

2006 – Justin Schrepel 17th

2008 – Mason Sullivan 17th

2009 - Zach Hansen 24th

2010 – Mason Sullivan 23rd

2011 – Hunter Streff 9th
Tyler Lentsch 18th

2012 – Tyler Lentsch 3rd
Hunter Streff 4th
Austin Handley 7th

2013 – Garrett Hubbell 20th

**Madison High School
2014 Varsity Cross Country
Schedule and Team Results**

Date	Meet	Location	Boys Place	Girls Place
8/29/2014	John Collignon Invite	Madison	2nd	CHAMPIONS
9/4/2014	Mitchell /Watertown	Mitchell	2nd	CHAMPIONS
9/9/2014	Jesse James Invitational	Garretson	6th	CHAMPIONS
9/13/2014	Nike Heartland Regional Preview Meet	Sioux Falls	8th	CHAMPIONS
9/18/2014	Sioux Falls Christian Invitational	Sioux Falls	6th	CHAMPIONS
9/25/2014	Brookings Invitational	Brookings	5th	CHAMPIONS
9/29/2014	West Central Invitational	Hartford	6th	5th
10/2/2014	Luverne Invitational	Luverne, MN	4th	CHAMPIONS
10/9/2014	DAK XII Conference Meet	Lennox, SD	4th	CHAMPIONS
10/16/2014	Region 3A meet	Garretson	3rd	CHAMPIONS
10/25/2014	State Meet	Huron	9th	Second

SENIORS



Seniors : In their own words

Emily Hawkes

•The reason I started running and the reason I came out for Cross Country was because .

..

I started running in third grade and automatically loved it. When we did the Presidential Fitness test in gym class, I would always race with the boys, and I decided I enjoyed taking running to the next level by being in a competitive atmosphere. Not to mention, my older brother Caleb was in XC, and I have always looked up to him.

•My hero is ____ and the reason is ...

My life has been filled with many wonderful, inspiring people. However, the most influential of all is my mom. She's the best person I know. She has so much zeal for life and she's always positive, kind, and full of faith. Last year when I didn't know if I'd be able to run again, let alone be competitive, my mom never lost hope and, cheesy as it sounds, she always believed in me.

•What I enjoyed most about MHS Cross Country ...

The comradery! Through cross country, I've had the opportunity to meet new people and enjoy close relationships with my teammates! We have shared hundreds of laughs



and done lots of crazy things on our runs (abandoned house exploring, picking flowers, singing, etc.) I'll also miss Coach Cordts and Coach Ericsson. They always have great advice and I've come to see both of them as a friend, a fan, and a coach.

• **My favorite workout was/ is . . . (and reason why)**

This one is way tough, because I pretty much like everything we do. However, I enjoy tougher workouts near the end of the season at the country club...for example when we do 2-3 miles tempo followed by intervals on the greens. We have one of the prettiest golf courses in the state, so I like the scenery!

• **What was my best race and why?**

Probably my senior year state XC. This wasn't my hardest race or my fastest time, but emotionally, it was really significant. It took a lot of courage to come back and run this year, so being able to win state as a senior after such a difficult junior year was a huge blessing for me...probably something I'll always remember. Not to mention, our whole girls' team rocked that day too!

• **What will you miss the most about MHS Cross Country and why?**

THE PEOPLE! I'm going to be running in college so I'll still be putting in tons of hard work. However, I've genuinely come to appreciate each individual person on

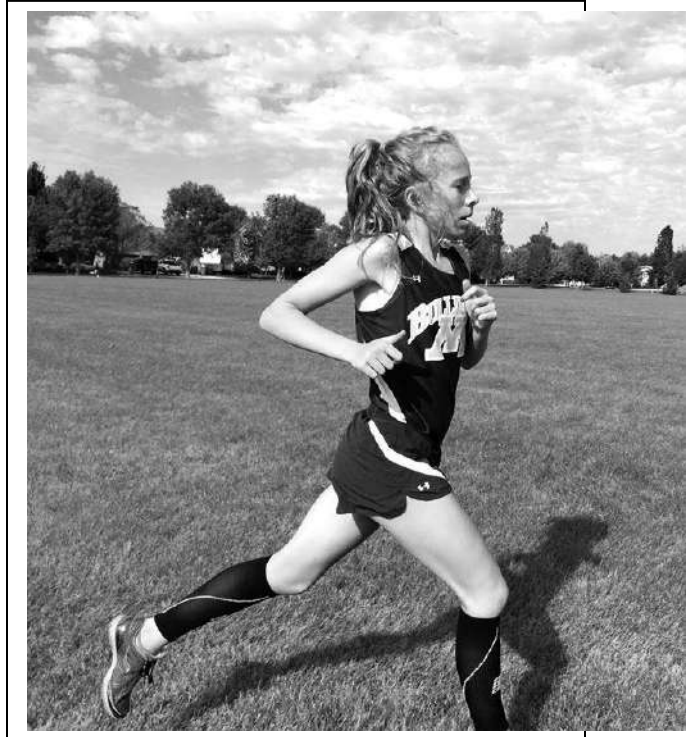


the team. They all add something unique to the program and they are all a joy to have as teammates!

- **My advice to other Bulldog Cross Country runners would be . . .**

Put aside the fear of what could go wrong, and focus on all that can go right. When you've done everything you can do in your physical, mental, and emotional preparation, success is bound to find you. Success doesn't always come in the way we expect it

to, but it will be there! **Don't take for granted the blessing it is to be able to run! :)**



Seniors: In their own words

Jared Thayer

- **The reason I started running and the reason I came out for Cross Country was because ...**
The reason I started running is so that I could prove to everyone, and especially myself, that I was strong enough not to let my asthma control my life. The reason I went out for Cross Country was because I was ambushed by Tyler Lentsch and Austin Handly. They kept telling how fun Cross Country was during Track my freshman year.
- **My hero is ___ and the reason is ...**
My hero would have to be my dad. He has M.S. and it has gotten worse over the years. However, he doesn't let it break his spirit. He still makes terrible jokes, and he always tries to find a way to make me feel better if I'm feeling down.
- **What I enjoyed most about MHS Cross Country ...**
What I enjoyed most about MHS Cross Country would have to be the family-like atmosphere. It was like a home away from home.
- **My favorite workout was/ is ... (and reason why)**
My favorite workout was the workout we would have the day before a meet. I loved it when we would get to the strides and there



would be quite a few of us who would race from one end of the football field to the other.

- **What was my best race and why?**

My best race would have to have been the region meet my sophomore year. I may not have beaten my personal record, but it finish I ever had. It was even better when I was hauling down the hill and I heard Ericsson yelling, "LOOK AT J-THAY GO!!! LOOK AT J-THAY GO!!!"

- **What will you miss the most about MHS Cross Country and why?**

What I'll miss most about MHS Cross Country would have to be what I also enjoyed most about it. We were like a family away from our families. A home away from home.

- **My advice to other Bulldog Cross Country runners would be . . .**

My advice to other Bulldog Cross Country runners would be to listen and trust to Cordts and Ericsson. If they tell you catch the runner in front of you, you try your absolute hardest to catch that runner. They know you a lot better than you know you. They won't ask you to do anything that you can't handle.



Seniors: In their own words

Maddie Nipe

- **The reason I started running and the reason I came out for Cross Country was because .**

..

My brother was in cross country and I remember watching meets when I was little. I never thought twice about joining.

- **My hero is ____ and the reason is ...**

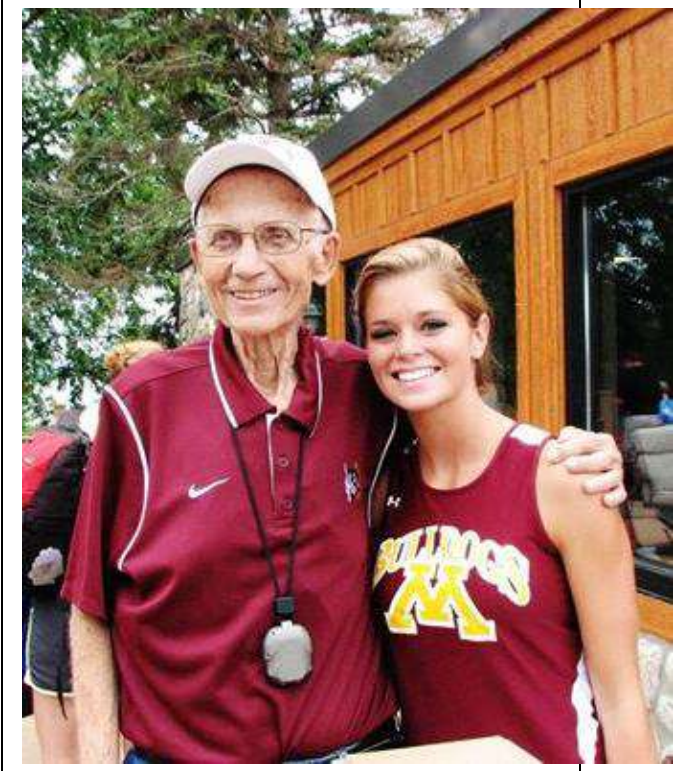
My hero is Jim Cordts. He has been my biggest supporter since I started cross country, and I hope to be half of the person he was.

- **What I enjoyed most about MHS Cross Country ...**

Making the bonds and relationships with the people I did. I made friends for life and I will never forget the wins, losses, pains and laughs I shared with them.

- **My favorite workout was/ is . . . (and reason why)**

My favorite workouts were the ones we would take an adventure to the old



abandoned house, and for some reason I was always the one that had to go in first!

● **What was my best race and why?**

I consider one of my best races one that wasn't necessarily my best time, but one where I learned a lot about character and sportsmanship. One of the lead runners had fell down, and my teammates and I were helping her up and motioning coaches to help her. I learned a lot that race, and I love that in cross country we share a bond with even our opponents.

● **What will you miss the most about MHS Cross Country and why?**

I will definitely miss the team aspect of MHS Cross Country, you won't find it in any other sport.

● **My advice to other Bulldog Cross Country runners would be ...**

To cherish the bonds you make in cross country, and to also set goals and go after them. Never settle for less than your best!



Madison girls place 2nd at state meet

Hawkes is #1 individual

By LARRY LEEDS
Sports Editor

The Madison girls' cross country team came up just five points shy of winning its first state title since 2000, but The Lady Bulldogs did have a first-place winner. Emily Hawkes won the 4,000-meter race in a time of 14:47.93, which was the fastest time of the entire State Meet.

St. Thomas More edged past the Bulldogs 53-58 to claim the state girls' team title at Huron on Saturday afternoon.

Following the top two teams were Mt. Vernon/Plankinton 74, Garretson 80, Ethan/Parkston 83, Custer 85, Todd County 112, Flandreau 132, Beresford 133, Canton 156, Redfield/Doland 173, Chamberlain 175, Hot Springs 235, Webster 253 and Milbank 261.

With her individual win, Hawkes completed an undefeated season and captured her second state title in her illustrious career.

"This one is so much better," she said. "I was able to overcome several adversities."

Hawkes has been running for the Bulldogs for six years.

"I have watched Emily and Madison Nipe (the other senior on the girls' varsity team) grow up and have had several conversations with them from seventh grade to their senior year," said Madison Coach Robert Cordts at the welcome-home celebration on Sunday. "Emily was determined to come back, and not many people have an undefeated season."

During the race on Saturday, Hawkes did the same thing she has done all season long. She got out front early and never looked back.

"I have been out front all season, and I just wanted to



Photo by Larry Leeds

PLACING SECOND in the girls' state cross country race was Hailey Streff. She had a time of 15:07.53.

race," she said.

Placing second was Madison's Hailey Streff with a time of 15:07.53. Her time was the fourth fastest time in the state.

Her sister Cami Streff placed seventh in the meet with a time of 15:24.76.

"We had three of the top 15 times in the entire state meet," Cordts said. "Nobody dropped in their time on Saturday and we did our best. We have to give credit to St. Thomas More."

Anna Theophilus was 69th with a time of 17:09.27, and right behind was Amanda Rowland in 70th with a time of

Nipe placed 77th with a time of 17:21.44.

"We worked so hard all season, and they are my best friends," Hawkes said. "We helped each other to succeed together because we all had one common goal."

"We had high hopes, but there is nothing wrong with getting the runner-up trophy," Cordts said.

In the boys' competition, the Bulldogs finished ninth in the team title with 140 points. Winning the team title was West Central with 56 points. Following the Trojans were Garretson 65, Sioux Falls Christian 68, Todd County 71,



Photo by Larry Leeds

MADISON PLACED SECOND in the girls' team standings with 58 points and St. Thomas More won the championship with 53 points. Members of the Madison team are (left) Anna Theophilus, Emily Hawkes, Madison Nipe, Amanda Rowland, Hailey Streff and Cami Streff.



Photo by Larry Leeds

SPRINTING TOWARD the finish line are Dunse (540), and right on their heels is Madison's Edwin Iraheta (490) and Webster's Ty Madison's Jordan Kisor (491).

123, St. Thomas More 137, Madison 140, Hot Springs 150, Ethan/Parkston 168, Redfield/Doland 217, Crow Creek 236, Webster 237, and

Madison's top finisher in the 5,000-meter race was Ethan Hatch. He was 31st in 17:37.05. Hunter Streff was 34th in 17:51.32.

in 18:18.90.

Rounding out the finishers for Madison were Dallas Fernau, 75th, 19:58.26; Edwin Iraheta, 96th, 19:26.39; and

OCTOBER 27, 2014 | MONDAY

Top girls' runner



Photo by Larry Leeds

MADISON HIGH SCHOOL senior Emily Hawkes capped off a brilliant six-year career for the Madison cross country team on Saturday at the 2014 State Meet in Huron. She won her second individual title with a time of 14:47.93, which was the fastest time of all of the cross country runners at the state meet and helped the Bulldogs to a second-place finish in the girls' team standings. Read the story on page 10

Unbroken in 2014