## PHYSICAL EDUCATION

Mr. Sikorski and Mr. Scurpa

Physical Education is required by state law. Students must successfully complete four P.E. courses in order to meet graduation requirements. All students must be enrolled in Physical Education each year of grades 9 - 12.

Our primary challenge is to encourage the incorporation of regular and safe exercise into personal lifestyles in order to enhance the healthful living of each individual. During the four years of Physical Education at Sharpsville High School students will be exposed to a wide variety of physical fitness activities, lifetime sports and team sports to accomplish this goal.

Success in Physical Education will be directly related to the student's degree of participation and attitude towards the program. The grading system has been structured to afford each and every student an opportunity for success regardless of their ability level.

**GRADING- 10** possible points per day:

- **3 pts. DRESSED APPROPRIATELY:** T-shirt or sweat shirt, shorts or pants (may not drag on the floor), socks, tennis shoes
  - \* Dress points will be lost if school dress code is not followed
  - \* Dress points will be lost if shoes are not tied properly

7 pts. – PARTICIPATION and SPORTSMANSHIP: amount of appropriate involvement, behavior and cooperation in ALL class activities \*participation in warm-ups is required for participation in activity

\*participation in warm-ups is required for participation in activity \*if shoes are not tied properly you will walk laps after warm-ups \*positive attitudes and comments only

**<u>DISCIPLINE PROCEDURE</u>**- If a student is removed from an activity, points will be deducted, detentions will be assigned, and/or an office referral will be made.

**MAKE-UPS**-S.O.S. will be assigned for excessive absences from class and/or for a failing grade.

\*Medical excuses are necessary if participation is restricted. Alternative activities or assignments will be required unless the student is participating in a regular physical therapy rehabilitation assignment. Failure to complete alternative activities and/or assignments will result in a failing grade.

## **CONTACT INFORMATION:**

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