



Personalized Learning Requirements: Extended Application Guidelines

To obtain an Oregon Diploma, students must meet requirements for number of course credits in specific categories, Essential Skills and Personalized Learning Requirements. Completion of this assignment meets the criteria for Personalized Learning: Extended Application. To be clear:

To GRADUATE from high school, you MUST complete this assignment!
If you do not, the state of Oregon will not allow you to graduate!

The goal of the Extended Application is to explore your interests and abilities in the context of “what comes next” after high school. Each student will have the opportunity to explore their interests, career ideas, and future options through the on-line Career Information System. After completing several surveys students will then put their thinking and ideas to paper by reflecting on a series of questions related to their future dreams and expectations.

Explore Future Options

You must complete the following research on CIS (Career Information System). You will be in the computer lab for 5 days with your teacher and counselor. If the task is not completed by then you are responsible to complete this part of the assignment on your own. Use the handout titled “**CIS Instructions for Senior Extended Activity**” to complete this research on the following tasks:

1. Complete *Reality Check*
2. Research Occupations with *Occupation Sort*
3. Complete one or more *Skills/Interest Assessments (Skills, IDEAS, Interest Profile)*
4. Research *Colleges, Trade Schools and Community Colleges*

Reflection and Plan

Directions: Your essay reflection should be in MLA format, and be 2- 3 pages in length. Senior level work is expected. Your finished essay should address your specific future plans after high school. In other words, what conclusions can you make about your skills, future careers, and college interests from the tasks completed on CIS and what is next for you after high school? Take time to look over your results from the research on CIS. Your essay should discuss specific results which you recorded on the CIS Instructions worksheet.

1. Pick one or two occupations from your research on CIS (or on your own) and give brief overview of those occupations including the following information:
 - a. Current employment statistics and outlook for employment
 - b. Specific work activities and conditions
 - c. Skills and abilities needed
 - d. Preparation/experience and education requirements/costs and completion time
 - e. Salary/Wages

2. What are the steps you will take to enter these careers?
3. What potential obstacles may arise? How will you overcome those obstacles?
4. Based on all you have researched, what are your plans for after high school? What are you going to do next?
5. What do you see yourself doing 5 years from now?