



# Cat Chat



Cashion High School

April 2010

## Words for Wildcats

By: Mrs. Oard

At the March Cashion Board of Education meeting, the board members officially allocated money from the 2007 bond for technology. In particular, we are purchasing ten more interactive white boards (IWB) for the district. Earlier in the fall, we purchased ten boards from Smart for classroom teachers and three for the special education teachers. These teachers have undergone training and will act as trainers for the recipients of the next 10 IWBs. We have also contracted with our vendor to provide further training to all teachers. Technology will also be state of the art in our new computer lab with a Smart Board, document camera, Smart slate, interactive response system and other peripherals.

IWBs have been most prominent in education in Great Britain. English schools began using the boards in the late 1990's with the majority of the boards purchased from Smart Technologies. Early in the 21<sup>st</sup> century, the British government channeled millions of dollars into schools solely for the purchase and implementation of the IWBs. It is from their experiences that schools in the United States will learn what the best teaching practices are for this technology. There are some promising research results from the regular use of the IWB in the elementary grades. For instance, 7.5 months of additional progress has been measured for boys struggling in science. Girls of average mathematical attainment made 2.5 months of additional progress. The boards are evolving in their uses and it should prove to be an exciting time in many classrooms in Cashion schools.

## NHS SENIORS

Don't forget to buy stoles for graduation

## Senior Honor Grads 2010

Elizabeth Andrews, Christian Minard, Cecely Jones, Zac Lee, Bailey Wilkerson, Britney Temple

VALEDICTORIANS- Courtney Conrad, Austin

Phippen, Brian Kliever

SALUTATORIAN- Corrie Ready

## Prom

"I COULD NOT ASK FOR MORE"

SATURDAY, APRIL 3RD

DEPOT

GUTHRIE, OK

PROM AT 8:30 P.M.

Yearbooks for Sale  
Now Through May 20

\$35

After May 20 -\$40

See Mrs. Gruntmeir

# Secondary News

By: Mr. Vandruff  
H.S. Principal

As we approach the end of the school year we start to look at the beginning of next year. We have added some new curriculum for our students to choose from. At last month's board meeting we were able to get approved a new elective class that I believe will be very beneficial to Cashion Schools. The course is called Teen Leadership and it is an elective that could make our school go from good to great. I was able to pull these outcomes off of [www.flipflippen.com](http://www.flipflippen.com) for your viewing pleasure:

When students discover their own self-worth and approach life prepared to achieve, the opportunities are endless. This is the philosophy behind the Teen Leadership course (available in middle and high school versions). The course teaches students to take responsibility, express themselves, and handle problems and decisions when they arise. Here are some of those outcomes:

- Develop a healthy self-concept, healthy relationships, and a sense of personal responsibility
- Understand Emotional Intelligence and the skills it measures, including self-awareness, self-control, self-motivation, and social skills
- Build skills in public speaking and communication as well as an understanding of personal image
- Develop an understanding of principle-based decision-making and learn to make responsible personal and financial decisions
- Recognize and resist peer pressure
- Learn to become better family members and citizens
- Appreciate the need for vision in goal-setting, personally and professionally

We will also be hosting our Prom on April 3<sup>rd</sup> at the Guthrie Depot. We all want our students to have a fun and enjoyable experience but, with that being said, we all want them to make safe choices. As this

time is exciting for our students, parents and our patrons I was able to find an article that I believe is informative and helpful in dealing with the issues of prom night. This article was taken in its entirety from this website <http://www.education.com/grade/emotional/high-school/page2/> and it was written by Hannah Boyd titled Keeping Prom Night Safe. In the glow of graduation, college acceptance, and teen romance, even the most sensible kids take risks they shouldn't on prom night. Binge drinking, drunk driving, and sex can even seem like rites of passage. Here's what you need to know to keep your teenager safe:

- Make sure your child and, ideally, you, know her date. If it's a fix-up, ask her to meet the guy beforehand in a public space to confirm that he seems okay. Remind her that it's best not to be alone with anyone she doesn't know well.
- For many teenagers, the prom itself is just one stop in a night that begins with dinner and may end the next day after brunch. Make sure you know your child's agenda and approve of every stop. If he's at loose ends and you're brave enough, offer to host breakfast at your place; you'll know where your child is and be able to monitor everyone's condition.
- While you're sure to earn some eye-rolling, it's worth asking your teenager to rehearse how he'd react if offered alcohol or drugs.
- While you're at it, reiterate that sex isn't something to be undertaken impulsively, lightly, or without safeguards. Prom lasts one night; pregnancy and STDs don't.
- The biggest danger teens face on prom night is auto accidents, either because the driver has been drinking or is simply distracted by a carload of exuberant pals. If you can afford it, chip in for a chauffeured limousine ride; you'll know there are seatbelts for every passenger, and you'll know the driver is experienced and sober.
- According to the National Highway Travel Safety Administration, car crashes were the leading cause of death for people between ages 15-20 in 2005 (the last year for which data was available), and 23% of drivers killed had blood alcohol content over .08. When someone drinks

and drives, they are not only more likely to get into an accident; the accident is more likely to be severe, and the passenger is less likely to wear a seatbelt. If you can't afford a limo, tell your child you will be available at all hours to take his phone call and pick him and his friends up – no questions asked.

- Don't let your child out the door without a cell phone (yours if she doesn't have one) and money for a cab – just in case.

If your children complain that you're taking all the fun out of a night that comes once in a lifetime, remind them that it's your job to make sure that lifetime is as long as possible. The fun is their responsibility.

High Expectations....High Achievement  
Kyle Vandruff

## **Cashion BPA Members Place at State Competition**

Three Cashion High School BPA members competed on March 9 at the Business Professionals of America competitive events held at OSU Okmulgee. All three placed in the top ten of their events. Those competing and their results were Nicolas Rollins, 6<sup>th</sup> Place Fundamental Spreadsheet Analysis and 8<sup>th</sup> Place Advanced Spreadsheet Analysis; Nolan Reasnor, 9<sup>th</sup> Place Fundamental Spreadsheet Analysis; and Evan Bird, 4<sup>th</sup> Place Advanced Word Processing.

The conference included students from technology centers and comprehensive high schools throughout the state competing in 52 events.

## **Student Council**

Officer elections are coming up. The date set for student body elections is April 13. Class officer elections is April 21. Those running for student body will make a video explaining why they are qualified for that position. Those running for class officer will recite a short speech to their class if they choose on why they should get that office.

You may not know it, but the students at Cashion are very grateful for the teachers that educate them. So May 2-8 the Student Council is putting on a teacher appreciation week. The activities for it are not planned yet, but prepare for a fun, exciting week!

Also in the month of May, the Student Council will be attending Districts. It is planned to be at Chisholm

High School, but that location could change. School office elections will be voted on then. Cashion is planning on running for Secretary in our district.

## **Cafeteria News**

All school lunches should be paid in advance for the remainder of the school year. Cashion Schools has a no charge policy for the last nine weeks of every school year. The no charge policy began March 29 and continues until the end of the school year. If you have any questions, please call

## **FCCLA News**

FCCLA students are now preparing to go to State Convention on April 16 at the Cox Center in downtown Oklahoma City from 8:00 until 3:00. Students will eat dinner in Oklahoma City and then attend FCCLA Night at Frontier City with many of the FCCLA chapters in Oklahoma that attend the convention. The gates at Frontier City open at 5:00 p.m. Our chapter is looking forward to this event.

Our weekly sales of Otis Spunkmeyer cookies help pay for the admission cost of the Frontier City tickets and the registration cost for State Convention. Students will only need to pay for food costs the day of the convention.

FCCLA will also begin the election process and elect a new President and Vice-President for the 2010 – 2011 school year. The other offices will be filled after school begins in August.

Renovations to the Family and Consumer Sciences room in the old high school are coming along nicely. Sheet rock is being hung this week and a new look is taking place. It is a much larger area than before with separate areas specifically for a clothing lab, food lab, classroom and computer lab. The anticipated date for completion is the end of July 2010. It is energizing to see such progress.

### **Junior High Cheer Practice!**

**Wednesdays**

**After School**

**Small Gym**

