



**My Senses
Are Amazing**

My Senses Are Amazing

Today you are going to learn more about your five senses. Let's name the five senses and the body part associated with each.



touch



sight



taste



smell



hearing

Sense of Sight

Today you are going to think and talk about the sense of sight. Close your eyes and think about colors and shapes.

The Sense of Sight

*Open your eyes and look quietly
around the room for a moment.
What do you see? Which colors do
you see in the classroom? What
shapes do you see?*

The Sense of Sight



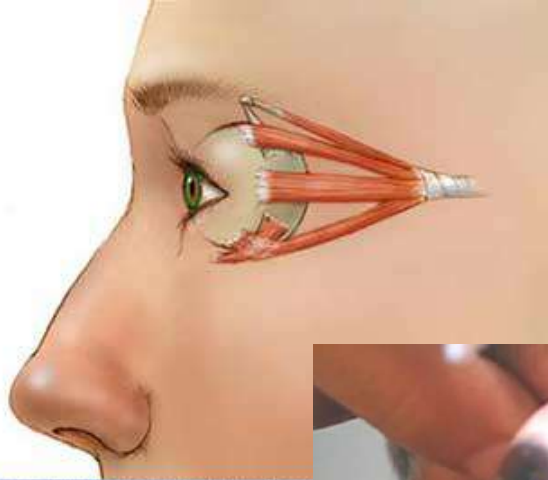
Have you ever heard people say, “look before you leap?” They are warning you to be careful and think things through before you act. “Look before you leap” is a saying that makes a lot of sense, because every day we use our eyes to look at the ground ahead of us before we walk, run, or leap. Imagine how much more dangerous it would be to do these things with your eyes closed! Our sense of sight helps to keep us safe.

The Sense of Sight



Your eyes protect the rest of your body. They help you avoid bumping into things or tripping or falling as you move. You use your eyes to look both ways before you cross the street.

The Sense of Sight



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You might not be able to tell when you look in a mirror, but in fact, your eyes are round like balls. That is why they are called eyeballs. Each of your eyeballs is about as big and almost as round as a normal sized gumball, about an inch across.

The Sense of Sight



Your eyeballs aren't hard like gumballs; they're actually squishy like gummy bears. They are set into holes in your head, called eye sockets, so that they won't get dirty or poked.

The Sense of Sight



Your eyelids are little pieces of skin that come down and cover your eyeballs when you close your eyes or blink. Even when you are not trying to, your eyes blink automatically every few seconds in order to keep your eyeballs moist. The long hairs on your eyelids are called eyelashes, they help brush away dirt before it can get in your eyes. Your eyebrows, the hair just above your eyes, are important, too--they help keep water and sweat from flowing down into your eyeballs.

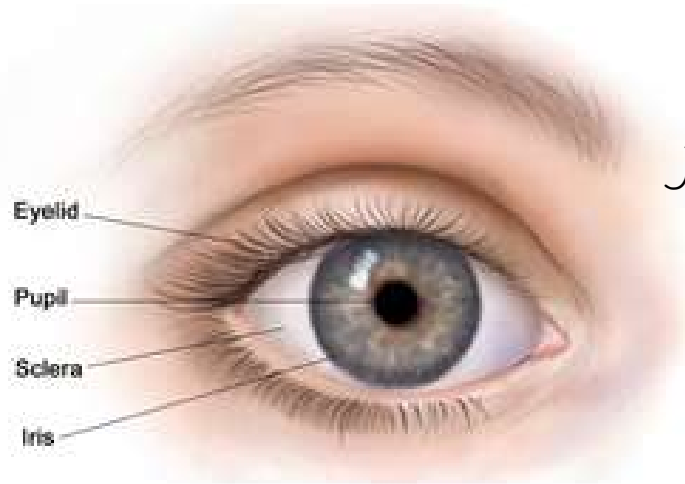
The Sense of Sight



The tears that come out when you cry are important for protecting your eyes too. Tiny tear ducts in the corners of your eyes release the tears, which keep your eyes moist and help wash your eyes when irritating objects, such as dirt or small bugs get in them.

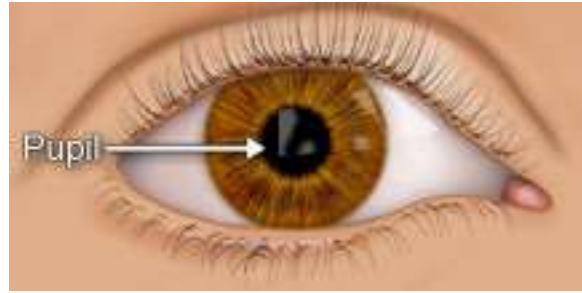


The Sense of Sight



All these body parts: eyelids, eyelashes, eyebrows, tear ducts, and eye sockets, do their part to protect your eyes from getting hurt from the outside. But eyes need to be protected from the inside too. Luckily eyes can protect themselves with the help of two inside parts of the eye: the iris and the pupil.

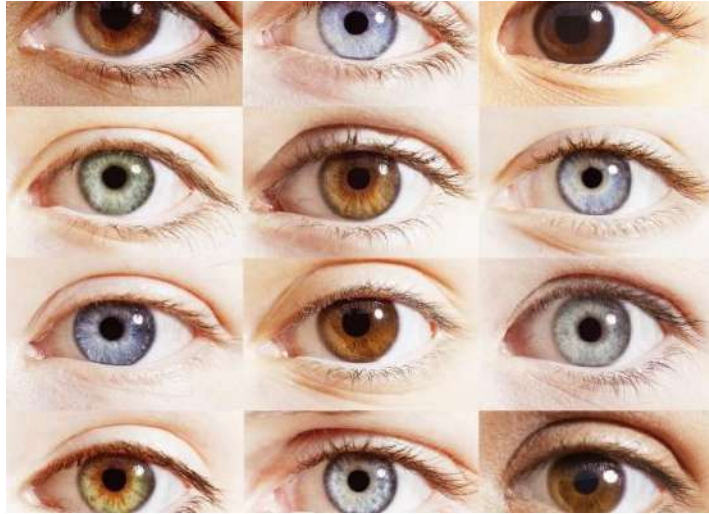
The Sense of Sight



Look at your friend's eyes. See the little black dot right in the middle?

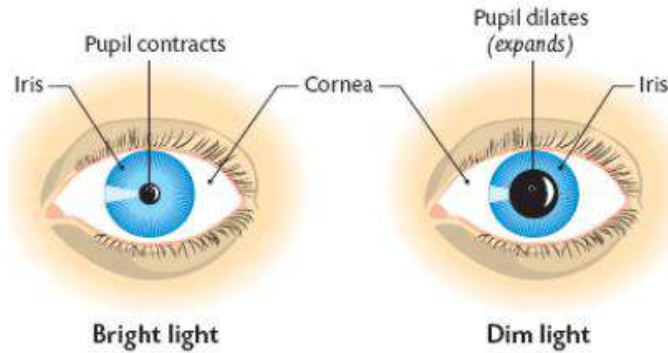
It looks like a dot, but it is actually a tiny, covered hole. That is called the pupil, and that is where the light comes into the eye.

The Sense of Sight



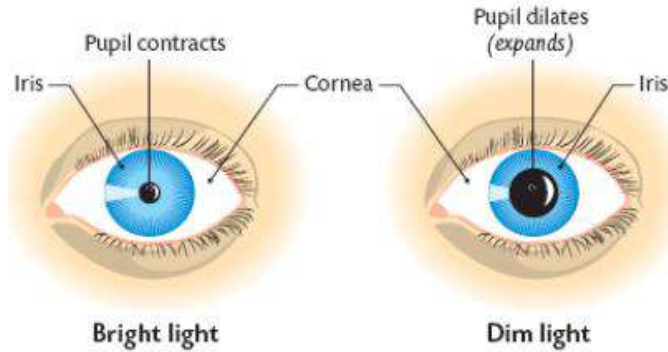
Look at your friend's eyes again. Which color do you see around the pupil? The colorful ring that surrounds the pupil is called the iris. Different people have different colored irises. The most common colors are brown, blue and green, but there are lots of different shades: you can also have gray, light or dark brown or greenish blue eyes.

The Sense of Sight



The iris controls the amount of light that gets into the pupil. This is important because you can hurt your eyes if too much light comes into them. When you turn down the lights in the room, your irises open up, which makes your black pupils bigger. This lets in more light and makes it easier for you to see.

The Sense of Sight



When you walk out in the sunlight, your irises close up around the pupils, so that your pupils are very small and less light comes in. Whether your irises are blue, brown, or green, their job is to control how much light gets into the pupils.

The Sense of Sight

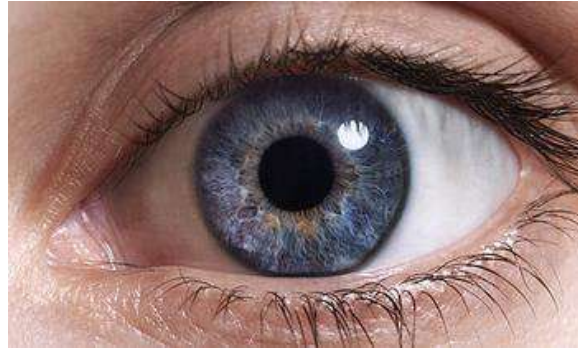


Be glad that your amazing eyes have all their parts, and know that they are always working hard to help you see the world around you. You can do your part too, by trying not to put anything into your eyes that might harm them, especially your fingers. If you protect your eyes, your eyes can do their best to protect you!

The Sense of Sight

Comprehension Questions:

Literal



*Which parts of your eyes hold your eyeballs
and keep them from getting poked?*

The Sense of Sight

Comprehension Questions:

Literal



Which parts of your eyes come down over your eyes when you blink?

The Sense of Sight

Comprehension Questions:

Literal



Which parts of your eyes brush dirt away from your eyes?

The Sense of Sight

Comprehension Questions:

Literal



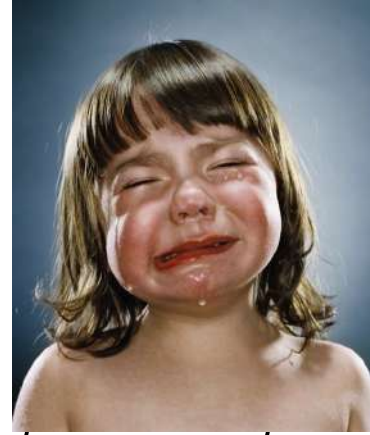
Which parts of your eyes keep sweat from running down into your eyes?

The Sense of Sight

Comprehension Questions:

Literal

Which parts of your eyes make tears to help keep your eyeballs clean and moist?



The Sense of Sight

Comprehension Questions:

Literal



Which inside part of your eye is a small, covered, black hole where light enters?

The Sense of Sight

Comprehension Questions:

Literal



What do you call the colorful part of the eye?

The Sense of Sight

Comprehension Questions:

Inferential:



Why do your pupils change in size?

The Sense of Sight

Comprehension Questions:

Inferential:



What should you do to keep your eyes safe from harm?

Think. Pair. Share.



I'm going to ask you a question. I will give you a minute to think about the question, and then I will ask you to turn to your neighbor and discuss the question. Finally I will call on several of you to share what you discussed with your partner.

Think. Pair. Share.



Evaluative:

How do your eyes protect you or keep you safe from harm?

The Sense of Sight

