

# Virtual PE

Week 16: A

With Mr. Adrian

tanner\_adrian@ddsd40.org

Click  
"Present"

## Schedule:

1. Among Us Chase
2. Snowboard Workout
3. Balloon Pop 2
4. Healthy living Tip

Next Slide

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# AMONG US CHASE 3D



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# Snowboard Workout



Next Slide



# Balloon Pop



Next Slide



EAT **WHOLE**  
DRINK **WATER**  
*stay* **ACTIVE**  
**BE HEALTHY**



Healthy Living Tip:

Find a Activity You Enjoy

